

2024 NWC Championships - 4/19/2024 to 4/20/2024**Stoffer Family Stadium George Fox University****Results****Event 1 Women 10000 Meter Run**

Name	Yr	School	Seed	Finals	Points
Finals					
1 Buese, Riley	Jr	Lewis & Clark	35:05.73	37:27.78	10
2 Schmitt, Breanna	So	George Fox	37:01.10	38:00.99	8
3 Buckley, Madelyn	Sr	Whitworth	40:44.09	38:29.68	6
4 Pullen, Sarah	So	George Fox	38:13.47	39:16.81	5
5 McKibbon, Kendall	Jr	George Fox	37:54.57	39:16.84	4
6 Goodwin, Abbie	Fr	George Fox	41:36.67	40:26.72	3
7 Iverson, Anna	Sr	Pacific Lutheran	41:44.40	40:44.89	2
8 Roch, Christian	Sr	Whitman	40:59.40	41:09.04	1
9 Thygesen, Kezlie	Fr	Whitworth	42:13.63	41:40.24	
10 Lutz, Emogene	So	Lewis & Clark	42:12.06	42:18.26	
11 Meager, Reese	Fr	George Fox	42:16.00	42:42.94	
12 Pitman, Savanna	So	George Fox	41:04.18	42:55.22	
13 Krull, Alena	So	Pacific (Ore.)	39:13.19	43:01.33	
14 Schwartz, Annika	Fr	Whitman	41:49.29	43:56.22	
15 Mullen, Claire	Jr	Puget Sound	41:59.45	43:59.85	
16 Ayala, Saniyah	Fr	Linfield	42:04.26	44:56.06	
--- Osborn, Courtney	So	Whitworth	41:56.50	DNF	

Event 2 Men 10000 Meter Run

Name	Yr	School	Seed	Finals	Points
Finals					
1 Ladinig, Owen	Jr	Pacific Lutheran	30:48.51	31:06.40	10
2 Peters, Alex	Jr	Whitworth	31:30.99	31:21.91	8
3 Petersen, Adam	So	George Fox	30:58.22	31:29.11	6
4 Voennell, Miles	Jr	Lewis & Clark	31:39.76	31:31.47	5
5 Ross, Andrew	Jr	George Fox	31:24.83	31:43.31	4
6 Monaghan, Cian	So	Puget Sound	32:11.73	31:46.47	3
7 Lachenmeier, Gabriel	Jr	George Fox	31:57.84	32:02.04	2
8 Ford, Peter	Jr	Lewis & Clark	33:39.01	32:10.51	1
9 Mcmanus, Jack	Fr	Whitman	31:30.81	32:26.61	
10 Oathout, Alex	Jr	Linfield	31:36.30	32:47.07	
11 Eakin, Tyler	So	Whitworth	32:41.96	32:47.48	
12 Wasserman, Gabe	Sr	Whitman	33:21.05	33:06.35	
13 Pryor, Ellis	Jr	Whitman	33:13.00	33:07.25	
14 Shimabukuro, Colin	Fr	Lewis & Clark	33:37.45	33:41.44	
15 Souza, Dylan	Jr	Lewis & Clark	33:57.97	33:42.88	
16 Chew, Jay	So	Willamette	33:00.24	33:43.68	
17 Roller, Henry	Jr	Whitman	33:29.16	34:04.98	
18 Evans, Josh	Jr	Willamette	33:16.18	34:05.26	
19 Grothe, Jonathan	Jr	Whitman	33:27.87	35:01.28	
20 Mckee, Tom	Fr	Whitworth	33:58.37	36:02.03	
--- Mills, Alex	Jr	George Fox	33:15.93	DNF	
--- Dugenet, Marc	Jr	Whitworth	33:25.44	DQ	

Event 3 Women 100 Meter Hurdles

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Bahati, Ayahna	Jr	George Fox	15.20	14.81 Q	0.4	1

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Name	Yr	School	Seed	Prelims	Wind	H#
2 Hewson, Amelia	Sr	Whitworth	14.47	14.93 Q	2.4	2
3 Hammond, Allyson	So	Pacific (Ore.)	15.08	15.03 q	0.4	1
4 Jensen, Elisabeth	Sr	George Fox	15.55	15.28 q	2.4	2
5 Roberts, Jordan	So	Linfield	15.71	15.40 q	0.4	1
6 Rawls, Breanne	Jr	Whitworth	15.33	15.43 q	2.4	2
7 Sincere, Lecia	So	Willamette	16.10	15.87 q	0.4	1
8 Bel, Lavender	Fr	Willamette	16.34	15.88 q	0.4	1
9 Huntsman, Jenna	So	George Fox	15.88	15.93	2.4	2
10 O'Rear, Breeauna	Sr	George Fox	15.87	15.97	0.4	1
11 Reublin-Geer, Quinn	Fr	Puget Sound	16.40	16.19	2.4	2
12 Miller, Sage	So	Willamette	16.86	16.45	2.4	2
13 Snyder, Erica	So	Willamette	16.01	16.49	2.4	2
14 Mayberry, Carolyn	Fr	Lewis & Clark	17.11	16.95	0.4	1
15 Martinez, Bella	Fr	Whitworth	17.21	17.90	0.4	1

Event 4 Men 110 Meter Hurdles

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Lemma, Grady	Jr	Pacific Lutheran	15.13	14.79 Q	1.5	2
2 Smith, Blake	So	George Fox	15.11	15.17 Q	3.6	1
3 Cloy, Jevon	So	Linfield	15.73	15.21 q	3.6	1
4 Bane, Zaanan	Jr	Whitworth	15.70	15.36 q	3.6	1
5 Nivala, Matthew	Fr	Willamette	15.57	15.61 q	1.5	2
6 Williams, Mason	So	Willamette	15.78	15.79 q	1.5	2
7 Cherry, Jonas	So	Willamette	16.05	15.85 q	1.5	2
8 Fritz, Jonathan	So	Lewis & Clark	16.35	16.01 q	3.6	1
9 Watts, Daniel	So	Whitworth	16.16	16.27	3.6	1
10 McMillan, Tom	Jr	George Fox	16.87	16.50	1.5	2
11 Huson, Durham	Fr	Linfield	16.70	16.62	1.5	2

Event 5 Women 400 Meter Dash

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Beiswanger, Elizabeth	Fr	Puget Sound	57.72	57.90 Q	2
2 Lewis, Jackilyn	Sr	Puget Sound	58.11	58.29 Q	1
3 O'Hara, Macy	Sr	Lewis & Clark	58.19	58.87 q	1
4 Gatica Gomez, Angelica	Jr	Pacific (Ore.)	58.85	58.95 q	2
5 Silis, Rachelle	So	Linfield	59.91	59.67 q	2
6 McBride-Steiger, Justice	Sr	Linfield	1:01.61	59.91 q	2
7 Chin, Elsie	So	Lewis & Clark	1:01.32	1:00.44 q	1
8 Lee, Kenzie	So	Willamette	1:01.77	1:01.61 q	2
9 Watson, Lexi	So	George Fox	1:00.84	1:01.73	1
10 Jones, Isabelle	So	George Fox	1:03.58	1:02.27	2
11 Soto, Callow	Fr	Lewis & Clark	1:03.83	1:02.42	2
12 Pearson, Kathryn	So	Linfield	1:03.45	1:03.55	1
13 Brady, Lulu	Jr	Whitworth	1:03.36	1:04.07	1
14 Moore, Dylan	So	Puget Sound	1:05.59	1:05.40	1

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Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Keith, Avery	Fr	Puget Sound	48.29	48.29 Q	1
2 Rhodes, Alexander	Fr	Puget Sound	46.38	49.18 Q	2
3 Lahusky, Jordan	So	Lewis & Clark	49.79	49.78 q	1
4 Gibson, Finn	Fr	Willamette	50.60	50.06 q	1
5 Shields, Kamron	So	Pacific (Ore.)	50.28	50.13 q	2
6 Rolfs, Cooper	So	Whitworth	50.43	50.48 q	2
7 Crandall, Myles	Fr	Willamette	50.92	50.72 q	2
8 Booker, Zion	Jr	Pacific (Ore.)	52.07	50.88 q	2
9 Sohus, Josiah	Jr	George Fox	50.99	51.09	2
10 Paul, Lucas	Fr	Whitworth	51.73	51.12	1
11 Lantagne, Cameron	Jr	Whitworth	50.70	51.15	1
12 Heinze, Alexander	So	Pacific (Ore.)	51.93	51.77	1
13 Harrison, Elliott	Jr	Lewis & Clark	53.31	53.13	2

Event 7 Women 100 Meter Dash

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Wilson, Kyrstin	So	Puget Sound	12.22	11.88 Q	3.5	1
2 Ball, Alison	Sr	Whitworth	12.41	12.24 Q	-0.1	2
3 Hewson, Amelia	Sr	Whitworth	12.51	12.28 q	3.5	1
4 Lungo, Jordyn	Sr	Whitworth	12.31	12.29 q	-0.1	2
5 Hawaaboo, Kira	Fr	Linfield	12.56	12.41 q	-0.1	2
6 Pereira, Isabella	Fr	Whitworth	12.78	12.54 q	3.5	1
6 Kasso, Paige	Fr	Linfield	12.54	12.54 q	3.5	1
8 Connors, Hillary	Sr	Linfield	12.97	12.68 q	3.5	1
9 Coleman, Mashani	So	Willamette	12.75	12.74	-0.1	2
10 Clemons, D'Yhana	Fr	Pacific Lutheran	13.04	12.83	-0.1	2

Event 8 Men 100 Meter Dash

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Hines, Solo	Jr	Whitworth	10.75	10.58 Q	1.0	2
2 Sanchez, Keola	Sr	Pacific Lutheran	10.78	10.83 Q	1.5	1
3 Jackson, Dylan	Sr	Linfield	11.00	10.93 Q	1.0	3
4 Dahl, Lucas	So	Pacific (Ore.)	11.04	10.85 q	1.0	2
5 Meade, Kellen	Jr	Pacific Lutheran	11.04	10.90 q	1.5	1
6 Dayton, Charles	Fr	Linfield	11.13	10.91 q	1.5	1
7 Fisette, Evan	Jr	Linfield	10.91	10.93 q	1.0	3
8 Holmberg, Noah	Fr	George Fox	11.23	10.98 q	1.5	1
9 Baker, Davis	So	George Fox	11.12	11.01	1.0	2
10 Nicholas, Cole	Jr	George Fox	11.19	11.02	1.0	2
11 Moreland, Romel	Jr	Pacific (Ore.)	11.16	11.04	1.0	3
12 Howell, Christian	Fr	Whitworth	11.17	11.07	1.5	1
13 Pratt, Dylan	So	Whitworth	11.34	11.17	1.5	1
14 Smith, Lebron	Jr	Pacific Lutheran	11.29	11.19	1.5	1
15 Wood, Levi	Jr	Whitworth	11.28	11.19	1.0	3
16 Bantolina, Brody	So	Pacific (Ore.)	11.14	11.22	1.0	3
17 Maier, Ryan	Fr	George Fox	11.27	11.25	1.0	3

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Results

Preliminaries ... (Event 8 Men 100 Meter Dash)

Name	Yr	School	Seed	Prelims	Wind	H#
18 Christensen, Liam	Fr	Linfield	11.30	11.30	1.0	2
19 Olson, Daniel	Jr	Linfield	11.19	11.87	1.0	2
--- Howmiller, Jacob	So	Puget Sound	11.29	DNF	1.0	2

Event 9 Women 800 Meter Run

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Rising, Ellie	Jr	George Fox	2:11.90	2:16.98 Q	1
2 Heien, Malia	So	Lewis & Clark	2:15.63	2:17.12 Q	2
3 Berry, Annie	Sr	Pacific (Ore.)	2:14.95	2:18.22 Q	3
4 Beiswanger, Elizabeth	Fr	Puget Sound	2:16.79	2:17.64 Q	2
5 Torres-Bermudez, Jennifer	Sr	Linfield	2:19.10	2:18.37 Q	1
6 Jones, Lily	Fr	Whitworth	2:17.56	2:18.78 Q	3
7 Warren, Elizabeth	Sr	George Fox	2:18.41	2:19.56 q	1
8 Schmidlin, Erin	Fr	Puget Sound	2:24.97	2:19.56 q	1
9 Gonzales, Annalise	So	George Fox	2:19.97	2:19.56	3
10 Bikle, Anna	So	Willamette	2:25.54	2:21.56	3
11 Buckley, Mikayla	Fr	Whitworth	2:25.43	2:21.91	1
12 Murata, Colleen	Fr	Whitman	2:22.19	2:24.09	2
13 Davies, Payton	So	Whitman	2:24.76	2:24.23	2
14 Reside, Miriam	So	Lewis & Clark	2:24.94	2:26.75	3
15 Tranby, Hannah	So	George Fox	2:25.97	2:26.84	2
16 Holt, Zoey	So	Pacific Lutheran	2:28.57	2:27.64	2
17 Cota, Nadia	Fr	Lewis & Clark	2:31.18	2:30.37	1
18 Wingo, Katie	So	Willamette	2:28.65	2:33.09	3

Event 10 Men 800 Meter Run

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Tierney, Henry	So	Pacific (Ore.)	1:55.50	1:52.70 Q	2
2 Arthur, Aidan	So	George Fox	1:55.45	1:54.10 Q	1
3 Trefry, Larry	Fr	George Fox	1:54.60	1:52.84 Q	2
4 Sorensen, Kai	So	Pacific Lutheran	1:56.73	1:54.40 Q	1
5 Figueira, Kainoa	Sr	Whitworth	1:54.73	1:53.86 q	2
6 Akiyama, Isaac	So	Whitworth	1:54.47	1:54.41 q	1
7 Scholtes, Ryan	So	George Fox	1:55.39	1:55.10 q	1
8 Cahill, Calvin	Sr	Linfield	1:56.25	1:55.30 q	2
9 Dooley, Conner	Jr	Linfield	1:59.08	1:56.52	1
10 Bergevin, Liam	Fr	Willamette	1:57.01	1:56.89	1
11 Sunray, Tdohasan	Fr	Puget Sound	1:59.22	1:57.30	2
12 Dennis, Will	Jr	Lewis & Clark	1:58.05	1:57.60	2
13 Sandberg, Spencer	So	Pacific (Ore.)	1:58.70	1:59.47	1
14 Hanisch, Jack	Sr	Puget Sound	1:59.41	2:00.29	1
15 Middlekauff, Grant	So	George Fox	1:59.32	2:00.33	2
16 Gover, Cooper	Fr	Whitman	1:57.10	2:03.69	2

Event 11 Women 400 Meter Hurdles

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Brown, Emily	Fr	Whitworth	1:08.85	1:05.45 Q	1

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Name	Yr	School	Seed	Prelims	H#
2 Coleman, Mashani	So	Willamette	1:08.39	1:06.57 Q	2
3 Rutkowski, Emily	Sr	Pacific (Ore.)	1:06.36	1:05.52 q	1
4 Chin, Elsie	So	Lewis & Clark	1:08.43	1:08.07 q	2
5 VanGiesen, Courtney	Jr	George Fox	1:11.03	1:08.81 q	2
6 Briggs, Katie	So	Willamette	1:10.18	1:10.26 q	1
7 Mayberry, Carolyn	Fr	Lewis & Clark	1:11.69	1:10.29 q	2
8 Miller, Sage	So	Willamette	1:11.48	1:10.80 q	1
9 Higen, Hannah	Fr	Whitworth	1:11.08	1:10.90	2
10 Flatt, Klaira	So	Linfield	1:11.19	1:11.30	1
11 Tiernan, Courtney	So	Pacific (Ore.)	1:12.80	1:12.22	1
12 Brisbois, Katrina	Jr	Pacific (Ore.)	1:13.56	1:12.42	2
13 Mills, Macayla	Fr	Whitworth	1:13.23	1:12.43	2
14 Koegler, Greta	Fr	Pacific (Ore.)	1:12.98	1:13.03	1
15 Davenport, Sarah	Sr	George Fox	1:11.62	1:14.23	2
16 Clinton, Brooke	Jr	Whitworth	1:15.51	1:19.66	1

Event 12 Men 400 Meter Hurdles

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Lemma, Grady	Jr	Pacific Lutheran	56.56	56.06 Q	1
2 Watts, Daniel	So	Whitworth	56.03	57.32 Q	2
3 Fung, Harrison	Fr	Lewis & Clark	56.92	56.26 q	1
4 Kidder, Simon	Jr	Willamette	57.50	57.11 q	1
5 Lantagne, Cameron	Jr	Whitworth	56.80	57.55 q	2
6 Christy, Connor	Fr	George Fox	56.78	57.92 q	2
7 Williams, Josh	Sr	George Fox	59.15	58.11 q	1
8 Williams, Mason	So	Willamette	58.24	58.31 q	2
9 Cherry, Jonas	So	Willamette	59.02	58.62	1
10 Graham, Caleb	Fr	Willamette	58.77	58.66	2
11 Hatch, Connor	So	George Fox	59.21	1:01.37	2
12 Hernandez, Ryan	Fr	Puget Sound	1:01.82	1:01.47	1
13 Ahearn, Quinn	Fr	Linfield	1:02.30	1:02.37	1
14 Vaughn, Isaac	So	Whitworth	1:01.20	1:03.74	2

Event 13 Women 200 Meter Dash

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Lewis, Jackilyn	Sr	Puget Sound	25.21	24.84 Q	3.9	1
2 Wilson, Kyrstin	So	Puget Sound	25.14	25.07 Q	2.5	2
3 Ball, Alison	Sr	Whitworth	24.94	24.93 q	3.9	1
4 Hammond, Allyson	So	Pacific (Ore.)	25.07	25.19 q	2.5	2
5 Lungo, Jordyn	Sr	Whitworth	25.55	25.39 q	3.9	1
6 Silis, Rachelle	So	Linfield	26.25	25.56 q	3.9	1
7 O'Hara, Macy	Sr	Lewis & Clark	25.56	25.61 q	2.5	2
8 Hawaaboo, Kira	Fr	Linfield	26.17	25.68 q	2.5	2
9 Kasso, Paige	Fr	Linfield	26.70	25.83	3.9	1
10 Gatica Gomez, Angelica	Jr	Pacific (Ore.)	26.34	25.92	2.5	2
11 Bel, Lavender	Fr	Willamette	26.33	26.20	3.9	1
12 Bradshaw, Victoria	Jr	Puget Sound	26.62	26.39	2.5	2

2024 NWC Championships - 4/19/2024 to 4/20/2024**Stoffer Family Stadium George Fox University****Results****Event 14 Men 200 Meter Dash**

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Rhodes, Alexander	Fr	Puget Sound	21.35	21.09 Q	2.4	4
2 Hines, Solo	Jr	Whitworth	21.53	21.50 Q	+0.0	2
3 Dahl, Lucas	So	Pacific (Ore.)	21.85	21.79 Q	1.9	1
4 Fisette, Evan	Jr	Linfield	22.14	21.83 Q	1.5	3
5 Jackson, Dylan	Sr	Linfield	22.06	21.90 q	1.5	3
6 Lahusky, Jordan	So	Lewis & Clark	22.27	22.07 q	1.9	1
7 Meade, Kellen	Jr	Pacific Lutheran	22.45	22.08 q	2.4	4
8 Keith, Avery	Fr	Puget Sound	22.34	22.14 q	+0.0	2
9 Baker, Davis	So	George Fox	22.61	22.19	+0.0	2
10 Shields, Kamron	So	Pacific (Ore.)	22.61	22.27	1.9	1
11 Booker, Zion	Jr	Pacific (Ore.)	22.75	22.31	1.5	3
12 Holmberg, Noah	Fr	George Fox	22.63	22.42	2.4	4
13 Dayton, Charles	Fr	Linfield	22.98	22.46	1.9	1
14 Moreland, Romel	Jr	Pacific (Ore.)	22.86	22.49	1.9	1
15 Howell, Christian	Fr	Whitworth	22.98	22.50	2.4	4
16 Pratt, Dylan	So	Whitworth	22.87	22.67	+0.0	2
17 Rolfs, Cooper	So	Whitworth	22.98	22.69	+0.0	2
18 Niemi, Luke	Fr	Linfield	23.12	22.74	+0.0	2
19 Murphy, Brogan	So	Puget Sound	22.97	22.93	2.4	4
20 Huson, Durham	Fr	Linfield	23.11	22.94	1.5	3
21 Makanui, Kamaehuokalani	So	Pacific Lutheran	23.12	23.18	1.9	1
22 Guest, Devon	Jr	Lewis & Clark	23.64	23.25	+0.0	2
23 Wood, Levi	Jr	Whitworth	23.09	23.36	1.5	3
24 Hannah, Matthew	Jr	Puget Sound	23.14	23.38	2.4	4
25 Sheckles, Chris	So	Puget Sound	23.16	23.44	2.4	4

Event 15 Women 3000 Meter Steeplechase

Name	Yr	School	Seed	Finals	Points
Finals					
1 Brethower, Cris	Jr	Pacific (Ore.)	11:38.37	11:18.24	10
2 Heino, Zoe	So	Willamette	11:45.11	11:32.83	8
3 Schwieterman, Katya	Jr	Lewis & Clark	12:09.56	11:38.01	6
4 Lemesh, Anastasiia	So	Willamette	11:52.46	11:39.71	5
5 Crossley, Abby	Fr	Whitworth	11:47.70	11:40.25	4
6 Wilber, Allie	Jr	George Fox	11:59.87	11:47.89	3
7 Teachout, Jenessa	Jr	George Fox	11:57.36	12:02.27	2
8 Taylor, Jayden	Fr	Linfield	12:30.98	12:05.81	1
9 Shaw, Morgan	Fr	Willamette	12:16.20	12:12.35	
10 Deazley, Annika	Jr	Pacific Lutheran	12:48.26	12:31.23	
11 Boddy, Morgan	Fr	Pacific (Ore.)	12:41.51	12:40.22	
12 Altuhovs, Dina	Sr	Pacific (Ore.)	12:37.07	12:56.42	
13 Betz, Payton	Fr	Pacific (Ore.)	13:00.70	13:06.23	
--- Beck, Norah	So	Puget Sound	12:46.96	DNF	

Event 16 Men 3000 Meter Steeplechase

Name	Yr	School	Seed	Finals	Points
Finals					
1 Gappa, Austin	Jr	George Fox	9:11.52	9:02.63	10

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	Name	Yr	School	Seed	Finals	Points
2	Grass, Gavin	Jr	George Fox	9:29.37	9:13.21	8
3	Lusis, Stefans	Sr	Pacific Lutheran	9:34.41	9:17.32	6
4	Adkisson, Patrick	Jr	George Fox	9:25.09	9:20.74	5
5	Ireton, Jack	So	Whitworth	9:38.56	9:27.51	4
6	Ruiz, Kellen	So	George Fox	9:35.81	9:30.84	3
7	Hennum, William	Jr	Willamette	9:39.42	9:33.92	2
8	Dugenet, James	Jr	Whitworth	9:36.66	9:38.13	1
9	Buckley, Matt	Sr	Whitworth	9:50.09	9:45.61	
10	Nealon, Joel	So	Whitworth	9:49.02	9:46.19	
11	Creeks, Brendan	Jr	Lewis & Clark	10:01.58	9:48.31	
12	Kiltow, Bradley	Jr	Linfield	10:02.08	9:52.98	
13	Bay, Nate	Jr	Lewis & Clark	10:11.46	9:56.65	
14	Lewis, Adam	Fr	Willamette	10:02.21	9:57.90	
15	Anderson, Gregory	Sr	Whitworth	10:17.06	9:59.83	
16	Chalpoutis, Max	So	George Fox	10:20.74	10:14.55	
17	Yamamoto, Reese	Sr	Pacific (Ore.)	10:17.38	10:19.01	
18	Miller, Emil	Fr	Linfield	10:23.55	10:20.38	
19	Baker, Nick	Fr	Whitworth	10:20.15	10:23.66	
20	Sorensen, Kai	So	Pacific Lutheran	9:47.34	10:25.95	
21	Dunlap, Colin	So	Whitman	10:28.66	10:30.86	
22	Moore, Will	So	Whitworth	10:33.52	10:33.29	
23	Sellers, Gavin	Fr	Lewis & Clark	10:22.65	10:37.43	
24	Naylor, Joseph	So	Lewis & Clark	10:31.70	10:43.30	

Event 17 Men Hammer Throw

	Name	Yr	School	Finals	H#	Points
Finals						
1	Wheeler, Cody	So	Whitworth	51.81m	170-00	2 10
2	Koenig, Nathaniel	Sr	George Fox	50.59m	166-00	2 8
3	Bashioum, Roan	Fr	Willamette	46.90m	153-10	2 6
4	Slifka, Jacob	Jr	Linfield	43.54m	142-10	2 5
5	Ragaza-Bourassa, Micah	Fr	Pacific Lutheran	42.49m	139-05	2 4
6	Herrick, Kenai	So	Whitworth	41.66m	136-08	1 3
7	Mcbride, Scott	Sr	George Fox	41.35m	135-08	1 2
8	Baum, Andrew	So	Lewis & Clark	40.57m	133-01	2 1
9	Olsen, Nick	Jr	Linfield	39.98m	131-02	2
10	Vu, Eddie	So	Whitworth	38.81m	127-04	2
11	Samuelson, Henry	Sr	George Fox	38.50m	126-04	1
12	Hisey, Parker	So	Willamette	37.43m	122-10	1
13	Rees, Taylor	Jr	Puget Sound	37.04m	121-06	1
14	Carmichael, Russell	Sr	Pacific (Ore.)	36.48m	119-08	1
15	Hawley, Gavin	Jr	Pacific Lutheran	35.22m	115-07	1

Event 18 Women Hammer Throw

	Name	Yr	School	Finals	H#	Points
Finals						
1	Wirth, Eva	Jr	Pacific Lutheran	47.13m	154-07	2 10
2	Grant, Tenley	Jr	Willamette	46.68m	153-02	2 8
3	Chavez, Jaelene	Sr	George Fox	44.13m	144-09	2 6
4	Johnson, Kaitlyn	Sr	George Fox	41.43m	135-11	2 5

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Name	Yr	School	Finals		H#	Points
5 Spencer, Logan	Jr	Whitworth	40.33m	132-04	2	4
6 Gerard, Autumn	Sr	Pacific (Ore.)	40.23m	132-00	1	3
7 Valmonte, Alessandra	So	Pacific Lutheran	39.30m	128-11	2	2
8 Boyd, Izzy	Fr	Whitworth	39.14m	128-05	1	1
9 Cook, Katy	So	Pacific Lutheran	38.43m	126-01	2	
10 Tiimalu, Renee	Sr	Whitworth	36.43m	119-06	2	
11 Wayss, Carly	So	Puget Sound	36.17m	118-08	1	
12 Restrepo, Nicole	So	Pacific (Ore.)	35.78m	117-05	1	
13 Singleton, Divinity	Fr	Lewis & Clark	35.46m	116-04	1	
14 Flatt, Klaira	So	Linfield	33.69m	110-06	1	
15 White, Samayia	Fr	Pacific Lutheran	33.47m	109-10	1	
16 Ellis, Natalie	Fr	Whitworth	32.60m	106-11	2	
--- Wengener, Addie	Jr	George Fox	FOUL		1	

Event 19 Women Pole Vault

Name	Yr	School	Finals		Points
Finals					
1 Tully, Grace	Jr	George Fox	3.81m	12-06.00	10
2 Larson, Shelby	Sr	George Fox	3.40m	11-01.75	7
2 Hawkins, Angela	So	George Fox	3.40m	11-01.75	7
4 Kraemer, Makayla	Sr	Pacific (Ore.)	3.25m	10-08.00	5
5 Goodell, Allison	Sr	Puget Sound	J3.25m	10-08.00	4
6 Wilson, Anna	Sr	George Fox	J3.25m	10-08.00	3
7 Bruggeman, Valerie	Jr	George Fox	J3.25m	10-08.00	2
8 Nguyen, Kristine	Sr	Pacific Lutheran	3.10m	10-02.00	1
9 Bradshaw, Victoria	Jr	Puget Sound	2.80m	9-02.25	
10 Cook, Sierra	Fr	George Fox	2.35m	7-08.50	
--- Crawford, Siera	Sr	Linfield	NH		

Event 20 Men Long Jump

Name	Yr	School	Finals		Wind	H#	Points
Finals							
1 Bane, Zaanan	Jr	Whitworth	7.07m	23-02.50	3.0	1	10
2 Smith, Blake	So	George Fox	6.91m	22-08.00	0.5	2	8
3 Pierson, Drew	Fr	George Fox	J6.91m	22-08.00	1.5	2	6
4 Mcarthur, Kaleb	So	Willamette	6.89m	22-07.25	3.1	2	5
5 Kramer, Seth	So	Pacific Lutheran	6.86m	22-06.25	0.6	1	4
6 Satta-Ellis, Ro'o	Fr	Pacific (Ore.)	6.78m	22-03.00	1.4	1	3
7 Dahl, Lucas	So	Pacific (Ore.)	6.76m	22-02.25	0.7	2	2
8 Smith, Caleb	So	George Fox	6.71m	22-00.25	0.6	1	1
9 Fordham, Jayden	Sr	Pacific (Ore.)	6.62m	21-08.75	-0.3	1	
10 Flanagan, Riley	Sr	Whitworth	6.58m	21-07.25	1.8	2	
11 Miller, Ryan	So	Pacific (Ore.)	6.50m	21-04.00	-0.9	2	
12 Murphy, Brogan	So	Puget Sound	6.41m	21-00.50	2.7	2	
13 Martin, Jalen	Jr	Whitworth	J6.41m	21-00.50	2.3	2	
14 Massar, Cole	Fr	Linfield	6.30m	20-08.00	-1.2	1	
15 Meade, Connor	Fr	Pacific Lutheran	6.23m	20-05.25	3.5	2	
16 Chaffin, Josiah	So	Pacific (Ore.)	6.06m	19-10.75	0.8	1	
17 Willingham, Tyger	Fr	Pacific Lutheran	5.82m	19-01.25	3.7	1	
18 Lai, Alvin	Sr	George Fox	5.54m	18-02.25	1.1	1	

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Name	Yr	School	Finals		H#	Points
Finals						
1 Okemgbo, Amblessed	So	Whitworth	46.61m	152-11	2	10
2 Walker, Kailee	Sr	George Fox	41.78m	137-01	2	8
3 Soliai, Alicia-Ellalynn	Fr	Pacific Lutheran	39.85m	130-09	2	6
4 Wirth, Eva	Jr	Pacific Lutheran	39.38m	129-02	2	5
5 McCoy Harmon, Piper	So	Lewis & Clark	39.20m	128-07	1	4
6 Gerard, Autumn	Sr	Pacific (Ore.)	38.54m	126-05	1	3
7 Wengener, Addie	Jr	George Fox	36.80m	120-09	1	2
8 Patterson, Rosali	Fr	Puget Sound	36.24m	118-11	1	1
9 Tuiolomotu, Makayla	So	Pacific (Ore.)	35.54m	116-07	1	
10 Arthur, Virginia	So	Pacific Lutheran	34.90m	114-06	2	
11 Tiimalu, Renee	Sr	Whitworth	34.30m	112-06	2	
12 Ramos, Carole	Jr	Pacific Lutheran	33.94m	111-04	2	
13 Banuelos, Margaritah	Fr	Linfield	33.57m	110-02	1	
14 Gerber-Perham, Brooke	Jr	Pacific (Ore.)	31.95m	104-10	1	
15 Singleton, Divinity	Fr	Lewis & Clark	30.30m	99-05	1	
16 Johnson, Kaitlyn	Sr	George Fox	29.91m	98-01	2	

Event 22 Women Long Jump

Name	Yr	School	Finals	Wind	H#	Points	
Finals							
1 Hawaaboo, Kira	Fr	Linfield	5.96m	19-06.75	1.5	2	10
2 Hammond, Allyson	So	Pacific (Ore.)	5.47m	17-11.50	2.4	2	8
3 Azar, Victoria	Jr	George Fox	5.45m	17-10.75	1.9	2	6
4 Tira, Brianna	Fr	Whitworth	5.33m	17-06.00	1.7	2	5
5 Johnson, Rachel	Fr	George Fox	5.25m	17-02.75	2.3	1	4
6 Rawls, Breanne	Jr	Whitworth	5.22m	17-01.50	1.2	1	3
7 Dinh, Rose	Fr	Lewis & Clark	5.14m	16-10.50	1.1	2	2
8 Crawford, Emily	So	George Fox	5.12m	16-09.75	1.0	2	1
9 Singh, Jonette	Fr	Pacific (Ore.)	5.07m	16-07.75	0.9	2	
10 Archer, Kyleigh	Fr	Pacific Lutheran	5.03m	16-06.00	2.3	1	
11 Huntsman, Jenna	So	George Fox	5.02m	16-05.75	-0.1	1	
12 Waddell, Whitney	Jr	George Fox	5.02m	16-05.75	0.9	1	
13 Snyder, Erica	So	Willamette	4.99m	16-04.50	0.5	2	
14 Parangan, Beth	Fr	George Fox	4.96m	16-03.25	0.6	1	
15 Downey, Madison	Fr	Pacific Lutheran	4.88m	16-00.25	0.5	1	
16 Olson, Sophia	So	George Fox	4.86m	15-11.50	1.8	1	

Event 23 Men High Jump

Name	Yr	School	Finals		Points
Finals					
1 King, James	So	George Fox	2.00m	6-06.75	10
2 Martin, Jalen	Jr	Whitworth	1.95m	6-04.75	8
3 Watts, Daniel	So	Whitworth	1.90m	6-02.75	6
4 Fordham, Jayden	Sr	Pacific (Ore.)	1.85m	6-00.75	4.50
4 Mackay, Ryder	Fr	Pacific (Ore.)	1.85m	6-00.75	4.50
6 Hanis, Kevin	Fr	Pacific Lutheran	1.85m	6-00.75	3
7 Smith, Caleb	So	George Fox	1.85m	6-00.75	2
8 Ashour, Max	Jr	George Fox	1.80m	5-10.75	1

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	Name	Yr	School	Finals		Points
9	Gibson, Levi	Sr	George Fox	1.75m	5-08.75	
10	Hurst, Nicolas	So	George Fox	J1.75m	5-08.75	
11	Cach, Eli	So	Whitworth	1.70m	5-07.00	
---	Troeh, Andrew	So	Linfield	NH		

Event 24 Men Discus Throw

	Name	Yr	School	Finals		Points
Finals						
1	Slifka, Jacob	Jr	Linfield	49.77m	163-03	10
2	Vu, Eddie	So	Whitworth	47.49m	155-10	8
3	Baum, Andrew	So	Lewis & Clark	44.95m	147-06	6
4	Sonko, George	So	Pacific Lutheran	44.93m	147-05	5
5	Smith, Alex	So	Whitworth	43.88m	143-11	4
6	Mamikonyan, June	So	Whitworth	42.39m	139-01	3
7	Imsland, Austin	So	George Fox	41.95m	137-07	2
8	Bashioum, Roan	Fr	Willamette	40.98m	134-05	1
9	Carmichael, Russell	Sr	Pacific (Ore.)	40.49m	132-10	
10	Cachuela, Shyson	Fr	Linfield	40.13m	131-08	
11	Koenig, Nathaniel	Sr	George Fox	40.05m	131-05	
12	Hisey, Parker	So	Willamette	37.42m	122-09	
13	Bridges, Mason	Sr	Puget Sound	35.08m	115-01	
---	Martinez, Cristian	Fr	Whitworth	FOUL		

Event 25 Men Pole Vault

	Name	Yr	School	Finals		Points
Finals						
1	Gibson, Levi	Sr	George Fox	4.68m	15-04.25	10
2	Jones, Elijah	So	Willamette	J4.68m	15-04.25	8
3	Kimata, Mauhia	Sr	George Fox	4.53m	14-10.25	6
4	Nelson, Luke	Fr	George Fox	4.38m	14-04.50	5
5	Sikkema, Zeke	So	George Fox	4.23m	13-10.50	4
6	Stansberry, Ezekiel	Fr	Whitworth	3.93m	12-10.75	3
7	Moren, Jarod	Jr	Pacific (Ore.)	J3.93m	12-10.75	2
8	Cordeiro, Dylan	Fr	Puget Sound	3.78m	12-04.75	1
---	Hruschka, Marc	Fr	Whitworth	NH		
---	Donnelly, Aidan	Jr	Pacific Lutheran	NH		
---	Ditter, Cameron	Sr	Whitworth	NH		
---	Leahy, Blake	Sr	Pacific Lutheran	NH		

Event 41 Men Decathlon

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Smith, Blake	So	George Fox		6327		10
2	Gibson, Levi	Sr	George Fox		5816		8
3	Martin, Jalen	Jr	Whitworth		5749		6
4	Watts, Daniel	So	Whitworth		5693		5
5	McMillan, Tom	Jr	George Fox		5419		4
6	Smith, Caleb	So	George Fox		5414		3
7	Huson, Durham	Fr	Linfield		4876		2
8	Cach, Eli	So	Whitworth		4789		1

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	Name	Yr	School	Seed	Finals	H#	Points
9	Shields, Kamron	So	Pacific (Ore.)		4544		
10	Kent, Braden	Sr	Pacific (Ore.)		3908		
11	Ashour, Max	Jr	George Fox		3031		

Event 42 Women Heptathlon

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Hawaaboo, Kira	Fr	Linfield		4495		10
2	O'Rear, Breeauna	Sr	George Fox		4381		8
3	Rawls, Breanne	Jr	Whitworth		4330		6
4	Jensen, Elisabeth	Sr	George Fox		4257		5
5	Brown, Emily	Fr	Whitworth		3933		4
6	Huntsman, Jenna	So	George Fox		3704		3
7	Tiernan, Courtney	So	Pacific (Ore.)		3534		2
8	Snyder, Erica	So	Willamette		3426		1

Event 53 Decathlon: #1 Men 100 Meter Dash Decathlon

	Name	Yr	School	Finals	Wind	H#	Points
Finals							
1	Smith, Blake	So	George Fox	11.07	NWI	1	845
2	Shields, Kamron	So	Pacific (Ore.)	11.24	NWI	2	808
3	Huson, Durham	Fr	Linfield	11.41	NWI	1	771
4	Smith, Caleb	So	George Fox	11.42	NWI	1	769
5	McMillan, Tom	Jr	George Fox	11.51	NWI	1	750
6	Ashour, Max	Jr	George Fox	11.70	NWI	2	711
7	Gibson, Levi	Sr	George Fox	11.72	NWI	1	707
8	Watts, Daniel	So	Whitworth	11.85	NWI	1	681
9	Martin, Jalen	Jr	Whitworth	11.91	NWI	1	669
10	Kent, Braden	Sr	Pacific (Ore.)	12.09	NWI	2	633
11	Cach, Eli	So	Whitworth	12.61	NWI	1	536

Event 54 Decathlon: #2 Men Long Jump Decathlon

	Name	Yr	School	Finals	Wind	Points
Finals						
1	Smith, Blake	So	George Fox	6.85m	22-05.75 NWI	778
2	Martin, Jalen	Jr	Whitworth	6.58m	21-07.25 NWI	716
3	Smith, Caleb	So	George Fox	6.50m	21-04.00 NWI	697
4	Watts, Daniel	So	Whitworth	6.30m	20-08.00 NWI	652
5	Ashour, Max	Jr	George Fox	5.90m	19-04.25 NWI	565
6	McMillan, Tom	Jr	George Fox	5.84m	19-02.00 NWI	552
7	Gibson, Levi	Sr	George Fox	5.78m	18-11.75 NWI	540
8	Shields, Kamron	So	Pacific (Ore.)	5.75m	18-10.50 NWI	533
9	Huson, Durham	Fr	Linfield	5.62m	18-05.25 NWI	506
10	Cach, Eli	So	Whitworth	5.58m	18-03.75 NWI	498
11	Kent, Braden	Sr	Pacific (Ore.)	4.99m	16-04.50 NWI	380

Event 55 Decathlon: #3 Men Shot Put Decathlon

	Name	Yr	School	Finals	Points
Finals					
1	McMillan, Tom	Jr	George Fox	11.79m	38-08.25
2	Ashour, Max	Jr	George Fox	10.91m	35-09.50

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Finals ... (Event 55 Decathlon: #3 Men Shot Put Decathlon)

Name	Yr	School	Finals	Points	
3 Smith, Caleb	So	George Fox	10.86m	35-07.75	537
4 Martin, Jalen	Jr	Whitworth	10.84m	35-06.75	536
5 Gibson, Levi	Sr	George Fox	10.49m	34-05.00	515
6 Cach, Eli	So	Whitworth	9.76m	32-00.25	471
7 Kent, Braden	Sr	Pacific (Ore.)	9.69m	31-09.50	467
8 Smith, Blake	So	George Fox	9.60m	31-06.00	462
9 Shields, Kamron	So	Pacific (Ore.)	9.06m	29-08.75	429
10 Watts, Daniel	So	Whitworth	8.58m	28-01.75	401
11 Huson, Durham	Fr	Linfield	7.89m	25-10.75	360

Event 56 Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals	Points	
Finals					
1 Martin, Jalen	Jr	Whitworth	1.92m	6-03.50	731
2 Watts, Daniel	So	Whitworth	1.86m	6-01.25	679
3 Ashour, Max	Jr	George Fox	1.83m	6-00.00	653
3 Smith, Caleb	So	George Fox	1.83m	6-00.00	653
5 Cach, Eli	So	Whitworth	1.74m	5-08.50	577
5 Smith, Blake	So	George Fox	1.74m	5-08.50	577
7 Gibson, Levi	Sr	George Fox	1.71m	5-07.25	552
8 Huson, Durham	Fr	Linfield	1.68m	5-06.00	528
9 McMillan, Tom	Jr	George Fox	1.65m	5-05.00	504
10 Shields, Kamron	So	Pacific (Ore.)	1.59m	5-02.50	457
11 Kent, Braden	Sr	Pacific (Ore.)	1.44m	4-08.75	345

Event 57 Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals	H#	Points
Finals					
1 Shields, Kamron	So	Pacific (Ore.)	50.28	2	802
2 Smith, Blake	So	George Fox	50.42	1	795
3 Smith, Caleb	So	George Fox	51.65	1	740
4 McMillan, Tom	Jr	George Fox	52.14	1	719
5 Gibson, Levi	Sr	George Fox	52.21	1	716
6 Watts, Daniel	So	Whitworth	53.20	1	673
7 Huson, Durham	Fr	Linfield	55.57	1	576
8 Cach, Eli	So	Whitworth	57.78	1	492
9 Kent, Braden	Sr	Pacific (Ore.)	58.00	2	484
10 Martin, Jalen	Jr	Whitworth	58.41	1	469
--- Ashour, Max	Jr	George Fox	DNF	2	

Event 58 Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals	Wind	H#	Points
Finals						
1 Smith, Blake	So	George Fox	15.23	NWI	1	822
2 Watts, Daniel	So	Whitworth	16.16	NWI	1	715
3 Martin, Jalen	Jr	Whitworth	16.20	NWI	1	710
4 Huson, Durham	Fr	Linfield	16.85	NWI	1	640
5 McMillan, Tom	Jr	George Fox	16.87	NWI	1	638
6 Smith, Caleb	So	George Fox	16.89	NWI	1	636
7 Gibson, Levi	Sr	George Fox	17.60	NWI	1	563

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Name	Yr	School	Finals	Wind	H#	Points
8 Cach, Eli	So	Whitworth	17.68	NWI	1	555
9 Kent, Braden	Sr	Pacific (Ore.)	18.74	NWI	2	455
10 Shields, Kamron	So	Pacific (Ore.)	20.76	NWI	2	292
--- Ashour, Max	Jr	George Fox	DNF	NWI	2	

Event 59 Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals	Points
Finals				
1 Smith, Blake	So	George Fox	29.24m	450
2 McMillan, Tom	Jr	George Fox	29.11m	447
3 Gibson, Levi	Sr	George Fox	28.86m	442
4 Martin, Jalen	Jr	Whitworth	27.61m	418
5 Shields, Kamron	So	Pacific (Ore.)	26.47m	395
6 Kent, Braden	Sr	Pacific (Ore.)	25.99m	386
7 Smith, Caleb	So	George Fox	25.05m	368
8 Huson, Durham	Fr	Linfield	23.35m	335
9 Watts, Daniel	So	Whitworth	22.43m	318
10 Ashour, Max	Jr	George Fox	18.63m	246
11 Cach, Eli	So	Whitworth	17.10m	218

Event 60 Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals	Points
Finals				
1 Gibson, Levi	Sr	George Fox	4.38m	725
2 Smith, Blake	So	George Fox	4.08m	640
3 Martin, Jalen	Jr	Whitworth	3.88m	584
4 Watts, Daniel	So	Whitworth	3.68m	530
5 Cach, Eli	So	Whitworth	3.58m	503
6 Huson, Durham	Fr	Linfield	2.48m	237
7 McMillan, Tom	Jr	George Fox	2.18m	175
--- Kent, Braden	Sr	Pacific (Ore.)	NH	
--- Ashour, Max	Jr	George Fox	NH	
--- Smith, Caleb	So	George Fox	NH	
--- Shields, Kamron	So	Pacific (Ore.)	NH	

Event 61 Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals	Points
Finals				
1 Gibson, Levi	Sr	George Fox	48.48m	566
2 McMillan, Tom	Jr	George Fox	45.24m	518
3 Huson, Durham	Fr	Linfield	43.93m	499
4 Smith, Caleb	So	George Fox	42.37m	477
5 Smith, Blake	So	George Fox	42.24m	475
6 Cach, Eli	So	Whitworth	40.69m	452
7 Martin, Jalen	Jr	Whitworth	40.14m	444
8 Watts, Daniel	So	Whitworth	39.17m	430
9 Kent, Braden	Sr	Pacific (Ore.)	32.80m	339
10 Ashour, Max	Jr	George Fox	31.17m	316
11 Shields, Kamron	So	Pacific (Ore.)	28.31m	275

2024 NWC Championships - 4/19/2024 to 4/20/2024**Stoffer Family Stadium George Fox University****Results****Event 62 Decathlon: #10 Men 1500 Meter Run Decathlon**

Name	Yr	School	Finals	Points	
Finals					
1	Watts, Daniel	So	Whitworth	4:50.70	614
2	Shields, Kamron	So	Pacific (Ore.)	5:01.15	553
3	Smith, Caleb	So	George Fox	5:04.03	537
4	McMillan, Tom	Jr	George Fox	5:06.68	522
5	Gibson, Levi	Sr	George Fox	5:12.39	490
6	Cach, Eli	So	Whitworth	5:13.04	487
7	Smith, Blake	So	George Fox	5:13.76	483
8	Martin, Jalen	Jr	Whitworth	5:15.84	472
9	Huson, Durham	Fr	Linfield	5:24.98	424
10	Kent, Braden	Sr	Pacific (Ore.)	5:26.02	419
---	Ashour, Max	Jr	George Fox	DNF	

Event 63 Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals	Wind	Points	
Finals						
1	Rawls, Breanne	Jr	Whitworth	15.33	NWI	799
2	Jensen, Elisabeth	Sr	George Fox	15.55	NWI	770
3	Huntsman, Jenna	So	George Fox	15.88	NWI	729
4	O'Rear, Breeauna	Sr	George Fox	15.98	NWI	717
5	Snyder, Erica	So	Willamette	16.01	NWI	713
6	Hawaaboo, Kira	Fr	Linfield	16.34	NWI	673
7	Carmony, Dylainee	Fr	George Fox	16.94	NWI	603
8	Tiernan, Courtney	So	Pacific (Ore.)	17.19	NWI	575
9	Brown, Emily	Fr	Whitworth	17.67	NWI	523

Event 64 Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals	Points		
Finals						
1	Rawls, Breanne	Jr	Whitworth	1.65m	5-05.00	795
2	Snyder, Erica	So	Willamette	1.56m	5-01.25	689
2	Hawaaboo, Kira	Fr	Linfield	1.56m	5-01.25	689
4	Jensen, Elisabeth	Sr	George Fox	1.53m	5-00.25	655
5	O'Rear, Breeauna	Sr	George Fox	1.50m	4-11.00	621
6	Huntsman, Jenna	So	George Fox	1.41m	4-07.50	523
7	Tiernan, Courtney	So	Pacific (Ore.)	1.38m	4-06.25	491
8	Brown, Emily	Fr	Whitworth	1.29m	4-02.75	399

Event 65 Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals	Points		
Finals						
1	O'Rear, Breeauna	Sr	George Fox	11.19m	36-08.50	608
2	Jensen, Elisabeth	Sr	George Fox	10.50m	34-05.50	562
3	Rawls, Breanne	Jr	Whitworth	9.99m	32-09.50	529
4	Huntsman, Jenna	So	George Fox	9.31m	30-06.50	484
5	Snyder, Erica	So	Willamette	9.08m	29-09.50	469
6	Hawaaboo, Kira	Fr	Linfield	9.07m	29-09.25	469
7	Tiernan, Courtney	So	Pacific (Ore.)	8.95m	29-04.50	461
8	Brown, Emily	Fr	Whitworth	8.78m	28-09.75	450

2024 NWC Championships - 4/19/2024 to 4/20/2024**Stoffer Family Stadium George Fox University****Results****Event 66 Heptathlon: #4 Women 200 Meter Dash Heptathlon**

Name	Yr	School	Finals	Wind	Points
Finals					
1	Hawaaboo, Kira	Fr Linfield	26.17	NWI	782
2	O'Rear, Breeauna	Sr George Fox	26.73	NWI	734
3	Brown, Emily	Fr Whitworth	26.78	NWI	730
4	Jensen, Elisabeth	Sr George Fox	26.85	NWI	724
5	Rawls, Breanne	Jr Whitworth	28.09	NWI	624
6	Huntsman, Jenna	So George Fox	28.52	NWI	590
7	Tiernan, Courtney	So Pacific (Ore.)	28.81	NWI	568
8	Snyder, Erica	So Willamette	29.41	NWI	524

Event 67 Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals	Wind	Points
Finals					
1	Hawaaboo, Kira	Fr Linfield	5.57m	18-03.25 NWI	720
2	Jensen, Elisabeth	Sr George Fox	4.97m	16-03.75 NWI	551
2	Snyder, Erica	So Willamette	4.97m	16-03.75 NWI	551
4	Rawls, Breanne	Jr Whitworth	4.94m	16-02.50 NWI	543
5	O'Rear, Breeauna	Sr George Fox	4.83m	15-10.25 NWI	514
6	Brown, Emily	Fr Whitworth	4.81m	15-09.50 NWI	508
7	Huntsman, Jenna	So George Fox	4.80m	15-09.00 NWI	506
8	Tiernan, Courtney	So Pacific (Ore.)	4.67m	15-04.00 NWI	472

Event 68 Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals	Points	
Finals					
1	Hawaaboo, Kira	Fr Linfield	33.82m	110-11	549
2	Brown, Emily	Fr Whitworth	31.84m	104-05	512
3	Rawls, Breanne	Jr Whitworth	29.36m	96-04	464
4	Jensen, Elisabeth	Sr George Fox	27.40m	89-11	427
5	O'Rear, Breeauna	Sr George Fox	26.86m	88-01	417
6	Huntsman, Jenna	So George Fox	25.60m	84-00	394
7	Tiernan, Courtney	So Pacific (Ore.)	24.97m	81-11	382
---	Snyder, Erica	So Willamette	ND		

Event 69 Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals	Points
Finals				
1	Brown, Emily	Fr Whitworth	2:20.89	811
2	O'Rear, Breeauna	Sr George Fox	2:24.01	770
3	Hawaaboo, Kira	Fr Linfield	2:36.52	613
4	Tiernan, Courtney	So Pacific (Ore.)	2:38.98	585
5	Rawls, Breanne	Jr Whitworth	2:39.76	576
6	Jensen, Elisabeth	Sr George Fox	2:40.39	568
7	Snyder, Erica	So Willamette	2:48.44	480
8	Huntsman, Jenna	So George Fox	2:48.61	478

Women - Team Rankings - 7 Events Scored

1) George Fox	102	2) Whitworth	43
3) Pacific (Ore.)	31	4) Pacific Lutheran	26

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Results

5) Lewis & Clark	22	5) Willamette	22
7) Linfield	21	8) Puget Sound	5
9) Whitman	1		

Men - Team Rankings - 8 Events Scored

1) George Fox	128	2) Whitworth	80
3) Pacific Lutheran	32	4) Willamette	22
5) Linfield	17	6) Pacific (Ore.)	16
7) Lewis & Clark	13	8) Puget Sound	4