



BENEFITTING
**MARION POLK
FOOD SHARE**

DONATION

Marion Polk Food Share

Families in Marion and Polk Counties

MPFS Mission

Marion Polk Food Share's mission is to bring people together to end hunger and its root causes. We believe that food is a human right and that everyone deserves to have nutritious and culturally relevant food.

Scan Code & Donate

1. Scan QR Code
2. Donate!



Every \$1 Provides 3 Meals for one of your neighbors.



WILLAMETTE BEARCATS

Food Drive

11/10-11/12



What We Need?

**Unexpired & Non-Perishable Items Only
(Can also donate \$)**

Donation Points

**11/10 Athletics Office 9am-5pm
11/10 MBB Game @7pm
11/11 FB Game @1pm
11/11 MBB Game @7pm
11/12 WBB Game @1pm**



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**Free Popcorn at games for any 2
non-perishable items**

Info About Hunger:

Every month more than 45,000 individuals—including 15,000 children—receive food assistance in Marion and Polk counties. These meals may come from an emergency food box from a food pantry, in a meal served at shelters and community meal sites or delivered through Meals on Wheels.

At Marion Polk Food Share, we believe that everyone should have access to the healthy food they need to work, learn, and thrive. However, many of our neighbors just don't know where their next meal will come from.

Who is hungry?

Hunger can affect anyone. Look around you. It's possible that a friend, neighbor, coworker or even a family member has struggled to put food on the table at some point in life. Although the reasons for struggling with hunger are varied and complex, the immediate solution is simply the next meal.

Across the state of Oregon, 9.8 percent of people report struggling to afford food.

- Most adult emergency food recipients are working, retired, looking for work, or are disabled.
- 33 percent of those receiving emergency food are children.
- Families facing hunger may not necessarily be food insecure all the time. The need for emergency food often reflects a family's need to make trade-offs between housing or medical bills and buying groceries.

The effects of hunger:

Nothing good happens when you are hungry. Hunger negatively impacts learning, health, and productivity. It affects children, the elderly, and adults.

- Children who are hungry have more difficulty learning in school.
- Childhood hunger and malnutrition can lead to irreversible health problems later in life.
- In an average classroom in Oregon, 1 out of 8 children face hunger.
- Seniors and people with medical issues can struggle to maintain their health if they are hungry or malnourished.

Our action

In 2021, the Marion Polk Food Share network provided more than 11 million pounds of nutritious food to people in need across the Mid-Valley. Every year, we work to eliminate the root causes of hunger through vocational training, nutrition education, garden education, and by working with communities to strengthen local food systems.

Marion Polk Food Share's Mission

Marion Polk Food Share's mission is to unite people to end hunger and its root causes.

We distribute nutritious food for individuals and families to more than 100 local partners, including food pantries and meal sites, and deliver Meals on Wheels to homebound seniors and adults with disabilities. We operate an urban farm and support a network of community gardens that connect people and their food, and mobilize community members to address systemic issues that lead to hunger. Thousands of local volunteers, advocates, and donors bring our mission to life every day.

Equity Statement and Call to Action

Marion Polk Food Share's mission is to bring people together to end hunger and its root causes. We believe that food is a human right and that everyone deserves to have nutritious and culturally relevant food. We recognize that systemic oppression is a root cause of hunger. Injustices including racism, sexism, ageism, and other forms of oppression create inequity and are major contributors to poverty. Our commitment to ending hunger means we must understand and challenge the systems that unjustly and disproportionately impact marginalized communities.

Because we cannot end hunger without addressing its root causes, the Food Share embraces the values of diversity, equity, inclusion, and justice. We carry these as core values of our work and culture by:

- Striving to raise the voices of and be led by people with lived experience of systemic oppression and food insecurity.
- Using an equity lens to influence decision-making, address disparities in services and undo the effects of systemic inequity throughout our organization.
- Building partnerships with and advocating alongside groups focused on social and racial justice, poverty, and other forms of oppression.

Together, we can create a healthy and more just community where everybody has the food they need to thrive.