

NWC Relays - 10/29/2022**Results - NWC Relays****Event 1 Mixed 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	1:47.99	1:44.71	
1) Donaldson, Edan J M22	2) Averill, Whitney R W20	3) Arpag, Sarah E W18	4) Sutton, Garrett R M22	
24.55 32.07 26.60	21.49			
2 University of Puget Sound	A	NT	1:45.23	
1) Werts, Calvin M22	2) Mielke, Lance P M20	3) Brennan, Madeleine L W18	4) Zipay, Holly B W18	
24.90 27.15 27.30	25.88			
3 Whitworth University Swim Team	A	1:46.44	1:48.20	
1) Washburn, Zachary M19	2) Rush, Ashley E W19	3) Ross, Isaiah M22	4) Ramos, Katie W19	
25.24 32.77 23.53	26.66			
4 University of Puget Sound	B	NT	1:55.08	
1) Hodder, Corey J M21	2) Meyers, Julia G W19	3) Kembel, Jonah S M18	4) Guillen, Sara W19	
26.88 35.63 25.62	26.95			
5 Willamette University Swimming	A	1:58.36	1:55.47	
1) Noffsinger, Emma R W18	2) Nickell, Ben J M21	3) Reich, Ava H W18	4) Olmedo, Kevin C M19	
32.42 28.48 32.00	22.57			
6 University of Puget Sound	C	NT	1:56.09	
1) Walstead, Connor G M18	2) Brimah, Rashad M18	3) Fronek, Kaya P W18	4) Lillard, Hannah R W21	
27.03 30.57 31.34	27.15			
7 Whitworth University Swim Team	B	1:54.00	1:56.12	
1) Thorne, Taylor S W19	2) Wilson, Nathaniel J M20	3) Groth, Mason M18	4) Larrabee, Jillian J W20	
30.76 33.64 24.34	27.38			
8 Pacific Lutheran University-PN	B	2:05.00	1:59.17	
1) Kim, Reina W21	2) Thompson, Ben M18	3) Chan-Orcutt, Makenzie W21	4) Hong, Jay M19	
33.27 31.66 28.21	26.03			
9 Pacific Lutheran University-PN	A	2:05.00	2:00.59	
1) Lee, Jessica W21	2) Sokolova, Alisa W18	3) Tanaka, Tyler M18	4) Cutter, Charlie M22	
32.74 39.78 24.73	23.34			
10 Pacific Lutheran University-PN	D	2:05.00	2:01.10	
1) Stanley, Devin M20	2) Chan-Orcutt, Sidney W21	3) Coronado-Volta, Henri M22	4) Lovre, Maya W21	
26.24 33.27 34.41	27.18			
11 Pacific Lutheran University-PN	C	2:05.00	2:01.70	
1) Farag, Luke M19	2) Loo, Na'inoa M19	3) Owen, Michelle W18	4) Razzano, Jersey W20	
28.33 29.19 37.71	26.47			
12 George Fox University	B	2:22.13	2:13.52	
1) Ingram, Shawna Ashley W21	2) Rohrbach, Austin M18	3) Nilsen, Blake M18	4) Nardella, Abbey W19	
37.07 31.99 28.20	36.26			
--- George Fox University	A	1:53.72	DQ	
1) Brennan, Kenzie W18	2) Mourich, Chris M21	3) Sehorn, Daren M18	4) Smith, Mia W18	
30.94 30.16 25.45	26.14			

Event 2 Women 200 Yard Backstroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	1:58.00	1:52.87	40
1) Arpag, Sarah E 18	2) Campbell, Avery R 19	3) Crocker, Hannah M 19	4) Walkup, Kate E 21	
28.96 27.04 28.70	28.17			
2 University of Puget Sound	A	NT	1:58.08	34
1) Hendryx, Izzy 21	2) Horvath, Ayli P 17	3) Moussa, Grace N 21	4) Gephart, Avery 20	
29.28 29.12 29.10	30.58			
3 Pacific Lutheran University-PN	A	2:10.00	1:58.68	32
1) Burke, Allie 22	2) Cranch, Claire 22	3) Eisele, Annika 20	4) Lovre, Maya 21	
33.32 29.19 27.36	28.81			
4 Linfield University	B	2:09.00	2:04.13	30
1) Campbell, Emma C 20	2) Castellanos-Welsh, Stephany 20	3) Keppo, Kirsti I 18	4) Patterson, Taila L 18	
31.42 31.85 30.93	29.93			

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 2 Women 200 Yard Backstroke Relay)**

Team	Relay	Seed Time	Finals Time	Points
5 Willamette University Swimming	A	NT	2:05.33	28
1) Good, Tatum A 19 30.51 31.62 31.29	2) Hall, Jacqueline T 19 31.91	3) Noffsinger, Emma R 18	4) Reich, Ava H 18	
6 George Fox University	A	2:19.84	2:11.49	26
1) Ingram, Shawna Ashley 21 36.91 29.88 33.36	2) Brennan, Kenzie 18 31.34	3) Harmon, Claire 18	4) Bartoo, Hannah 18	

Event 3 Men 200 Yard Backstroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 Whitworth University Swim Team	A	1:43.55	1:42.26	40
1) McNabb, Carl 18 26.39 24.97 25.85	2) Patterson, Ty M 19 25.05	3) Midboe, Jorgen 20	4) Self, Mason G 19	
2 University of Puget Sound	A	NT	1:43.38	34
1) Cunningham, Joshua T 19 26.38 25.29 26.20	2) Sawyer, Brayden C 19 25.51	3) Preyer, Brennan K 22	4) Walstead, Connor G 18	
3 Linfield University	A	1:53.00	1:43.51	32
1) Washburn, Carson D 18 26.99 26.51 25.56	2) Lee, Andrew C 18 24.45	3) Olson, Daniel M 20	4) Moore, Sasha A 20	
4 Willamette University Swimming	A	NT	1:50.29	30
1) Lindberg, Cole E 19 28.53 26.99 28.42	2) Kiel, Asher D 17 26.35	3) Davies, Ethan F 18	4) Copeland, Logan W 20	
5 Linfield University	B	1:58.00	1:50.89	28
1) Wong, Casey R 21 28.38 27.17 27.86	2) Buker, Levi T 19 27.48	3) Ng, Elijah K 18	4) Runion, Cole N 20	
6 George Fox University	A	2:00.26	1:52.96	26
1) Valenzuela, Aries 19 28.10 26.54 29.05	2) Tonseth, Owen 18 29.27	3) Johnson, Henry 19	4) Nilsen, Blake 18	

Event 4 Women 200 Yard Breaststroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 Pacific Lutheran University-PN	A	2:16.00	2:13.97	40
1) Kim, Reina 21 36.33 34.61 31.09	2) Cranch, Claire 22 31.94	3) Chan-Orcutt, Makenzie 21	4) Wisham, Malia 19	
2 Whitworth University Swim Team	A	2:13.23	2:14.89	34
1) Hoff, Carly 21 33.53 32.35 35.16	2) Rush, Ashley E 19 33.85	3) Bentz, Maria I 19	4) Oster, Grace K 19	
3 Linfield University	A	2:17.00	2:15.23	32
1) Averill, Whitney R 20 32.68 34.24 33.66	2) Bobo-Shisler, Lauren O 19 34.65	3) Mullins, Kalea M 20	4) Velie, Claudia A 21	
4 University of Puget Sound	A	NT	2:15.75	30
1) Franco, Lara 19 34.22 32.47 33.63	2) Madsen, Amy K 18 35.43	3) Sullivan, Annie 21	4) Meyers, Julia G 19	
5 George Fox University	A	2:27.60	2:23.76	28
1) Opdahl, Ellie 20 34.80 39.54 32.91	2) Harmon, Claire 18 36.51	3) Mural, Britney 20	4) Blackburn, Chyanna 18	
--- Willamette University Swimming	A	NT	DQ	
1) Jenner, Sarah E 19 35.13 33.87 36.72	2) Kisiday, Alayna R 19 34.76	3) Hooper, Evelyn S 19	4) Hall, Jacqueline T 19	

Event 5 Men 200 Yard Breaststroke Relay

Team	Relay	Seed Time	Finals Time	Points
1 George Fox University	A	2:04.41	1:57.80	40
1) Bartoo, Hunter 21 29.29 29.88 32.12	2) Mourich, Chris 21 26.51	3) Prewitt, Bradley 18	4) Gibson, Levi 22	

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 5 Men 200 Yard Breaststroke Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 Linfield University	A	2:00.00	1:58.30	34
1) Moore, Sasha A 20	2) Landry, Alex V 20	3) Velie, Rocco R 19	4) Washburn, Carson D 18	
30.07 29.25 29.26	29.72			
3 University of Puget Sound	A	NT	1:58.31	32
1) Mielke, Lance P 20	2) Brimah, Rashad 18	3) Preyer, Brennan K 22	4) Cunningham, Joshua T 19	
27.57 30.43 30.74	29.57			
4 Whitworth University Swim Team	A	1:53.77	2:02.49	30
1) Florey, Connor 21	2) McNabb, Carl 18	3) Schmidt, Trenten L 18	4) Midboe, Jorgen 20	
28.12 31.33 31.74	31.30			
5 Linfield University	B	2:12.00	2:10.15	26
1) Herde, Nathan E 21	2) Cutler, Grant W 23	3) Zlotowski, Abraham L 21	4) Runion, Cole N 20	
32.57 31.12 33.04	33.42			
--- Willamette University Swimming	A	NT	DQ	28
1) Nickell, Ben J 21	2) Copeland, Logan W 20	3) Olmedo, Kevin C 19	4) Pearson, Dorsey S 19	
30.02 31.00 31.47	35.22			

Event 6 Women 500 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	5:05.00	5:00.93	
1) Kelley, Maggie M 21	2) Bobo-Shisler, Lauren O 19	3) Velie, Claudia A 21	4) Walkup, Kate E 21	
26.66 26.82 29.15	19.24 42.49 32.77	28.30 31.51		
32.11 31.88				
2 University of Puget Sound	A	NT	5:01.88	
1) Zipay, Holly B 18	2) Madsen, Amy K 18	3) Sullivan, Annie 21	4) Guillen, Sara 19	
25.94 27.03 29.48	28.47 32.08 32.51	28.89 32.28		
33.12 32.08				
3 Whitworth University Swim Team	A	4:59.99	5:02.71	
1) Larrabee, Jillian J 20	2) Hoff, Carly 21	3) Oster, Grace K 19	4) Abring, Chamelle W 18	
27.71 26.31 29.19	29.50 32.77 31.50	28.22 31.86		
33.05 32.60				
4 Willamette University Swimming	A	5:09.69	5:18.85	
1) Kisiday, Alayna R 19	2) Good, Tatum A 19	3) Noffsinger, Emma R 18	4) Jenner, Sarah E 19	
26.37 28.99 32.85	29.61 33.17 33.86	29.47 34.12		
35.22 35.19				
5 George Fox University	A	5:14.76	5:34.04	
1) Nardella, Abbey 19	2) Rose, Madysen 18	3) Bartoo, Hannah 18	4) Dicey, Kaylee 18	
37.62 29.13 31.26	31.06 36.84 36.85	16.38 45.85		
34.60 34.45				
6 University of Puget Sound	B	NT	5:35.26	
1) Horvath, Ayli P 17	2) Hamilton, Hannah M 21	3) Franco, Lara 19	4) Frisiras, Catherine 21	
27.40 28.66 32.19	28.48 32.60 34.24	34.54 38.92		
39.21 39.02				
7 George Fox University	B	5:26.89	5:39.11	
1) Ingram, Shawna Ashley 21	2) Hendren, Cassidy 20	3) Harmon, Claire 18	4) Blackburn, Chyanna 18	
33.22 29.52 33.81	33.11 37.44 37.62	29.56 34.39		
35.49 34.95				
--- Pacific Lutheran University-PN	A	5:26.50	X5:25.35	
31.09 31.64 33.28	28.11 32.11 31.34	32.08 34.84		
35.29 35.57				
--- Willamette University Swimming	B	NT	DQ	
1) Taylor, Emilie E 18	2) Hooper, Evelyn S 19	3) Robbins, Alicia E 20	4) Edner, Jordan M 21	
29.58 30.98 34.03	32.72 40.06 41.56	32.15 36.56		
38.51 35.83				

NWC Relays - 10/29/2022**Results - NWC Relays****Event 7 Men 500 Yard Freestyle Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	4:30.00	4:16.76	
1) Wheeler, Cameron N 20	2) Sutton, Garrett R 22	3) Donaldson, Edan J 22	4) Simpson, Benjamin J 21	
23.84 22.33 25.22	24.79 26.72 26.26	24.90 27.63		
27.36 27.71				
2 Whitworth University Swim Team	A	4:25.44	4:25.96	
1) Self, Mason G 19	2) Washburn, Zachary 19	3) Joncich, Jett M 21	4) Clarke, Noah P 19	
23.06 22.42 24.87	25.77 28.14 29.53	24.85 28.12		
29.70 29.50				
3 University of Puget Sound	A	NT	4:26.23	
1) Brimah, Rashad 18	2) Kembel, Jonah S 18	3) Sawyer, Brayden C 19	4) Kolb, Brett M 22	
24.19 24.65 27.57	25.23 28.45 30.03	24.10 26.61		
27.36 28.04				
4 Linfield University	B	4:45.00	4:30.12	
1) Lee, Andrew C 18	2) Washburn, Carson D 18	3) Gallo, Jack D 19	4) Smith, Gavin F 19	
23.89 23.61 25.83	25.07 28.46 29.20	25.52 28.84		
29.87 29.83				
5 George Fox University	A	4:46.78	4:32.25	
1) Prewitt, Bradley 18	2) Gibson, Levi 22	3) Johnson, Stewart 19	4) Alexander, Cameron 18	
28.47 20.63 26.69	24.49 27.80 28.35	25.35 29.07		
30.74 30.66				
6 Whitworth University Swim Team	B	4:26.99	4:34.06	
1) Wilson, Nathaniel J 20	2) Burch, Ryan 21	3) Keener, Haden 19	4) Schmidt, Trenten L 18	
26.75 22.85 25.46	25.42 28.42 27.72	26.19 29.32		
31.05 30.88				
7 Willamette University Swimming	A	4:30.27	4:41.44	
1) Wilhelmi, Julius K 20	2) Olmedo, Kevin C 19	3) Kiel, Asher D 17	4) LaDuca, Will I 18	
22.11 24.45 26.85	25.96 30.69 32.34	26.22 29.51		
30.98 32.33				
8 George Fox University	C	NT	4:47.05	
1) Williams, Adin 22	2) Hollis, CJ 18	3) Bartoo, Hunter 21	4) Valenzuela, Aries 19	
29.31 25.45 29.22	25.15 29.49 31.64	16.91 38.39		
30.46 31.03				
9 Linfield University	C	5:00.00	4:54.33	
1) Wheat, Cadogan N 18	2) Butler, Cameron F 21	3) Herde, Nathan E 21	4) Cutler, Grant W 23	
25.37 25.80 29.17	26.42 28.95 29.49	28.64 32.46		
33.87 34.16				
10 George Fox University	B	5:05.89	5:00.37	
1) Luna, Mason 18	2) Johnson, Henry 19	3) Lilio, Kobe 20	4) Rohrbach, Austin 18	
26.92 27.17 30.15	27.44 31.64 32.96	27.06 31.70		
32.74 32.59				

Event 8 Women 200 Yard Butterfly Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	1:58.00	1:54.13	
1) Campbell, Avery R 19	2) Kelley, Maggie M 21	3) Keppo, Kirsti I 18	4) Walkup, Kate E 21	
28.18 28.86 29.68	27.41			
2 Pacific Lutheran University-PN	A	1:58.00	1:54.90	
1) Cranch, Claire 22	2) Razzano, Jersey 20	3) Chan-Orcutt, Sidney 21	4) Eisele, Annika 20	
29.92 30.20 27.58	27.20			
3 University of Puget Sound	A	NT	1:59.09	
1) Brennan, Madeleine L 18	2) Hamilton, Hannah M 21	3) Fronek, Kaya P 18	4) Meyers, Julia G 19	
27.78 29.42 30.97	30.92			

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 8 Women 200 Yard Butterfly Relay)**

Team	Relay	Seed Time	Finals Time	Points
4 Linfield University	B	2:09.00	2:05.04	
1) Campbell, Emma C 20	2) Castellanos-Welsh, Stephany 20	3) Crocker, Hannah M 19	4) Patterson, Taila L 18	
30.83 34.42 30.14	29.65			
5 George Fox University	A	2:16.89	2:09.65	
1) Dicey, Kaylee 18	2) Muralt, Britney 20	3) Nardella, Abbey 19	4) Rose, Madysen 18	
31.64 28.28 39.56	30.17			
6 Willamette University Swimming	A	NT	2:13.92	
1) Reich, Ava H 18	2) Edner, Jordan M 21	3) Taylor, Emilie E 18	4) Robbins, Alicia E 20	
32.14 32.38 31.29	38.11			

Event 9 Men 200 Yard Butterfly Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	1:38.00	1:36.11	
1) Simpson, Benjamin J 21	2) Donaldson, Edan J 22	3) Velie, Rocco R 19	4) Olson, Daniel M 20	
24.61 24.21 23.29	24.00			
2 Whitworth University Swim Team	A	1:37.71	1:37.01	
1) Ross, Isaiah 22	2) Patterson, Ty M 19	3) Florey, Connor 21	4) Groth, Mason 18	
24.24 24.70 23.85	24.22			
3 University of Puget Sound	A	NT	1:39.66	
1) Francis, Jaden 20	2) Werts, Calvin 22	3) Kembel, Jonah S 18	4) Hodder, Corey J 21	
25.04 24.08 26.05	24.49			
4 Pacific Lutheran University-PN	A	1:44.00	1:40.15	
1) Thompson, Ben 18	2) Stanley, Devin 20	3) Loo, Na'inoa 19	4) Cutter, Charlie 22	
26.20 24.23 25.00	24.72			
5 Willamette University Swimming	A	NT	1:50.63	
1) Lindberg, Cole E 19	2) Wilhelmi, Julius K 20	3) LaDuca, Will I 18	4) Pearson, Dorsey S 19	
24.58 24.55 30.77	30.73			
6 George Fox University	A	1:51.80	1:50.82	
1) Sehorn, Daren 18	2) Hollis, CJ 18	3) Williams, Adin 22	4) Alexander, Cameron 18	
25.69 27.02 32.21	25.90			
7 Linfield University	B	1:52.00	1:51.53	
1) Landry, Alex V 20	2) Ng, Elijah K 18	3) Cutler, Grant W 23	4) Runion, Cole N 20	
27.36 29.52 28.22	26.43			
--- Linfield University	C	1:48.00	DQ	
1) Zlotowski, Abraham L 21	2) Wheat, Cadogan N 18	3) Buker, Levi T 19	4) Gallo, Jack D 19	
25.82 26.82 25.37	25.98			

Event 10 Women 1500 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Pacific Lutheran University-PN	A	16:00.00	16:09.38	
28.11 31.05 31.98	32.11 32.40 32.39	32.38 32.42		
32.32 32.14 26.38	29.81 30.54 30.74	31.07 31.26		
30.89 31.24 30.90	29.61 31.09 34.00	34.82 35.53		
35.66 35.95 36.04	35.98 35.41 35.16			
2 Linfield University	A	NT	17:13.66	
1) Keppo, Kirsti I 18	2) Mullins, Kalea M 20	3) Matthiesen-Johnson, Alexis H 21		
30.80 33.25 33.85	33.90 33.87 33.82	34.05 33.82		
33.31 33.07 31.36	34.18 34.63 34.37	34.46 34.29		
34.27 34.93 35.03	33.60 15.24 17.45	35.60 36.14		
36.53 36.47 36.58	36.75 36.13 1:11.91			

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 10 Women 1500 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 University of Puget Sound	A	NT	17:34.72	
1) Moussa, Grace N 21	2) Guillen, Sara 19	3) Friedrich, Victoria		
30.53 33.81 34.94	35.29 35.61 35.95	36.29 36.91		
36.20 35.73 30.64	34.92 34.97 34.83	34.32 34.74		
34.09 34.19 34.24	32.93 14.97 17.24	35.43 36.75		
37.10 36.89 37.21	37.33 37.31 1:13.36			
4 George Fox University	A	16:23.56	17:49.92	
1) Bartoo, Hannah 18	2) Smith, Mia 18	3) Dicey, Kaylee 18		
33.99 37.37 38.44	38.96 39.26 39.73	39.60 39.24		
39.44 37.68 14.31	15.80 34.32 35.11	35.41 35.36		
35.26 35.41 34.90	35.24 33.90 30.68	33.53 34.06		
34.21 34.62 35.09	34.97 35.12 1:08.91			

Event 11 Men 1500 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	NT	15:10.51	
1) Smith, Gavin F 19	2) Gallo, Jack D 19	3) Simpson, Benjamin J 21		
27.99 29.50 30.24	30.68 31.22 31.17	31.10 31.24		
29.17 29.07 26.82	30.70 31.17 30.75	30.84 31.13		
31.44 31.33 31.09	30.12 27.64 30.93	31.31 31.20		
31.56 31.12 30.87	31.03 30.14 27.94			
2 Whitworth University Swim Team	A	15:05.44	15:33.30	
1) Clarke, Noah P 19	2) Schmidt, Trenten L 18	3) Joncich, Jett M 21		
27.19 30.40 31.08	31.35 31.63 31.55	31.05 31.92		
31.54 30.34 28.68	32.03 32.24 32.57	32.67 32.52		
33.02 32.61 32.54	30.71 27.20 30.71	31.35 31.35		
31.29 31.25 30.95	30.89 30.87 29.80			
3 University of Puget Sound	A	NT	15:54.35	
1) Kolb, Brett M 22	2) Sawyer, Brayden C 19	3) Walstead, Connor G 18		
27.23 29.63 30.17	30.40 30.25 29.97	30.11 30.22		
30.35 29.99 26.82	30.98 32.88 33.73	33.78 34.46		
34.53 34.56 34.65	33.91 15.85 41.12	32.20 33.38		
34.12 34.09 33.73	33.94 34.15 33.15			
4 George Fox University	A	15:20.34	16:44.12	
1) Lilio, Kobe 20	2) Johnson, Stewart 19	3) Rohrbach, Austin 18		
30.36 32.37 33.70	34.22 34.52 34.61	35.13 35.85		
35.50 34.25 27.03	30.90 32.52 33.15	33.37 34.18		
33.89 34.08 32.57	31.03 28.79 33.20	34.54 35.46		
35.54 35.68 35.58	34.35 34.11 33.64			
5 Willamette University Swimming	A	NT	16:49.98	
1) Davies, Ethan F 18	2) Nickell, Ben J 21	3) LaDuca, Will I 18		
27.48 31.08 32.50	34.67 35.09 34.95	35.89 33.93		
35.37 33.08 28.39	33.50 34.11 34.42	34.50 33.88		
34.60 33.33 33.28	32.14 29.11 31.93	32.90 34.80		
36.02 36.40 36.14	36.00 35.39 35.10			

Event 12 Women 400 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	4:25.00	4:15.34	
1) Averill, Whitney R 20	2) Arpag, Sarah E 18	3) Campbell, Avery R 19	4) Mullins, Kalea M 20	
29.68 1:03.62 28.29	1:03.45 28.76 1:04.21	30.02 1:04.06		
2 University of Puget Sound	A	NT	4:24.80	
1) Brennan, Madeleine L 18	2) Franco, Lara 19	3) Hendryx, Izzy 21	4) Moussa, Grace N 21	
30.04 1:05.16 30.39	1:06.22 29.10 1:05.12	30.83 1:08.30		

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 12 Women 400 Yard Medley Relay)**

Team	Relay	Seed Time	Finals Time	Points
3 Whitworth University Swim Team	A	4:14.02	4:27.19	
1) Thorne, Taylor S 19	2) Ramos, Katie 19	3) Abridge, Chamelle W 18	4) Hoff, Carly 21	
31.74 1:08.82 30.57	1:07.24 30.23 1:06.15	29.75 1:04.98		
4 Willamette University Swimming	A	3:58.13	4:29.93	
1) Good, Tatum A 19	2) Kisiday, Alayna R 19	3) Hall, Jacqueline T 19	4) Jenner, Sarah E 19	
31.16 1:06.81 30.15	1:05.77 32.36 1:09.04	32.07 1:08.31		
5 George Fox University	A	4:46.80	4:38.51	
1) Brennan, Kenzie 18	2) Blackburn, Chyanna 18	3) Hendren, Cassidy 20	4) Opdahl, Ellie 20	
30.33 1:05.12 32.73	1:11.44 33.48 1:12.51	31.59 1:09.44		
6 Linfield University	B	4:49.00	4:45.36	
1) Crocker, Hannah M 19	2) Campbell, Emma C 20	3) Matthiesen-Johnson, Alexis H 21	4) Patterson, Taila L 18	
31.16 1:07.87 32.32	1:11.72 34.11 1:19.36	25.25 1:06.41		
7 University of Puget Sound	B	NT	5:05.63	
1) Gephart, Avery 20	2) Frisiras, Catherine 21	3) Niebuhr, Mae M 21	4) Lillard, Hannah R 21	
32.89 1:14.34 37.95	1:25.92 33.67 1:14.78	30.70 1:10.59		
--- Pacific Lutheran University-PN	A	4:20.00	X4:18.87	
1) Chan-Orcutt, Makenzie 21	2) Cranch, Claire 22	3) Chan-Orcutt, Sidney 21	4) Wisham, Malia 19	
31.24 1:06.31 30.53	1:06.73 28.90 1:03.34	29.51 1:02.49		

Event 13 Men 400 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 University of Puget Sound	A	NT	3:45.69	
1) Francis, Jaden 20	2) Cunningham, Joshua T 19	3) Mielke, Lance P 20	4) Kolb, Brett M 22	
26.67 57.77 26.95	56.91 26.29 55.88	25.05 55.13		
2 Whitworth University Swim Team	A	3:38.88	3:47.54	
1) McNabb, Carl 18	2) Washburn, Zachary 19	3) Ross, Isaiah 22	4) Florey, Connor 21	
26.33 58.68 25.33	54.54 26.24 57.58	27.55 56.74		
3 Linfield University	A	3:56.00	3:52.25	
1) Velie, Rocco R 19	2) Smith, Gavin F 19	3) Moore, Sasha A 20	4) Lee, Andrew C 18	
27.35 58.61 14.83	59.24 26.45 58.72	16.11 55.68		
4 Willamette University Swimming	A	3:31.28	3:57.95	
1) Lindberg, Cole E 19	2) Wilhelmi, Julius K 20	3) Copeland, Logan W 20	4) Davies, Ethan F 18	
25.75 58.98 25.82	57.28 27.88 59.89	28.01 1:01.80		
5 George Fox University	B	3:57.23	4:04.75	
1) Alexander, Cameron 18	2) Mourich, Chris 21	3) Nilsen, Blake 18	4) Valenzuela, Aries 19	
26.95 59.51 28.17	1:00.49 29.94 1:07.53	14.86 57.22		
6 George Fox University	A	3:56.70	4:05.24	
1) Bartoo, Hunter 21	2) Prewitt, Bradley 18	3) Sehorn, Daren 18	4) Tonseth, Owen 18	
27.50 58.72 15.94	1:04.74 27.79 1:00.57	27.44 1:01.21		
7 Linfield University	B	4:10.00	4:07.80	
1) Buker, Levi T 19	2) Butler, Cameron F 21	3) Landry, Alex V 20	4) Wheeler, Cameron N 20	
27.58 1:01.11 27.90	1:03.03 29.23 1:02.68	27.92 1:00.98		
8 Linfield University	C	4:20.00	4:14.94	
1) Zlotowski, Abraham L 21	2) Wong, Casey R 21	3) Wheat, Cadogan N 18	4) Herde, Nathan E 21	
28.73 1:04.11 28.19	1:02.88 28.90 1:04.05	29.58 1:03.90		
--- Pacific Lutheran University-PN	A	4:00.00	X3:53.58	
1) Tanaka, Tyler 18	2) Loo, Na'inoa 19	3) Stanley, Devin 20	4) Thompson, Ben 18	
27.50 1:24.31	30.43 25.74 57.11	27.58 1:01.73		

Event 14 Mixed 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Linfield University	A	1:39.00	1:35.64	
1) Sutton, Garrett R M22	2) Olson, Daniel M M20	3) Kelley, Maggie M W21	4) Bobo-Shisler, Lauren O W19	
21.97 25.55 26.11	22.01			

NWC Relays - 10/29/2022**Results - NWC Relays****(Event 14 Mixed 200 Yard Freestyle Relay)**

Team	Relay	Seed Time	Finals Time	Points
2 University of Puget Sound	A	NT	1:37.11	
1) Madsen, Amy K W18	2) Zipay, Holly B W18	3) Francis, Jaden M20	4) Werts, Calvin M22	
26.14 26.47 22.26	22.24			
3 Whitworth University Swim Team	B	1:37.11	1:37.54	
1) Burch, Ryan M21	2) Patterson, Ty M M19	3) Rush, Ashley E W19	4) Thorne, Taylor S W19	
22.05 22.80 26.50	26.19			
4 Whitworth University Swim Team	A	1:35.99	1:39.19	
1) Self, Mason G M19	2) Keener, Haden M19	3) Abring, Chamelle W W18	4) Larrabee, Jillian J W20	
22.89 23.05 26.46	26.79			
5 University of Puget Sound	B	NT	1:40.09	
1) Preyer, Brennan K M22	2) Hodder, Corey J M21	3) Hendryx, Izzy W21	4) Sullivan, Annie W21	
24.25 23.33 26.01	26.50			
6 George Fox University	A	1:41.20	1:40.18	
1) Gibson, Levi M22	2) Rose, Madysen W18	3) Johnson, Stewart M19	4) Smith, Mia W18	
22.49 28.11 22.99	26.59			
7 Whitworth University Swim Team	C	1:37.88	1:42.32	
1) Joncich, Jett M M21	2) Clarke, Noah P M19	3) Bentz, Maria I W19	4) Ramos, Katie W19	
24.95 22.81 27.58	26.98			
8 George Fox University	B	1:49.40	1:47.32	
1) Luna, Mason M18	2) Opdahl, Ellie W20	3) Muralt, Britney W20	4) Hollis, CJ M18	
27.10 27.68 27.51	25.03			
9 Willamette University Swimming	A	1:38.18	1:50.42	
1) Robbins, Alicia E W20	2) Hooper, Evelyn S W19	3) Kiel, Asher D M17	4) Pearson, Dorsey S M19	
31.23 28.13 25.15	25.91			
10 George Fox University	C	1:52.41	1:50.93	
1) Williams, Adin M22		3) Hendren, Cassidy W20	4) Tonseth, Owen M18	
29.86 26.23 28.71	26.13			
11 University of Puget Sound	C	NT	1:53.49	
1) Lillard, Hannah R W21	2) Hamilton, Hannah M W21	3) Horvath, Ayli P W17	4) Niebuhr, Mae M W21	
30.13 26.98 27.33	29.05			
--- Pacific Lutheran University-PN	D	1:51.00	X1:48.26	
1) Lee, Jessica W21	2) Eisele, Annika W20	3) Hong, Jay M19	4) Loo, Na'inoa M19	
30.97 27.15 26.02	24.12			
--- Pacific Lutheran University-PN	B	1:51.00	X1:48.42	
1) Sokolova, Alisa W18	2) Lovre, Maya W21	3) Farag, Luke M19	4) Thompson, Ben M18	
32.31 26.83 25.25	24.03			
--- Pacific Lutheran University-PN	C	1:51.00	X1:49.70	
1) Kim, Reina W21	2) Razzano, Jersey W20	3) Coronado-Volta, Henri M22	4) Tanaka, Tyler M18	
29.63 27.37 29.61	23.09			
--- Pacific Lutheran University-PN	A	1:51.00	X1:49.79	
1) Burke, Allie W22	2) Owen, Michelle W18	3) Cutter, Charlie M22	4) Stanley, Devin M20	
30.07 33.70 22.91	23.11			
--- University of Puget Sound	D	NT	DQ	
1) Fronek, Kaya P W18	2) Frisiras, Catherine W21	3) Gephart, Avery W20	4) Friedrich, Victoria W	
29.14 32.14 30.71	28.08			