

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 1 Women 4x100 Meter Relay**

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 Meet Record: M 45.94 2015 , Portland State  
 Stadium Reco: S 46.60 2018 , Seattle Pacific  
 School Seed Finals Points  
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## Finals

1	Western Oregon 'A'	48.37	48.23	10
	1) Lavato, Josie			
	3) Hopwood, Maya			
	2) Nwokoma, Ujunwa			
	4) Thompson, Maliyah			
2	SW Oregon CC 'A'	51.45	52.28	8
	1) Smith, Aneyai			
	3) Corrales, Gabriella			
	2) Hill, Skotlyn			
	4) Stewart, Lulu			
3	Mt. Hood CC 'A'	51.36	52.47	6
	1) Bogdan, Andrea			
	3) Thurman, Kennedi			
	2) Champion, Nichole			
	4) Biggs, Kailey			

**Event 2 Men 4x100 Meter Relay**

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 Meet Record: M 41.70 2016 , Portland State  
 Stadium Reco: S 41.00 1995 , University of Oregon  
 School Seed Finals Points  
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1	Clark College 'A'	44.34	43.61	10
	1) Arnett, Ethan			
	3) Myles, JT			
	2) Collins, J'Quan			
	4) Schneider, Hudson			
2	Mt. Hood CC 'A'	43.77	44.20	8
	1) Johnson, Deghlan			
	3) Hakimoglu, Gabriel			
	2) Reis, Oliver			
	4) Perez, Braylan			

**Event 3 Women 100 Meter Hurdles**

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 Meet Record: M 14.33 2015 Kara Hallock, Oregon State  
 Stadium Reco: S 13.84 2018 Mariyah Vongsaveng, Central Washington  
 Name Year School Seed Finals Wind H# Points  
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1	Thornton, Katherine	Willamette	15.29	15.87	-3.3	1	10
2	Stevens, Abi	Southern Oregon	15.01	16.04	-3.3	1	8
3	Sincere, Lecia	Willamette	16.63	16.28	0.6	2	6
4	Hill, Skotlyn	SW Oregon CC	15.61	16.49	-3.3	1	5
5	Bauer, Sienna	Southern Oregon	15.56	16.63	-3.3	1	4
6	Ortiz, India	Southern Oregon	15.98	16.91	0.6	2	3
7	Owens, Ada	Clark College	17.50	17.09	0.6	2	2
8	Blue, Hailey	Western Oregon	16.14	17.14	0.6	2	1
9	Hodges, Jenna	Southern Oregon	16.34	17.41	0.6	2	
10	Snyder, Erica	Willamette	16.36	17.51	0.6	2	
11	Champion, Nichole	Mt. Hood CC	18.01	17.94	0.6	2	
12	Ephraim, Michaela	Clark College		17.99	-1.3	3	
13	Carney, Sarah	Lewis & Clark	19.13	19.38	-1.3	3	
14	Morgan, Madeline	Clark College	20.78	21.19	-1.3	3	

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 4 Men 110 Meter Hurdles**

Meet Record: M 14.76 2007		Sheldon Wilkinson, Mt. Hood CC				
Stadium Reco: S 14.21 2015		Travis Milbrandt, Western Washington				
Name	Year	School	Seed	Finals	Wind H#	Points
1		Johnson, Deghlan	Mt. Hood CC	15.16	16.27	-2.9 1 10
2		Kelly, James	Umpqua CC	17.11	16.61	-1.9 2 8
3		Meisner, Blake	Unattached	16.90	17.00	-2.9 1 6
4		Cherry, Jonas	Willamette	16.30	17.01	-2.9 1 5
5		Ensinger, Gavin	Clark College	16.76	17.73	-2.9 1 4
6		Lucas, Nicolas	Unattached	16.00	18.43	-2.9 1 3
7		Laninga, Caedyn	Clackamas CC		20.76	-1.9 2 2

**Event 5 Women 400 Meter Dash**

Meet Record: M 55.71 2014		Christina Rodgers, Spirit of Oregon				
Stadium Reco: S 54.88 2017		Vanessa Aniteye, Alaska Anchorage				
Name	Year	School	Seed	Finals	H#	Points
1		Gross, Ava	Oregon State	59.13	58.61	1 10
2		O'Hara, Macy	Lewis & Clark	59.50	59.93	1 8
3		Nelson, Kylee	Oregon State	58.73	1:00.19	1 6
4		Rinaldi, Treasure	Oregon State	59.00	1:00.31	1 5
5		Altamirano, Bethanie	Western Oregon	59.89	1:00.61	1 4
6		McKee, Ava	Oregon State	1:03.57	1:00.67	2 3
7		Dumas, Aayzia	Southern Oregon	58.92	1:01.02	1 2
8		Hart, Jessie	Western Oregon	58.17	1:01.08	1 1
9		Wingo, Katie	Willamette	1:07.76	1:04.84	2
10		Clem, Danielle	Western Oregon	1:04.50	1:05.51	2
11		Biggs, Kailey	Mt. Hood CC	1:05.23	1:05.98	2
12		Beal, Abby	Unat-Clackamas	1:02.00	1:07.19	2
13		Cervantez, Olivia	Saint Martin's	1:06.33	1:07.27	2
14		McLeod, Cloee	SW Oregon CC	1:10.10	1:10.70	3
15		Walker, Lena	Clackamas CC		1:11.37	3
16		Larkins, Aquilina	Mt. Hood CC		1:12.94	3

**Event 6 Men 400 Meter Dash**

Meet Record: M 47.23 2016		Korey Thieleke, High Performance West				
Stadium Reco: S 47.55 2012		Ethan Hewitt, Kodiak Lamdis, Alaska Anc, Cent				
Name	Year	School	Seed	Finals	Points	
1		Yasin, Joel	Western Oregon	49.58	50.92	10
2		Guest, Devon	Lewis & Clark	53.00	53.31	8
3		Bodi, Sean	Lewis & Clark	53.50	53.34	6
4		Huante, Andres	Willamette	53.66	53.74	5
5		O'Brian, Elijah	Clackamas CC		53.85	4
6		Domst, Bjorn	Willamette	53.00	53.89	3

**Event 7 Women 100 Meter Dash**

Meet Record: M 12.02 2012		Alexandria Davidson, Oregon				
Stadium Reco: S 11.81 2015		Jamie Ashcroft, Alaska Anchorage				
Name	Year	School	Seed	Finals	Wind H#	Points
1		Hurley, Jada	Oregon State	11.91	12.35	-1.1 1 10

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****...Event 7 Women 100 Meter Dash**

2	Hopwood, Maya	Western Oregon	12.13	12.56	-1.1	1	8
3	Buckley, Abby	Oregon State	12.19	12.75	-1.1	1	6
4	Roscoe, Nora	Clark College	12.95	13.01	-1.1	1	5
5	Coleman, Mashani	Willamette	13.09	13.06	-1.7	2	4
6	Zilla, Margaret	Saint Martin's	13.57	13.18	-1.7	2	3
7	Lavato, Josie	Western Oregon	12.79	13.20	-1.1	1	2
8	Stewart, Lulu	SW Oregon CC	13.04	13.24	-1.1	1	1
9	Leetch, Matlyn	Mt. Hood CC	13.26	13.31	-1.7	2	
10	Collins, India	Southern Oregon	13.25	13.38	-1.7	2	
11	Goulet, Andrea	Clackamas CC	13.24	13.39	-1.7	2	
12	Bogdan, Andrea	Mt. Hood CC	13.22	13.40	-1.7	2	
13	Desantis, Peyton	Clark College	13.89	13.67	-2.1	3	
14	Ephraim, Michaela	Clark College		13.79	-2.1	3	
15	Thurman, Kennedy	Mt. Hood CC	13.82	14.09	-1.7	2	
16	Shinkle, Avery	Umpqua CC	14.13	14.11	-2.1	3	
17	Corrales, Gabriella	SW Oregon CC		14.17	-2.1	3	
18	Quinn, Tienna	Clackamas CC	13.97	14.44	-2.1	3	

**Event 8 Men 100 Meter Dash**

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Meet Record: M 10.71 2009		Dakarai Kongela, Kenjamine Jackson, George Fox, Clack					
Stadium Reco: S 10.33 1993		Jean Olivier-Zirignon, Unattached					
Name	Year	School	Seed	Finals	Wind	H#	Points
=====							
1	Lahusky, Jordan	Lewis & Clark	11.09	10.97	-0.8	1	10
2	Sandner, Kyle	Unat-Clackamas	11.15	11.09	-2.7	2	8
3	Warner, Cody	Unattached	11.10	11.16	-0.8	1	6
4	Hendrix, Amari	Western Oregon	11.13	11.21	-0.8	1	5
5	Driesner, Alex	Western Oregon	11.04	11.25	-0.8	1	4
6	Reis, Oliver	Mt. Hood CC	11.05	11.34	-0.8	1	3 11.331
7	Schneider, Hudson	Clark College	11.18	11.34	-2.7	2	2 11.340
8	Perez, Brayon	Mt. Hood CC	11.40	11.41	-1.6	3	1 11.404
9	Ramos-Rodriguez, Miguel	Unat-Clackamas	11.59	11.41	-1.6	3	11.410
10	Anderson, Oliver	Willamette	11.01	11.43	-0.8	1	
11	Mazzeo, James	Unattached	11.04	11.52	-0.8	1	
12	Myles, JT	Clark College	11.39	11.53	-2.7	2	
13	Conklin, Justin	Western Oregon	11.40	11.57	-1.6	3	
14	Collins, J'Quan	Clark College	11.40	11.61	-2.7	2	
15	McDonald, Cam'Ron	UO Running Club	11.53	11.73	-1.6	3	
16	Tedlock, Josh	Unat-Clackamas	11.78	11.74	-1.6	4	
17	Anders, Max	Unattached	11.55	11.78	-1.6	3	
18	Arnett, Ethan	Clark College		11.91	-1.4	5	
19	Scott, Kaleb	SW Oregon CC	11.96	11.98	-1.6	4	
20	Devore, Austin	Mt. Hood CC	11.98	12.08	-1.6	4	
21	Hakimoglu, Gabriel	Mt. Hood CC	12.00	12.25	-1.6	4	
22	Hickey, Jack	Willamette	11.74	12.27	-1.6	4	
23	Laskey, Will	Lewis & Clark	12.52	12.73	-1.4	5	
24	Le, Christian	Saint Martin's	12.04	13.90	-1.6	4	
--	Akpangbo, Marques	Clackamas CC	11.69	FS	-1.6	4	

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 9 Women 800 Meter Run**

Meet Record: M 2:08.67 2015		Anna Connor, Bowerman Track Club				
Stadium Reco: S 2:06.38 2010		Jessica Pixler, Seattle Pacific				
Name	Year	School	Seed	Finals	H#	Points
1	Brown, Jillian	Oregon State	2:10.00	2:14.81	1	10
2	Heien, Malia	Lewis & Clark	2:12.90	2:17.87	1	8
3	Hutton, Holly	Western Oregon	2:18.68	2:19.14	1	6
4	Hamlin, Jamie	Oregon State	2:15.00	2:19.86	1	5
5	Quintana, Ellie	Oregon State	2:20.00	2:21.72	1	4
6	Bates, Jasmine	Clark College	2:27.27	2:23.47	2	3
7	McKee, Ava	Oregon State	2:24.95	2:24.06	2	2
8	Van Der Zee, Sydney	Oregon State	2:21.86	2:28.53	2	1
9	Lucey, Clare	Lewis & Clark	2:24.00	2:29.63	2	
10	Bikle, Anna	Willamette	2:27.00	2:31.14	2	
11	Thomas, Kristen	Umpqua CC	2:32.62	2:33.71	2	
12	Wallack, Bailey	Umpqua CC	2:34.02	2:35.32	3	
13	Reside, Miriam	Lewis & Clark	2:39.00	2:35.83	3	
14	Mitzel, Maddy	Chemeketa CC	2:33.00	2:36.37	2	
15	Maxson, Raleena	Clark College	2:33.28	2:36.98	2	
16	Garland, Nina	SW Oregon CC	2:33.00	2:37.20	2	
17	Perez, Emily	Oregon State	2:19.48	2:37.92	1	
18	Miller, Feather	SW Oregon CC		2:44.46	3	
19	Barry, Bryana	Clark College	2:39.00	2:46.04	3	
20	Crouse, Emma-Kate	Umpqua CC	2:49.05	2:46.49	3	
21	Elsa, Tara	Lewis & Clark	2:48.00	2:48.14	3	
22	Schwenneker, Mara	Clark College		2:53.83	3	
23	Copelin, Lillian	Unat-Umpqua CC	3:09.41	2:58.06	3	

**Event 10 Men 800 Meter Run**

Meet Record: M 1:50.75 2013		Andrew Wheating, Oregon Track Club				
Stadium Reco: S 1:49.03 1995		Shannon Lemora, Nike International				
Name	Year	School	Seed	Finals	H#	Points
1	Klus, Emmett	Western Oregon	1:52.20	1:52.19	1	10
2	Sanchez, Keeton	Western Oregon	1:53.88	1:53.79	1	8
3	Nelson, Noah	Lewis & Clark	1:53.50	1:54.46	1	6
4	Hutton, Hunter	Western Oregon	1:52.78	1:54.71	1	5
5	Pomrankey, Easton	Western Oregon	1:56.94	1:55.94	1	4
6	Smith, Wyatt	Western Oregon	1:56.05	1:57.49	1	3
7	Rambo, Tim	Western Oregon	1:54.25	1:57.90	1	2
8	Smith, Bailey	Western Oregon	1:57.50	1:58.71	2	1
9	Chou, Branden	Clark College	1:59.65	1:59.77	2	
10	Mckenney, Dustyn	Western Oregon	1:57.43	2:00.79	2	
11	Dear, Rami	Western Oregon	1:57.20	2:00.88	1	
12	Dennis, Will	Lewis & Clark	1:59.76	2:01.53	2	
13	Holm, Spencer	Clark College	2:06.00	2:02.24	3	
14	McDonald, Roscoe	Willamette	2:02.20	2:02.54	2	
15	Williams, Evan	Unattached	2:10.00	2:03.49	3	
16	Voenell, Miles	Lewis & Clark	2:04.00	2:03.62	3	
17	Gauvin, Carter	Western Oregon	2:04.00	2:04.22	3	
18	Ho, Dylan	Clark College	2:03.24	2:09.23	3	
19	Treber, Jordan	Willamette	2:07.22	2:10.92	3	
20	Barrientos, Antonio	Willamette	2:06.19	2:11.50	3	
21	Kemper, Jordan	Western Oregon	2:04.94	2:13.32	3	

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****....Event 10 Men 800 Meter Run**

22 Cervantes, Paul	Umpqua CC	2:18.46	2:15.84	3
-- Arce-Torres, Gabe	Western Oregon	1:52.00	DNF	1

**Event 11 Women 400 Meter Hurdles**

Meet Record: M 1:00.23		2006	Kasey Harwood, Oregon		
Stadium Reco: S 1:00.10		2018	Erykah Weems, Central Washington		
Name	Year	School	Seed	Finals	H# Points
1 Nelson, Kylee		Oregon State	1:05.11	1:04.37	1 10
2 Hill, Skotlyn		SW Oregon CC	1:04.84	1:05.46	1 8
3 Thornton, Katherine		Willamette	1:07.17	1:06.75	1 6
4 Thomas, Clara		Willamette	1:08.98	1:09.68	1 5
5 Collins, India		Southern Oregon	1:06.87	1:10.17	1 4
6 Miller, Sage		Willamette	1:10.84	1:11.36	1 3
7 Briggs, Katie		Willamette	1:12.45	1:11.90	1 2
8 Carstensen, Rilee		Western Oregon	1:09.19	1:12.18	1 1
9 Owens, Ada		Clark College	1:13.00	1:12.47	2
10 Carney, Sarah		Lewis & Clark	1:16.91	1:22.62	2

**Event 12 Men 400 Meter Hurdles**

Meet Record: M 52.90		2007	Lloyd Massey, Western Oregon		
Stadium Reco: S 51.33		1997	Keith Stuffle, Oregon International		
Name	Year	School	Seed	Finals	H# Points
1 O'Connor, Cade		Southern Oregon	54.79	55.74	1 10
2 Stade, Nicholas		Lewis & Clark	55.68	56.08	1 8
3 Johnson, Deghlan		Mt. Hood CC	56.29	57.23	1 6
4 Kidder, Simon		Willamette	57.97	58.61	1 5
5 Williams, Mason		Willamette	1:01.54	1:01.30	2 4
6 Cherry, Jonas		Willamette	1:01.16	1:02.27	2 3
7 Gonzales, Kayden		Willamette	1:02.31	1:02.99	2 2
8 House, Michael		Western Oregon	57.90	1:03.32	1 1
9 Mirenta, David		Clark College	1:05.45	1:05.16	2
10 Ensinger, Gavin		Clark College	1:03.09	1:07.02	2
11 Collins, J'Quan		Clark College	1:00.00	1:08.85	1

**Event 13 Women 200 Meter Dash**

Meet Record: M 24.97		2014	Allie Church, Unattached		
Stadium Reco: S 24.45		2015	Jamie Ashcroft, Alaska Anchorage		
Name	Year	School	Seed	Finals	Wind H# Points
1 Riggs, Sami		Willamette	25.98	25.97	-1.5 1 10
2 Gross, Ava		Oregon State	26.04	25.98	-1.5 1 8
3 Hopwood, Maya		Western Oregon	25.17	26.50	-1.5 1 6
4 Stewart, Lulu		SW Oregon CC	26.85	26.90	-1.3 2 5
5 Coleman, Mashani		Willamette	28.00	27.00	-1.3 2 4
6 Roscoe, Nora		Clark College	27.23	27.24	-1.3 2 3
7 Dumas, Aayzia		Southern Oregon	26.35	27.32	-1.5 1 2
8 Lavato, Josie		Western Oregon	26.69	27.53	-1.3 2 1
9 Ortiz, India		Southern Oregon	26.15	27.55	-1.5 1
10 Biggs, Kailey		Mt. Hood CC	27.14	27.69	-1.3 2
11 Bogdan, Andrea		Mt. Hood CC	27.48	28.14	-1.3 2

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****...Event 13 Women 200 Meter Dash**

12 Desantis, Peyton	Clark College	28.66	28.86	-1.6	3
13 Chin, Elsie	Lewis & Clark	29.31	29.61	-1.6	3
14 Walker, Lena	Clackamas CC	29.66	30.90	-1.6	3

**Event 14 Men 200 Meter Dash**

Meet Record: M 21.70 2007		Kenjamine Jackson, Clackamas CC				
Stadium Reco: S 21.32 2014		Tyrell Williams, Western Oregon				
Name	Year	School	Seed	Finals	Wind H#	Points
1 Hendrix, Amari		Western Oregon	22.04	22.50	-1.1 1	10
2 Sandner, Kyle		Unat-Clackamas	22.46	22.66	-1.1 1	8
3 Driesner, Alex		Western Oregon	22.15	22.78	-1.1 1	6
4 Tedlock, Josh		Unat-Clackamas	22.95	23.23	-1.1 1	5
5 Ramos-Rodriguez, Miguel		Unat-Clackamas	23.20	23.28	-1.1 1	4
6 Schneider, Hudson		Clark College	23.28	23.39	-1.2 2	3
7 Reis, Oliver		Mt. Hood CC	23.97	23.43	-3.0 3	2
8 Myles, JT		Clark College	23.43	23.50	-1.2 2	1
9 Perez, Brayan		Mt. Hood CC	23.46	23.52	-1.2 2	
10 Anders, Max		Unattached	22.80	23.54	-1.1 1	
11 Scott, Kaleb		SW Oregon CC	23.70	23.88	-1.2 2	
12 Arnett, Ethan		Clark College		23.93	-1.2 5	
13 McDonald, Cam'Ron		UO Running Club	23.66	24.01	-1.2 2	
14 O'Brian, Elijah		Clackamas CC	24.29	24.10	-3.0 3	
15 Hickey, Jack		Willamette	24.82	24.31	-1.3 4	
16 Harrison, Elliott		Lewis & Clark	24.67	24.49	-1.3 4	
17 Biaggi, Paul		Lewis & Clark	24.35	24.66	-3.0 3	
18 Garland, Cole		SW Oregon CC	24.16	24.94	-3.0 3	
19 Hakimoglu, Gabriel		Mt. Hood CC	24.61	25.09	-3.0 3	
20 Meisner, Blake		Unattached	25.80	25.14	-1.3 4	
21 Mitchell, Ricky		SW Oregon CC	25.99	25.27	-1.2 5	
22 Sittser, Taylor		SW Oregon CC	25.24	25.30	-1.3 4	
23 Laskey, Will		Lewis & Clark	25.04	25.52	-1.3 4	
24 Devore, Austin		Mt. Hood CC	25.36	25.70	-1.3 4	
25 Vanzee, Elijah		Mt. Hood CC	29.34	28.95	-1.2 5	

**Event 15 Women 1500 Meter Run**

Meet Record: M 4:15.98 2014		Geena Lara, Unattached				
Stadium Reco: S 4:13.81 1997		Jennifer Bravard, Asics Track Club				
Name	Year	School	Seed	Finals	Points	
1 Carstens, Alauna		Saint Martin's	4:38.00	4:46.74	10	
2 Golla, Aleen		Oregon State	4:43.73	4:52.97	8	
3 Sefried, Paige		Oregon State	5:02.74	4:57.31	6	
4 Smith, Riley		Western Oregon	4:42.51	4:59.95	5	
5 Hartley, Naomi		Saint Martin's	4:54.51	5:00.93	4	
6 Fischer, Leila		Willamette	5:03.00	5:04.43	3	
7 Bates, Jasmine		Clark College	5:12.64	5:07.00	2	
8 Kosmicki, Grace		Willamette	5:04.00	5:17.68	1	
9 Tatom, Brooklynn		Clackamas CC	5:15.00	5:25.23		
10 Crawford, Chloe		Clark College	5:33.38	5:30.20		
11 Maxson, Raleena		Clark College	5:37.61	5:31.85		
12 Kuebrich, Jane		Clark College	5:33.52	5:35.93		
13 Kerschner, Ali		Lewis & Clark	5:30.00	5:45.02		

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****...Event 15 Women 1500 Meter Run**

14 Grogan, Libby Chemeketa CC 6:00.00 6:05.55

**Event 16 Men 1500 Meter Run**

Name	Year	School	Seed	Finals	H#	Points
1 Grundy, Gilbert		Jacuzzi Boys AC	3:57.00	3:53.86	1	10
2 Cortes, Isaac		Saint Martin's	4:04.57	3:56.98	1	8
3 Kirkov, Roman		Timberline AC	3:55.00	3:58.25	1	6
4 Aldrich, Max		Lewis & Clark	3:54.00	3:59.28	1	5
5 Pagente, Kainalu		Saint Martin's	4:04.10	3:59.93	1	4
6 Hussein, Abdiaziz		UO Running Club	4:01.11	4:02.02	1	3
7 Martinez, Moises		Unattached	3:52.00	4:02.51	1	2
8 Parker, Logan		Unattached	4:07.10	4:04.50	1	1
9 Davis-Frankfort, Cedar		Western Oregon	4:09.50	4:07.04	2	
10 Spink, Kolby		Western Oregon	4:07.00	4:10.46	1	
11 Ridderhof, Aidan		Lewis & Clark	4:11.00	4:12.32	2	
12 Ford, Peter		Lewis & Clark	4:15.00	4:13.33	2	
13 Kerr, Connor		UO Running Club	4:04.36	4:14.95	1	
14 Lackey, James		Western Oregon	4:09.00	4:15.56	1	
15 Pauli, Grant		Clackamas CC	4:45.00	4:19.92	2	
16 Bay, Nate		Lewis & Clark	4:17.00	4:20.28	2	
17 Munoz Martinez, Juan		UO Running Club	4:04.79	4:21.72	1	
18 Plumb, Theron		Lewis & Clark	4:15.00	4:24.35	2	
19 Williams, Evan		Unattached	4:30.00	4:24.68	2	
20 Holm, Spencer		Clark College	4:20.00	4:25.35	2	
21 Souza, Dylan		Lewis & Clark	4:18.00	4:30.78	2	
22 Chou, Branden		Clark College	4:18.53	4:33.99	2	
23 Ho, Dylan		Clark College	4:35.53	4:47.92	2	
-- Voenell, Miles		Lewis & Clark	4:11.00	DNF	2	

**Event 17 Women 4x400 Meter Relay**

School	Year	Seed	Finals	Points
1 Oregon State 'A'	2007	4:10.00	4:11.63	10
1) Hamlin, Jamie				
3) Quintana, Ellie				
2 Lewis & Clark 'A'	2018	4:18.00	4:17.87	8
1) Heien, Malia				
3) Lucey, Clare				
3 Clark College 'A'		4:26.85	4:30.14	6
1) Birkinbine, Gracie				
3) Owens, Ada				
4 SW Oregon CC 'A'		4:37.14	4:34.30	5
1) Garland, Nina				
3) Smith, Aneyai				
5 SW Oregon CC 'B'		4:45.10	5:01.46	4
1) McLeod, Cloee				
3) Roche, Celestine				

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 18 Men 4x400 Meter Relay**

Meet Record: M 3:17.17 2006		, Team XO			
Stadium Reco: S 3:13.84 2015		, Simon Fraser			
School	Seed	Finals	H#	Points	
1 Lewis & Clark 'A'	3:20.00	3:22.23	1	10	
1) Guest, Devon					2) Stade, Nicholas
3) Lahusky, Jordan					4) Nelson, Noah
2 Western Oregon 'B'	3:17.80	3:23.05	1	8	
1) Klus, Emmett					2) Sanchez, Keeton
3) Arce-Torres, Gabe					4) Rambo, Tim
3 Unat-Clackamas 'A'	3:28.00	3:24.87	1	6	
1) Ramos-Rodriguez, Miguel					2) Sandner, Kyle
3) Syth, Pete					4) Tedlock, Josh
4 Clark College 'A'	3:38.28	3:36.46	1	5	
1) Chou, Branden					2) Collins, J'Quan
3) Myles, JT					4) Ho, Dylan
5 Lewis & Clark 'B'	3:30.00	3:38.09	1	4	
1) Bodi, Sean					2) Dennis, Will
3) Biaggi, Paul					4) Reid, Frankie
6 Lewis & Clark 'C'	3:40.00	3:57.65	2	3	
1) Ridderhof, Aidan					2) Bay, Nate
3) Voenell, Miles					4) Souza, Dylan

**Event 19 Women 3000 Meter Steeplechase**

Meet Record: M 10:39.57 2017		Parkes Kendric, Portland State			
Stadium Reco: S 10:14.16 2015		Katelyn Steen, Western Washington			
Name	Year	School	Seed	Finals	Points
1 Heino, Zoe		Willamette	11:30.00	11:24.88	10
2 Flack, Olivia		Western Oregon	11:24.48	11:42.54	8
3 Chapman, Katie		Western Oregon	11:48.83	12:15.27	6
4 Larson, Lindie		Western Oregon	12:27.23	12:46.95	5
5 Tatom, Brynn		Clackamas CC	12:59.00	13:25.53	4
6 Pugh, Natalie		Clark College	15:08.69	14:41.45	3
7 Kneeland, Peyton		Clark College		15:58.89	2
8 Morgan, Madeline		Clark College		16:58.29	1

**Event 20 Men 3000 Meter Steeplechase**

Meet Record: M 9:03.99 2006		Chris Jacobson, Portland			
Stadium Reco: S 8:47.26 2012		Ryan Brockerville, Simon Fraser			
Name	Year	School	Seed	Finals	Points
1 Henum, Will		Willamette	9:43.00	9:51.68	10
2 Mefford, Bryce		Western Oregon	9:58.00	10:04.86	8
3 Curtis, Ian		Willamette	10:45.00	10:39.94	6
4 Naylor, Joseph		Lewis & Clark		10:42.72	5
5 Mirenta, David		Clark College	10:40.20	10:56.64	4
6 Pinard, Attreyu		Umpqua CC	11:12.92	11:03.57	3



**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 21 Women 5000 Meter Run**

Name	Year	School	Seed	Finals	Points
=====					
Meet Record: M	16:55.38	2012	Andria Scheese, Unattached		
Stadium Reco: S	16:39.39	2010	Sarah Porter, Western Washington		
Name	Year	School	Seed	Finals	Points
=====					
1 Heldt, Caitlin		Western Oregon	17:08.22	17:41.69	10
2 Sabra, Sara		Saint Martin's	17:50.00	17:43.67	8
3 Perez, Natalie		Western Oregon	18:30.00	18:16.16	6
4 Ramirez, Kya		Saint Martin's	18:54.10	18:54.22	5
5 Clifton, Ali		Western Oregon	19:28.00	19:34.09	4
6 Gilroy, Jackie		Willamette	19:57.00	19:39.30	3
7 Kuebrich, Jane		Clark College	20:17.32	20:39.61	2
8 Burton, Abby		Saint Martin's	21:20.03	20:47.73	1
9 Roberts, Aven		Willamette	19:54.00	20:48.70	
10 Leamy, Kaiya		Western Oregon	20:33.38	20:52.89	
11 Crawford, Chloe		Clark College	21:21.90	20:53.91	
12 Summers, Mariah		Umpqua CC	22:28.37	21:56.68	
13 Ackerman, Josephine		Western Oregon	22:41.85	22:07.88	
-- Youngmayr, Piper		Western Oregon	21:00.00	DNF	

**Event 22 Men 5000 Meter Run**

Name	Year	School	Seed	Finals	Points
=====					
Meet Record: M	14:19.20	2012	Riad Guerfi, Unattached		
Stadium Reco: S	14:29.41	2011	Micah Chelimo, Alaska Anchorage		
Name	Year	School	Seed	Finals	Points
=====					
1 Wilcox, Quinn		UO Running Club	15:40.00	15:44.77	10
2 Dale, Eli		Saint Martin's	15:45.00	15:49.46	8
3 Greenberg, Milo		Willamette	15:55.32	15:59.51	6
4 Sanchez Torres, Gilbert		Willamette	16:33.00	16:06.10	5
5 Dhatt, Jaskaran		Saint Martin's	16:30.00	16:26.98	4
6 Deveny, Connor		Umpqua CC	17:57.80	17:18.27	3
7 Franklin, Aero		Western Oregon	17:15.00	17:29.52	2
8 Niskanen, Will		Clark College	18:18.34	18:03.00	1
9 Morrell, Misha		Clark College	17:51.57	18:14.10	
-- Evans, Josh		Willamette		DNF	
-- Chew, Jay		Willamette		DNF	

**Event 23 Men Hammer Throw**

Name	Year	School	Seed	Finals	Points
=====					
Meet Record: M	221-08	2008	Adam Midles, Team XO		
Stadium Reco: S	228-10	2004	Scott Boothby, Club Northwest		
Name	Year	School	Seed	Finals	Points
=====					
1 Coppedge, Daniel		Clackamas CC	56.58m	53.73m	176-03 10
2 Warren, Mark		Western Oregon	51.67m	53.42m	175-03 8
3 Duguid-Green, Alex		Umpqua CC	40.54m	45.09m	147-11 6
4 Humphries, Donaven		Clackamas CC	44.22m	43.55m	142-10 5
5 Meucci, Noah		Clackamas CC	47.72m	42.96m	140-11 4
6 Kaszycki, Eric		Willamette	43.87m	39.81m	130-07 3
7 Smith, Ryan		Mt. Hood CC	40.32m	37.30m	122-04 2
8 Ohman, Justin		SW Oregon CC	40.00m	36.74m	120-06 1
9 Martinez, Elias		Mt. Hood CC	41.23m	36.23m	118-10
10 Callander, Parker		Willamette	33.76m	35.09m	115-01
11 Schneider, Aiden		Willamette	28.15m	25.80m	84-08
-- Harrison, Linkin		SW Oregon CC	35.27m	ND	

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 24 Women Hammer Throw**

Meet Record: M 207-04 2006 Cari Soong, Team XO

Stadium Reco: S 207-04 2006 Cari Soong, Team XO

Name	Year School	Seed	Finals	H#	Points
1 McLaughlin, Keely	Oregon State	54.37m	52.77m	173-01	2 10
2 Billings, Markayla	Oregon State	55.69m	52.70m	172-11	2 8
3 Jacobs, Jamie	Clackamas CC	48.54m	46.84m	153-08	2 6
4 Carpenter, Emillia	Western Oregon	44.31m	45.08m	147-11	2 5
5 Lyness, Liliana	Western Oregon	47.41m	43.73m	143-06	2 4
6 Elmore, Eve	Umpqua CC	42.40m	43.57m	142-11	2 3
7 Grant, Tenley	Willamette	44.66m	39.67m	130-02	2 2
8 Lam-Tiang, Grace	Mt. Hood CC	37.54m	39.02m	128-00	1 1
9 Anderson, Kylie	Umpqua CC	39.96m	37.76m	123-11	1
10 Machado, Leanne	Willamette	40.04m	37.14m	121-10	2
11 Roche, Celestine	SW Oregon CC	37.86m	37.02m	121-05	1
12 Sanders, Abigail	Western Oregon	39.00m	34.60m	113-06	1
13 House, Abigail	Willamette	36.67m	34.23m	112-04	1
14 Brownson, Aubry	Umpqua CC	35.22m	33.59m	110-02	1
15 Stookey, Brook	Umpqua CC	28.44m	30.15m	98-11	1
16 Pile, Nia	Lewis & Clark	23.48m	26.43m	86-08	1

**Event 25 Women Pole Vault**

Meet Record: M 12-07.50 2012 Anginae Monteverde, Oregon

Stadium Reco: S 13-06.25 2001 Becky Holliday, Clackamas CC

Name	Year School	Seed	Finals	Points
1 Otto-Fitzsimons, Allison	Clackamas CC	3.60m	3.50m	11-05.75 10
2 Ortiz, India	Southern Oregon	3.45m	3.35m	10-11.75 8
3 Fowler, Mia	Oregon State	3.30m	3.05m	10-00.00 6
4 Heie, Taylor	Umpqua CC	3.00m	2.60m	8-06.25 4.50
4 Hansen, Gabi	Southern Oregon	3.20m	2.60m	8-06.25 4.50
6 Hart, Jessy	Western Oregon	2.50m	2.30m	7-06.50 2.50
6 Wingo, Katie	Willamette	2.30m	2.30m	7-06.50 2.50
-- Trujillo, Lupita	SW Oregon CC		NH	
-- Schultz, Sierra	Unattached	3.60m	NH	

**Event 26 Men Pole Vault**

Meet Record: M 16-04.75 2016 JJ Juilfs, Raising the Bar

Stadium Reco: S 19-02.25 1997 Tim Bright, Mizuno Track Club

Name	Year School	Seed	Finals	Points
1 La Bel, Cody	Southern Oregon	4.45m	4.50m	14-09.00 10
2 Kelly, James	Umpqua CC	4.06m	4.40m	14-05.25 8
3 Le Bel, Carson	Southern Oregon	4.45m	J4.40m	14-05.25 6
4 Sorenson, Keith	Southern Oregon	4.51m	4.10m	13-05.25 5
5 Jones, Elijah	Willamette	4.45m	J4.10m	13-05.25 4
-- Laninga, Caedyn	Clackamas CC	3.61m	NH	
-- Wolfe, Ashton	Umpqua CC	4.32m	NH	
-- Gee, Daniel	Umpqua CC	4.15m	NH	
-- Syth, Pete	Unat-Clackamas	4.50m	NH	

**John Knight Twilight - 4/7/2023**  
**Western Oregon University**  
**Results**

**Event 27 Men Discus Throw**

Meet Record: M 194-10.75 2013 Nathaniel Moses, Unattached

Stadium Reco: S 194-10.75 2013 Nathaniel Moses, Unattached

Name	Year	School	Seed	Finals	H#	Points
1 Gordien, Dayne		Western Oregon	52.32m	49.06m	160-11	2 10
2 Strait, Nikolas		Clackamas CC	41.05m	42.52m	139-06	2 8
3 Duguid-Green, Alex		Umpqua CC	43.73m	41.92m	137-06	2 6
4 Parnell, Justin		Western Oregon	40.00m	41.16m	135-00	2 5
5 Meucci, Noah		Clackamas CC	41.12m	40.65m	133-04	2 4
6 Humphries, Donaven		Clackamas CC	40.69m	39.06m	128-02	2 3
7 Harrison, Linkin		SW Oregon CC	36.57m	37.99m	124-08	2 2
8 Turnquist, Joseph		Clackamas CC	38.78m	37.35m	122-06	2 1
9 Lawrence, J'Mie		SW Oregon CC	36.18m	34.27m	112-05	1
10 Teso, David		Willamette	33.70m	32.52m	106-08	1
11 Woody, Elijah		Lewis & Clark	33.78m	31.96m	104-10	1
12 Heard, Isaac		Umpqua CC	36.63m	31.52m	103-05	2
13 Callander, Parker		Willamette	34.70m	31.23m	102-05	1
14 Schneider, Aiden		Willamette	32.27m	29.59m	97-01	1
15 Fritz, Jonathan		Lewis & Clark	35.74m	29.48m	96-09	1
16 Fletcher, Andrew		Lewis & Clark	25.63m	28.00m	91-10	1
17 Stade, Nicholas		Lewis & Clark	26.54m	25.83m	84-09	1

**Event 28 Women Discus Throw**

Meet Record: M 176-06 2015 Gabriella Dixson, Unattached

Stadium Reco: S 179-08 2008 Annie Hess, Concordia

Name	Year	School	Seed	Finals	H#	Points
1 Gelston, Katelynn		Unattached	48.89m	45.38m	148-11	2 10
2 McLaughlin, Keely		Oregon State	47.11m	45.05m	147-10	2 8
3 Andres, Krystal		Western Oregon	37.58m	40.70m	133-06	2 6
4 Jacobs, Jamie		Clackamas CC	34.95m	37.88m	124-03	2 5
5 Parsons, Aurora		SW Oregon CC	38.65m	37.09m	121-08	2 4
6 Mickelsen, Avery		Willamette	32.93m	33.46m	109-09	2 3
7 Combie, Hailey		Umpqua CC	31.74m	33.38m	109-06	1 2
8 Lam-Tiang, Grace		Mt. Hood CC	36.10m	32.26m	105-10	2 1
9 Stookey, Brook		Umpqua CC	36.76m	31.27m	102-07	2
10 Willey, Skylar		SW Oregon CC	29.31m	31.12m	102-01	1
11 Anderson, Kylie		Umpqua CC	30.68m	30.74m	100-10	1
12 Folau, Hannah		SW Oregon CC	26.93m	28.93m	94-11	1
13 Sabado, Reilyn		Lewis & Clark	29.80m	27.96m	91-09	1
14 Duran, Aliyah		Mt. Hood CC	23.61m	23.15m	75-11	1

**Event 29 Men Shot Put**

Meet Record: M 65-04.75 2018 David Pless, Iron Wood TC

Stadium Reco: S 65-04.75 2018 David Pless, Iron Wood TC

Name	Year	School	Seed	Finals	H#	Points
1 Short, Zack		Cascadia Elite	18.50m	18.57m	60-11.25	2 10
2 Gordien, Dayne		Western Oregon	17.17m	15.51m	50-10.75	2 8
3 Humphries, Donaven		Clackamas CC	14.32m	14.53m	47-08.00	2 6
4 Harrison, Linkin		SW Oregon CC	12.20m	13.99m	45-10.75	1 5
5 Parnell, Justin		Western Oregon	13.73m	13.53m	44-04.75	2 4
6 Martinez, Elias		Mt. Hood CC	13.44m	12.75m	41-10.00	2 3

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****....Event 29 Men Shot Put**

7	Meucci, Noah	Clackamas CC	12.90m	12.25m	40-02.25	2	2
8	Lawrence, J'Mie	SW Oregon CC	12.26m	12.03m	39-05.75	2	1
9	Turnquist, Joseph	Clackamas CC	12.91m	11.44m	37-06.50	2	
10	Swan, Petey	Willamette	10.00m	11.19m	36-08.50	1	
11	Smith, Ryan	Mt. Hood CC	11.40m	11.11m	36-05.50	1	
12	Woody, Elijah	Lewis & Clark	11.34m	11.02m	36-02.00	1	
13	Schneider, Aiden	Willamette	10.81m	10.35m	33-11.50	1	
14	Teso, David	Willamette	9.53m	9.90m	32-05.75	1	
15	Gonzales, Kayden	Willamette	9.63m	9.81m	32-02.25	1	
16	Fletcher, Andrew	Lewis & Clark	10.70m	9.44m	30-11.75	1	

**Event 30 Women Shot Put**

Meet Record: M 55-10.50		2018	McKenzie Warren, Iron Wood TC			
Stadium Reco: S 55-10.50		2018	McKenzie Warren, Iron Wood TC			
Name	Year	School	Seed	Finals		Points
1	McLaughlin, Keely	Oregon State	14.99m	14.71m	48-03.25	10
2	Crockem, Taylor	Oregon State	15.19m	14.09m	46-02.75	8
3	Parsons, Aurora	SW Oregon CC	11.79m	11.78m	38-07.75	6
4	Anderson, Kylie	Umpqua CC	11.67m	11.40m	37-05.00	5
5	Lam-Tiang, Grace	Mt. Hood CC	12.16m	11.22m	36-09.75	4
6	Jacobs, Jamie	Clackamas CC	11.70m	11.16m	36-07.50	3
7	Pile, Nia	Lewis & Clark	10.70m	10.82m	35-06.00	2
8	Andres, Krystal	Western Oregon	11.12m	10.43m	34-02.75	1
9	Willey, Skylar	SW Oregon CC	9.57m	9.76m	32-00.25	
10	Grant, Tenley	Willamette	10.59m	9.33m	30-07.50	
11	Combie, Hailey	Umpqua CC	10.52m	9.32m	30-07.00	
12	Brownson, Aubry	Umpqua CC	9.99m	9.07m	29-09.25	
13	House, Abigail	Willamette	10.03m	8.82m	28-11.25	

**Event 31 Men Long Jump**

Meet Record: M 23-04.75		2012	Jake Hyde, Western Oregon			
Stadium Reco: S 25-00		2006	Jon Hill, Portland State			
Name	Year	School	Seed	Finals	Wind	Points
1	Weatherspoon, Raekwon	SW Oregon CC	6.91m	6.91m	NWI 22-08.00	10
2	White, Tyler	Western Oregon	6.67m	6.83m	NWI 22-05.00	8
3	Tran, Willie	Mt. Hood CC	6.51m	6.62m	NWI 21-08.75	6
4	Fields, Jalon	Unattached	7.08m	6.51m	NWI 21-04.25	5
5	Stevens, Deshaun	Western Oregon	6.74m	6.49m	NWI 21-03.50	4
6	Mcarthur, Kaleb	Willamette	6.52m	6.46m	NWI 21-02.50	3
7	Stere, Isaac	Unat-Umpqua CC	5.90m	6.24m	NWI 20-05.75	2
8	Gurler-Hatch, Hakan	Willamette	5.80m	5.76m	NWI 18-10.75	1
9	Thompson, Jake	Western Oregon	6.41m	5.60m	NWI 18-04.50	
10	Reis, Oliver	Mt. Hood CC	6.85m	5.29m	NWI 17-04.25	
--	Sittser, Taylor	SW Oregon CC	5.52m	FOUL		
--	Mitchell, Ricky	SW Oregon CC	5.87m	FOUL		

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 32 Women Long Jump**

Meet Record: M 19-07.50 2007

Lauryn Jordan, Team XO

Stadium Reco: S 19-09.75 1996

Julie Bright, Unattached

Name	Year	School	Seed	Finals	Wind	Points
1 Howard, Chelsea		Oregon State	5.62m	5.70m	-0.3	18-08.50 10
2 Nwokoma, Ujunwa		Western Oregon	5.79m	5.49m	1.4	18-00.25 8
3 Beal, Abby		Unat-Clackamas	5.04m	5.00m	-1.0	16-05.00 6
4 Goulet, Andrea		Clackamas CC	4.74m	4.89m	-1.8	16-00.50 5
5 Stewart, Lulu		SW Oregon CC	4.99m	4.79m	2.2	15-08.75 4
6 Noyce, Rachel		Umpqua CC	4.66m	4.61m	-0.3	15-01.50 3
7 Shinkle, Avery		Umpqua CC	4.23m	4.48m	-4.7	14-08.50 2
8 Quinn, Tienna		Clackamas CC	4.65m	4.35m	-1.2	14-03.25 1

**Event 33 Men Triple Jump**

Meet Record: M 48-02.75 2016

Wesley Gray, Western Oregon

Stadium Reco: S 51-02.25 1996

Steve Miller, Unattached

Name	Year	School	Seed	Finals	Wind	Points
1 Weatherspoon, Raekwon		SW Oregon CC	13.40m	13.66m	1.2	44-09.75 10
2 Fields, Jalon		Unattached	14.60m	13.59m	1.3	44-07.00 8
3 O'connell, Isaiah		Unat-Clackamas	12.93m	13.58m	2.7	44-06.75 6
4 Tran, Willie		Mt. Hood CC	13.43m	13.56m	1.4	44-06.00 5
5 Anderson, Oliver		Willamette	13.98m	13.38m	2.8	43-10.75 4
6 White, Tyler		Western Oregon	13.76m	13.22m	1.7	43-04.50 3
7 McArthur, Kaleb		Willamette	12.91m	12.60m	2.1	41-04.25 2
8 Koonantha, Ping		Western Oregon	13.06m	12.55m	1.1	41-02.25 1
9 Bodi, Sean		Lewis & Clark	12.89m	12.14m	0.3	39-10.00
10 Clark, Maddax		Clackamas CC	12.53m	11.95m	1.4	39-02.50
11 Gurler-Hatch, Hakan		Willamette	12.26m	11.84m	-0.7	38-10.25
12 Thompson, Jake		Western Oregon	12.03m	11.72m	2.1	38-05.50

**Event 34 Women Triple Jump**

Meet Record: M 39-06.50 2014

Michele Turney, Oregon State

Stadium Reco: S 40-09

1992

Lavern Clark, Ashley Potter, Unattached, Western OR

Name	Year	School	Seed	Finals	Wind	H#	Points
1 Bauer, Sienna		Southern Oregon	11.14m	11.08m	-1.0	36-04.25 2	10
2 Lyon, Maddie		Oregon State	12.15m	11.01m	-1.2	36-01.50 2	8
3 Snyder, Erica		Willamette	10.82m	J11.01m	-1.9	36-01.50 2	6
4 Ngaida, Kalulusno		Western Oregon	11.77m	10.72m	0.6	35-02.00 2	5
5 Farrar, Olivia		Lewis & Clark	10.43m	10.67m	-1.2	35-00.25 2	4
6 Sincere, Lecia		Willamette	10.04m	10.42m	-0.8	34-02.25 1	3
7 Blue, Hailey		Western Oregon	10.05m	10.12m	-1.2	33-02.50 2	2
8 Bryan, Jaedyn		Clackamas CC	9.69m	9.79m	-3.1	32-01.50 1	1
9 Goodwin, Cami		Southern Oregon	9.98m	9.53m	-0.8	31-03.25 1	
10 Davis, Anli		Lewis & Clark	9.64m	9.17m	-3.2	30-01.00 1	
11 James, Kadence		SW Oregon CC	10.00m	8.90m	-1.1	29-02.50 1	

**John Knight Twilight - 4/7/2023****Western Oregon University****Results****Event 35 Men High Jump**

Meet Record: M		7-01	2005	Kyley Johnson, Team XO		
Stadium Reco: S		7-04.50	1999	Chris Nelson, Unattached		
Name	Year	School	Seed	Finals	Points	
1	Stere, Isaac	Unat-Umpqua CC	1.89m	1.80m	5-10.75	10
2	Clark, Maddax	Clackamas CC	1.83m	1.75m	5-08.75	8
3	Hakimoglu, Gabriel	Mt. Hood CC	1.60m	J1.75m	5-08.75	6
--	Swan, Petey	Willamette	1.77m	NH		
--	Sittser, Taylor	SW Oregon CC	1.59m	NH		

**Event 36 Women High Jump**

Meet Record: M		5-07	2006	Alanna Pledger, Willamette		
Stadium Reco: S		5-10.75	1996	Camile Jampulski, Unattached		
Name	Year	School	Seed	Finals	Points	
1	Nelson, Emma	Oregon State	1.78m	1.66m	5-05.25	10
2	Stevens, Abi	Southern Oregon	1.72m	J1.66m	5-05.25	8
3	Wood, Alison	Oregon Track Club	1.65m	1.61m	5-03.25	6
4	Proudfoot, Grace	Oregon State	1.60m	J1.61m	5-03.25	5
5	Stepp, Whitley	Willamette	1.63m	J1.61m	5-03.25	4
6	Noyce, Rachel	Umpqua CC	1.61m	J1.61m	5-03.25	3
7	Wade, Nora	Willamette	1.46m	1.51m	4-11.50	2
--	James, Kadence	SW Oregon CC	1.54m	NH		
--	Hodges, Jenna	Southern Oregon	1.49m	NH		

**Event 37 Women Javelin Throw**

Meet Record: M		156-00	2014	Emma Bucholz, Concordia		
Stadium Reco: S		168-02	1995	Kelsey Stellick, Oregon		
Name	Year	School	Seed	Finals	H#	Points
1	Gelston, Katelynn	Unattached	44.83m	43.37m	142-03	2 10
2	Jennings, Makaelynn	Mt. Hood CC	42.58m	39.37m	129-02	2 8
3	Sanders, Abigail	Western Oregon	33.50m	37.50m	123-00	1 6
4	McLauchlin, Lyndee	Western Oregon	41.83m	36.89m	121-00	2 5
5	Mager, Grace	Marquette	35.54m	36.20m	118-09	2 4
6	Lam-Tiang, Grace	Mt. Hood CC	39.81m	35.78m	117-05	2 3
7	Hargett, Madison	Western Oregon	37.21m	35.20m	115-06	2 2
8	Rubrecht, Kylie	Umpqua CC	35.07m	33.00m	108-03	1 1
9	Carpenter, Emillia	Western Oregon	36.92m	30.91m	101-05	2
10	Hamilton, Kailina	SW Oregon CC	31.21m	29.40m	96-05	1
11	Apio, Kaiona	Willamette	34.56m	J29.40m	96-05	1
12	Copelin, Lillian	Unat-Umpqua CC	23.59m	25.50m	83-08	1

**Event 38 Men Javelin Throw**

Meet Record: M		240-03	2015	Cody Danielson, Unattached		
Stadium Reco: S		259-05	1990	Brian Crouser, New York Athletic Club		
Name	Year	School	Seed	Finals	Points	
1	Neron, Colby	Umpqua CC	66.42m	61.20m	200-09	10
2	Abdoulaye, Ismayil	Umpqua CC	55.29m	57.16m	187-06	8
3	Heard, Isaac	Umpqua CC	55.49m	52.04m	170-09	6
4	Guidry, Ethan	Saint Martin's	53.25m	51.60m	169-03	5

**John Knight Twilight - 4/7/2023**  
**Western Oregon University**  
**Results**

....Event 38 Men Javelin Throw

5 Fritz, Jonathan	Lewis & Clark	46.43m	49.02m	160-10	4
6 Nafziger, Eli	Western Oregon	54.52m	49.00m	160-09	3
7 Nunez, Junior	Unattached	48.00m	44.76m	146-10	2
8 Aliifua, Judah	Willamette	41.26m	40.47m	132-09	1
9 Thompson, Jake	Western Oregon	42.02m	40.46m	132-09	

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Women - Team Rankings - 19 Events Scored

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1) Oregon State	187	2) Western Oregon	130.50
3) Willamette	89.50	4) Southern Oregon	53.50
5) SW Oregon CC	50	6) Clackamas CC	35
7) Saint Martin's	31	8) Lewis & Clark	30
9) Clark College	29	10) Umpqua CC	23.50
11) Mt. Hood CC	23	12) Oregon Track Club	6
13) Marquette	4		

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Men - Team Rankings - 19 Events Scored

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1) Western Oregon	141	2) Willamette	72
3) Lewis & Clark	69	4) Umpqua CC	58
5) Clackamas CC	57	6) Mt. Hood CC	52
7) Southern Oregon	31	8) Clark College	30
9) SW Oregon CC	29	9) Saint Martin's	29
11) UO Running Club	13	12) Cascadia Elite	10
12) Jacuzzi Boys AC	10	14) Timberline AC	6