

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 1 Women 200 Yard Medley Relay

Conf: 1:44.98 * 2/12/2017 **Whitman College** **Whitm**
M Selznick, N Dipoye, K Davidson, T Hallstein

Meet: 1:44.98 # 2/12/2017 **Whitman College** **Whitm**
M Selznick, N Dipoye, K Davidson, T Hallstein

Team	Relay	Seed Time	Finals Time	Points
1 Whitman College	A	1:50.70	1:48.04	40
1) Lenz, Frances G 22	2) Sapper, Rachel J 22	3) Riley, Avery 19	4) r:0.27 Agnew, Shaye 22	
r:+0.75 28.28	58.15 (29.87)	1:24.19 (26.04)	1:48.04 (23.85)	
2 Whitworth University Swim Team	A	1:50.35	1:48.05	34
1) Thorne, Taylor S 20	2) r:0.34 Bonikowsky, Megan 17	3) r:0.41 Esteban, Grace 18	4) r:0.22 Schoenfelder, Ella 17	
r:+0.70 27.94	58.03 (30.09)	1:24.05 (26.02)	1:48.05 (24.00)	
3 Pacific Lutheran University	A	1:51.31	1:48.95	32
1) Gassman, Emma 20	2) r:0.15 Hawkins, Scout 18	3) r:0.33 Zuniga, Melissa 19	4) r:0.23 Maher, Riley 19	
r:+0.69 28.06	58.80 (30.74)	1:24.80 (26.00)	1:48.95 (24.15)	
4 Willamette University Swimming	A	1:51.43	1:49.67	30
1) Howell, Leah J 20	2) Hornbeck, Anna E 22	3) r:0.27 Ciatti, Tessa 19	4) r:0.11 Kisiday, Alayna 21	
r:+0.64 27.96	59.24 (31.28)	1:25.41 (26.17)	1:49.67 (24.26)	
5 University of Puget Sound	A	1:50.05	1:50.62	28
1) McGuire, Harper A 18	2) Link, Trinity J 18	3) r:0.17 Ollenburg, Lelia 18	4) Prouty, Abby J 19	
r:+0.54 30.30	1:00.48 (30.18)	1:26.24 (25.76)	1:50.62 (24.38)	
6 Lewis & Clark College	A	1:53.69	1:52.20	26
1) Cummings, Angie 20	2) r:0.21 Linkow, Dahlia 19	3) Gaffoor, Aniqah 21	4) r:0.56 Stephan, Ella 22	
r:+0.70 28.04	1:00.63 (32.59)	1:26.71 (26.08)	1:52.20 (25.49)	
7 George Fox University	A	1:56.00	1:55.45	24
1) Stapelman, Zoey 18	2) Parker, Riley 21	3) r:0.16 Hoover, Ellie 19	4) r:0.08 Smith, Mia 20	
r:+0.66 30.18	1:02.26 (32.08)	1:29.62 (27.36)	1:55.45 (25.83)	
--- Linfield University	A	1:52.18	DQ	
1) Campbell, Avery R 21	2) r:0.09 Zumbum, Alana 19	3) r:0.41 Arpag, Sarah 21	4) r:0.41 Bobo-Shisler, Lauren 21	
r:+0.80 27.42	59.21 (31.79)	1:24.90 (25.69)	DQ (24.73)	
--- Pacific University Oregon	A	1:55.80	DQ	
1) Grieder-Jacobs, Ann Marie 22	2) r:-0.05 Ferruzzi, Serafina 20	3) r:0.43 Capron-Graves, Jaz 20	4) r:0.44 Moehnke, Alex 22	
r:+0.62 28.50	59.86 (31.36)	1:27.41 (27.55)	DQ (24.49)	

Event 3 Women 800 Yard Freestyle Relay

Conf: 7:32.54 * 3/19/2010 **Whitworth University** **Whitw**
K Fisher, C DeHaven, A Lecoq, N Turner

Meet: 7:38.59 # 2/14/2009 **Whitworth University** **Whitw**
K Fisher, C DeHaven, A Lecoq, N Turner

Team	Relay	Seed Time	Finals Time	Points
1 Whitworth University Swim Team	A	8:04.75	J7:44.50	40
1) Larrabee, Jillian J 21	2) r:0.22 Parrish, Makhaela 19	3) r:0.43 Hoopes, Isabella 18	4) r:0.30 Bonikowsky, Megan 17	
r:+0.70 25.53	53.94 (53.94)	1:23.99 (1:23.99)	1:55.45 (1:55.45)	
2:21.95 (26.50)	2:51.52 (56.07)	3:21.90 (1:26.45)	3:51.55 (1:56.10)	
4:17.28 (25.73)	4:46.11 (54.56)	5:16.21 (1:24.66)	5:49.58 (1:58.03)	
6:15.15 (25.57)	6:43.79 (54.21)	7:13.95 (1:24.37)	7:44.50 (1:54.92)	
2 Whitman College	A	8:01.40	J7:47.25	34
1) Hanson, Anneliese 21	2) Lenz, Frances G 22	3) Piel, Josephine 20	4) r:0.25 Riley, Avery 19	
26.12	54.48 (54.48)	1:23.55 (1:23.55)	1:54.09 (1:54.09)	
2:20.35 (26.26)	2:50.06 (55.97)	3:21.73 (1:27.64)	3:54.21 (2:00.12)	
4:20.27 (26.06)	4:49.83 (55.62)	5:20.82 (1:26.61)	5:50.82 (1:56.61)	
6:16.86 (26.04)	6:46.44 (55.62)	7:17.34 (1:26.52)	7:47.25 (1:56.43)	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 3 Women 800 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
3 Linfield University	A	8:13.44	J7:49.17	32
1) Keppo, Kirsti I 20	2) r:0.24 Arpag, Sarah 21	3) r:0.35 Mullins, Kalea 22	4) r:0.23 Bobo-Shisler, Lauren 21	
r:+0.67 26.61	55.14 (55.14)	1:25.44 (1:25.44)	1:56.00 (1:56.00)	
2:22.31 (26.31)	2:51.41 (55.41)	3:21.51 (1:25.51)	3:51.83 (1:55.83)	
4:19.53 (27.70)	4:49.98 (58.15)	5:21.63 (1:29.80)	5:53.15 (2:01.32)	
6:18.98 (25.83)	6:48.66 (55.51)	7:19.12 (1:25.97)	7:49.17 (1:56.02)	
4 University of Puget Sound	A	8:06.26	J8:04.49	30
1) McClafferty, Camille 18	2) McGuire, Harper A 18	3) r:0.16 Prouty, Abby 19	4) r:0.00 Guillen, Sara 21	
27.39	57.81 (57.81)	1:29.80 (1:29.80)	2:01.66 (2:01.66)	
2:28.76 (27.10)	2:59.60 (57.94)	3:32.35 (1:30.69)	4:05.54 (2:03.88)	
4:33.34 (27.80)	5:04.94 (59.40)	5:37.24 (1:31.70)	6:09.16 (2:03.62)	
6:35.22 (26.06)	7:04.73 (55.57)	7:34.64 (1:25.48)	8:04.49 (1:55.33)	
5 Pacific Lutheran University	A	8:43.87	J8:05.43	28
1) Maher, Riley 19	2) r:0.28 Hawkins, Scout 18	3) Chargualaf, Lola 18	4) r:0.06 Gassman, Emma 20	
r:+0.57 28.61	59.19 (59.19)	1:29.37 (1:29.37)	1:59.65 (1:59.65)	
2:28.17 (28.52)	2:59.10 (59.45)	3:30.56 (1:30.91)	4:01.30 (2:01.65)	
4:29.41 (28.11)	5:01.01 (59.71)	5:33.11 (1:31.81)	6:05.52 (2:04.22)	
6:32.23 (26.71)	7:03.04 (57.52)	7:34.89 (1:29.37)	8:05.43 (1:59.91)	
6 Willamette University Swimming	A	8:08.51	J8:05.45	26
1) Kisiday, Alayna R 21	2) r:0.18 Price, Jillian 18	3) r:0.27 Hall, Jacqueline 21	4) r:0.15 Jenner, Sarah 21	
r:+0.69 27.73	57.23 (57.23)	1:28.02 (1:28.02)	1:59.36 (1:59.36)	
2:25.88 (26.52)	2:56.25 (56.89)	3:28.08 (1:28.72)	3:59.97 (2:00.61)	
4:28.01 (28.04)	4:59.78 (59.81)	5:32.08 (1:32.11)	6:03.59 (2:03.62)	
6:31.06 (27.47)	7:02.13 (58.54)	7:34.49 (1:30.90)	8:05.45 (2:01.86)	
7 George Fox University	A	8:12.33	J8:17.00	24
1) Dicey, Kaylee 20	2) Knox, Laurel 21	3) Kuiper, Claire 18	4) Urback, Jesse 19	
28.18	59.70 (59.70)	1:32.67 (1:32.67)	2:05.48 (2:05.48)	
2:33.48 (28.00)	3:05.29 (59.81)	3:38.05 (1:32.57)	4:09.16 (2:03.68)	
4:37.16 (28.00)	5:08.22 (59.06)	5:41.12 (1:31.96)	6:14.16 (2:05.00)	
6:41.27 (27.11)	7:12.96 (58.80)	7:45.56 (1:31.40)	8:17.00 (2:02.84)	
8 Lewis & Clark College	A	8:25.27	J8:17.12	22
1) Cummings, Angie 20	2) r:0.30 Hurty, Claire 19	3) r:0.58 Justus, Sophie 19	4) r:0.41 Barton, Elise 20	
r:+0.72 27.20	57.79 (57.79)	1:28.92 (1:28.92)	2:00.86 (2:00.86)	
2:30.10 (29.24)	3:02.53 (1:01.67)	3:36.11 (1:35.25)	4:09.48 (2:08.62)	
4:38.29 (28.81)	5:11.02 (1:01.54)	5:45.49 (1:36.01)	6:19.97 (2:10.49)	
6:46.37 (26.40)	7:15.98 (56.01)	7:46.98 (1:27.01)	8:17.12 (1:57.15)	
9 Pacific University Oregon	A	10:17.94	J10:07.55	18
1) Dillon, Kristine 22	2) Kaufman, Rachel S 18	3) r:0.20 Louie, Nicole 19	4) Leighton, Dahlia 20	
34.77	1:14.15 (1:14.15)	1:54.21 (1:54.21)	2:33.52 (2:33.52)	
3:08.91 (35.39)	3:50.21 (1:16.69)	4:32.49 (1:58.97)	5:13.84 (2:40.32)	
5:48.70 (34.86)	6:29.58 (1:15.74)	7:12.52 (1:58.68)	7:54.19 (2:40.35)	
8:22.73 (28.54)	8:56.24 (1:02.05)	9:31.49 (1:37.30)	10:07.55 (2:13.36)	

Event 5 Women 500 Yard Freestyle

Conf: 4:55.97 * 2/12/2010 Natalie Turner

Whitworth

Meet: 4:55.97 # 2/12/2010 Natalie Turner

Whitworth

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Keppo, Kirsti I	20	Linfield University	5:13.86	5:02.53	20
28.30	58.47 (30.17)	1:28.86 (30.39)	1:59.61 (30.75)		
2:30.26 (30.65)	3:00.84 (30.58)	3:31.13 (30.29)	4:01.69 (30.56)		
4:32.22 (30.53)	5:02.53 (30.31)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

A - Final ... (Event 5 Women 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
2 Riley, Avery	19	Whitman College	5:12.89	5:07.49	17
r:+0.81 27.63	57.95 (30.32)	1:29.35 (31.40)	2:00.89 (31.54)		
2:32.66 (31.77)	3:04.05 (31.39)	3:35.38 (31.33)	4:06.84 (31.46)		
4:37.78 (30.94)	5:07.49 (29.71)				
3 Parrish, Makhaela	19	Whitworth University Swim Team	5:12.81	5:08.94	16
27.43	57.11 (29.68)	1:27.33 (30.22)	1:58.58 (31.25)		
2:29.77 (31.19)	3:01.58 (31.81)	3:33.44 (31.86)	4:06.05 (32.61)		
4:38.31 (32.26)	5:08.94 (30.63)				
4 Guillen, Sara	21	University of Puget Sound	5:17.51	5:12.32	15
r:+0.67 27.86	58.24 (30.38)	1:29.63 (31.39)	2:01.01 (31.38)		
2:32.68 (31.67)	3:04.20 (31.52)	3:35.65 (31.45)	4:07.65 (32.00)		
4:40.05 (32.40)	5:12.32 (32.27)				
5 Hanson, Anneliese	21	Whitman College	5:20.23	5:17.66	14
28.79	59.67 (30.88)	1:31.48 (31.81)	2:03.84 (32.36)		
2:36.66 (32.82)	3:09.30 (32.64)	3:41.99 (32.69)	4:14.19 (32.20)		
4:46.38 (32.19)	5:17.66 (31.28)				
6 Urback, Jesse	19	George Fox University	5:23.32	5:17.91	13
29.02	1:00.33 (31.31)	1:31.95 (31.62)	2:04.02 (32.07)		
2:36.88 (32.86)	3:09.54 (32.66)	3:41.88 (32.34)	4:14.69 (32.81)		
4:47.43 (32.74)	5:17.91 (30.48)				
7 Lenz, Frances G	22	Whitman College	5:20.16	5:19.51	12
28.48	59.56 (31.08)	1:31.65 (32.09)	2:04.09 (32.44)		
2:37.07 (32.98)	3:09.86 (32.79)	3:42.64 (32.78)	4:15.51 (32.87)		
4:48.16 (32.65)	5:19.51 (31.35)				
8 Lazaraton, Chloe L	20	Linfield University	5:22.91	5:21.30	11
29.33	1:00.74 (31.41)	1:32.76 (32.02)	2:05.25 (32.49)		
2:37.78 (32.53)	3:10.30 (32.52)	3:43.09 (32.79)	4:15.99 (32.90)		
4:48.85 (32.86)	5:21.30 (32.45)				

B - Final

9 Price, Jillian S	18	Willamette University Swimming	5:29.14	J5:19.85	9
28.05	59.32 (31.27)	1:31.01 (31.69)	2:03.74 (32.73)		
2:36.91 (33.17)	3:09.72 (32.81)	3:42.56 (32.84)	4:15.50 (32.94)		
4:48.45 (32.95)	5:19.85 (31.40)				
10 McGuire, Harper A	18	University of Puget Sound	5:31.35	J5:27.21	7
28.94	1:01.57 (32.63)	1:34.78 (33.21)	2:08.37 (33.59)		
2:41.97 (33.60)	3:15.83 (33.86)	3:49.60 (33.77)	4:23.24 (33.64)		
4:56.39 (33.15)	5:27.21 (30.82)				
11 Knox, Laurel	21	George Fox University	5:36.20	J5:27.79	6
r:+0.44 28.58	1:01.47 (32.89)	1:34.95 (33.48)	2:08.73 (33.78)		
2:42.51 (33.78)	3:16.74 (34.23)	3:50.31 (33.57)	4:23.51 (33.20)		
4:56.54 (33.03)	5:27.79 (31.25)				
12 Rowan, Ayla	19	University of Puget Sound	5:29.68	J5:27.96	5
r:+0.74 28.97	1:00.95 (31.98)	1:33.76 (32.81)	2:07.21 (33.45)		
2:40.58 (33.37)	3:14.61 (34.03)	3:48.37 (33.76)	4:22.51 (34.14)		
4:56.05 (33.54)	5:27.96 (31.91)				
13 Dicey, Kaylee	20	George Fox University	5:35.90	J5:31.25	4
29.02	1:01.54 (32.52)	1:34.85 (33.31)	2:08.34 (33.49)		
2:42.04 (33.70)	3:16.09 (34.05)	3:50.33 (34.24)	4:24.50 (34.17)		
4:58.67 (34.17)	5:31.25 (32.58)				
14 Prouty, Abby J	19	University of Puget Sound	5:36.58	J5:33.96	3
30.39	1:02.77 (32.38)	1:36.11 (33.34)	2:09.73 (33.62)		
2:44.21 (34.48)	3:18.97 (34.76)	3:53.83 (34.86)	4:28.73 (34.90)		
5:03.02 (34.29)	5:33.96 (30.94)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 5 Women 500 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
15 Jenner, Sarah E	21	Willamette University Swimming	5:30.68	J5:34.10	2
29.51	1:01.38 (31.87)	1:34.76 (33.38)	2:08.19 (33.43)		
2:42.37 (34.18)	3:16.48 (34.11)	3:50.88 (34.40)	4:25.41 (34.53)		
5:00.30 (34.89)	5:34.10 (33.80)				
16 Noffsinger, Emma R	20	Willamette University Swimming	5:36.20	J5:37.96	1
29.36	1:01.72 (32.36)	1:35.58 (33.86)	2:09.64 (34.06)		
2:44.19 (34.55)	3:19.34 (35.15)	3:54.41 (35.07)	4:29.41 (35.00)		
5:03.95 (34.54)	5:37.96 (34.01)				

Event 5 Women 500 Yard Freestyle

Conf: 4:55.97 * 2/12/2010 Natalie Turner

Whitworth

Meet: 4:55.97 # 2/12/2010 Natalie Turner

Whitworth

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Parrish, Makhaela	19	Whitworth University Swim Team	5:12.11	5:12.81	q
27.91	58.53 (30.62)	1:30.58 (32.05)	2:02.20 (31.62)		
2:34.23 (32.03)	3:06.09 (31.86)	3:38.06 (31.97)	4:10.24 (32.18)		
4:42.06 (31.82)	5:12.81 (30.75)				
2 Riley, Avery	19	Whitman College	5:16.08	5:12.89	q
27.84	58.36 (30.52)	1:29.18 (30.82)	2:00.73 (31.55)		
2:32.47 (31.74)	3:04.58 (32.11)	3:36.96 (32.38)	4:09.48 (32.52)		
4:42.18 (32.70)	5:12.89 (30.71)				
3 Keppo, Kirsti I	20	Linfield University	5:11.12	5:13.86	q
28.55	1:00.06 (31.51)	1:31.83 (31.77)	2:03.82 (31.99)		
2:35.96 (32.14)	3:08.12 (32.16)	3:40.01 (31.89)	4:12.19 (32.18)		
4:43.47 (31.28)	5:13.86 (30.39)				
4 Guillen, Sara	21	University of Puget Sound	5:20.38	5:17.51	q
r:+0.76 28.48	1:00.12 (31.64)	1:32.55 (32.43)	2:04.97 (32.42)		
2:37.07 (32.10)	3:09.25 (32.18)	3:41.37 (32.12)	4:13.37 (32.00)		
4:45.28 (31.91)	5:17.51 (32.23)				
5 Lenz, Frances G	22	Whitman College	5:25.57	5:20.16	q
27.98	59.02 (31.04)	1:30.70 (31.68)	2:02.82 (32.12)		
2:35.25 (32.43)	3:07.74 (32.49)	3:40.22 (32.48)	4:13.10 (32.88)		
4:47.02 (33.92)	5:20.16 (33.14)				
6 Hanson, Anneliese	21	Whitman College	5:28.37	5:20.23	q
r:+0.60 28.66	1:00.31 (31.65)	1:32.80 (32.49)	2:05.46 (32.66)		
2:37.88 (32.42)	3:10.19 (32.31)	3:42.45 (32.26)	4:15.02 (32.57)		
4:47.73 (32.71)	5:20.23 (32.50)				
7 Lazaraton, Chloe L	20	Linfield University	5:33.18	5:22.91	q
r:+0.56 29.57	1:01.55 (31.98)	1:34.12 (32.57)	2:06.65 (32.53)		
2:39.49 (32.84)	3:12.20 (32.71)	3:44.84 (32.64)	4:17.72 (32.88)		
4:50.56 (32.84)	5:22.91 (32.35)				
8 Urback, Jesse	19	George Fox University	5:22.28	5:23.32	q
r:+0.82 28.72	1:00.43 (31.71)	1:33.21 (32.78)	2:05.80 (32.59)		
2:38.77 (32.97)	3:12.14 (33.37)	3:45.35 (33.21)	4:18.90 (33.55)		
4:51.74 (32.84)	5:23.32 (31.58)				
9 Price, Jillian S	18	Willamette University Swimming	5:33.76	5:29.14	q
28.77	1:00.75 (31.98)	1:34.05 (33.30)	2:07.96 (33.91)		
2:41.91 (33.95)	3:16.00 (34.09)	3:49.73 (33.73)	4:23.36 (33.63)		
4:57.35 (33.99)	5:29.14 (31.79)				
10 Rowan, Ayla	19	University of Puget Sound	5:26.58	5:29.68	q
29.02	1:01.19 (32.17)	1:34.24 (33.05)	2:07.71 (33.47)		
2:40.91 (33.20)	3:14.44 (33.53)	3:48.27 (33.83)	4:22.22 (33.95)		
4:56.33 (34.11)	5:29.68 (33.35)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 5 Women 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
11 Jenner, Sarah E	21	Willamette University Swimming	5:31.35	5:30.68	q
r:+0.84 29.23			1:01.26 (32.03)	1:34.27 (33.01)	2:07.79 (33.52)
2:41.50 (33.71)			3:15.18 (33.68)	3:49.28 (34.10)	4:23.57 (34.29)
4:57.39 (33.82)			5:30.68 (33.29)		
12 McGuire, Harper A	18	University of Puget Sound	5:29.25	5:31.35	q
r:+0.59 28.50			1:00.79 (32.29)	1:33.19 (32.40)	2:06.40 (33.21)
2:40.18 (33.78)			3:14.28 (34.10)	3:48.72 (34.44)	4:23.28 (34.56)
4:57.72 (34.44)			5:31.35 (33.63)		
13 King, Alisa	17	Whitworth University Swim Team	5:31.62	5:35.50	q
29.18			1:01.27 (32.09)	1:34.81 (33.54)	2:08.73 (33.92)
2:42.94 (34.21)			3:17.54 (34.60)	3:51.99 (34.45)	4:27.10 (35.11)
5:01.64 (34.54)			5:35.50 (33.86)		
14 Dicey, Kaylee	20	George Fox University	5:23.92	5:35.90	q
r:+0.75 28.36			1:00.30 (31.94)	1:33.40 (33.10)	2:07.40 (34.00)
2:42.05 (34.65)			3:16.85 (34.80)	3:52.22 (35.37)	4:27.57 (35.35)
5:02.99 (35.42)			5:35.90 (32.91)		
*15 Noffsinger, Emma R	20	Willamette University Swimming	5:40.29	5:36.20	q
29.31			1:01.31 (32.00)	1:34.61 (33.30)	2:08.49 (33.88)
2:42.82 (34.33)			3:17.31 (34.49)	3:52.43 (35.12)	4:27.91 (35.48)
5:03.07 (35.16)			5:36.20 (33.13)		
*15 Knox, Laurel	21	George Fox University	5:26.75	5:36.20	q
r:+0.46 29.19			1:01.43 (32.24)	1:35.96 (34.53)	2:11.02 (35.06)
2:46.13 (35.11)			3:21.66 (35.53)	3:56.47 (34.81)	4:31.24 (34.77)
5:05.18 (33.94)			5:36.20 (31.02)		
17 Prouty, Abby J	19	University of Puget Sound	5:35.86	5:36.58	
29.71			1:02.48 (32.77)	1:36.35 (33.87)	2:10.27 (33.92)
2:45.89 (35.62)			3:20.65 (34.76)	3:55.48 (34.83)	4:30.93 (35.45)
5:05.83 (34.90)			5:36.58 (30.75)		
18 Lerch, Darrah	19	Whitman College	5:47.46	5:37.34	
29.11			1:01.84 (32.73)	1:35.29 (33.45)	2:09.83 (34.54)
2:43.80 (33.97)			3:18.66 (34.86)	3:54.04 (35.38)	4:29.08 (35.04)
5:04.17 (35.09)			5:37.34 (33.17)		
19 Kuiper, Claire	18	George Fox University	5:56.86	5:42.93	
28.82			1:00.45 (31.63)	1:33.63 (33.18)	2:08.01 (34.38)
2:43.22 (35.21)			3:18.68 (35.46)	3:54.45 (35.77)	4:30.78 (36.33)
5:07.13 (36.35)			5:42.93 (35.80)		
20 Linkow, Dahlia R	19	Lewis & Clark College	5:51.47	5:43.01	
29.88			1:02.97 (33.09)	1:36.54 (33.57)	2:10.43 (33.89)
2:45.23 (34.80)			3:20.47 (35.24)	3:56.41 (35.94)	4:32.28 (35.87)
5:08.39 (36.11)			5:43.01 (34.62)		
21 Cutting, Ellie	18	Pacific Lutheran University	5:55.10	5:45.09	
r:+0.77 30.15			1:03.61 (33.46)	1:38.00 (34.39)	2:12.78 (34.78)
2:48.30 (35.52)			3:23.85 (35.55)	3:59.16 (35.31)	4:34.98 (35.82)
5:10.67 (35.69)			5:45.09 (34.42)		
22 Kaldy, Ana J	19	Willamette University Swimming	5:46.74	5:46.87	
30.42			1:04.26 (33.84)	1:38.76 (34.50)	2:14.14 (35.38)
2:50.02 (35.88)			3:25.28 (35.26)	4:01.23 (35.95)	4:37.26 (36.03)
5:12.53 (35.27)			5:46.87 (34.34)		
23 Tyroler, Ella	19	Whitman College	5:52.63	5:47.60	
r:+0.54 29.76			1:02.66 (32.90)	1:36.34 (33.68)	2:11.42 (35.08)
2:47.05 (35.63)			3:22.95 (35.90)	3:58.85 (35.90)	4:35.06 (36.21)
5:11.78 (36.72)			5:47.60 (35.82)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 5 Women 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
24 Michels, Elisa S	18	Willamette University Swimming	5:41.72	5:47.89
29.82	1:02.56 (32.74)	1:36.94 (34.38)	2:12.17 (35.23)	
2:48.01 (35.84)	3:24.30 (36.29)	4:00.49 (36.19)	4:36.93 (36.44)	
5:13.10 (36.17)	5:47.89 (34.79)			
25 Hurty, Claire S	19	Lewis & Clark College	5:38.20	5:48.31
30.62	1:03.70 (33.08)	1:37.61 (33.91)	2:12.43 (34.82)	
2:48.04 (35.61)	3:23.67 (35.63)	3:59.50 (35.83)	4:35.76 (36.26)	
5:12.21 (36.45)	5:48.31 (36.10)			
26 Fetro, Annikka D	18	Linfield University	5:43.76	5:48.72
30.20	1:03.35 (33.15)	1:37.88 (34.53)	2:12.65 (34.77)	
2:48.22 (35.57)	3:23.74 (35.52)	4:00.33 (36.59)	4:36.75 (36.42)	
5:13.50 (36.75)	5:48.72 (35.22)			
27 Clement, Molly	20	University of Puget Sound	5:52.38	5:52.17
29.61	1:02.95 (33.34)	1:37.29 (34.34)	2:12.46 (35.17)	
2:48.55 (36.09)	3:24.81 (36.26)	4:02.13 (37.32)	4:39.60 (37.47)	
5:16.44 (36.84)	5:52.17 (35.73)			
28 Norby, Ella	18	Pacific Lutheran University	6:17.28	5:52.32
31.59	1:06.07 (34.48)	1:42.48 (36.41)	2:18.91 (36.43)	
2:55.97 (37.06)	3:32.64 (36.67)	4:08.45 (35.81)	4:44.30 (35.85)	
5:19.34 (35.04)	5:52.32 (32.98)			
29 Justus, Sophie	19	Lewis & Clark College	5:51.64	5:53.02
30.18	1:03.77 (33.59)	1:38.85 (35.08)	2:13.87 (35.02)	
2:49.23 (35.36)	3:24.66 (35.43)	4:02.05 (37.39)	4:39.85 (37.80)	
5:17.27 (37.42)	5:53.02 (35.75)			
30 Steed, Ryan	19	Whitworth University Swim Team	5:56.22	5:54.21
31.12	1:05.22 (34.10)	1:40.29 (35.07)	2:15.87 (35.58)	
2:51.91 (36.04)	3:28.42 (36.51)	4:04.91 (36.49)	4:41.85 (36.94)	
5:18.75 (36.90)	5:54.21 (35.46)			
31 Leighton, Dahlia	20	Pacific University Oregon	6:12.90	5:55.38
30.47	1:03.75 (33.28)	1:38.59 (34.84)	2:15.06 (36.47)	
2:51.65 (36.59)	3:28.75 (37.10)	4:05.91 (37.16)	4:42.68 (36.77)	
5:19.00 (36.32)	5:55.38 (36.38)			
32 Stoye, Belinda	18	George Fox University	6:13.97	5:57.51
r:+0.74 30.74	1:05.13 (34.39)	1:40.65 (35.52)	2:17.08 (36.43)	
2:53.88 (36.80)	3:30.63 (36.75)	4:07.87 (37.24)	4:44.90 (37.03)	
5:21.87 (36.97)	5:57.51 (35.64)			
33 Roche, Abby	19	George Fox University	5:55.02	5:58.82
31.73	1:07.27 (35.54)	1:43.28 (36.01)	2:20.33 (37.05)	
2:57.26 (36.93)	3:33.93 (36.67)	4:10.59 (36.66)	4:47.10 (36.51)	
5:23.23 (36.13)	5:58.82 (35.59)			
34 Owen, Michelle	21	Pacific Lutheran University	6:23.89	6:06.74
r:+0.66 32.41	1:07.92 (35.51)	1:44.31 (36.39)	2:21.74 (37.43)	
2:59.70 (37.96)	3:36.95 (37.25)	4:15.28 (38.33)	4:53.78 (38.50)	
5:31.30 (37.52)	6:06.74 (35.44)			
35 Wilson, Mikayla M	20	Linfield University	6:04.53	6:18.41
34.76	1:12.45 (37.69)	1:50.83 (38.38)	2:29.28 (38.45)	
3:08.19 (38.91)	3:47.20 (39.01)	4:26.12 (38.92)	5:05.27 (39.15)	
5:42.63 (37.36)	6:18.41 (35.78)			
36 Dillon, Kristine	22	Pacific University Oregon	6:55.06	6:57.78
35.95	1:16.72 (40.77)	1:58.73 (42.01)	2:41.39 (42.66)	
3:23.28 (41.89)	4:06.48 (43.20)	4:49.46 (42.98)	5:32.88 (43.42)	
6:16.29 (43.41)	6:57.78 (41.49)			

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 5 Women 500 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
37 Kaufman, Rachel S	18	Pacific University Oregon	7:29.25	7:11.26
36.29	1:18.85 (42.56)	2:02.97 (44.12)	2:47.58 (44.61)	
3:32.80 (45.22)	4:17.43 (44.63)	5:01.74 (44.31)	5:45.78 (44.04)	
6:28.79 (43.01)	7:11.26 (42.47)			
38 Louie, Nicole A	19	Pacific University Oregon	7:17.11	7:12.82
35.25	1:16.03 (40.78)	1:58.63 (42.60)	2:42.54 (43.91)	
3:26.97 (44.43)	4:12.17 (45.20)	4:58.40 (46.23)	5:44.41 (46.01)	
6:30.05 (45.64)	7:12.82 (42.77)			
--- Staniec, Abbey C	20	Willamette University Swimming	6:18.08	X5:56.28
r:+0.74 30.31	1:04.40 (34.09)	1:40.34 (35.94)	2:17.41 (37.07)	
2:53.91 (36.50)	3:30.54 (36.63)	4:08.28 (37.74)	4:44.98 (36.70)	
5:21.50 (36.52)	5:56.28 (34.78)			
--- Carnell, Ella E	20	Willamette University Swimming	6:10.94	X6:14.85
32.96	1:08.37 (35.41)	1:45.04 (36.67)	2:22.48 (37.44)	
3:00.63 (38.15)	3:39.49 (38.86)	4:18.82 (39.33)	4:58.83 (40.01)	
5:38.14 (39.31)	6:14.85 (36.71)			
--- Schmidt, Ellie M	19	Linfield University	NT	SCR
--- Szigeti, Sofie N	18	Willamette University Swimming	6:34.89	SCR

Event 7 Women 200 Yard IM

Conf: 2:04.38 * 2/11/2022 Jessica Ordaz Pacific Lutheran
 Meet: 2:04.38 # 2/11/2022 Jessica Ordaz Pacific Lutheran

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Hoopes, Isabella	18	Whitworth University Swim Team	2:07.82	2:05.77	20
r:+0.64 27.38	59.48 (32.10)	1:35.33 (35.85)	2:05.77 (30.44)		
2 Link, Trinity J	18	University of Puget Sound	2:07.63	2:07.18	17
26.67	58.98 (32.31)	1:36.24 (37.26)	2:07.18 (30.94)		
3 Maher, Riley	19	Pacific Lutheran University	2:10.59	2:09.45	16
r:+0.52 27.32	1:01.01 (33.69)	1:37.94 (36.93)	2:09.45 (31.51)		
4 Piel, Josephine	20	Whitman College	2:10.94	2:09.87	15
r:+0.48 28.26	1:02.46 (34.20)	1:39.22 (36.76)	2:09.87 (30.65)		
5 Bonikowsky, Megan	17	Whitworth University Swim Team	2:13.24	2:11.29	14
r:+0.65 28.23	1:02.49 (34.26)	1:40.33 (37.84)	2:11.29 (30.96)		
6 Mullins, Kalea M	22	Linfield University	2:12.23	2:13.28	13
28.72	1:02.98 (34.26)	1:42.15 (39.17)	2:13.28 (31.13)		
7 Freeman, Hailey	18	Whitworth University Swim Team	2:13.60	2:13.78	12
30.14	1:02.95 (32.81)	1:42.83 (39.88)	2:13.78 (30.95)		
8 Ciatti, Tessa A	19	Willamette University Swimming	2:14.67	2:14.28	11
r:+0.56 28.11	1:03.86 (35.75)	1:42.52 (38.66)	2:14.28 (31.76)		
B - Final					
9 Sapper, Rachel J	22	Whitman College	2:16.32	2:14.63	9
r:+0.68 30.21	1:05.67 (35.46)	1:42.69 (37.02)	2:14.63 (31.94)		
10 Roberts, Angela	19	Whitman College	2:16.03	2:15.27	7
29.40	1:04.23 (34.83)	1:43.05 (38.82)	2:15.27 (32.22)		
11 Harmon, Claire	21	George Fox University	2:18.90	2:15.31	6
29.13	1:03.63 (34.50)	1:42.69 (39.06)	2:15.31 (32.62)		
12 Hayes, Siena	21	Whitman College	2:17.39	2:16.30	5
30.61	1:04.77 (34.16)	1:43.96 (39.19)	2:16.30 (32.34)		
13 Tucker, Lilly	20	Whitworth University Swim Team	2:18.17	2:16.79	4
r:+0.69 29.98	1:06.13 (36.15)	1:43.43 (37.30)	2:16.79 (33.36)		
14 Hall, Jacqueline T	21	Willamette University Swimming	2:18.69	2:17.28	3
r:+0.54 29.24	1:05.84 (36.60)	1:45.83 (39.99)	2:17.28 (31.45)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 7 Women 200 Yard IM)

Name	Age	School	Prelim Time	Finals Time	Points
15 Franco, Lara	21	University of Puget Sound	2:18.93	2:18.23	2
r:+0.67 29.11	1:04.29 (35.18)	1:43.99 (39.70)	2:18.23 (34.24)		
16 Good, Tatum A	22	Willamette University Swimming	2:18.67	2:20.14	1
r:+0.68 29.59	1:04.92 (35.33)	1:46.40 (41.48)	2:20.14 (33.74)		

Event 7 Women 200 Yard IM

Conf: 2:04.38 * 2/11/2022 Jessica Ordaz

Pacific Lutheran

Meet: 2:04.38 # 2/11/2022 Jessica Ordaz

Pacific Lutheran

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Link, Trinity J	18	University of Puget Sound	2:06.97	2:07.63	q
27.57	59.86 (32.29)	1:36.86 (37.00)	2:07.63 (30.77)		
2 Hoopes, Isabella	18	Whitworth University Swim Team	2:13.05	2:07.82	q
28.03	1:00.60 (32.57)	1:37.09 (36.49)	2:07.82 (30.73)		
3 Maher, Riley	19	Pacific Lutheran University	2:14.88	2:10.59	q
r:+0.70 27.67	1:01.27 (33.60)	1:39.27 (38.00)	2:10.59 (31.32)		
4 Piel, Josephine	20	Whitman College	2:14.28	2:10.94	q
r:+0.63 28.47	1:02.87 (34.40)	1:39.93 (37.06)	2:10.94 (31.01)		
5 Mullins, Kalea M	22	Linfield University	2:18.75	2:12.23	q
r:+0.56 28.71	1:02.75 (34.04)	1:41.76 (39.01)	2:12.23 (30.47)		
6 Bonikowsky, Megan	17	Whitworth University Swim Team	2:13.95	2:13.24	q
29.37	1:03.69 (34.32)	1:41.83 (38.14)	2:13.24 (31.41)		
7 Freeman, Hailey	18	Whitworth University Swim Team	2:15.74	2:13.60	q
r:+0.71 29.89	1:02.82 (32.93)	1:42.61 (39.79)	2:13.60 (30.99)		
8 Ciatti, Tessa A	19	Willamette University Swimming	2:18.12	2:14.67	q
28.58	1:04.84 (36.26)	1:43.06 (38.22)	2:14.67 (31.61)		
9 Roberts, Angela	19	Whitman College	2:17.62	2:16.03	q
28.97	1:03.52 (34.55)	1:42.93 (39.41)	2:16.03 (33.10)		
10 Sapper, Rachel J	22	Whitman College	2:18.45	2:16.32	q
r:+0.67 29.98	1:05.86 (35.88)	1:43.73 (37.87)	2:16.32 (32.59)		
11 Hayes, Siena	21	Whitman College	2:19.69	2:17.39	q
30.57	1:04.73 (34.16)	1:44.56 (39.83)	2:17.39 (32.83)		
12 Tucker, Lilly	20	Whitworth University Swim Team	2:19.10	2:18.17	q
r:+0.55 29.96	1:06.30 (36.34)	1:44.34 (38.04)	2:18.17 (33.83)		
13 Good, Tatum A	22	Willamette University Swimming	2:20.69	2:18.67	q
r:+0.70 29.31	1:05.04 (35.73)	1:46.18 (41.14)	2:18.67 (32.49)		
14 Hall, Jacqueline T	21	Willamette University Swimming	2:21.83	2:18.69	q
r:+0.35 29.50	1:05.61 (36.11)	1:46.06 (40.45)	2:18.69 (32.63)		
15 Harmon, Claire	21	George Fox University	2:24.18	2:18.90	q
29.87	1:04.98 (35.11)	1:45.32 (40.34)	2:18.90 (33.58)		
16 Franco, Lara	21	University of Puget Sound	2:18.73	2:18.93	q
r:+0.72 28.56	1:02.77 (34.21)	1:43.92 (41.15)	2:18.93 (35.01)		
17 Rectenwald, Elly	20	Whitman College	2:20.75	2:19.14	
r:+0.65 29.19	1:05.61 (36.42)	1:46.07 (40.46)	2:19.14 (33.07)		
18 Parker, Riley	21	George Fox University	2:16.07	2:19.48	
28.64	1:04.61 (35.97)	1:45.35 (40.74)	2:19.48 (34.13)		
19 Zumbum, Alana L	19	Linfield University	2:23.95	2:22.07	
28.71	1:04.41 (35.70)	1:47.39 (42.98)	2:22.07 (34.68)		
20 Schauble, Emma R	19	Willamette University Swimming	2:24.27	2:22.62	
30.70	1:05.78 (35.08)	1:48.78 (43.00)	2:22.62 (33.84)		
21 Mercado, Amelia S	20	University of Puget Sound	2:20.93	2:22.65	
r:+0.57 30.82	1:07.83 (37.01)	1:47.89 (40.06)	2:22.65 (34.76)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 7 Women 200 Yard IM)

Name	Age	School	Seed Time	Prelim Time
22 Bentz, Maria I	20	Whitworth University Swim Team	2:24.32	2:24.92
r:+0.64 29.46	1:04.39 (34.93)	1:47.36 (42.97)	2:24.92 (37.56)	
23 Glascott, Kalima M	19	Willamette University Swimming	2:31.52	2:26.74
r:+0.58 28.95	1:06.00 (37.05)	1:50.49 (44.49)	2:26.74 (36.25)	
24 Schmidt, Ellie M	19	Linfield University	2:34.96	2:27.39
30.22	1:07.31 (37.09)	1:52.10 (44.79)	2:27.39 (35.29)	
25 Reich, Ava H	20	Willamette University Swimming	2:29.86	2:28.27
31.02	1:08.14 (37.12)	1:51.62 (43.48)	2:28.27 (36.65)	
26 Louie, Nicole A	19	Pacific University Oregon	3:04.45	2:52.92
r:+0.51 37.89	1:22.54 (44.65)	2:12.87 (50.33)	2:52.92 (40.05)	
--- Thomas, Natalie M	20	Willamette University Swimming	2:39.76	X2:34.66
r:+0.74 32.80	1:14.30 (41.50)	1:57.30 (43.00)	2:34.66 (37.36)	
--- Szigeti, Sofie N	18	Willamette University Swimming	2:44.43	X2:35.28
33.31	1:13.16 (39.85)	1:58.19 (45.03)	2:35.28 (37.09)	
--- Robbins, Alicia E	22	Willamette University Swimming	3:00.91	X3:05.29
r:+0.71 39.89	1:28.06 (48.17)	2:24.25 (56.19)	3:05.29 (41.04)	
--- Stapelman, Zoey	18	George Fox University	2:28.14	SCR

Event 9 Women 50 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time	Points
Conf: 23.31 * 2/10/2017 Tai Hallstein Whitman Meet: 23.31 # 2/10/2017 Tai Hallstein Whitman					
A - Final					
1 Agnew, Shaye E	22	Whitman College	24.17	23.93	20
r:+0.53					
2 Larrabee, Jillian J	21	Whitworth University Swim Team	24.48	24.19	17
3 Schoenfelder, Ella	17	Whitworth University Swim Team	24.35	24.34	16
r:+0.71					
4 Schoenfelder, Julia	17	Whitworth University Swim Team	24.60	24.44	15
r:+0.61					
5 Barton, Elise C	20	Lewis & Clark College	24.66	24.46	14
6 Moehnke, Alex L	22	Pacific University Oregon	24.62	24.61	13
r:+0.51					
7 Bobo-Shisler, Lauren O	21	Linfield University	24.71	24.67	12
r:+0.52					
8 Esteban, Grace	18	Whitworth University Swim Team	24.55	24.70	11
r:+0.61					
B - Final					
*9 Granger, Mya	18	Whitworth University Swim Team	25.00	24.65	8
r:+0.54					
*9 Kisiday, Alayna R	21	Willamette University Swimming	24.73	24.65	8
r:+0.58					
11 Orlando, Paige	20	Whitworth University Swim Team	24.96	24.68	6
r:+0.39					
12 Campbell, Avery R	21	Linfield University	25.01	24.80	5
r:+0.60					
13 Haydu, Caley S	19	Linfield University	24.81	25.01	4
r:+0.70					
14 Ollenburg, Lelia L	18	University of Puget Sound	25.00	25.06	3
r:+0.68					
15 Howell, Leah J	20	Willamette University Swimming	25.21	25.07	2
16 Smith, Bella C	21	Whitman College	25.10	25.12	1
r:+0.34					

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 9 Women 50 Yard Freestyle

Conf: 23.31 * 2/10/2017 Tai Hallstein Whitman

Meet: 23.31 # 2/10/2017 Tai Hallstein Whitman

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Agnew, Shaye E r:+0.56	22	Whitman College	24.42	24.17	q
2 Schoenfelder, Ella	17	Whitworth University Swim Team	24.74	24.35	q
3 Larrabee, Jillian J	21	Whitworth University Swim Team	24.66	24.48	q
4 Esteban, Grace r:+0.67	18	Whitworth University Swim Team	24.77	24.55	q
5 Schoenfelder, Julia r:+0.67	17	Whitworth University Swim Team	25.40	24.60	q
6 Moehnke, Alex L r:+0.55	22	Pacific University Oregon	25.55	24.62	q
7 Barton, Elise C r:+0.69	20	Lewis & Clark College	24.87	24.66	q
8 Bobo-Shisler, Lauren O r:+0.52	21	Linfield University	25.63	24.71	q
9 Kisiday, Alayna R	21	Willamette University Swimming	25.07	24.73	q
10 Haydu, Caley S	19	Linfield University	25.19	24.81	q
11 Orlando, Paige r:+0.49	20	Whitworth University Swim Team	25.61	24.96	q
*12 Ollenburg, Lelia L r:+0.61	18	University of Puget Sound	26.00	25.00	q
*12 Granger, Mya r:+0.67	18	Whitworth University Swim Team	25.46	25.00	q
14 Campbell, Avery R r:+0.62	21	Linfield University	25.35	25.01	q
15 Smith, Bella C r:+0.60	21	Whitman College	24.98	25.10	q
16 Howell, Leah J	20	Willamette University Swimming	25.75	25.21	q
17 Monroe, Cassidy	20	Whitman College	25.89	25.23	
18 Gaffoor, Aniqah r:+0.71	21	Lewis & Clark College	26.04	25.37	
19 Girbacea, Maria r:+0.53	18	Whitworth University Swim Team	25.72	25.40	
*20 Yevstifieieva, Karina	18	Pacific Lutheran University	25.75	25.41	
*20 Fronek, Kaya P r:+0.47	21	University of Puget Sound	25.70	25.41	
*20 Schmitt, Lydia O r:+0.47	20	Willamette University Swimming	26.10	25.41	
23 Thorne, Taylor S r:+0.63	20	Whitworth University Swim Team	26.32	25.53	
24 Gray, Heidi	18	George Fox University	26.00	25.54	
25 Pernsteiner, Julissa	19	Pacific Lutheran University	26.71	25.59	
26 Ferruzzi, Serafina R	20	Pacific University Oregon	26.37	25.64	
27 Smith, Mia	20	George Fox University	25.88	25.67	
28 Lloyd, Jordan	19	Whitman College	26.55	25.73	
29 Stephan, Ella J r:+0.63	22	Lewis & Clark College	25.93	25.80	
30 Empie, Gwen C r:+0.55	21	Whitman College	26.64	25.82	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 9 Women 50 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
31 Cummings, Angie r:+0.66	20	Lewis & Clark College	26.54	25.88
32 Sperbeck, Mia A	19	Willamette University Swimming	25.64	25.91
33 Capron-Graves, Jaz J	20	Pacific University Oregon	26.00	26.02
34 Haneda, Anna r:+0.50	18	Pacific Lutheran University	27.15	26.23
35 Zuniga, Melissa	19	Pacific Lutheran University	27.31	26.26
36 Brown, Journey A r:+0.74	20	Willamette University Swimming	26.97	26.45
37 Arsenault, Sydney	19	Whitman College	26.78	26.47
38 Stapelman, Zoey r:+0.56	18	George Fox University	28.03	26.48
39 Grieder-Jacobs, Ann Marie r:+0.43	22	Pacific University Oregon	27.13	26.59
40 Tewinkel, Jane C	20	Lewis & Clark College	26.45	26.68
41 Isaacson, Ella A r:+0.65	21	Willamette University Swimming	27.43	26.81
42 Hornbeck, Anna E	22	Willamette University Swimming	27.56	26.88
43 Gaines, Matthea r:+0.82	19	Pacific Lutheran University	26.29	26.89
44 McLennan, Kass J r:+0.68	19	University of Puget Sound	27.62	27.01
45 Iwamoto, Keira	19	Pacific Lutheran University	28.22	27.50
46 Gimon, Ella	20	Lewis & Clark College	27.95	27.65
*47 Quijano, Ella F r:+0.80	19	Linfield University	28.92	28.37
*47 Lee, Jessica r:+0.61	23	Pacific Lutheran University	28.90	28.37
49 Rodgers, Allison	19	George Fox University	28.91	28.52
50 Baco, Claire A	21	Lewis & Clark College	29.86	28.54
51 Owen, Michelle	21	Pacific Lutheran University	29.68	29.01
52 Rios, Ainsley G	19	Lewis & Clark College	29.82	29.54
53 Jacobs, Ariana	19	George Fox University	31.29	30.32
54 Mann, Josephine	22	Lewis & Clark College	32.19	30.46
55 Anderson, Alyssa r:+0.70	21	Pacific Lutheran University	32.31	30.66
56 Dillon, Kristine r:+0.67	22	Pacific University Oregon	32.07	30.75
57 Nardella, Abbey	21	George Fox University	35.31	34.43
--- Shower, Kate S	19	Willamette University Swimming	27.14	X26.61
--- Robbins, Alicia E r:+0.61	22	Willamette University Swimming	30.63	X30.10
--- Bentz, Maria I	20	Whitworth University Swim Team	NT	SCR
--- Prouty, Abby J	19	University of Puget Sound	26.15	SCR
--- Kuiper, Claire	18	George Fox University	27.24	SCR

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 11 Women 400 Yard Medley Relay

Conf: 3:51.62 * 2/14/2020 Whitworth Whitw
 H. Galbraith, J. Siegler, K. Wornath, C. Hoff
 Meet: 3:51.62 # 2/14/2020 Whitworth Whitw
 H. Galbraith, J. Siegler, K. Wornath, C. Hoff

Team	Relay	Seed Time	Finals Time	Points
1 Whitman College	A	4:00.97	3:55.01	40
1) Lenz, Frances G 22	2) r:0.32 Piel, Josephine 20	3) r:0.32 Riley, Avery 19	4) r:0.40 Agnew, Shaye 22	
r:+0.80 29.08	59.79 (59.79)	1:30.54 (30.75)	2:05.71 (1:05.92)	
2:32.01 (26.30)	3:02.23 (56.52)	3:27.20 (24.97)	3:55.01 (52.78)	
2 Whitworth University Swim Team	A	4:00.88	3:55.74	34
1) Thorne, Taylor S 20	2) r:0.32 Bonikowsky, Megan 17	3) Schoenfelder, Ella 17	4) r:0.27 Larrabee, Jillian 21	
r:+0.66 28.89	1:00.17 (1:00.17)	1:30.39 (30.22)	2:06.52 (1:06.35)	
2:33.08 (26.56)	3:03.79 (57.27)	3:28.64 (24.85)	3:55.74 (51.95)	
3 University of Puget Sound	A	4:06.36	4:01.02	32
1) McGuire, Harper A 18	2) r:0.26 Link, Trinity 18	3) r:0.22 Ollenburg, Lelia 18	4) r:0.10 Guillen, Sara 21	
r:+0.69 29.83	1:01.88 (1:01.88)	1:32.82 (30.94)	2:09.42 (1:07.54)	
2:35.94 (26.52)	3:07.30 (57.88)	3:32.72 (25.42)	4:01.02 (53.72)	
4 Pacific Lutheran University	A	4:06.61	4:01.31	30
1) Chargualaf, Lola 18	2) r:0.03 Hawkins, Scout 18	3) r:0.26 Maher, Riley 19	4) Gassman, Emma 20	
r:+0.59 29.90	1:01.85 (1:01.85)	1:33.19 (31.34)	2:08.75 (1:06.90)	
2:35.85 (27.10)	3:07.00 (58.25)	3:32.55 (25.55)	4:01.31 (54.31)	
5 Willamette University Swimming	A	4:04.38	4:02.69	28
1) Good, Tatum A 22	2) Hornbeck, Anna E 22	3) r:0.18 Ciatti, Tessa 19	4) Kisiday, Alayna R 21	
r:+0.80 29.86	1:02.05 (1:02.05)	1:33.30 (31.25)	2:09.56 (1:07.51)	
2:36.40 (26.84)	3:08.71 (59.15)	3:33.62 (24.91)	4:02.69 (53.98)	
6 Lewis & Clark College	A	4:05.38	4:03.41	26
1) Cummings, Angie 20	2) r:0.18 Linkow, Dahlia 19	3) r:0.52 Gaffoor, Aniqah 21	4) r:0.37 Barton, Elise 20	
r:+0.73 28.98	1:00.00 (1:00.00)	1:32.71 (32.71)	2:11.48 (1:11.48)	
2:38.35 (26.87)	3:10.34 (58.86)	3:35.85 (25.51)	4:03.41 (53.07)	
7 Linfield University	A	4:13.71	4:06.35	24
1) Campbell, Avery R 21	2) r:0.21 Zumbum, Alana 19	3) r:0.44 Keppo, Kirsti 20	4) r:0.19 Haydu, Caley 19	
r:+0.72 28.80	59.05 (59.05)	1:32.60 (33.55)	2:11.17 (1:12.12)	
2:38.84 (27.67)	3:11.42 (1:00.25)	3:37.34 (25.92)	4:06.35 (54.93)	
8 Pacific University Oregon	A	4:17.22	4:11.97	22
1) Grieder-Jacobs, Ann Marie 22	2) r:0.25 Ferruzzi, Serafina 20	3) r:0.35 Capron-Graves, Jaz 20	4) r:0.29 Moehnke, Alex 22	
r:+0.65 29.16	1:02.51 (1:02.51)	1:34.60 (32.09)	2:11.70 (1:09.19)	
2:40.75 (29.05)	3:17.90 (1:06.20)	3:43.48 (25.58)	4:11.97 (54.07)	
9 George Fox University	A	4:15.25	4:12.93	18
1) Stapelman, Zoey 18	2) Parker, Riley 21	3) r:0.08 Hoover, Ellie 19	4) r:0.24 Smith, Mia 20	
r:+0.72 31.22	1:04.14 (1:04.14)	1:37.14 (33.00)	2:15.21 (1:11.07)	
2:42.47 (27.26)	3:16.20 (1:00.99)	3:42.28 (26.08)	4:12.93 (56.73)	

Event 13 Women 400 Yard IM

Conf: 4:25.51 * 2/10/2018 Kelli Callahan Puget Sound
 Meet: 4:25.51 # 2/10/2018 Kelli Callahan Puget Sound

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Hoopes, Isabella	18	Whitworth University Swim Team	4:32.87	4:29.83	20
28.52	1:00.80 (32.28)	1:36.43 (35.63)	2:11.45 (35.02)		
2:48.87 (37.42)	3:26.88 (38.01)	3:59.02 (32.14)	4:29.83 (30.81)		
2 Keppo, Kirsti I	20	Linfield University	4:39.26	4:34.89	17
r:+0.78 28.74	1:01.65 (32.91)	1:37.31 (35.66)	2:11.47 (34.16)		
2:51.21 (39.74)	3:32.65 (41.44)	4:04.08 (31.43)	4:34.89 (30.81)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

A - Final ... (Event 13 Women 400 Yard IM)

Name	Age	School	Prelim Time	Finals Time	Points
3 Maher, Riley	19	Pacific Lutheran University	4:41.79	4:38.00	16
r:+0.64 28.79			1:01.55 (32.76)	1:38.37 (36.82)	2:13.85 (35.48)
2:53.20 (39.35)			3:32.69 (39.49)	4:05.86 (33.17)	4:38.00 (32.14)
4 McClafferty, Camille	18	University of Puget Sound	4:41.26	4:39.90	15
29.21			1:02.82 (33.61)	1:39.00 (36.18)	2:14.73 (35.73)
2:53.33 (38.60)			3:33.71 (40.38)	4:07.63 (33.92)	4:39.90 (32.27)
5 Freeman, Hailey	18	Whitworth University Swim Team	4:42.98	4:42.62	14
30.49			1:05.77 (35.28)	1:42.10 (36.33)	2:17.03 (34.93)
2:57.87 (40.84)			3:38.78 (40.91)	4:11.24 (32.46)	4:42.62 (31.38)
6 Mullins, Kalea M	22	Linfield University	4:45.04	4:44.85	13
29.53			1:04.30 (34.77)	1:41.17 (36.87)	2:17.06 (35.89)
2:57.69 (40.63)			3:39.65 (41.96)	4:12.97 (33.32)	4:44.85 (31.88)
7 Hawkins, Scout	18	Pacific Lutheran University	4:45.86	4:48.73	12
29.78			1:04.81 (35.03)	1:43.45 (38.64)	2:20.74 (37.29)
3:00.97 (40.23)			3:41.45 (40.48)	4:15.39 (33.94)	4:48.73 (33.34)
8 Hayes, Siena	21	Whitman College	4:50.34	4:49.18	11
30.50			1:06.66 (36.16)	1:42.84 (36.18)	2:19.47 (36.63)
3:00.40 (40.93)			3:42.23 (41.83)	4:16.00 (33.77)	4:49.18 (33.18)

B - Final

9 Urback, Jesse	19	George Fox University	4:57.45	4:49.12	9
r:+0.78 30.86			1:06.58 (35.72)	1:43.46 (36.88)	2:19.27 (35.81)
3:00.37 (41.10)			3:42.80 (42.43)	4:16.81 (34.01)	4:49.12 (32.31)
10 Dicey, Kaylee	20	George Fox University	4:55.98	4:52.71	7
29.99			1:05.16 (35.17)	1:43.69 (38.53)	2:21.56 (37.87)
3:04.18 (42.62)			3:47.45 (43.27)	4:21.34 (33.89)	4:52.71 (31.37)
11 Knight, Hazel J	18	University of Puget Sound	5:00.98	4:53.37	6
r:+0.66 29.95			1:06.41 (36.46)	1:46.35 (39.94)	2:25.28 (38.93)
3:05.44 (40.16)			3:46.93 (41.49)	4:21.23 (34.30)	4:53.37 (32.14)
12 Hoover, Ellie	19	George Fox University	5:07.75	4:55.12	5
29.47			1:04.32 (34.85)	1:43.11 (38.79)	2:20.99 (37.88)
3:02.73 (41.74)			3:45.02 (42.29)	4:21.13 (36.11)	4:55.12 (33.99)
13 Harmon, Claire	21	George Fox University	4:58.76	4:56.02	4
30.51			1:06.02 (35.51)	1:44.42 (38.40)	2:21.59 (37.17)
3:03.68 (42.09)			3:46.71 (43.03)	4:22.30 (35.59)	4:56.02 (33.72)
14 Franco, Lara	21	University of Puget Sound	5:04.14	5:00.09	3
r:+0.60 30.83			1:07.00 (36.17)	1:44.70 (37.70)	2:21.96 (37.26)
3:04.64 (42.68)			3:47.80 (43.16)	4:24.30 (36.50)	5:00.09 (35.79)
15 Lihou, Pia M	18	University of Puget Sound	5:10.74	5:07.44	2
32.37			1:10.83 (38.46)	1:48.03 (37.20)	2:24.48 (36.45)
3:09.36 (44.88)			3:55.11 (45.75)	4:32.06 (36.95)	5:07.44 (35.38)
16 Gaspar, Sofia	21	University of Puget Sound	5:13.07	5:10.22	1
30.96			1:08.39 (37.43)	1:48.52 (40.13)	2:27.24 (38.72)
3:13.37 (46.13)			3:58.57 (45.20)	4:34.98 (36.41)	5:10.22 (35.24)

Event 13 Women 400 Yard IM

Conf: 4:25.51 * 2/10/2018 Kelli Callahan
 Meet: 4:25.51 # 2/10/2018 Kelli Callahan

Puget Sound
 Puget Sound

Name	Age	School	Seed Time	Prelim Time
Preliminaries				
1 Hoopes, Isabella	18	Whitworth University Swim Team	4:41.61	4:32.87 q
28.63			1:00.74 (32.11)	1:36.23 (35.49)
2:49.48 (38.16)			3:28.55 (39.07)	4:01.28 (32.73)

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 13 Women 400 Yard IM)

Name	Age	School	Seed Time	Prelim Time	
2 Keppo, Kirsti I	20	Linfield University	4:43.06	4:39.26	q
29.43	1:02.70 (33.27)	1:39.04 (36.34)	2:14.15 (35.11)		
2:54.00 (39.85)	3:35.64 (41.64)	4:07.68 (32.04)	4:39.26 (31.58)		
3 McClafferty, Camille	18	University of Puget Sound	4:42.14	4:41.26	q
28.93	1:02.68 (33.75)	1:39.24 (36.56)	2:15.29 (36.05)		
2:54.56 (39.27)	3:34.99 (40.43)	4:09.15 (34.16)	4:41.26 (32.11)		
4 Maher, Riley	19	Pacific Lutheran University	4:45.94	4:41.79	q
r:+0.67 28.97	1:01.88 (32.91)	1:38.61 (36.73)	2:13.95 (35.34)		
2:54.61 (40.66)	3:34.87 (40.26)	4:09.21 (34.34)	4:41.79 (32.58)		
5 Freeman, Hailey	18	Whitworth University Swim Team	4:45.43	4:42.98	q
r:+0.69 30.57	1:06.02 (35.45)	1:41.74 (35.72)	2:16.94 (35.20)		
2:57.94 (41.00)	3:39.12 (41.18)	4:11.62 (32.50)	4:42.98 (31.36)		
6 Mullins, Kalea M	22	Linfield University	4:51.32	4:45.04	q
29.70	1:04.25 (34.55)	1:41.52 (37.27)	2:17.80 (36.28)		
2:58.48 (40.68)	3:39.83 (41.35)	4:13.01 (33.18)	4:45.04 (32.03)		
7 Hawkins, Scout	18	Pacific Lutheran University	4:43.41	4:45.86	q
r:+0.61 29.92	1:04.56 (34.64)	1:42.59 (38.03)	2:19.02 (36.43)		
2:58.73 (39.71)	3:39.07 (40.34)	4:13.08 (34.01)	4:45.86 (32.78)		
8 Hayes, Siena	21	Whitman College	5:03.54	4:50.34	q
30.98	1:06.86 (35.88)	1:43.14 (36.28)	2:19.87 (36.73)		
3:00.58 (40.71)	3:42.74 (42.16)	4:16.60 (33.86)	4:50.34 (33.74)		
9 Dicey, Kaylee	20	George Fox University	4:50.61	4:55.98	q
29.89	1:05.14 (35.25)	1:43.98 (38.84)	2:22.66 (38.68)		
3:05.62 (42.96)	3:48.25 (42.63)	4:22.78 (34.53)	4:55.98 (33.20)		
10 Urback, Jesse	19	George Fox University	5:00.08	4:57.45	q
r:+0.76 32.02	1:09.47 (37.45)	1:47.50 (38.03)	2:25.03 (37.53)		
3:06.20 (41.17)	3:49.65 (43.45)	4:24.40 (34.75)	4:57.45 (33.05)		
11 Harmon, Claire	21	George Fox University	5:08.74	4:58.76	q
30.21	1:05.46 (35.25)	1:42.94 (37.48)	2:20.13 (37.19)		
3:03.30 (43.17)	3:47.65 (44.35)	4:24.13 (36.48)	4:58.76 (34.63)		
12 Knight, Hazel J	18	University of Puget Sound	4:55.43	5:00.98	q
r:+0.59 29.20	1:04.28 (35.08)	1:44.86 (40.58)	2:23.80 (38.94)		
3:05.19 (41.39)	3:48.24 (43.05)	4:24.95 (36.71)	5:00.98 (36.03)		
13 Franco, Lara	21	University of Puget Sound	4:57.40	5:04.14	q
r:+0.69 31.11	1:07.87 (36.76)	1:46.83 (38.96)	2:24.49 (37.66)		
3:06.73 (42.24)	3:50.97 (44.24)	4:27.86 (36.89)	5:04.14 (36.28)		
14 Hoover, Ellie	19	George Fox University	5:02.68	5:07.75	q
r:+0.67 28.40	1:02.88 (34.48)	1:43.27 (40.39)	2:22.87 (39.60)		
3:07.80 (44.93)	3:53.91 (46.11)	4:31.72 (37.81)	5:07.75 (36.03)		
15 Lihou, Pia M	18	University of Puget Sound	5:13.17	5:10.74	q
32.28	1:10.68 (38.40)	1:47.49 (36.81)	2:24.07 (36.58)		
3:09.32 (45.25)	3:55.70 (46.38)	4:34.03 (38.33)	5:10.74 (36.71)		
16 Gaspar, Sofia	21	University of Puget Sound	5:04.34	5:13.07	q
31.15	1:08.69 (37.54)	1:50.01 (41.32)	2:29.85 (39.84)		
3:16.16 (46.31)	4:01.30 (45.14)	4:37.77 (36.47)	5:13.07 (35.30)		
17 Schroeder, Aj J	20	Lewis & Clark College	5:08.41	5:20.89	
29.51	1:05.63 (36.12)	1:46.96 (41.33)	2:29.07 (42.11)		
3:12.97 (43.90)	3:58.45 (45.48)	4:40.47 (42.02)	5:20.89 (40.42)		
18 Glascott, Kalima M	19	Willamette University Swimming	5:40.95	5:29.76	
30.22	1:06.94 (36.72)	1:50.18 (43.24)	2:33.62 (43.44)		
3:21.44 (47.82)	4:11.29 (49.85)	4:50.51 (39.22)	5:29.76 (39.25)		
--- King, Alisa	17	Whitworth University Swim Team	4:54.92	DFS	
--- Riley, Avery	19	Whitman College	4:45.73	SCR	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 13 Women 400 Yard IM)

Name	Age	School	Seed Time	Prelim Time
--- Roberts, Angela	19	Whitman College	5:01.34	SCR
--- Sapper, Rachel J	22	Whitman College	5:14.28	SCR

Event 15 Women 100 Yard Butterfly

Conf: 55.45 * 3/10/2006 Samantha Kephart Whitworth
 Meet: 55.28 # 2/11/2017 Jessica Ordaz PLU

Name	Age	School	Prelim Time	Finals Time	Points
------	-----	--------	-------------	-------------	--------

A - Final

1	Arpag, Sarah E	21	Linfield University	57.35	56.99	20
	r:+0.40 26.29		56.99 (30.70)			
2	Larrabee, Jillian J	21	Whitworth University Swim Team	57.61	57.40	17
	r:+0.68 26.34		57.40 (31.06)			
3	Link, Trinity J	18	University of Puget Sound	57.80	57.70	16
	r:+0.32 26.78		57.70 (30.92)			
4	Ollenburg, Lelia L	18	University of Puget Sound	58.51	57.96	15
	r:+0.50 26.47		57.96 (31.49)			
5	Esteban, Grace	18	Whitworth University Swim Team	58.74	57.97	14
	27.01		57.97 (30.96)			
6	Ciatti, Tessa A	19	Willamette University Swimming	57.83	58.05	13
	r:+0.61 27.31		58.05 (30.74)			
7	Schoenfelder, Ella	17	Whitworth University Swim Team	58.10	58.16	12
	r:+0.40 26.55		58.16 (31.61)			
8	Girbacea, Maria	18	Whitworth University Swim Team	59.73	59.21	11
	r:+0.52 27.39		59.21 (31.82)			

B - Final

9	Gaffoor, Aniqah	21	Lewis & Clark College	59.86	59.07	9
	27.32		59.07 (31.75)			
10	Schmitt, Lydia O	20	Willamette University Swimming	59.92	1:00.51	7
	r:+0.66 27.50		1:00.51 (33.01)			
11	Zuniga, Melissa	19	Pacific Lutheran University	1:00.43	1:00.93	6
	27.98		1:00.93 (32.95)			
12	Empie, Gwen C	21	Whitman College	1:01.49	1:01.00	5
	r:+0.56 28.40		1:01.00 (32.60)			
13	Fronek, Kaya P	21	University of Puget Sound	1:02.12	1:01.60	4
	r:+0.57 27.70		1:01.60 (33.90)			
14	Chargualaf, Lola	18	Pacific Lutheran University	1:02.97	1:02.68	3
	29.78		1:02.68 (32.90)			
15	Schmidt, Ellie M	19	Linfield University	1:04.97	1:05.19	2
	29.90		1:05.19 (35.29)			
16	Reich, Ava H	20	Willamette University Swimming	1:04.91	1:05.55	1
	30.83		1:05.55 (34.72)			

Event 15 Women 100 Yard Butterfly

Conf: 55.45 * 3/10/2006 Samantha Kephart Whitworth
 Meet: 55.28 # 2/11/2017 Jessica Ordaz PLU

Name	Age	School	Seed Time	Prelim Time
------	-----	--------	-----------	-------------

Preliminaries

1	Arpag, Sarah E	21	Linfield University	57.86	57.35	q
	r:+0.43 26.65		57.35 (30.70)			
2	Larrabee, Jillian J	21	Whitworth University Swim Team	59.32	57.61	q
	r:+0.69 26.84		57.61 (30.77)			
3	Link, Trinity J	18	University of Puget Sound	58.51	57.80	q
	26.82		57.80 (30.98)			

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 15 Women 100 Yard Butterfly)

	Name	Age	School	Seed Time	Prelim Time	
4	Ciatti, Tessa A 27.14	19	Willamette University Swimming	59.73	57.83	q
					57.83 (30.69)	
5	Schoenfelder, Ella r:+0.70 26.89	17	Whitworth University Swim Team	58.64	58.10	q
					58.10 (31.21)	
6	Ollenburg, Lelia L r:+0.36 27.05	18	University of Puget Sound	1:00.79	58.51	q
					58.51 (31.46)	
7	Esteban, Grace 27.38	18	Whitworth University Swim Team	58.40	58.74	q
					58.74 (31.36)	
8	Girbacea, Maria r:+0.54 27.13	18	Whitworth University Swim Team	59.98	59.73	q
					59.73 (32.60)	
9	Gaffoor, Aniqah r:+0.59 27.13	21	Lewis & Clark College	59.43	59.86	q
					59.86 (32.73)	
10	Schmitt, Lydia O r:+0.55 27.52	20	Willamette University Swimming	1:01.47	59.92	q
					59.92 (32.40)	
11	Zuniga, Melissa 27.70	19	Pacific Lutheran University	1:03.10	1:00.43	q
					1:00.43 (32.73)	
12	Empie, Gwen C r:+0.58 27.88	21	Whitman College	1:02.41	1:01.49	q
					1:01.49 (33.61)	
13	Fronek, Kaya P r:+0.55 28.22	21	University of Puget Sound	1:05.38	1:02.12	q
					1:02.12 (33.90)	
14	Chargualaf, Lola r:+0.49 29.27	18	Pacific Lutheran University	1:02.66	1:02.97	q
					1:02.97 (33.70)	
15	Reich, Ava H 30.60	20	Willamette University Swimming	1:05.37	1:04.91	q
					1:04.91 (34.31)	
16	Schmidt, Ellie M 30.07	19	Linfield University	1:06.95	1:04.97	q
					1:04.97 (34.90)	
17	Glascott, Kalima M 30.20	19	Willamette University Swimming	1:08.32	1:05.09	
					1:05.09 (34.89)	
18	Gaspar, Sofia 29.96	21	University of Puget Sound	1:05.35	1:05.22	
					1:05.22 (35.26)	
19	Monroe, Cassidy 28.90	20	Whitman College	1:06.43	1:05.85	
					1:05.85 (36.95)	
20	Isaacson, Ella A 30.31	21	Willamette University Swimming	1:09.89	1:05.87	
					1:05.87 (35.56)	
21	Capron-Graves, Jaz J r:+0.59 29.16	20	Pacific University Oregon	1:04.85	1:06.38	
					1:06.38 (37.22)	
22	Yevstifieieva, Karina r:+0.46 29.29	18	Pacific Lutheran University	1:05.40	1:07.98	
					1:07.98 (38.69)	
23	Meyers, Julia G 31.37	22	University of Puget Sound	1:11.16	1:08.49	
					1:08.49 (37.12)	
24	Arsenault, Sydney 30.68	19	Whitman College	1:10.92	1:09.78	
					1:09.78 (39.10)	
25	Rodgers, Allison r:+0.58 31.66	19	George Fox University	1:10.36	1:12.24	
					1:12.24 (40.58)	
26	Jacobs, Ariana r:+0.88 36.56	19	George Fox University	1:18.94	1:17.43	
					1:17.43 (40.87)	
27	Nardella, Abbey 39.15	21	George Fox University	1:31.47	1:24.69	
					1:24.69 (45.54)	
---	Zumbrum, Alana L	19	Linfield University	NT	SCR	
---	Bentz, Ruby E	18	Linfield University	1:11.14	SCR	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 17 Women 200 Yard Freestyle

Conf: 1:50.37 * 3/18/2010 Natalie Turner

Whiworth

Meet: 1:50.58 # 2/14/2009 Natalie Turner

Whitworth

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Hanson, Anneliese	21	Whitman College	1:54.90	1:54.68	20
27.16	56.10 (28.94)	1:25.06 (28.96)	1:54.68 (29.62)		
2 Riley, Avery	19	Whitman College	1:56.69	1:54.69	17
r:+0.67 27.07	56.54 (29.47)	1:26.27 (29.73)	1:54.69 (28.42)		
3 Guillen, Sara	21	University of Puget Sound	1:58.46	1:55.46	16
27.15	56.40 (29.25)	1:25.98 (29.58)	1:55.46 (29.48)		
4 Parrish, Makhaela	19	Whitworth University Swim Team	1:56.84	1:56.42	15
27.19	56.68 (29.49)	1:26.61 (29.93)	1:56.42 (29.81)		
5 Bobo-Shisler, Lauren O	21	Linfield University	1:57.11	1:56.51	14
r:+0.60 27.06	56.92 (29.86)	1:26.86 (29.94)	1:56.51 (29.65)		
6 Granger, Mya	18	Whitworth University Swim Team	1:58.73	1:57.14	13
26.96	56.88 (29.92)	1:26.65 (29.77)	1:57.14 (30.49)		
7 Barton, Elise C	20	Lewis & Clark College	1:58.72	1:58.05	12
r:+0.56 26.88	56.83 (29.95)	1:27.82 (30.99)	1:58.05 (30.23)		
8 Kisiday, Alayna R	21	Willamette University Swimming	1:59.87	1:58.12	11
r:+0.54 27.35	57.37 (30.02)	1:27.46 (30.09)	1:58.12 (30.66)		
B - Final					
9 Price, Jillian S	18	Willamette University Swimming	2:00.85	1:59.21	9
27.58	57.37 (29.79)	1:28.50 (31.13)	1:59.21 (30.71)		
10 Lazaraton, Chloe L	20	Linfield University	2:01.97	2:01.09	7
r:+0.54 28.24	58.91 (30.67)	1:30.00 (31.09)	2:01.09 (31.09)		
11 Prouty, Abby J	19	University of Puget Sound	2:01.87	2:01.41	6
r:+0.71 28.40	59.33 (30.93)	1:31.02 (31.69)	2:01.41 (30.39)		
12 Haydu, Caley S	19	Linfield University	2:02.49	2:01.73	5
28.02	59.45 (31.43)	1:30.31 (30.86)	2:01.73 (31.42)		
13 McGuire, Harper A	18	University of Puget Sound	2:03.00	2:03.25	4
28.03	58.69 (30.66)	1:31.09 (32.40)	2:03.25 (32.16)		
14 Hall, Jacqueline T	21	Willamette University Swimming	2:04.19	2:03.80	3
28.42	59.88 (31.46)	1:31.92 (32.04)	2:03.80 (31.88)		
15 Smith, Mia	20	George Fox University	2:04.52	2:04.64	2
r:+0.47 27.92	59.09 (31.17)	1:31.97 (32.88)	2:04.64 (32.67)		
16 Knox, Laurel	21	George Fox University	2:01.96	2:07.92	1
r:+0.49 28.46	1:00.90 (32.44)	1:34.40 (33.50)	2:07.92 (33.52)		

Event 17 Women 200 Yard Freestyle

Conf: 1:50.37 * 3/18/2010 Natalie Turner

Whiworth

Meet: 1:50.58 # 2/14/2009 Natalie Turner

Whitworth

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Hanson, Anneliese	21	Whitman College	1:58.44	1:54.90	q
27.16	56.43 (29.27)	1:25.72 (29.29)	1:54.90 (29.18)		
2 Riley, Avery	19	Whitman College	1:59.74	1:56.69	q
r:+0.75 27.63	57.25 (29.62)	1:27.64 (30.39)	1:56.69 (29.05)		
3 Parrish, Makhaela	19	Whitworth University Swim Team	1:57.01	1:56.84	q
27.23	56.98 (29.75)	1:27.23 (30.25)	1:56.84 (29.61)		
4 Bobo-Shisler, Lauren O	21	Linfield University	2:03.12	1:57.11	q
r:+0.51 26.50	56.40 (29.90)	1:26.57 (30.17)	1:57.11 (30.54)		
5 Guillen, Sara	21	University of Puget Sound	1:57.52	1:58.46	q
27.60	58.02 (30.42)	1:28.51 (30.49)	1:58.46 (29.95)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 17 Women 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
6 Barton, Elise C	20	Lewis & Clark College	2:04.05	1:58.72	q
r:+0.68 26.82	56.46 (29.64)	1:27.33 (30.87)	1:58.72 (31.39)		
7 Granger, Mya	18	Whitworth University Swim Team	2:02.95	1:58.73	q
27.31	57.86 (30.55)	1:28.58 (30.72)	1:58.73 (30.15)		
8 Kisiday, Alayna R	21	Willamette University Swimming	2:00.14	1:59.87	q
r:+0.67 27.60	57.45 (29.85)	1:28.17 (30.72)	1:59.87 (31.70)		
9 Price, Jillian S	18	Willamette University Swimming	2:00.08	2:00.85	q
r:+0.65 27.94	58.87 (30.93)	1:30.37 (31.50)	2:00.85 (30.48)		
10 Prouty, Abby J	19	University of Puget Sound	2:05.08	2:01.87	q
28.11	59.01 (30.90)	1:30.85 (31.84)	2:01.87 (31.02)		
11 Knox, Laurel	21	George Fox University	2:01.82	2:01.96	q
r:+0.47 28.11	59.80 (31.69)	1:31.36 (31.56)	2:01.96 (30.60)		
12 Lazaraton, Chloe L	20	Linfield University	2:05.09	2:01.97	q
r:+0.53 28.13	58.84 (30.71)	1:30.21 (31.37)	2:01.97 (31.76)		
13 Haydu, Caley S	19	Linfield University	2:04.83	2:02.49	q
27.84	58.63 (30.79)	1:30.47 (31.84)	2:02.49 (32.02)		
14 McGuire, Harper A	18	University of Puget Sound	2:04.18	2:03.00	q
r:+0.60 28.06	59.19 (31.13)	1:31.08 (31.89)	2:03.00 (31.92)		
15 Hall, Jacqueline T	21	Willamette University Swimming	2:04.50	2:04.19	q
r:+0.59 28.51	59.68 (31.17)	1:31.68 (32.00)	2:04.19 (32.51)		
16 Smith, Mia	20	George Fox University	2:05.11	2:04.52	q
r:+0.44 28.38	59.79 (31.41)	1:31.93 (32.14)	2:04.52 (32.59)		
17 Rowan, Ayla	19	University of Puget Sound	2:05.35	2:05.01	
28.98	1:00.69 (31.71)	1:33.22 (32.53)	2:05.01 (31.79)		
18 Stephan, Ella J	22	Lewis & Clark College	2:09.95	2:05.17	
29.20	1:01.45 (32.25)	1:33.47 (32.02)	2:05.17 (31.70)		
19 Kuiper, Claire	18	George Fox University	2:08.23	2:05.36	
28.66	1:00.25 (31.59)	1:33.13 (32.88)	2:05.36 (32.23)		
20 Clement, Molly	20	University of Puget Sound	2:07.13	2:05.51	
28.09	59.64 (31.55)	1:32.59 (32.95)	2:05.51 (32.92)		
21 Sperbeck, Mia A	19	Willamette University Swimming	2:05.83	2:06.80	
27.56	58.47 (30.91)	1:31.87 (33.40)	2:06.80 (34.93)		
22 Michels, Elisa S	18	Willamette University Swimming	2:06.50	2:07.43	
28.19	59.69 (31.50)	1:33.10 (33.41)	2:07.43 (34.33)		
23 Justus, Sophie	19	Lewis & Clark College	2:06.65	2:07.86	
28.39	59.74 (31.35)	1:33.39 (33.65)	2:07.86 (34.47)		
24 Fetro, Annikka D	18	Linfield University	2:09.69	2:08.15	
28.54	1:00.87 (32.33)	1:34.72 (33.85)	2:08.15 (33.43)		
25 Kaldy, Ana J	19	Willamette University Swimming	2:10.72	2:08.68	
r:+0.62 29.96	1:02.68 (32.72)	1:36.31 (33.63)	2:08.68 (32.37)		
26 Haneda, Anna	18	Pacific Lutheran University	2:12.33	2:08.86	
29.15	1:01.42 (32.27)	1:34.88 (33.46)	2:08.86 (33.98)		
27 Hurty, Claire S	19	Lewis & Clark College	2:06.63	2:09.86	
29.12	1:01.42 (32.30)	1:35.19 (33.77)	2:09.86 (34.67)		
28 Leighton, Dahlia	20	Pacific University Oregon	2:19.51	2:11.20	
29.38	1:02.01 (32.63)	1:36.56 (34.55)	2:11.20 (34.64)		
29 Castellanos-Welsh, Stephany	22	Linfield University	2:19.16	2:11.71	
30.27	1:03.26 (32.99)	1:37.42 (34.16)	2:11.71 (34.29)		
30 Wilson, Mikayla M	20	Linfield University	2:29.70	2:12.58	
r:+0.71 31.10	1:04.73 (33.63)	1:38.60 (33.87)	2:12.58 (33.98)		
31 Stoye, Belinda	18	George Fox University	2:21.27	2:14.26	
r:+0.60 30.52	1:04.68 (34.16)	1:40.23 (35.55)	2:14.26 (34.03)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 17 Women 200 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
32 Steed, Ryan	19	Whitworth University Swim Team	2:15.32	2:15.44
r:+0.59 30.28	1:04.03 (33.75)	1:39.67 (35.64)	2:15.44 (35.77)	
33 Roche, Abby	19	George Fox University	2:17.31	2:17.86
r:+0.64 31.15	1:06.03 (34.88)	1:42.56 (36.53)	2:17.86 (35.30)	
34 Baco, Claire A	21	Lewis & Clark College	2:31.21	2:21.74
31.68	1:07.55 (35.87)	1:45.56 (38.01)	2:21.74 (36.18)	
35 Anderson, Alyssa	21	Pacific Lutheran University	2:39.56	2:37.16
r:+0.59 37.05	1:16.25 (39.20)	1:57.10 (40.85)	2:37.16 (40.06)	
--- Carnell, Ella E	20	Willamette University Swimming	2:26.13	X2:21.81
32.62	1:07.77 (35.15)	1:44.71 (36.94)	2:21.81 (37.10)	
--- Thorne, Taylor S	20	Whitworth University Swim Team	2:09.56	SCR
--- Keppo, Kirsti I	20	Linfield University	2:02.28	SCR
--- Lenz, Frances G	22	Whitman College	2:02.21	SCR
--- Lerch, Darrah	19	Whitman College	2:10.38	SCR
--- King, Alisa	17	Whitworth University Swim Team	2:03.04	SCR
--- Urback, Jesse	19	George Fox University	2:00.26	SCR
--- Mullins, Kalea M	22	Linfield University	2:03.21	SCR
--- Lloyd, Jordan	19	Whitman College	2:16.85	SCR

Event 19 Women 100 Yard Breaststroke

Conf: 1:02.87 * 2/21/2021 Jamie Siegler
 Meet: 1:03.29 # 2/15/2020 Jamie Siegler

Whitworth U
 Whitworth

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Piel, Josephine	20	Whitman College	1:06.13	1:05.43	20
30.32	1:05.43 (35.11)				
2 Sapper, Rachel J	22	Whitman College	1:06.24	1:05.60	17
r:+0.67 30.50	1:05.60 (35.10)				
3 Bonikowsky, Megan	17	Whitworth University Swim Team	1:06.86	1:06.26	16
30.73	1:06.26 (35.53)				
4 Roberts, Angela	19	Whitman College	1:07.77	1:07.99	15
r:+0.71 31.40	1:07.99 (36.59)				
5 Hornbeck, Anna E	22	Willamette University Swimming	1:09.09	1:08.38	14
31.81	1:08.38 (36.57)				
6 Ferruzzi, Serafina R	20	Pacific University Oregon	1:08.46	1:08.55	13
r:+0.57 31.83	1:08.55 (36.72)				
7 Tucker, Lilly	20	Whitworth University Swim Team	1:08.51	1:08.74	12
r:+0.52 32.09	1:08.74 (36.65)				
8 Rectenwald, Elly	20	Whitman College	1:09.13	1:09.10	11
r:+0.65 32.47	1:09.10 (36.63)				
B - Final					
9 Pernsteiner, Julissa	19	Pacific Lutheran University	1:09.81	1:08.72	9
32.38	1:08.72 (36.34)				
10 Mercado, Amelia S	20	University of Puget Sound	1:09.35	1:08.85	7
r:+0.51 32.53	1:08.85 (36.32)				
11 Parker, Riley	21	George Fox University	1:09.61	1:09.11	6
r:+0.64 32.07	1:09.11 (37.04)				
12 Hoover, Ellie	19	George Fox University	1:11.36	1:11.56	5
33.21	1:11.56 (38.35)				
13 Knight, Hazel J	18	University of Puget Sound	1:12.29	1:11.86	4
33.91	1:11.86 (37.95)				
14 Smith, Bella C	21	Whitman College	1:11.07	1:12.49	3
r:+0.57 33.33	1:12.49 (39.16)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 19 Women 100 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time	Points
15 Bentz, Ruby E	18	Linfield University	1:12.83	1:12.50	2
r:+0.54 33.83			1:12.50 (38.67)		
16 Linkow, Dahlia R	19	Lewis & Clark College	1:12.81	1:12.57	1
33.67			1:12.57 (38.90)		

Event 19 Women 100 Yard Breaststroke

Conf: 1:02.87 * 2/21/2021 Jamie Siegler

Whitworth U

Meet: 1:03.29 # 2/15/2020 Jamie Siegler

Whitworth

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Piel, Josephine	20	Whitman College	1:06.80	1:06.13	q
30.98			1:06.13 (35.15)		
2 Sapper, Rachel J	22	Whitman College	1:08.36	1:06.24	q
30.70			1:06.24 (35.54)		
3 Bonikowsky, Megan	17	Whitworth University Swim Team	1:07.37	1:06.86	q
30.88			1:06.86 (35.98)		
4 Roberts, Angela	19	Whitman College	1:09.11	1:07.77	q
r:+0.69 31.15			1:07.77 (36.62)		
5 Ferruzzi, Serafina R	20	Pacific University Oregon	1:10.15	1:08.46	q
31.73			1:08.46 (36.73)		
6 Tucker, Lilly	20	Whitworth University Swim Team	1:10.60	1:08.51	q
r:+0.52 31.83			1:08.51 (36.68)		
7 Hornbeck, Anna E	22	Willamette University Swimming	1:09.34	1:09.09	q
r:+0.61 31.92			1:09.09 (37.17)		
8 Rectenwald, Elly	20	Whitman College	1:09.29	1:09.13	q
r:+0.72 32.18			1:09.13 (36.95)		
9 Mercado, Amelia S	20	University of Puget Sound	1:09.91	1:09.35	q
r:+0.52 32.40			1:09.35 (36.95)		
10 Parker, Riley	21	George Fox University	1:10.61	1:09.61	q
r:+0.59 32.58			1:09.61 (37.03)		
11 Pernsteiner, Julissa	19	Pacific Lutheran University	NT	1:09.81	q
r:+0.56 32.58			1:09.81 (37.23)		
12 Smith, Bella C	21	Whitman College	1:12.88	1:11.07	q
r:+0.47 32.44			1:11.07 (38.63)		
13 Hoover, Ellie	19	George Fox University	1:12.73	1:11.36	q
r:+0.67 33.11			1:11.36 (38.25)		
14 Knight, Hazel J	18	University of Puget Sound	1:10.70	1:12.29	q
r:+0.57 34.10			1:12.29 (38.19)		
15 Linkow, Dahlia R	19	Lewis & Clark College	1:14.14	1:12.81	q
33.39			1:12.81 (39.42)		
16 Bentz, Ruby E	18	Linfield University	1:16.39	1:12.83	q
33.35			1:12.83 (39.48)		
17 Zumbrum, Alana L	19	Linfield University	1:11.43	1:13.08	
r:+0.58 34.24			1:13.08 (38.84)		
18 Schroeder, Aj J	20	Lewis & Clark College	1:13.61	1:14.54	
34.85			1:14.54 (39.69)		
19 Iwamoto, Keira	19	Pacific Lutheran University	1:16.32	1:16.04	
35.67			1:16.04 (40.37)		
20 Gray, Heidi	18	George Fox University	1:15.07	1:16.12	
35.68			1:16.12 (40.44)		
21 Meyers, Julia G	22	University of Puget Sound	1:17.65	1:16.40	
35.73			1:16.40 (40.67)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 19 Women 100 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time
22 Gimon, Ella	20	Lewis & Clark College	1:22.14	1:19.13
36.68	1:19.13 (42.45)			
23 Norby, Ella	18	Pacific Lutheran University	1:15.71	1:19.77
37.06	1:19.77 (42.71)			
24 Quijano, Ella F	19	Linfield University	1:26.65	1:22.73
37.81	1:22.73 (44.92)			
25 Louie, Nicole A	19	Pacific University Oregon	1:30.09	1:27.84
40.99	1:27.84 (46.85)			
26 Kaufman, Rachel S	18	Pacific University Oregon	1:31.03	1:29.01
r:+0.52 40.45	1:29.01 (48.56)			
--- Thomas, Natalie M	20	Willamette University Swimming	1:16.49	X1:15.23
34.62	1:15.23 (40.61)			
--- Shower, Kate S	19	Willamette University Swimming	1:24.18	X1:20.40
r:+0.75 37.32	1:20.40 (43.08)			
--- Szigeti, Sofie N	18	Willamette University Swimming	1:29.88	X1:23.23
38.91	1:23.23 (44.32)			
--- Link, Trinity J	18	University of Puget Sound	1:06.53	SCR
--- Hoopes, Isabella	18	Whitworth University Swim Team	1:07.64	SCR
--- Wilson, Mikayla M	20	Linfield University	1:23.67	SCR

Event 21 Women 100 Yard Backstroke

Conf: 55.94 * 2/11/2017 Mara Selznick
 Meet: 55.94 # 2/11/2017 Mara Selznick

Whitman
 Whitman

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Arpag, Sarah E	21	Linfield University	58.74	58.45	20
r:+0.68 28.30	58.45 (30.15)				
2 Agnew, Shaye E	22	Whitman College	59.72	59.27	17
r:+0.67 28.51	59.27 (30.76)				
3 Campbell, Avery R	21	Linfield University	59.75	59.56	16
r:+0.71 28.14	59.56 (31.42)				
4 Lenz, Frances G	22	Whitman College	1:00.20	59.59	15
r:+1.18 28.88	59.59 (30.71)				
5 Cummings, Angie	20	Lewis & Clark College	1:00.09	59.71	14
r:+0.76 28.61	59.71 (31.10)				
6 Moehnke, Alex L	22	Pacific University Oregon	59.97	59.89	13
r:+0.70 28.60	59.89 (31.29)				
7 Thorne, Taylor S	20	Whitworth University Swim Team	59.97	1:00.12	12
r:+0.74 28.93	1:00.12 (31.19)				
8 Howell, Leah J	20	Willamette University Swimming	1:00.24	1:01.18	11
r:+0.70 29.02	1:01.18 (32.16)				
B - Final					
9 Gassman, Emma	20	Pacific Lutheran University	1:00.28	59.05	9
r:+0.64 28.26	59.05 (30.79)				
10 Grieder-Jacobs, Ann Marie	22	Pacific University Oregon	1:01.93	1:01.28	7
r:+0.64 29.17	1:01.28 (32.11)				
11 Schoenfelder, Julia	17	Whitworth University Swim Team	1:01.71	1:01.42	6
r:+0.70 29.18	1:01.42 (32.24)				
12 Good, Tatum A	22	Willamette University Swimming	1:00.78	1:01.46	5
r:+0.77 30.10	1:01.46 (31.36)				
13 Tewinkel, Jane C	20	Lewis & Clark College	1:01.74	1:02.25	4
r:+0.61 30.29	1:02.25 (31.96)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 21 Women 100 Yard Backstroke)

Name	Age	School	Prelim Time	Finals Time	Points
14 Chargualaf, Lola r:+0.67 30.57	18	Pacific Lutheran University	1:02.34 1:02.37 (31.80)	1:02.37	3
15 Tyroler, Ella r:+1.14 30.37	19	Whitman College	1:02.75 1:02.90 (32.53)	1:02.90	2
16 Noffsinger, Emma R r:+0.87 31.00	20	Willamette University Swimming	1:03.45 1:03.33 (32.33)	1:03.33	1

Event 21 Women 100 Yard Backstroke

Conf: 55.94 * 2/11/2017 Mara Selznick Whitman

Meet: 55.94 # 2/11/2017 Mara Selznick Whitman

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Arpag, Sarah E r:+0.76 28.31	21	Linfield University	58.75	58.74	q
2 Agnew, Shaye E r:+0.69 28.46	22	Whitman College	1:01.72	59.72	q
3 Campbell, Avery R r:+0.81 28.77	21	Linfield University	1:01.62	59.75	q
*4 Moehnke, Alex L r:+0.72 28.72	22	Pacific University Oregon	1:02.25	59.97	q
*4 Thorne, Taylor S r:+0.67 29.14	20	Whitworth University Swim Team	1:00.85	59.97	q
6 Cummings, Angie r:+0.72 29.05	20	Lewis & Clark College	1:01.52	1:00.09	q
7 Lenz, Frances G r:+0.81 28.85	22	Whitman College	1:00.69	1:00.20	q
8 Howell, Leah J r:+0.62 28.91	20	Willamette University Swimming	1:01.18	1:00.24	q
9 Gassman, Emma r:+0.66 29.11	20	Pacific Lutheran University	1:00.66	1:00.28	q
10 Good, Tatum A r:+0.77 29.92	22	Willamette University Swimming	1:01.32	1:00.78	q
11 Schoenfelder, Julia r:+0.76 30.02	17	Whitworth University Swim Team	1:02.04	1:01.71	q
12 Tewinkel, Jane C r:+0.71 29.72	20	Lewis & Clark College	1:02.08	1:01.74	q
13 Grieder-Jacobs, Ann Marie r:+0.64 28.88	22	Pacific University Oregon	1:01.52	1:01.93	q
14 Chargualaf, Lola r:+0.70 30.61	18	Pacific Lutheran University	1:02.24	1:02.34	q
15 Tyroler, Ella r:+0.74 30.28	19	Whitman College	1:03.18	1:02.75	q
16 Noffsinger, Emma R r:+0.84 30.92	20	Willamette University Swimming	1:05.83	1:03.45	q
17 Schauble, Emma R r:+1.28 30.84	19	Willamette University Swimming	1:05.36	1:03.70	
18 McLennan, Kass J r:+0.78 31.08	19	University of Puget Sound	1:04.50	1:03.90	
*19 Lihou, Pia M r:+0.77 30.84	18	University of Puget Sound	1:04.54	1:04.27	
*19 Stapelman, Zoey r:+0.94 31.15	18	George Fox University	1:06.84	1:04.27	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 21 Women 100 Yard Backstroke)

Name	Age	School	Seed Time	Prelim Time
21 Orlando, Paige r:+0.79 30.95	20	Whitworth University Swim Team	1:04.48	1:04.48
22 Bentz, Maria I r:+1.08 30.58	20	Whitworth University Swim Team	1:04.54	1:05.37
23 Lee, Jessica r:+1.13 30.99	23	Pacific Lutheran University	1:05.13	1:05.66
24 Brown, Journey A r:+0.78 32.24	20	Willamette University Swimming	1:06.21	1:06.48
25 Gaines, Matthea r:+0.78 32.20	19	Pacific Lutheran University	1:10.15	1:07.99
26 Lloyd, Jordan r:+0.82 32.21	19	Whitman College	1:09.90	1:08.09
27 Reich, Ava H r:+0.72 33.15	20	Willamette University Swimming	1:11.63	1:08.21
28 Castellanos-Welsh, Stephany r:+0.74 34.06	22	Linfield University	1:14.41	1:09.87
29 Rios, Ainsley G r:+1.16 38.73	19	Lewis & Clark College	1:24.92	1:21.54
30 Mann, Josephine r:+0.76 40.77	22	Lewis & Clark College	1:24.43	1:23.20
--- Staniec, Abbey C r:+0.73 31.77	20	Willamette University Swimming	1:10.03	X1:06.81
--- Haydu, Caley S	19	Linfield University	1:05.72	SCR
--- Schoenfelder, Ella	17	Whitworth University Swim Team	1:01.34	SCR

Event 23 Women 200 Yard Freestyle Relay

Conf: 1:35.93 * 2/10/2017 Whitman College Whitm
 J Furbershaw, N Dipoye, G Thomas, T Hallstein
 Meet: 1:35.93 # 2/10/2017 Whitman College Whitm
 J Furbershaw, N Dipoye, G Thomas, T Hallstein

Team	Relay	Seed Time	Finals Time	Points
1 Whitworth University Swim Team 1) Schoenfelder, Ella 17 24.33	A 2) r:0.26 Schoenfelder, Julia 17 48.59 (24.26)	1:39.61 1:37.13 (24.02)	1:37.13	40
2 Linfield University 1) Campbell, Avery R 21 r:+0.71 25.12	A 2) r:0.18 Arpag, Sarah 21 49.28 (24.16)	1:40.95 1:38.36 (24.44)	1:38.36	34
3 University of Puget Sound 1) Link, Trinity J 18 r:+0.67 24.43	A 2) r:0.22 Ollenburg, Lelia 18 49.51 (25.08)	1:40.42 1:38.96 (24.76)	1:38.96	32
4 Whitman College 1) Piel, Josephine 20 r:+0.43 25.04	A 2) r:0.34 Smith, Bella 21 50.06 (25.02)	1:41.17 1:39.13 (24.09)	1:39.13	30
5 Willamette University Swimming 1) Schmitt, Lydia O 20 r:+0.52 25.14	A 2) r:0.10 Hall, Jacqueline 21 50.51 (25.37)	1:40.66 1:40.65 (24.75)	1:40.65	28
6 Lewis & Clark College 1) Gaffoor, Aniqah 21 r:+3.82 25.36	A 2) Schroeder, Aj J 20 51.02 (25.66)	1:43.47 1:40.80 (24.21)	1:40.80	26
7 George Fox University 1) Knox, Laurel 21 r:+0.63 25.63	A 2) r:0.27 Parker, Riley 21 50.92 (25.29)	1:43.50 1:42.39 (25.92)	1:42.39	24

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 23 Women 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
8 Pacific University Oregon	A	1:42.56	1:43.18	22
1) Ferruzzi, Serafina R 20	2) r:0.37 Grieder-Jacobs, Ann Mari	3) r:0.42 Capron-Graves, Jaz 20	4) r:0.38 Moehnke, Alex 22	
r:+0.56 26.55	52.88 (26.33)	1:18.48 (25.60)	1:43.18 (24.70)	
--- Pacific Lutheran University	A	1:41.56	DQ	
1) Yevstifieieva, Karina 18	2) r:-0.05 Haneda, Anna 18	3) r:0.35 Zuniga, Melissa 19	4) r:0.14 Pernsteiner, Julissa 19	
r:+0.33 25.33	50.94 (25.61)	1:16.12 (25.18)	DQ (25.07)	

Event 25 Women 1650 Yard Freestyle

Conf: 16:54.73 * 3/20/2010 Natalie Turner
 Meet: 17:05.80 # 2/14/2010 Natalie Turner

Whitworth
 Whitworth

Name	Age	School	Seed Time	Finals Time	Points
1 Keppo, Kirsti I	20	Linfield University	17:49.35	17:32.53	20
28.96	1:00.47 (31.51)	1:32.39 (31.92)	2:04.24 (31.85)		
2:36.50 (32.26)	3:08.80 (32.30)	3:40.92 (32.12)	4:12.98 (32.06)		
4:45.20 (32.22)	5:17.23 (32.03)	5:48.77 (31.54)	6:20.62 (31.85)		
6:52.42 (31.80)	7:24.22 (31.80)	7:56.08 (31.86)	8:28.05 (31.97)		
8:59.76 (31.71)	9:31.28 (31.52)	10:03.05 (31.77)	10:34.99 (31.94)		
11:06.99 (32.00)	11:38.77 (31.78)	12:10.53 (31.76)	12:42.66 (32.13)		
13:14.88 (32.22)	13:47.28 (32.40)	14:19.42 (32.14)	14:51.81 (32.39)		
15:24.22 (32.41)	15:56.89 (32.67)	16:29.66 (32.77)	17:02.20 (32.54)	17:32.53 (30.33)	
2 Parrish, Makhaela	19	Whitworth University Swim Team	18:23.11	18:01.30	17
r:+0.61 28.82	59.97 (31.15)	1:31.78 (31.81)	2:04.13 (32.35)		
2:37.07 (32.94)	3:09.76 (32.69)	3:42.51 (32.75)	4:15.43 (32.92)		
4:48.49 (33.06)	5:21.33 (32.84)	5:54.00 (32.67)	6:26.96 (32.96)		
7:00.10 (33.14)	7:33.23 (33.13)	8:06.32 (33.09)	8:39.28 (32.96)		
9:12.35 (33.07)	9:45.44 (33.09)	10:18.49 (33.05)	10:51.86 (33.37)		
11:25.27 (33.41)	11:58.47 (33.20)	12:32.06 (33.59)	13:05.22 (33.16)		
13:38.54 (33.32)	14:11.68 (33.14)	14:44.95 (33.27)	15:18.02 (33.07)		
15:51.10 (33.08)	16:24.20 (33.10)	16:56.92 (32.72)	17:29.87 (32.95)	18:01.30 (31.43)	
3 Urback, Jesse	19	George Fox University	18:39.67	18:05.74	16
29.47	1:01.56 (32.09)	1:34.26 (32.70)	2:06.78 (32.52)		
2:39.53 (32.75)	3:12.40 (32.87)	3:45.30 (32.90)	4:18.16 (32.86)		
4:51.26 (33.10)	5:24.34 (33.08)	5:57.29 (32.95)	6:30.44 (33.15)		
7:03.64 (33.20)	7:36.84 (33.20)	8:09.84 (33.00)	8:43.08 (33.24)		
9:16.36 (33.28)	9:49.54 (33.18)	10:22.96 (33.42)	10:56.38 (33.42)		
11:29.73 (33.35)	12:03.15 (33.42)	12:36.72 (33.57)	13:09.89 (33.17)		
13:43.19 (33.30)	14:16.67 (33.48)	14:50.08 (33.41)	15:23.26 (33.18)		
15:56.53 (33.27)	16:29.50 (32.97)	17:02.10 (32.60)	17:34.59 (32.49)	18:05.74 (31.15)	
4 Hawkins, Scout	18	Pacific Lutheran University	18:41.12	18:16.83	15
30.40	1:03.44 (33.04)	1:36.49 (33.05)	2:09.87 (33.38)		
2:43.59 (33.72)	3:17.54 (33.95)	3:50.98 (33.44)	4:24.42 (33.44)		
4:57.80 (33.38)	5:31.25 (33.45)	6:04.20 (32.95)	6:37.12 (32.92)		
7:10.12 (33.00)	7:42.91 (32.79)	8:15.99 (33.08)	8:49.85 (33.86)		
9:22.76 (32.91)	9:55.83 (33.07)	10:28.39 (32.56)	11:01.65 (33.26)		
11:34.68 (33.03)	12:07.85 (33.17)	12:41.21 (33.36)	13:14.20 (32.99)		
13:47.55 (33.35)	14:20.80 (33.25)	14:55.01 (34.21)	15:29.00 (33.99)		
16:03.13 (34.13)	16:36.44 (33.31)	17:10.65 (34.21)	17:44.34 (33.69)	18:16.83 (32.49)	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 25 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
5 McClafferty, Camille	18	University of Puget Sound	18:37.21	18:23.96	14
28.78	1:00.46 (31.68)	1:32.89 (32.43)	2:05.60 (32.71)		
2:38.29 (32.69)	3:10.89 (32.60)	3:43.99 (33.10)	4:16.99 (33.00)		
4:50.09 (33.10)	5:23.71 (33.62)	5:56.93 (33.22)	6:30.69 (33.76)		
7:04.53 (33.84)	7:38.59 (34.06)	8:12.78 (34.19)	8:46.95 (34.17)		
9:20.78 (33.83)	9:54.57 (33.79)	10:28.64 (34.07)	11:02.64 (34.00)		
11:36.64 (34.00)	12:10.87 (34.23)	12:44.80 (33.93)	13:18.81 (34.01)		
13:52.94 (34.13)	14:27.24 (34.30)	15:01.61 (34.37)	15:35.73 (34.12)		
16:09.91 (34.18)	16:43.87 (33.96)	17:17.72 (33.85)	17:51.35 (33.63)	18:23.96 (32.61)	
6 Knox, Laurel	21	George Fox University	18:56.76	18:34.52	13
r:+0.46 28.85	1:01.18 (32.33)	1:33.99 (32.81)	2:07.39 (33.40)		
2:40.90 (33.51)	3:14.37 (33.47)	3:48.36 (33.99)	4:22.17 (33.81)		
4:56.38 (34.21)	5:29.93 (33.55)	6:04.27 (34.34)	6:38.51 (34.24)		
7:12.71 (34.20)	7:46.83 (34.12)	8:21.31 (34.48)	8:55.76 (34.45)		
9:30.31 (34.55)	10:04.55 (34.24)	10:38.91 (34.36)	11:13.20 (34.29)		
11:47.42 (34.22)	12:21.69 (34.27)	12:55.84 (34.15)	13:30.15 (34.31)		
14:04.30 (34.15)	14:39.15 (34.85)	15:13.38 (34.23)	15:47.87 (34.49)		
16:22.15 (34.28)	16:56.31 (34.16)	17:30.31 (34.00)	18:03.92 (33.61)	18:34.52 (30.60)	
7 Lazaraton, Chloe L	20	Linfield University	19:28.88	18:35.15	12
29.97	1:02.57 (32.60)	1:36.25 (33.68)	2:09.83 (33.58)		
2:43.56 (33.73)	3:17.99 (34.43)	3:51.87 (33.88)	4:25.44 (33.57)		
4:58.99 (33.55)	5:32.85 (33.86)	6:06.22 (33.37)	6:39.72 (33.50)		
7:13.37 (33.65)	7:47.12 (33.75)	8:20.99 (33.87)	8:54.95 (33.96)		
9:28.80 (33.85)	10:02.76 (33.96)	10:37.00 (34.24)	11:11.18 (34.18)		
11:44.54 (33.36)	12:18.62 (34.08)	12:53.00 (34.38)	13:27.25 (34.25)		
14:01.34 (34.09)	14:35.35 (34.01)	15:09.79 (34.44)	15:43.94 (34.15)		
16:18.43 (34.49)	16:52.62 (34.19)	17:26.82 (34.20)	18:01.90 (35.08)	18:35.15 (33.25)	
8 Rowan, Ayla	19	University of Puget Sound	19:06.78	18:47.66	11
29.59	1:02.60 (33.01)	1:36.25 (33.65)	2:10.04 (33.79)		
2:43.64 (33.60)	3:18.08 (34.44)	3:51.62 (33.54)	4:25.76 (34.14)		
4:59.36 (33.60)	5:33.30 (33.94)	6:07.11 (33.81)	6:41.19 (34.08)		
7:14.88 (33.69)	7:49.62 (34.74)	8:23.06 (33.44)	8:58.63 (35.57)		
9:34.40 (35.77)	10:08.80 (34.40)	10:43.49 (34.69)	11:19.44 (35.95)		
11:55.04 (35.60)	12:30.58 (35.54)	13:05.64 (35.06)	13:39.85 (34.21)		
14:15.43 (35.58)	14:50.41 (34.98)	15:24.63 (34.22)	15:59.30 (34.67)		
16:32.84 (33.54)	17:07.16 (34.32)	17:41.52 (34.36)	18:15.37 (33.85)	18:47.66 (32.29)	
9 Dicey, Kaylee	20	George Fox University	18:41.08	18:48.63	9
30.19	1:03.28 (33.09)	1:37.20 (33.92)	2:11.26 (34.06)		
2:45.58 (34.32)	3:19.75 (34.17)	3:54.08 (34.33)	4:28.36 (34.28)		
5:02.73 (34.37)	5:36.94 (34.21)	6:11.24 (34.30)	6:45.65 (34.41)		
7:20.21 (34.56)	7:54.94 (34.73)	8:29.52 (34.58)	9:03.98 (34.46)		
9:38.43 (34.45)	10:13.03 (34.60)	10:47.67 (34.64)	11:22.00 (34.33)		
11:56.27 (34.27)	12:30.64 (34.37)	13:05.22 (34.58)	13:39.89 (34.67)		
14:14.17 (34.28)	14:48.93 (34.76)	15:23.45 (34.52)	15:58.14 (34.69)		
16:32.96 (34.82)	17:07.76 (34.80)	17:42.54 (34.78)	18:16.90 (34.36)	18:48.63 (31.73)	
10 Hayes, Siena	21	Whitman College	19:57.66	18:49.93	7
30.85	1:04.39 (33.54)	1:38.32 (33.93)	2:12.18 (33.86)		
2:46.30 (34.12)	3:20.14 (33.84)	3:54.28 (34.14)	4:28.56 (34.28)		
5:02.97 (34.41)	5:37.44 (34.47)	6:11.65 (34.21)	6:46.22 (34.57)		
7:20.94 (34.72)	7:55.65 (34.71)	8:30.40 (34.75)	9:05.05 (34.65)		
9:39.60 (34.55)	10:14.53 (34.93)	10:49.13 (34.60)	11:23.53 (34.40)		
11:58.05 (34.52)	12:32.61 (34.56)	13:07.29 (34.68)	13:41.49 (34.20)		
14:15.86 (34.37)	14:50.01 (34.15)	15:24.88 (34.87)	15:59.81 (34.93)		
16:34.72 (34.91)	17:08.59 (33.87)	17:42.58 (33.99)	18:17.14 (34.56)	18:49.93 (32.79)	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 25 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
11 Jenner, Sarah E	21	Willamette University Swimming	19:37.91	19:07.43	6
r:+0.73 30.27	1:03.63 (33.36)	1:37.76 (34.13)	2:12.67 (34.91)		
2:47.32 (34.65)	3:22.13 (34.81)	3:56.68 (34.55)	4:31.39 (34.71)		
5:06.31 (34.92)	5:41.41 (35.10)	6:15.86 (34.45)	6:50.83 (34.97)		
7:25.59 (34.76)	8:01.32 (35.73)	8:36.19 (34.87)	9:11.37 (35.18)		
9:46.46 (35.09)	10:21.40 (34.94)	10:56.56 (35.16)	11:31.68 (35.12)		
12:06.61 (34.93)	12:41.69 (35.08)	13:16.86 (35.17)	13:51.86 (35.00)		
14:26.74 (34.88)	15:01.92 (35.18)	15:37.05 (35.13)	16:11.69 (34.64)		
16:46.89 (35.20)	17:22.38 (35.49)	17:57.67 (35.29)	18:33.46 (35.79)	19:07.43 (33.97)	
12 King, Alisa	17	Whitworth University Swim Team	18:29.14	19:10.79	5
31.05	1:04.67 (33.62)	1:39.48 (34.81)	2:14.43 (34.95)		
2:49.18 (34.75)	3:24.57 (35.39)	4:00.18 (35.61)	4:35.66 (35.48)		
5:10.64 (34.98)	5:45.72 (35.08)	6:21.11 (35.39)	6:56.27 (35.16)		
7:31.65 (35.38)	8:06.69 (35.04)	8:41.88 (35.19)	9:17.02 (35.14)		
9:51.91 (34.89)	10:27.07 (35.16)	11:01.98 (34.91)	11:37.11 (35.13)		
12:12.05 (34.94)	12:47.60 (35.55)	13:22.64 (35.04)	13:57.92 (35.28)		
14:33.10 (35.18)	15:08.02 (34.92)	15:43.20 (35.18)	16:18.08 (34.88)		
16:52.85 (34.77)	17:27.83 (34.98)	18:02.33 (34.50)	18:36.73 (34.40)	19:10.79 (34.06)	
13 Lerch, Darrah	19	Whitman College	19:36.30	19:13.35	4
r:+0.76 30.16	1:03.73 (33.57)	1:38.05 (34.32)	2:12.41 (34.36)		
2:47.14 (34.73)	3:21.97 (34.83)	3:57.06 (35.09)	4:32.30 (35.24)		
5:07.18 (34.88)	5:42.30 (35.12)	6:17.37 (35.07)	6:52.72 (35.35)		
7:28.14 (35.42)	8:03.71 (35.57)	8:39.10 (35.39)	9:14.67 (35.57)		
9:49.56 (34.89)	10:24.72 (35.16)	10:59.75 (35.03)	11:34.86 (35.11)		
12:10.50 (35.64)	12:45.42 (34.92)	13:20.30 (34.88)	13:55.33 (35.03)		
14:30.34 (35.01)	15:05.62 (35.28)	15:40.90 (35.28)	16:16.75 (35.85)		
16:52.79 (36.04)	17:28.21 (35.42)	18:04.00 (35.79)	18:39.43 (35.43)	19:13.35 (33.92)	
14 Tyroler, Ella	19	Whitman College	20:20.65	19:49.63	3
31.36	1:04.78 (33.42)	1:39.09 (34.31)	2:13.80 (34.71)		
2:48.90 (35.10)	3:24.43 (35.53)	4:00.38 (35.95)	4:36.61 (36.23)		
5:12.95 (36.34)	5:49.10 (36.15)	6:25.63 (36.53)	7:02.17 (36.54)		
7:38.50 (36.33)	8:14.93 (36.43)	8:51.80 (36.87)	9:28.49 (36.69)		
10:05.31 (36.82)	10:42.03 (36.72)	11:18.54 (36.51)	11:55.22 (36.68)		
12:32.12 (36.90)	13:08.65 (36.53)	13:45.18 (36.53)	14:22.42 (37.24)		
14:59.48 (37.06)	15:36.34 (36.86)	16:13.11 (36.77)	16:49.72 (36.61)		
17:26.01 (36.29)	18:02.32 (36.31)	18:38.46 (36.14)	19:14.52 (36.06)	19:49.63 (35.11)	
15 Fetro, Annikka D	18	Linfield University	20:25.76	19:49.64	2
r:+0.57 30.31	1:04.28 (33.97)	1:39.32 (35.04)	2:14.59 (35.27)		
2:50.05 (35.46)	3:25.87 (35.82)	4:01.59 (35.72)	4:38.06 (36.47)		
5:14.55 (36.49)	5:51.43 (36.88)	6:28.03 (36.60)	7:04.48 (36.45)		
7:41.44 (36.96)	8:18.65 (37.21)	8:55.51 (36.86)	9:32.78 (37.27)		
10:09.14 (36.36)	10:45.93 (36.79)	11:23.08 (37.15)	11:59.93 (36.85)		
12:35.96 (36.03)	13:12.63 (36.67)	13:49.46 (36.83)	14:25.92 (36.46)		
15:02.13 (36.21)	15:38.86 (36.73)	16:15.70 (36.84)	16:52.56 (36.86)		
17:28.66 (36.10)	18:04.80 (36.14)	18:40.19 (35.39)	19:15.81 (35.62)	19:49.64 (33.83)	
16 Michels, Elisa S	18	Willamette University Swimming	20:45.81	19:50.34	1
31.45	1:06.34 (34.89)	1:42.16 (35.82)	2:18.06 (35.90)		
2:54.34 (36.28)	3:30.22 (35.88)	4:06.22 (36.00)	4:42.30 (36.08)		
5:18.78 (36.48)	5:54.85 (36.07)	6:31.00 (36.15)	7:07.41 (36.41)		
7:43.73 (36.32)	8:20.15 (36.42)	8:56.54 (36.39)	9:32.99 (36.45)		
10:09.80 (36.81)	10:46.38 (36.58)	11:22.40 (36.02)	11:59.18 (36.78)		
12:35.44 (36.26)	13:12.06 (36.62)	13:48.52 (36.46)	14:25.44 (36.92)		
15:01.92 (36.48)	15:38.76 (36.84)	16:15.63 (36.87)	16:51.98 (36.35)		
17:28.94 (36.96)	18:05.32 (36.38)	18:41.82 (36.50)	19:17.54 (35.72)	19:50.34 (32.80)	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 25 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
17 Hurty, Claire S	19	Lewis & Clark College	19:25.73	19:59.81	
r:+0.60 30.79	1:04.62 (33.83)	1:39.45 (34.83)	2:14.64 (35.19)		
2:50.11 (35.47)	3:25.92 (35.81)	4:01.74 (35.82)	4:38.12 (36.38)		
5:14.48 (36.36)	5:50.81 (36.33)	6:27.42 (36.61)	7:04.32 (36.90)		
7:40.81 (36.49)	8:17.20 (36.39)	8:54.02 (36.82)	9:31.09 (37.07)		
10:08.09 (37.00)	10:45.38 (37.29)	11:22.43 (37.05)	11:59.82 (37.39)		
12:36.87 (37.05)	13:13.95 (37.08)	13:51.03 (37.08)	14:27.98 (36.95)		
15:05.24 (37.26)	15:42.29 (37.05)	16:19.59 (37.30)	16:56.45 (36.86)		
17:33.48 (37.03)	18:10.53 (37.05)	18:47.09 (36.56)	19:23.98 (36.89)	19:59.81 (35.83)	
18 Roche, Abby	19	George Fox University	20:23.49	20:15.48	
32.67	1:08.03 (35.36)	1:44.65 (36.62)	2:21.17 (36.52)		
2:57.93 (36.76)	3:34.97 (37.04)	4:11.37 (36.40)	4:47.84 (36.47)		
5:24.53 (36.69)	6:01.53 (37.00)	6:38.31 (36.78)	7:15.33 (37.02)		
7:52.15 (36.82)	8:29.10 (36.95)	9:06.15 (37.05)	9:42.98 (36.83)		
10:19.85 (36.87)	10:56.78 (36.93)	11:33.75 (36.97)	12:10.75 (37.00)		
12:47.52 (36.77)	13:24.07 (36.55)	14:01.74 (37.67)	14:39.03 (37.29)		
15:16.26 (37.23)	15:53.98 (37.72)	16:31.34 (37.36)	17:09.19 (37.85)		
17:46.66 (37.47)	18:24.28 (37.62)	19:01.89 (37.61)	19:38.93 (37.04)	20:15.48 (36.55)	
19 Kaldy, Ana J	19	Willamette University Swimming	20:13.05	20:22.04	
31.14	1:05.67 (34.53)	1:41.85 (36.18)	2:18.10 (36.25)		
2:54.92 (36.82)	3:31.83 (36.91)	4:08.79 (36.96)	4:45.83 (37.04)		
5:22.94 (37.11)	5:59.86 (36.92)	6:37.06 (37.20)	7:14.17 (37.11)		
7:51.63 (37.46)	8:28.82 (37.19)	9:06.10 (37.28)	9:43.11 (37.01)		
10:20.44 (37.33)	10:57.89 (37.45)	11:35.24 (37.35)	12:12.76 (37.52)		
12:50.28 (37.52)	13:27.98 (37.70)	14:06.02 (38.04)	14:44.63 (38.61)		
15:22.56 (37.93)	16:01.12 (38.56)	16:39.06 (37.94)	17:17.73 (38.67)		
17:55.62 (37.89)	18:33.29 (37.67)	19:10.42 (37.13)	19:46.73 (36.31)	20:22.04 (35.31)	
20 Cutting, Ellie	18	Pacific Lutheran University	20:43.35	20:26.99	
r:+0.71 32.73	1:08.51 (35.78)	1:44.81 (36.30)	2:21.90 (37.09)		
2:59.01 (37.11)	3:36.49 (37.48)	4:14.16 (37.67)	4:51.70 (37.54)		
5:29.26 (37.56)	6:06.95 (37.69)	6:44.51 (37.56)	7:22.39 (37.88)		
8:00.05 (37.66)	8:37.72 (37.67)	9:15.67 (37.95)	9:53.38 (37.71)		
10:31.09 (37.71)	11:08.72 (37.63)	11:46.87 (38.15)	12:25.01 (38.14)		
13:02.63 (37.62)	13:40.66 (38.03)	14:18.58 (37.92)	14:55.97 (37.39)		
15:33.24 (37.27)	16:10.78 (37.54)	16:48.28 (37.50)	17:25.83 (37.55)		
18:02.68 (36.85)	18:39.85 (37.17)	19:16.63 (36.78)	19:52.50 (35.87)	20:26.99 (34.49)	
21 Stoye, Belinda	18	George Fox University	21:34.14	20:28.86	
r:+0.59 32.18	1:07.71 (35.53)	1:44.16 (36.45)	2:20.79 (36.63)		
2:57.60 (36.81)	3:34.06 (36.46)	4:10.71 (36.65)	4:47.75 (37.04)		
5:24.64 (36.89)	6:01.94 (37.30)	6:39.13 (37.19)	7:16.82 (37.69)		
7:54.42 (37.60)	8:32.13 (37.71)	9:10.05 (37.92)	9:47.49 (37.44)		
10:25.24 (37.75)	11:02.70 (37.46)	11:39.88 (37.18)	12:17.02 (37.14)		
12:55.08 (38.06)	13:33.96 (38.88)	14:11.82 (37.86)	14:49.71 (37.89)		
15:28.35 (38.64)	16:06.43 (38.08)	16:44.23 (37.80)	17:21.88 (37.65)		
17:59.88 (38.00)	18:37.71 (37.83)	19:15.58 (37.87)	19:53.44 (37.86)	20:28.86 (35.42)	
22 Steed, Ryan	19	Whitworth University Swim Team	20:27.12	20:38.62	
32.06	1:07.12 (35.06)	1:43.29 (36.17)	2:19.48 (36.19)		
2:55.77 (36.29)	3:33.06 (37.29)	4:10.73 (37.67)	4:47.78 (37.05)		
5:25.40 (37.62)	6:03.40 (38.00)	6:41.63 (38.23)	7:19.75 (38.12)		
7:57.98 (38.23)	8:36.09 (38.11)	9:14.26 (38.17)	9:52.45 (38.19)		
10:30.31 (37.86)	11:08.24 (37.93)	11:45.96 (37.72)	12:24.09 (38.13)		
13:02.25 (38.16)	13:40.79 (38.54)	14:18.92 (38.13)	14:57.29 (38.37)		
15:36.00 (38.71)	16:14.20 (38.20)	16:52.55 (38.35)	17:30.15 (37.60)		
18:08.60 (38.45)	18:46.60 (38.00)	19:24.79 (38.19)	20:02.13 (37.34)	20:38.62 (36.49)	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

(Event 25 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
23 Leighton, Dahlia	20	Pacific University Oregon	21:48.16	20:45.92	
32.01	1:06.55 (34.54)	1:42.65 (36.10)	2:20.52 (37.87)		
2:58.84 (38.32)	3:37.09 (38.25)	4:15.34 (38.25)	4:53.51 (38.17)		
5:32.10 (38.59)	6:09.68 (37.58)	6:47.92 (38.24)	7:25.57 (37.65)		
8:03.63 (38.06)	8:41.35 (37.72)	9:18.90 (37.55)	9:57.17 (38.27)		
10:35.22 (38.05)	11:13.94 (38.72)	11:52.43 (38.49)	12:30.45 (38.02)		
13:08.18 (37.73)	13:46.91 (38.73)	14:25.46 (38.55)	15:04.17 (38.71)		
15:42.36 (38.19)	16:20.66 (38.30)	16:58.18 (37.52)	17:35.64 (37.46)		
18:14.04 (38.40)	18:52.43 (38.39)	19:31.03 (38.60)	20:09.28 (38.25)	20:45.92 (36.64)	
24 Owen, Michelle	21	Pacific Lutheran University	21:32.67	20:59.25	
34.09	1:11.10 (37.01)	1:49.07 (37.97)	2:27.48 (38.41)		
3:05.33 (37.85)	3:43.04 (37.71)	4:21.47 (38.43)	5:00.41 (38.94)		
5:38.55 (38.14)	6:17.76 (39.21)	6:56.53 (38.77)	7:35.41 (38.88)		
8:14.37 (38.96)	8:53.31 (38.94)	9:32.33 (39.02)	10:12.07 (39.74)		
10:51.02 (38.95)	11:28.97 (37.95)	12:07.39 (38.42)	12:45.97 (38.58)		
13:24.70 (38.73)	14:02.59 (37.89)	14:40.80 (38.21)	15:19.04 (38.24)		
15:57.79 (38.75)	16:36.72 (38.93)	17:15.54 (38.82)	17:54.21 (38.67)		
18:32.37 (38.16)	19:10.39 (38.02)	19:47.81 (37.42)	20:24.32 (36.51)	20:59.25 (34.93)	
25 Norby, Ella	18	Pacific Lutheran University	21:53.51	21:16.07	
r:+0.70 33.26	1:10.25 (36.99)	1:49.63 (39.38)	2:29.23 (39.60)		
3:09.41 (40.18)	3:48.94 (39.53)	4:28.08 (39.14)	5:07.89 (39.81)		
5:47.87 (39.98)	6:26.99 (39.12)	7:07.57 (40.58)	7:47.44 (39.87)		
8:27.31 (39.87)	9:07.65 (40.34)	9:47.17 (39.52)	10:27.22 (40.05)		
11:07.48 (40.26)	11:48.20 (40.72)	12:28.01 (39.81)	13:08.12 (40.11)		
13:48.60 (40.48)	14:28.74 (40.14)	15:07.62 (38.88)	15:44.51 (36.89)		
16:21.52 (37.01)	16:58.77 (37.25)	17:36.14 (37.37)	18:14.01 (37.87)		
18:52.63 (38.62)	19:29.12 (36.49)	20:05.91 (36.79)	20:41.49 (35.58)	21:16.07 (34.58)	
26 Dillon, Kristine	22	Pacific University Oregon	24:22.23	23:27.20	
35.34	1:14.34 (39.00)	1:54.85 (40.51)	2:36.34 (41.49)		
3:17.67 (41.33)	3:59.18 (41.51)	4:40.94 (41.76)	5:22.92 (41.98)		
6:05.15 (42.23)	6:47.68 (42.53)	7:31.82 (44.14)	8:17.43 (45.61)		
9:02.54 (45.11)	9:47.76 (45.22)	10:32.02 (44.26)	11:16.31 (44.29)		
12:00.71 (44.40)	12:44.17 (43.46)	13:27.86 (43.69)	14:11.03 (43.17)		
14:54.28 (43.25)	15:37.42 (43.14)	16:20.54 (43.12)	17:03.84 (43.30)		
17:47.40 (43.56)	18:30.84 (43.44)	19:14.18 (43.34)	19:58.39 (44.21)		
20:41.73 (43.34)	21:24.11 (42.38)	22:06.56 (42.45)	22:47.82 (41.26)	23:27.20 (39.38)	
--- Carnell, Ella E	20	Willamette University Swimming	20:55.64	X20:41.63	
33.12	1:08.53 (35.41)	1:45.81 (37.28)	2:23.41 (37.60)		
3:01.25 (37.84)	3:39.39 (38.14)	4:17.52 (38.13)	4:55.70 (38.18)		
5:33.52 (37.82)	6:11.70 (38.18)	6:49.75 (38.05)	7:27.80 (38.05)		
8:06.06 (38.26)	8:44.13 (38.07)	9:21.76 (37.63)	9:59.94 (38.18)		
10:37.70 (37.76)	11:15.43 (37.73)	11:53.09 (37.66)	12:30.96 (37.87)		
13:08.46 (37.50)	13:46.07 (37.61)	14:24.53 (38.46)	15:02.01 (37.48)		
15:39.82 (37.81)	16:17.65 (37.83)	16:55.91 (38.26)	17:34.46 (38.55)		
18:12.12 (37.66)	18:50.04 (37.92)	19:27.75 (37.71)	20:05.58 (37.83)	20:41.63 (36.05)	
--- Empie, Gwen C	21	Whitman College	21:08.29	SCR	

Event 27 Women 200 Yard Backstroke

Conf: 2:02.10 * 2/12/2017 Mara Selznick
 Meet: 2:02.10 # 2/12/2017 Mara Selznick

Whitman
 Whitman

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Lenz, Frances G	22	Whitman College	2:10.04	2:07.20	20
r:+0.81 29.27	1:00.88 (31.61)	1:33.25 (32.37)	2:07.20 (33.95)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

A - Final ... (Event 27 Women 200 Yard Backstroke)

Name	Age	School	Prelim Time	Finals Time	Points
2 Gassman, Emma	20	Pacific Lutheran University	2:12.49	2:07.59	17
r:+0.65 29.53	1:01.59 (32.06)	1:34.78 (33.19)	2:07.59 (32.81)		
3 Thorne, Taylor S	20	Whitworth University Swim Team	2:09.04	2:08.14	16
r:+0.66 29.69	1:02.09 (32.40)	1:35.29 (33.20)	2:08.14 (32.85)		
4 Cummings, Angie	20	Lewis & Clark College	2:10.50	2:10.32	15
r:+0.77 29.61	1:02.18 (32.57)	1:36.12 (33.94)	2:10.32 (34.20)		
5 Freeman, Hailey	18	Whitworth University Swim Team	2:13.83	2:12.43	14
r:+0.75 30.65	1:04.00 (33.35)	1:39.09 (35.09)	2:12.43 (33.34)		
6 Moehnke, Alex L	22	Pacific University Oregon	2:11.55	2:13.04	13
r:+0.72 29.32	1:02.15 (32.83)	1:37.54 (35.39)	2:13.04 (35.50)		
7 Price, Jillian S	18	Willamette University Swimming	2:14.37	2:13.81	12
r:+0.88 30.81	1:04.72 (33.91)	1:39.80 (35.08)	2:13.81 (34.01)		
8 Good, Tatum A	22	Willamette University Swimming	2:13.97	2:18.11	11
r:+1.44 31.87	1:06.89 (35.02)	1:42.89 (36.00)	2:18.11 (35.22)		

B - Final

9 McGuire, Harper A	18	University of Puget Sound	2:18.47	2:13.01	9
r:+0.67 30.77	1:04.56 (33.79)	1:38.88 (34.32)	2:13.01 (34.13)		
10 Noffsinger, Emma R	20	Willamette University Swimming	2:16.87	2:14.65	7
r:+0.76 31.64	1:05.29 (33.65)	1:39.86 (34.57)	2:14.65 (34.79)		
11 Grieder-Jacobs, Ann Marie	22	Pacific University Oregon	2:16.49	2:15.28	6
r:+0.60 30.50	1:04.70 (34.20)	1:40.34 (35.64)	2:15.28 (34.94)		
12 Schauble, Emma R	19	Willamette University Swimming	2:16.99	2:17.32	5
r:+0.77 31.83	1:06.74 (34.91)	1:42.26 (35.52)	2:17.32 (35.06)		
13 McLennan, Kass J	19	University of Puget Sound	2:18.15	2:17.80	4
r:+0.67 32.16	1:07.04 (34.88)	1:42.80 (35.76)	2:17.80 (35.00)		
14 Chargualaf, Lola	18	Pacific Lutheran University	2:18.25	2:18.34	3
r:+0.71 32.49	1:08.44 (35.95)	1:44.19 (35.75)	2:18.34 (34.15)		
15 Tewinkel, Jane C	20	Lewis & Clark College	2:17.00	2:19.06	2
r:+0.58 32.76	1:07.14 (34.38)	1:43.04 (35.90)	2:19.06 (36.02)		
16 Stapelman, Zoey	18	George Fox University	2:18.32	2:19.54	1
r:+1.17 32.74	1:08.12 (35.38)	1:44.16 (36.04)	2:19.54 (35.38)		

Event 27 Women 200 Yard Backstroke

Conf: 2:02.10 * 2/12/2017 Mara Selznick

Whitman

Meet: 2:02.10 # 2/12/2017 Mara Selznick

Whitman

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Thorne, Taylor S	20	Whitworth University Swim Team	2:12.80	2:09.04	q
r:+0.63 29.98	1:02.30 (32.32)	1:35.73 (33.43)	2:09.04 (33.31)		
2 Lenz, Frances G	22	Whitman College	2:12.11	2:10.04	q
r:+0.82 29.61	1:01.85 (32.24)	1:35.76 (33.91)	2:10.04 (34.28)		
3 Cummings, Angie	20	Lewis & Clark College	2:17.31	2:10.50	q
r:+0.74 30.30	1:02.73 (32.43)	1:36.37 (33.64)	2:10.50 (34.13)		
4 Moehnke, Alex L	22	Pacific University Oregon	2:15.43	2:11.55	q
r:+0.73 29.79	1:02.58 (32.79)	1:36.91 (34.33)	2:11.55 (34.64)		
5 Gassman, Emma	20	Pacific Lutheran University	2:08.91	2:12.49	q
r:+0.65 30.32	1:04.09 (33.77)	1:39.03 (34.94)	2:12.49 (33.46)		
6 Freeman, Hailey	18	Whitworth University Swim Team	2:13.52	2:13.83	q
r:+0.65 31.95	1:05.48 (33.53)	1:40.17 (34.69)	2:13.83 (33.66)		
7 Good, Tatum A	22	Willamette University Swimming	2:13.38	2:13.97	q
r:+0.72 31.78	1:05.81 (34.03)	1:40.16 (34.35)	2:13.97 (33.81)		
8 Price, Jillian S	18	Willamette University Swimming	2:15.21	2:14.37	q
r:+0.83 31.56	1:05.55 (33.99)	1:40.51 (34.96)	2:14.37 (33.86)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 27 Women 200 Yard Backstroke)

Name	Age	School	Seed Time	Prelim Time	
9 Grieder-Jacobs, Ann Marie	22	Pacific University Oregon	2:19.14	2:16.49	q
r:+0.65 31.04	1:05.32 (34.28)	1:40.88 (35.56)	2:16.49 (35.61)		
10 Noffsinger, Emma R	20	Willamette University Swimming	2:19.46	2:16.87	q
r:+0.80 32.00	1:06.19 (34.19)	1:41.28 (35.09)	2:16.87 (35.59)		
11 Schauble, Emma R	19	Willamette University Swimming	2:20.64	2:16.99	q
r:+0.79 32.14	1:06.99 (34.85)	1:42.06 (35.07)	2:16.99 (34.93)		
12 Tewinkel, Jane C	20	Lewis & Clark College	2:17.95	2:17.00	q
r:+0.67 32.20	1:06.71 (34.51)	1:41.74 (35.03)	2:17.00 (35.26)		
13 McLennan, Kass J	19	University of Puget Sound	2:18.60	2:18.15	q
r:+0.75 32.74	1:08.08 (35.34)	1:43.38 (35.30)	2:18.15 (34.77)		
14 Chargualaf, Lola	18	Pacific Lutheran University	2:19.89	2:18.25	q
r:+0.73 33.04	1:08.80 (35.76)	1:44.06 (35.26)	2:18.25 (34.19)		
15 Stapelman, Zoey	18	George Fox University	2:23.89	2:18.32	q
r:+1.04 32.58	1:07.41 (34.83)	1:43.01 (35.60)	2:18.32 (35.31)		
16 McGuire, Harper A	18	University of Puget Sound	2:16.04	2:18.47	q
r:+0.70 30.83	1:04.34 (33.51)	1:40.78 (36.44)	2:18.47 (37.69)		
17 Harmon, Claire	21	George Fox University	2:22.18	2:18.59	
r:+0.71 31.51	1:06.34 (34.83)	1:42.36 (36.02)	2:18.59 (36.23)		
18 Lihou, Pia M	18	University of Puget Sound	2:19.89	2:18.96	
r:+0.72 30.93	1:05.41 (34.48)	1:42.11 (36.70)	2:18.96 (36.85)		
19 Bentz, Maria I	20	Whitworth University Swim Team	2:19.47	2:22.22	
r:+0.76 32.04	1:07.18 (35.14)	1:44.37 (37.19)	2:22.22 (37.85)		
20 Hall, Jacqueline T	21	Willamette University Swimming	2:29.02	2:23.78	
r:+0.75 33.88	1:09.97 (36.09)	1:47.02 (37.05)	2:23.78 (36.76)		
21 Lerch, Darrah	19	Whitman College	2:25.71	2:23.82	
r:+1.22 33.07	1:08.92 (35.85)	1:46.46 (37.54)	2:23.82 (37.36)		
22 Lee, Jessica	23	Pacific Lutheran University	2:22.89	2:25.97	
r:+1.14 32.99	1:09.02 (36.03)	1:47.22 (38.20)	2:25.97 (38.75)		
23 Castellanos-Welsh, Stephany	22	Linfield University	2:37.65	2:31.04	
r:+0.80 34.70	1:12.72 (38.02)	1:51.86 (39.14)	2:31.04 (39.18)		
--- Staniec, Abbey C	20	Willamette University Swimming	2:31.04	X2:25.60	
r:+0.78 33.56	1:09.66 (36.10)	1:47.60 (37.94)	2:25.60 (38.00)		
--- Hayes, Siena	21	Whitman College	2:19.13	SCR	
--- Arpag, Sarah E	21	Linfield University	2:09.09	SCR	
--- Lazaraton, Chloe L	20	Linfield University	2:26.25	SCR	
--- Tyroler, Ella	19	Whitman College	2:24.70	SCR	
--- Schoenfelder, Julia	17	Whitworth University Swim Team	2:21.48	SCR	

Event 29 Women 100 Yard Freestyle

Name	Age	School	Prelim Time	Finals Time	Points
1 Link, Trinity J	18	University of Puget Sound	52.55	52.57	20
r:+0.68 25.42	52.57 (27.15)				
2 Larrabee, Jillian J	21	Whitworth University Swim Team	52.40	52.67	17
25.16	52.67 (27.51)				
3 Agnew, Shaye E	22	Whitman College	53.68	52.68	16
r:+0.53 25.10	52.68 (27.58)				
4 Hanson, Anneliese	21	Whitman College	53.30	52.83	15
25.87	52.83 (26.96)				
5 Bobo-Shisler, Lauren O	21	Linfield University	53.42	53.24	14
r:+0.60 25.45	53.24 (27.79)				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

A - Final ... (Event 29 Women 100 Yard Freestyle)

Name	Age	School	Prelim Time	Finals Time	Points
6 Barton, Elise C r:+0.58 25.73	20	Lewis & Clark College	53.85	54.00	13
7 Kisiday, Alayna R 25.89	21	Willamette University Swimming	54.49	54.29	12
8 Schoenfelder, Ella 26.06	17	Whitworth University Swim Team	54.60	54.42	11

B - Final

9 Granger, Mya 25.96	18	Whitworth University Swim Team	54.81	53.59	9
10 Prouty, Abby J r:+0.69 26.92	19	University of Puget Sound	54.89	54.77	7
11 Orlando, Paige r:+0.51 25.86	20	Whitworth University Swim Team	55.70	54.91	6
12 Haydu, Caley S 26.48	19	Linfield University	55.79	55.12	5
13 Monroe, Cassidy 26.02	20	Whitman College	55.77	55.21	4
14 Howell, Leah J 26.38	20	Willamette University Swimming	55.34	55.31	3
15 Guillen, Sara 26.72	21	University of Puget Sound	55.28	55.54	2
16 Mullins, Kalea M 27.15	22	Linfield University	55.60	56.17	1

Event 29 Women 100 Yard Freestyle

Conf: 51.02 * 3/18/2017 Tai Hallstein
Meet: 51.28 # 2/12/2017 Tai Hallstein

Whitman
Whitman

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Larrabee, Jillian J 25.19	21	Whitworth University Swim Team	53.23	52.40	q
2 Link, Trinity J r:+0.25 25.31	18	University of Puget Sound	52.84	52.55	q
3 Hanson, Anneliese r:+0.64 25.97	21	Whitman College	54.26	53.30	q
4 Bobo-Shisler, Lauren O r:+0.47 25.55	21	Linfield University	55.15	53.42	q
5 Agnew, Shaye E r:+0.37 25.53	22	Whitman College	53.74	53.68	q
6 Barton, Elise C 25.69	20	Lewis & Clark College	55.20	53.85	q
7 Kisiday, Alayna R r:+0.66 25.57	21	Willamette University Swimming	54.13	54.49	q
8 Schoenfelder, Ella r:+0.58 26.00	17	Whitworth University Swim Team	54.94	54.60	q
9 Granger, Mya r:+0.48 26.41	18	Whitworth University Swim Team	56.38	54.81	q
10 Prouty, Abby J 26.93	19	University of Puget Sound	57.33	54.89	q
11 Guillen, Sara 26.73	21	University of Puget Sound	55.33	55.28	q
12 Howell, Leah J r:+0.50 26.27	20	Willamette University Swimming	55.49	55.34	q

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 29 Women 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time	
13 Mullins, Kalea M 27.30	22 55.60 (28.30)	Linfield University	56.67	55.60	q
14 Orlando, Paige 26.46	20 55.70 (29.24)	Whitworth University Swim Team	56.74	55.70	q
15 Monroe, Cassidy 25.96	20 55.77 (29.81)	Whitman College	55.98	55.77	q
16 Haydu, Caley S r:+0.57 26.85	19 55.79 (28.94)	Linfield University	55.55	55.79	q
17 Smith, Bella C r:+0.47 26.25	21 56.00 (29.75)	Whitman College	55.86	56.00	
18 Schmitt, Lydia O r:+0.51 26.66	20 56.06 (29.40)	Willamette University Swimming	56.77	56.06	
19 Schoenfelder, Julia r:+0.58 26.70	17 56.06 (29.36)	Whitworth University Swim Team	56.03	56.06	J56.06
20 Yevstifieieva, Karina r:+0.46 26.36	18 56.07 (29.71)	Pacific Lutheran University	56.14	56.07	
21 Campbell, Avery R r:+0.60 26.37	21 56.20 (29.83)	Linfield University	57.20	56.20	
22 Ferruzzi, Serafina R 27.02	20 56.72 (29.70)	Pacific University Oregon	56.15	56.72	
23 Stephan, Ella J r:+0.71 26.84	22 56.89 (30.05)	Lewis & Clark College	57.59	56.89	
24 Fronek, Kaya P 27.12	21 56.97 (29.85)	University of Puget Sound	57.62	56.97	
25 Gaffoor, Aniqah 26.99	21 57.04 (30.05)	Lewis & Clark College	56.79	57.04	
26 Haneda, Anna r:+0.31 27.27	18 57.07 (29.80)	Pacific Lutheran University	58.22	57.07	
27 Capron-Graves, Jaz J r:+0.55 27.30	20 57.19 (29.89)	Pacific University Oregon	57.91	57.19	
28 Kuiper, Claire 27.53	18 57.33 (29.80)	George Fox University	58.38	57.33	
29 Sperbeck, Mia A 26.96	19 57.44 (30.48)	Willamette University Swimming	55.99	57.44	
30 Gray, Heidi r:+0.55 27.55	18 57.49 (29.94)	George Fox University	57.89	57.49	
31 Gaines, Matthea 27.09	19 57.52 (30.43)	Pacific Lutheran University	58.18	57.52	
32 Lloyd, Jordan 27.20	19 57.56 (30.36)	Whitman College	59.36	57.56	
33 Justus, Sophie r:+0.43 28.00	19 57.97 (29.97)	Lewis & Clark College	59.73	57.97	
34 Arsenault, Sydney 27.41	19 58.09 (30.68)	Whitman College	58.07	58.09	
35 Pernsteiner, Julissa r:+0.60 28.05	19 58.17 (30.12)	Pacific Lutheran University	59.63	58.17	
36 Brown, Journey A r:+0.70 27.91	20 58.46 (30.55)	Willamette University Swimming	59.33	58.46	
37 Smith, Mia 27.18	20 58.51 (31.33)	George Fox University	56.56	58.51	
38 Clement, Molly 28.10	20 58.52 (30.42)	University of Puget Sound	1:00.20	58.52	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 29 Women 100 Yard Freestyle)

Name	Age	School	Seed Time	Prelim Time
39 Isaacson, Ella A 28.25	21	Willamette University Swimming	1:01.38	58.82
40 Gimon, Ella 28.64	20	Lewis & Clark College	1:03.17	1:01.35
41 Wilson, Mikayla M 30.58	20	Linfield University	1:04.82	1:03.81
42 Baco, Claire A 32.20	21	Lewis & Clark College	1:07.55	1:04.00
43 Rios, Ainsley G 31.13	19	Lewis & Clark College	1:05.25	1:05.40
44 Jacobs, Ariana 32.78	19	George Fox University	1:08.76	1:08.26
45 Mann, Josephine r:+0.60 32.22	22	Lewis & Clark College	1:10.49	1:08.42
46 Anderson, Alyssa 33.93	21	Pacific Lutheran University	1:12.24	1:11.35
--- Shower, Kate S 28.57	19	Willamette University Swimming	1:00.45	X59.58
--- Thomas, Natalie M r:+0.69 30.19	20	Willamette University Swimming	1:04.48	X1:03.38
--- Szigeti, Sofie N 31.29	18	Willamette University Swimming	1:06.72	X1:04.43
--- Robbins, Alicia E 31.90	22	Willamette University Swimming	1:09.63	X1:08.04
--- Quijano, Ella F	19	Linfield University	1:04.86	SCR
--- Fetro, Annikka D	18	Linfield University	59.61	SCR
--- Glascott, Kalima M	19	Willamette University Swimming	1:02.64	SCR
--- Rectenwald, Elly	20	Whitman College	57.71	SCR
--- Castellanos-Welsh, Stephany	22	Linfield University	1:06.69	SCR
--- Girbacea, Maria	18	Whitworth University Swim Team	56.83	SCR

Event 31 Women 200 Yard Breaststroke

Conf: 2:18.24 * 2/12/2012 Tracy L Wormwood UPS
 Meet: 2:18.24 # 2/12/2012 Tracy L Wormwood UPS

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Piel, Josephine r:+0.63 30.92	20	Whitman College	2:22.83	2:21.30	20
2 Hoopes, Isabella 31.29	18	Whitworth University Swim Team	2:22.04	2:22.88	17
3 Bonikowsky, Megan 31.92	17	Whitworth University Swim Team	2:24.28	2:24.17	16
4 Sapper, Rachel J 32.89	22	Whitman College	2:27.47	2:25.92	15
5 Hawkins, Scout r:+0.60 33.33	18	Pacific Lutheran University	2:24.92	2:27.08	14
6 Roberts, Angela 33.32	19	Whitman College	2:28.82	2:28.41	13
7 Hornbeck, Anna E 32.92	22	Willamette University Swimming	2:31.36	2:29.22	12
8 McClafferty, Camille 33.09	18	University of Puget Sound	2:27.32	2:30.40	11

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 31 Women 200 Yard Breaststroke)

Name	Age	School	Prelim Time	Finals Time	Points
B - Final					
9 Jenner, Sarah E	21	Willamette University Swimming	2:33.02	2:29.73	9
r:+0.78 33.56	1:11.09 (37.53)	1:50.62 (39.53)	2:29.73 (39.11)		
10 Tucker, Lilly	20	Whitworth University Swim Team	2:31.74	2:29.99	7
r:+0.55 32.91	1:09.93 (37.02)	1:49.05 (39.12)	2:29.99 (40.94)		
11 Rectenwald, Elly	20	Whitman College	2:35.88	2:33.92	6
r:+0.63 34.37	1:13.00 (38.63)	1:53.25 (40.25)	2:33.92 (40.67)		
12 Franco, Lara	21	University of Puget Sound	2:33.87	2:34.71	5
r:+0.58 34.03	1:12.08 (38.05)	1:51.94 (39.86)	2:34.71 (42.77)		
13 Mercado, Amelia S	20	University of Puget Sound	2:36.89	2:36.48	4
r:+0.54 36.75	1:15.99 (39.24)	1:55.85 (39.86)	2:36.48 (40.63)		
14 Zumbrum, Alana L	19	Linfield University	2:36.41	2:37.11	3
34.78	1:14.36 (39.58)	1:55.73 (41.37)	2:37.11 (41.38)		
15 Bentz, Ruby E	18	Linfield University	2:38.43	2:37.36	2
r:+0.59 35.37	1:15.75 (40.38)	1:56.81 (41.06)	2:37.36 (40.55)		
16 Parker, Riley	21	George Fox University	2:38.39	2:39.18	1
34.15	1:13.93 (39.78)	1:55.97 (42.04)	2:39.18 (43.21)		

Event 31 Women 200 Yard Breaststroke

Conf: 2:18.24 * 2/12/2012 Tracy L Wormwood UPS

Meet: 2:18.24 # 2/12/2012 Tracy L Wormwood UPS

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Hoopes, Isabella	18	Whitworth University Swim Team	2:26.87	2:22.04	q
31.49	1:07.05 (35.56)	1:44.08 (37.03)	2:22.04 (37.96)		
2 Piel, Josephine	20	Whitman College	2:24.81	2:22.83	q
31.34	1:07.31 (35.97)	1:44.48 (37.17)	2:22.83 (38.35)		
3 Bonikowsky, Megan	17	Whitworth University Swim Team	2:26.73	2:24.28	q
31.71	1:07.82 (36.11)	1:45.22 (37.40)	2:24.28 (39.06)		
4 Hawkins, Scout	18	Pacific Lutheran University	2:27.40	2:24.92	q
r:+0.67 33.27	1:10.17 (36.90)	1:47.08 (36.91)	2:24.92 (37.84)		
5 McClafferty, Camille	18	University of Puget Sound	2:26.89	2:27.32	q
r:+0.61 33.09	1:10.11 (37.02)	1:48.64 (38.53)	2:27.32 (38.68)		
6 Sapper, Rachel J	22	Whitman College	2:31.61	2:27.47	q
32.55	1:09.58 (37.03)	1:47.91 (38.33)	2:27.47 (39.56)		
7 Roberts, Angela	19	Whitman College	2:30.66	2:28.82	q
31.85	1:09.38 (37.53)	1:48.26 (38.88)	2:28.82 (40.56)		
8 Hornbeck, Anna E	22	Willamette University Swimming	2:27.76	2:31.36	q
r:+0.61 32.94	1:10.75 (37.81)	1:50.66 (39.91)	2:31.36 (40.70)		
9 Tucker, Lilly	20	Whitworth University Swim Team	2:30.52	2:31.74	q
r:+0.59 32.92	1:09.98 (37.06)	1:49.20 (39.22)	2:31.74 (42.54)		
10 Jenner, Sarah E	21	Willamette University Swimming	2:33.58	2:33.02	q
r:+0.73 34.56	1:13.32 (38.76)	1:52.58 (39.26)	2:33.02 (40.44)		
11 Franco, Lara	21	University of Puget Sound	2:34.29	2:33.87	q
r:+0.63 33.76	1:11.75 (37.99)	1:51.75 (40.00)	2:33.87 (42.12)		
12 Rectenwald, Elly	20	Whitman College	2:37.12	2:35.88	q
r:+0.61 34.60	1:13.95 (39.35)	1:54.82 (40.87)	2:35.88 (41.06)		
13 Zumbrum, Alana L	19	Linfield University	2:39.73	2:36.41	q
34.96	1:13.86 (38.90)	1:54.31 (40.45)	2:36.41 (42.10)		
14 Mercado, Amelia S	20	University of Puget Sound	2:37.06	2:36.89	q
r:+0.55 35.78	1:14.13 (38.35)	1:54.98 (40.85)	2:36.89 (41.91)		
15 Parker, Riley	21	George Fox University	2:35.72	2:38.39	q
34.67	1:14.88 (40.21)	1:56.31 (41.43)	2:38.39 (42.08)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Preliminaries ... (Event 31 Women 200 Yard Breaststroke)

Name	Age	School	Seed Time	Prelim Time	
16 Bentz, Ruby E	18	Linfield University	2:42.61	2:38.43	q
r:+0.58 35.05	1:15.83 (40.78)	1:56.90 (41.07)	2:38.43 (41.53)		
17 Linkow, Dahlia R	19	Lewis & Clark College	2:44.44	2:38.62	
35.28	1:15.76 (40.48)	1:57.43 (41.67)	2:38.62 (41.19)		
18 Knight, Hazel J	18	University of Puget Sound	2:31.98	2:39.05	
35.07	1:14.34 (39.27)	1:56.62 (42.28)	2:39.05 (42.43)		
19 Schroeder, Aj J	20	Lewis & Clark College	2:42.22	2:41.02	
34.98	1:15.70 (40.72)	1:58.20 (42.50)	2:41.02 (42.82)		
20 Iwamoto, Keira	19	Pacific Lutheran University	2:45.13	2:41.16	
37.23	1:18.05 (40.82)	1:59.76 (41.71)	2:41.16 (41.40)		
21 Quijano, Ella F	19	Linfield University	3:05.11	3:03.96	
38.66	1:24.13 (45.47)	2:13.74 (49.61)	3:03.96 (50.22)		
22 Kaufman, Rachel S	18	Pacific University Oregon	3:13.34	3:17.38	
40.72	1:30.01 (49.29)	2:23.51 (53.50)	3:17.38 (53.87)		
--- Louie, Nicole A	19	Pacific University Oregon	3:14.41	SCR	
--- Smith, Bella C	21	Whitman College	NT	SCR	

Event 33 Women 200 Yard Butterfly

Conf: 2:00.15 * 3/11/2006 Samantha Kephart
 Meet: 2:01.45 # 2/12/2006 Samantha Kephart

Whitworth
 Whitworth

Name	Age	School	Prelim Time	Finals Time	Points
A - Final					
1 Riley, Avery	19	Whitman College	2:07.84	2:04.74	20
r:+0.76 27.97	59.81 (31.84)	1:32.32 (32.51)	2:04.74 (32.42)		
2 Arpag, Sarah E	21	Linfield University	2:06.52	2:05.07	17
r:+0.39 27.78	59.70 (31.92)	1:31.62 (31.92)	2:05.07 (33.45)		
3 Ciatti, Tessa A	19	Willamette University Swimming	2:12.10	2:10.82	16
29.25	1:02.36 (33.11)	1:36.24 (33.88)	2:10.82 (34.58)		
4 Gassman, Emma	20	Pacific Lutheran University	2:18.22	2:12.95	15
29.31	1:02.54 (33.23)	1:37.72 (35.18)	2:12.95 (35.23)		
5 Maher, Riley	19	Pacific Lutheran University	2:12.43	2:13.24	14
r:+0.61 29.07	1:02.23 (33.16)	1:36.55 (34.32)	2:13.24 (36.69)		
6 Esteban, Grace	18	Whitworth University Swim Team	2:15.75	2:15.48	13
28.60	1:02.25 (33.65)	1:37.69 (35.44)	2:15.48 (37.79)		
7 Ollenburg, Lelia L	18	University of Puget Sound	2:19.00	2:16.26	12
r:+0.35 29.27	1:03.92 (34.65)	1:39.84 (35.92)	2:16.26 (36.42)		
8 Empie, Gwen C	21	Whitman College	2:20.29	2:26.82	11
31.54	1:06.79 (35.25)	1:44.59 (37.80)	2:26.82 (42.23)		
B - Final					
9 Hoover, Ellie	19	George Fox University	2:23.33	2:22.20	9
30.46	1:06.38 (35.92)	1:43.56 (37.18)	2:22.20 (38.64)		
10 Zuniga, Melissa	19	Pacific Lutheran University	2:30.44	2:24.77	7
r:+0.54 30.66	1:08.14 (37.48)	1:46.72 (38.58)	2:24.77 (38.05)		
11 Gaspar, Sofia	21	University of Puget Sound	2:29.42	2:27.40	6
31.73	1:08.82 (37.09)	1:49.26 (40.44)	2:27.40 (38.14)		
12 Girbacea, Maria	18	Whitworth University Swim Team	2:26.79	2:28.73	5
r:+0.65 29.79	1:07.08 (37.29)	1:46.68 (39.60)	2:28.73 (42.05)		
13 Cutting, Ellie	18	Pacific Lutheran University	2:33.23	2:33.40	4
r:+0.57 33.26	1:11.45 (38.19)	1:52.20 (40.75)	2:33.40 (41.20)		
14 Bentz, Ruby E	18	Linfield University	2:35.32	2:36.19	3
r:+0.57 33.76	1:13.81 (40.05)	1:55.00 (41.19)	2:36.19 (41.19)		
15 Schmidt, Ellie M	19	Linfield University	2:37.20	2:39.10	2
32.42	1:11.83 (39.41)	1:54.51 (42.68)	2:39.10 (44.59)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

B - Final ... (Event 33 Women 200 Yard Butterfly)

Name	Age	School	Prelim Time	Finals Time	Points
16 Meyers, Julia G	22	University of Puget Sound	2:42.23	2:41.10	1
r:+0.66 34.26	1:15.00 (40.74)	1:58.39 (43.39)	2:41.10 (42.71)		

Event 33 Women 200 Yard Butterfly

Conf: 2:00.15 * 3/11/2006 Samantha Kephart

Whitworth

Meet: 2:01.45 # 2/12/2006 Samantha Kephart

Whitworth

Name	Age	School	Seed Time	Prelim Time	
Preliminaries					
1 Arpag, Sarah E	21	Linfield University	2:07.93	2:06.52	q
r:+0.42 28.47	1:00.87 (32.40)	1:33.14 (32.27)	2:06.52 (33.38)		
2 Riley, Avery	19	Whitman College	2:11.99	2:07.84	q
27.93	1:00.38 (32.45)	1:34.38 (34.00)	2:07.84 (33.46)		
3 Ciatti, Tessa A	19	Willamette University Swimming	2:16.07	2:12.10	q
r:+0.71 29.23	1:02.13 (32.90)	1:36.85 (34.72)	2:12.10 (35.25)		
4 Maher, Riley	19	Pacific Lutheran University	2:16.06	2:12.43	q
r:+0.69 29.08	1:02.34 (33.26)	1:36.43 (34.09)	2:12.43 (36.00)		
5 Esteban, Grace	18	Whitworth University Swim Team	2:15.18	2:15.75	q
28.74	1:02.85 (34.11)	1:38.57 (35.72)	2:15.75 (37.18)		
6 Gassman, Emma	20	Pacific Lutheran University	2:17.55	2:18.22	q
30.39	1:05.40 (35.01)	1:41.53 (36.13)	2:18.22 (36.69)		
7 Ollenburg, Lelia L	18	University of Puget Sound	2:17.25	2:19.00	q
r:+0.67 30.49	1:06.05 (35.56)	1:42.56 (36.51)	2:19.00 (36.44)		
8 Empie, Gwen C	21	Whitman College	2:26.08	2:20.29	q
r:+0.59 31.40	1:07.37 (35.97)	1:43.74 (36.37)	2:20.29 (36.55)		
9 Hoover, Ellie	19	George Fox University	2:25.43	2:23.33	q
29.82	1:05.06 (35.24)	1:43.28 (38.22)	2:23.33 (40.05)		
10 Girbacea, Maria	18	Whitworth University Swim Team	2:24.41	2:26.79	q
r:+0.54 29.61	1:05.02 (35.41)	1:44.65 (39.63)	2:26.79 (42.14)		
11 Gaspar, Sofia	21	University of Puget Sound	2:29.22	2:29.42	q
r:+0.65 31.77	1:09.23 (37.46)	1:48.96 (39.73)	2:29.42 (40.46)		
12 Zuniga, Melissa	19	Pacific Lutheran University	2:30.88	2:30.44	q
r:+0.56 31.11	1:08.78 (37.67)	1:49.36 (40.58)	2:30.44 (41.08)		
13 Cutting, Ellie	18	Pacific Lutheran University	2:38.93	2:33.23	q
32.20	1:10.15 (37.95)	1:50.58 (40.43)	2:33.23 (42.65)		
14 Bentz, Ruby E	18	Linfield University	2:42.84	2:35.32	q
r:+0.57 33.35	1:12.60 (39.25)	1:53.90 (41.30)	2:35.32 (41.42)		
15 Schmidt, Ellie M	19	Linfield University	2:34.57	2:37.20	q
32.10	1:10.17 (38.07)	1:51.98 (41.81)	2:37.20 (45.22)		
16 Meyers, Julia G	22	University of Puget Sound	2:47.32	2:42.23	q
r:+0.64 33.68	1:13.98 (40.30)	1:57.25 (43.27)	2:42.23 (44.98)		
17 Rodgers, Allison	19	George Fox University	2:55.97	2:50.88	
r:+0.58 34.90	1:17.13 (42.23)	2:03.40 (46.27)	2:50.88 (47.48)		
18 Nardella, Abbey	21	George Fox University	3:17.78	3:22.04	
43.67	1:33.46 (49.79)	2:27.52 (54.06)	3:22.04 (54.52)		

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 35 Women 400 Yard Freestyle Relay

Conf: 3:29.65 * 2/12/2017 Whitman College Whitman
 M Selznick, T Stahlecker, J Furbershaw, Hallstein
 Meet: 3:29.65 # 2/12/2017 Whitman College Whitman
 Selznick, Stahlecker, Furbershaw, Hallstein

Team	Relay	Seed Time	Finals Time	Points
1 Whitman College	A	3:38.28	3:31.23	40
1) Hanson, Anneliese 21	2) r:0.55 Piel, Josephine 20	3) r:0.32 Riley, Avery 19	4) r:0.38 Agnew, Shaye 22	
r:+0.67 25.90	52.90 (52.90)	1:18.25 (25.35)	1:46.30 (53.40)	
2:11.51 (25.21)	2:38.64 (52.34)	3:03.61 (24.97)	3:31.23 (52.59)	
2 Whitworth University Swim Team	A	3:36.58	3:31.80	34
1) Larrabee, Jillian J 21	2) Schoenfelder, Ella 17	3) r:0.05 Granger, Mya 18	4) r:0.30 Bonikowsky, Megan 17	
25.28	52.61 (52.61)	1:17.69 (25.08)	1:46.13 (53.52)	
2:11.51 (25.38)	2:39.53 (53.40)	3:04.30 (24.77)	3:31.80 (52.27)	
3 University of Puget Sound	A	3:40.81	3:36.32	32
1) Ollenburg, Lelia L 18	2) r:-0.02 Link, Trinity 18	3) r:0.11 Prouty, Abby 19	4) r:0.20 Guillen, Sara 21	
r:+0.35 26.53	55.81 (55.81)	1:20.43 (24.62)	1:48.06 (52.25)	
2:14.53 (26.47)	2:42.58 (54.52)	3:07.97 (25.39)	3:36.32 (53.74)	
4 Linfield University	A	3:42.59	3:36.59	30
1) Bobo-Shisler, Lauren O 21	2) r:0.74 Keppo, Kirsti 20	3) Haydu, Caley S 19	4) r:0.39 Arpag, Sarah 21	
r:+0.52 25.50	53.31 (53.31)	1:19.59 (26.28)	1:48.53 (55.22)	
2:14.63 (26.10)	2:43.81 (55.28)	3:08.99 (25.18)	3:36.59 (52.78)	
5 Pacific Lutheran University	A	3:45.13	3:40.01	28
1) Maher, Riley 19	2) Yevstifieieva, Karina 18	3) Chargualaf, Lola 18	4) Gassman, Emma 20	
r:+0.51 26.10	54.15 (54.15)	1:20.10 (25.95)	1:49.69 (55.54)	
2:16.01 (26.32)	2:45.42 (55.73)	3:11.13 (25.71)	3:40.01 (54.59)	
6 Willamette University Swimming	A	3:41.36	3:40.68	26
1) Kisiday, Alayna R 21	2) r:0.05 Hall, Jacqueline 21	3) r:0.32 Schmitt, Lydia 20	4) r:0.17 Howell, Leah 20	
r:+0.64 26.08	54.22 (54.22)	1:20.27 (26.05)	1:49.34 (55.12)	
2:15.88 (26.54)	2:46.14 (56.80)	3:11.66 (25.52)	3:40.68 (54.54)	
7 Lewis & Clark College	A	3:46.54	3:41.79	24
1) Cummings, Angie 20	2) r:0.33 Gaffoor, Aniqah 21	3) r:0.60 Stephan, Ella 22	4) r:0.46 Barton, Elise 20	
r:+0.70 26.55	56.07 (56.07)	1:22.59 (26.52)	1:52.08 (56.01)	
2:19.29 (27.21)	2:48.65 (56.57)	3:13.95 (25.30)	3:41.79 (53.14)	
8 George Fox University	A	3:46.61	3:45.09	22
1) Knox, Laurel 21	2) Parker, Riley 21	3) Gray, Heidi 18	4) Kuiper, Claire 18	
r:+0.42 26.88	56.63 (56.63)	1:22.84 (26.21)	1:52.66 (56.03)	
2:19.66 (27.00)	2:49.12 (56.46)	3:15.62 (26.50)	3:45.09 (55.97)	
9 Pacific University Oregon	A	4:15.08	3:46.60	18
1) Moehnke, Alex L 22	2) r:0.25 Grieder-Jacobs, Ann Mari	3) r:0.42 Capron-Graves, Jaz 20	4) r:0.42 Ferruzzi, Serafina 20	
r:+0.54 26.52	56.09 (56.09)	1:22.92 (26.83)	1:53.31 (57.22)	
2:20.33 (27.02)	2:50.49 (57.18)	3:17.41 (26.92)	3:46.60 (56.11)	

Event 200 Women 50 Yard Freestyle ev 9 Heat 5 reswim

Conf: 23.31 * 2/10/2017 Tai Hallstein Whitman
 Meet: 23.58 # 2/10/2012 Katherine M Porter Pacific

Name	Age	School	Seed Time	Finals Time
1 Schmitt, Lydia O	20	Willamette University Swimming	NT	25.41
r:+0.45				
2 Ferruzzi, Serafina R	20	Pacific University Oregon	NT	25.64
r:+0.49				
3 Capron-Graves, Jaz J	20	Pacific University Oregon	NT	26.02
4 Gaines, Matthea	19	Pacific Lutheran University	NT	26.89
r:+0.67				

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

Event 309 Women 50 Yard Freestyle Time Trial

Conf: 23.31 * 2/10/2017 Tai Hallstein
 Meet: 23.58 # 2/10/2012 Katherine M Porter

Whitman
 Pacific

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Yevstifieieva, Karina r:+0.45	18	Pacific Lutheran University	NT	25.41	
2 Haneda, Anna r:+0.57	18	Pacific Lutheran University	NT	26.39	
3 Pernsteiner, Julissa	19	Pacific Lutheran University	NT	26.49	
4 McLennan, Kass J r:+0.60	19	University of Puget Sound	NT	27.77	
5 Cutting, Ellie r:+0.71	18	Pacific Lutheran University	NT	28.96	

Event 315 Women 100 Yard Butterfly Time Trial

Conf: 55.45 * 3/10/2006 Samantha Kephart
 Meet: 56.23 # 2/11/2006 Samantha Kephart

Whitworth
 Whitworth

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Taylor, Emilie 31.68		Willamette University Swimming	NT	1:08.79	

Owen, Michelle r:+0.69	21	Pacific Lutheran University	NT	SCR	

Event 329 Women 100 Yard Freestyle Time Trial

Conf: 51.02 * 3/18/2017 Tai Hallstein
 Meet: 51.28 # 2/12/2017 Tai Hallstein

Whitman
 Whitman

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Owen, Michelle r:+0.69 29.66	21	Pacific Lutheran University	NT	1:03.62	

Event 409 Women 50 Yard Freestyle Time Trial

Conf: 23.31 * 2/10/2017 Tai Hallstein
 Meet: 23.58 # 2/10/2012 Katherine M Porter

Whitman
 Pacific

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Taylor, Emilie		Willamette University Swimming	NT	28.20	

Event 419 Women 100 Yard Breaststroke Time Trial

Conf: 1:02.87 * 2/21/2021 Jamie Siegler
 Meet: 1:04.20 # 2/15/2014 Claire Collins

Whitworth U
 Whitman

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Yevstifieieva, Karina r:+0.46 35.47	18	Pacific Lutheran University	NT	1:15.90	

Event 429 Women 100 Yard Freestyle Time Trial

Conf: 51.02 * 3/18/2017 Tai Hallstein
 Meet: 51.28 # 2/12/2017 Tai Hallstein

Whitman
 Whitman

Name	Age	School	Seed Time	Finals Time	Points
- Time Trial					
1 Iwamoto, Keira 29.77	19	Pacific Lutheran University	NT	1:01.81	

2025 NWC Swimming Championships - 2/13/2025 to 2/16/2025

Results

- Time Trial ... (Event 429 Women 100 Yard Freestyle Time Trial)

Name	Age	School	Seed Time	Finals Time	Points
--- Yevstifieieva, Karina r:+0.46	18	Pacific Lutheran University	NT	SCR	

Scores - WomenWomen - Team Rankings - Through Event 429

1. Whitworth University Swim Team	636	2. Whitman College	591
3. University of Puget Sound	411	4. Linfield University	382
5. Willamette University Swimming	344	6. Pacific Lutheran University	281
7. George Fox University	229	8. Lewis & Clark College	208
9. Pacific University Oregon	145		