

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Event 2 Men 110 Meter Hurdles**

Name	Yr	School	Finals	Wind
Finals				
1 Gloden, Jordan		Unattached	15.00	-1.1
2 Robinson, Donte	SR	Unattached	15.45	-1.1
3 Tow, Casey		Unattached	15.75	-1.1
4 Meisner, Blake	FR	Unattached	16.23	-1.1
5 VandenHoek, Camden	JR	George Fox	17.37	-1.1
6 McMillan, Tom	SO	George Fox	18.58	-1.1

Event 3 Women 100 Meter Hurdles

Name	Yr	School	Finals	Wind
Finals				
1 Thornton, Katherine	SO	Willamette	15.43	-1.1
2 Bahati, Ayahna	SO	George Fox	15.88	-1.1
3 Mays, Leilani	8	Albina RoadRunners	16.54	-1.1
4 Lowery, Alexis	SR	Pacific (Ore.)	16.63	-1.1
5 Betenson, Capri	8	Unattached	17.31	-1.1

Event 4 Men 100 Meter Dash

Name	Yr	School	Finals	Wind	H#
Finals					
1 Ojukwu, John	SR	George Fox	11.14	-2.8	1
2 Dahl, Lucas	FR	Pacific (Ore.)	11.16	-2.8	1
3 West, Travis	FR	Portland State	11.24	-2.3	2
4 McDonald, Cam'Ron	FR	UO Running Club	11.31	-2.3	2
5 Anderson, Oliver	JR	Willamette	11.33	-2.8	1
6 Fritz, Rob	SR	UO Running Club	11.40	-2.8	1
7 Smith, Blake	FR	George Fox	11.52	-2.3	2
8 Nicholas, Cole	SO	George Fox	11.52	-2.3	2
9 Ashour, Max	SO	George Fox	11.54	-1.0	3
10 Sheppard, Billy	FR	Unattached	11.59	-1.0	3
11 Niyongere, Edward	FR	Portland State	11.61	-2.3	2
12 Smith, Caleb	FR	George Fox	11.75	-2.3	2
13 Morris, Byron	SR	George Fox	11.77	-2.8	1
13 Falk, Jeremy	SR	Unattached	11.77	-1.0	3
15 Goecks, Kyle	SO	George Fox	11.96	-2.3	2
16 Hatch, Connor	FR	George Fox	11.97	NWI	4
17 Chabikwa, Tapiwa	SR	Unattached	12.80	-1.0	3

Event 5 Women 100 Meter Dash

Name	Yr	School	Finals	Wind
Finals				
1 Holiday, Sydney	SO	Unattached	12.30	1.0
2 Parker, Ella	JR	Portland	12.62	1.0
3 Ackerman, Paris	FR	Albina RoadRunners	12.72	1.0
4 Huntsman, Jenna	FR	George Fox	12.80	1.0
5 Olson, Sophia	FR	George Fox	13.27	1.0
6 Lawrence, Makayla	8	Albina RoadRunners	13.35	1.0

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Event 6 Men 400 Meter Dash**

Name	Yr	School	Finals
Finals			
1 Manu, Kojo	JR	UO Running Club	48.52
2 Baricevic, Sam	SR	Unattached	48.98
3 Rhodes, Demetrius		Unattached	51.79
4 Anders, Max	FR	UO Running Club	51.96
5 Reiter, Henry	FR	Unattached	54.70
6 Boyer, Steve	SR	Pmtc	1:18.18

Event 7 Women 400 Meter Dash

Name	Yr	School	Finals	H#
Finals				
1 Feinglas, McKenzie	JR	Linfield	57.39	1
2 O'Hara, Macy	JR	Lewis & Clark	57.91	1
3 Gill, Avery	SR	Portland	58.20	1
4 Riggs, Sami	JR	Willamette	58.86	1
5 Fletcher, Maddie	JR	St. Mary's (Cal.)	59.30	1
6 Dreiling, Isabella	FR	Portland	1:01.57	2
7 Ackerman, Paris	FR	Albina RoadRunners	1:02.42	1
8 Lipscomb, Alexia	FR	Portland	1:04.40	2
9 Carrington, Trinity	SO	George Fox	1:04.96	2

Event 8 Men 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Hatch, Connor	FR	George Fox	58.22
2 Jacobson, Noah		Unattached	59.02
--- Nelson, Brock	JR	UO Running Club	DNF

Event 9 Women 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Thornton, Katherine	SO	Willamette	1:06.01
2 Rutkowski, Emily	SR	Pacific (Ore.)	1:06.67
3 Mays, Leilani	8	Albina RoadRunners	1:12.96

Event 10 Men 800 Meter Run

Name	Yr	School	Finals	H#
Finals				
1 Hunter, Charlie		Union Athletics Club	1:46.28	1
2 Liu, Dezhu		China AA	1:47.36	1
3 Holdsworth, Derek	SR	Bell Lap Elite	1:48.21	1
4 Scales, Alex	JR	Santa Clara	1:49.49	1
5 Fitzgerald, Aidan	SO	Portland	1:49.90	1
6 Fischer, Spencer	JR	Santa Clara	1:51.08	1
7 Hathaway, Konnor	SR	Portland	1:51.58	1
8 Yearian, Jack		Oregon Track Club	1:52.23	2
9 Roberts, Yutaka	FR	Unattached	1:52.51	1
10 Shipsey, Wes		Stark Street AC	1:53.05	2
11 Nordheim, Sully	SO	Portland	1:53.17	2
12 Nelson, Noah	FR	Lewis & Clark	1:53.19	1

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 10 Men 800 Meter Run)**

	Name	Yr	School	Finals	H#
13	Tierney, Henry	FR	Pacific (Ore.)	1:53.63	1
14	Law, Logan	SR	Unattached	1:54.45	2
15	Kolor, Michael	SR	Club Northwest	1:54.78	2
16	Rising, Dillon	SR	George Fox	1:55.32	2
17	Fykerud, Eric	3	B.O.A.T.S	1:55.88	2
18	Dupree, DeVon	SR	Santa Clara	1:55.90	3
19	Adkisson, Patrick	SO	George Fox	1:55.91	3
20	Wilber, Trevor	JR	George Fox	1:57.20	2
21	Anspach, Finn		Unattached	1:57.64	2
22	Scholtes, Ryan	SO	George Fox	1:58.02	3
23	Williams, Alden	FR	George Fox	1:58.18	3
24	Sohus, Josiah	SO	George Fox	1:58.75	3
25	Roldan, Rafael		Osu Running Club	1:58.97	3
26	Odocayen Cruz, EJ	JR	Santa Clara	2:00.48	4
27	Davis, Tyler	FR	UO Running Club	2:00.99	3
28	Smith, Donovan	SO	UO Running Club	2:01.07	4
29	Salcido, Zachary	SO	Portland State	2:02.48	3
30	Redman, JoJo		Unattached	2:02.63	4
31	May, Sam	FR	George Fox	2:02.66	3
32	Olsen, Mason		Osu Running Club	2:02.90	4
33	Phillips, Carter	FR	UO Running Club	2:03.25	4
34	Shonk, Ayden		Osu Running Club	2:03.27	4
35	Somerville, Curtis	FR	Unattached	2:04.10	3
36	Sandberg, Spencer	FR	Pacific (Ore.)	2:04.42	4
37	Manzano, Marc	JR	Pacific (Ore.)	2:05.20	4
38	Straub, Tyler	SR	Unattached	2:07.83	4
---	Simboli, Josh	JR	Santa Clara	DNF	2

Event 11 Women 800 Meter Run

	Name	Yr	School	Finals	H#
Finals					
1	Rogers, Raevyn		Union Athletics Club	2:03.95	1
2	Cash, Alli	SR	Asics	2:05.29	1
3	Gordon, Penelopea	FR	St. Mary's (Cal.)	2:07.27	1
4	Zhang, Guiping		China AA	2:07.82	1
5	Armbruster, Ellie	SO	Gonzaga	2:10.13	1
6	Frih, Klara	SO	St. Mary's (Cal.)	2:10.93	1
7	Rising, Ellie	SO	George Fox	2:11.13	1
8	Ramsay, McKenna		Btc Elite	2:11.18	1
9	Brown, Alyssia	FR	Unattached	2:12.20	1
10	Perez, Teresa	SO	Portland	2:12.22	1
11	Berry, Annie	SR	Pacific (Ore.)	2:12.51	1
12	Brookham, Lucy	SR	Rose City Track Club	2:15.63	2
13	Heien, Malia	FR	Lewis & Clark	2:16.28	1
14	Krauss, Noelani	FR	Santa Clara	2:16.38	2
15	Elcik, Elizabeth	JR	Santa Clara	2:16.54	2
16	Stolte, Emma	FR	Unattached	2:17.23	2
17	Knox, Teaghan	FR	Oregon State	2:18.02	2
18	Bradley, Elizabeth	SR	Pacific (Ore.)	2:18.83	2
19	Thomas, Reilly		Oregon Track Club	2:20.99	2

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Finals ... (Event 11 Women 800 Meter Run)

Name	Yr	School	Finals	H#
20 Nichols, Taylor	FR	Portland State	2:23.48	3
21 Joy, Leighton	JR	Gonzaga	2:23.88	3
22 Woodruff, Peyton	FR	Portland State	2:24.56	2
23 Jones, Isabelle	FR	George Fox	2:25.33	3
24 Smith, Karina	JR	Gonzaga	2:25.56	3
25 Lam, Hallie		Club Northwest	2:29.18	3
26 Aguayo, Ashlinn	FR	Gonzaga	2:31.23	3
27 Farrington, Julia	FR	Green River College	2:41.84	3
--- Meyer, Michaela		Union Athletics Club	DNF	1

Event 12 Men 200 Meter Run

Name	Yr	School	Finals	Wind	H#
Finals					
1 Dahl, Lucas	FR	Pacific (Ore.)	21.92	0.5	1
2 Manu, Kojo	JR	UO Running Club	21.93	0.5	1
3 Morris, Byron	SR	George Fox	22.12	0.5	1
4 Fritz, Rob	SR	UO Running Club	22.84	1.6	2
5 Gloden, Jordan		Unattached	23.27	1.6	2
6 Anders, Max	FR	UO Running Club	23.29	1.6	2
7 McDonald, Cam'Ron	FR	UO Running Club	23.32	0.5	1
8 Smith, Caleb	FR	George Fox	23.38	1.6	2
9 Sheppard, Billy	FR	Unattached	23.72	-0.1	3
10 Goecks, Kyle	SO	George Fox	23.88	1.6	2
11 Biaggi, Paul	SO	Lewis & Clark	23.89	-0.1	3
12 Falk, Jeremy	SR	Unattached	24.16	-0.1	3
13 Bukasa, David		The Inner Circle Track Club	24.76	1.6	2
14 Jacobson, Noah		Unattached	25.06	-0.1	3

Event 13 Women 200 Meter Run

Name	Yr	School	Finals	Wind	H#
Finals					
1 Feinglas, McKenzie	JR	Linfield	25.77	-2.1	1
2 Gill, Avery	SR	Portland	26.15	-2.1	1
3 Fletcher, Maddie	JR	St. Mary's (Cal.)	26.72	-2.1	1
4 Holiday, Sydney	SO	Unattached	27.16	-2.1	1
5 Dreiling, Isabella	FR	Portland	27.18	-2.1	1
6 Betenson, Capri	8	Unattached	27.18	-2.1	1
7 Olson, Sophia	FR	George Fox	27.49	0.2	2
8 Lipscomb, Alexia	FR	Portland	28.42	0.2	2

Event 14 Men 1500 Meter Run

Name	Yr	School	Finals	H#
Finals				
1 Xie, Dongsheng		China AA	3:42.74	1
2 Julian, Luke	SR	Colo. Sch. of Mines	3:44.62	1
3 Wisner, Matt		Oregon Track Club	3:45.05	1
4 Tooker, Aidan		Oregon Track Club	3:46.14	1
5 Twyman, Ian	JR	Santa Clara	3:47.93	1
6 Haroldsen, Coen	SR	Unattached	3:50.14	1
7 Roelle, Hans		Unattached	3:51.15	1

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Finals ... (Event 14 Men 1500 Meter Run)

Name	Yr	School	Finals	H#
8 Collins, Benjamin	FR	Unattached	3:51.24	2
9 Palmer, Matthew		Btc Elite	3:51.49	1
10 Moore, Riley	JR	Gonzaga	3:51.74	1
11 Hosking, Elwood	FR	Unattached	3:51.93	2
12 Singh, Ishaan	JR	Santa Clara	3:52.36	2
13 Vazquez, Pedro	FR	Portland	3:52.58	1
14 Sealand, Daniel		Btc Elite	3:53.29	1
15 Radosevich, Kyle	JR	Gonzaga	3:53.33	2
16 Lingwall, Sam	SR	Unattached	3:53.55	2
17 Hastings, Brian	SR	Unattached	3:54.85	2
18 Laird, Cooper	SO	Gonzaga	3:55.29	1
19 Anderson, Chris	SO	Portland	3:56.26	2
20 Kary, Gabriel		Husky Running Club	3:56.73	2
21 Andrews, Kevin	FR	Portland	3:56.76	2
22 Estrella, Jorge	SR	Santa Clara	3:57.13	1
23 Baciocco, Dominic	SO	Santa Clara	3:57.96	2
24 Janecko, Sean	NA	Unat-Gonzaga	3:59.27	3
25 Rees-Jones, Mitch	SR	Club Northwest	4:00.65	3
26 Balazs, Patrik	SO	UO Running Club	4:02.96	3
27 Arthur, Aidan	SO	George Fox	4:03.07	3
28 Trepanier, Nico	FR	Santa Clara	4:04.84	3
29 Fesslermeier, Mateo	FR	Santa Clara	4:05.22	3
30 Kirby, Ben	FR	Unattached	4:05.71	3
31 Flynn, Gavin	SR	Jacuzzi Boys Athletic Club	4:05.79	3
32 Kennedy, Connor	FR	Unattached	4:05.85	2
33 Grams, Zachary		Unattached	4:05.96	3
34 Dupree, Dion	SR	Santa Clara	4:06.40	3
35 Schulte, Jake	SR	Portland State	4:07.80	4
36 Reading, Ares	SO	Santa Clara	4:08.01	2
37 Voenell, Miles	SO	Lewis & Clark	4:08.24	4
38 Marshall-Pryde, Stirling	SO	Portland State	4:09.14	4
39 Roos, Patrick	SR	Portland State	4:09.28	4
40 Desmond, Spencer	FR	Unattached	4:09.32	4
41 Chalpoutis, Max	FR	George Fox	4:10.02	4
42 Knoblich, Luke	SR	Unattached	4:10.08	3
43 Corrigan, Colin	SR	Jacuzzi Boys Athletic Club	4:12.90	4
44 O'Neil, Tommy	NA	Unat-Gonzaga	4:13.31	3
45 Perez, Carlos	SR	Unattached	4:13.49	3
46 Bay, Nate	SO	Lewis & Clark	4:13.74	4
47 Mulvany, Brendan	SO	Santa Clara	4:14.08	3
48 Serafimovici, Maxim		Husky Running Club	4:16.04	3
49 Mackey, Garrett		Stark Street AC	4:16.10	4
50 Yamamoto, Reese	JR	Pacific (Ore.)	4:18.22	4
51 Bramel, Taylor	FR	Unattached	4:23.10	4
52 Grossman, Ryan		Osu Running Club	4:38.47	4
53 Boswell, Malcolm		Osu Running Club	5:04.75	4
--- Yearian, Jack		Oregon Track Club	DNF	1

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Event 15 Women 1500 Meter Run

Name	Yr	School	Finals	H#
Finals				
1 Girard, Emilie	JR	Oregon	4:17.83	1
2 Machu, Rosina	FR	Gonzaga	4:21.70	1
3 David-Smith, Julia	SO	Unattached	4:23.58	1
4 Wagenaar, Megan		Btc Elite	4:25.21	1
5 Dreher, Molly	JR	St. Mary's (Cal.)	4:25.46	1
6 Tuckwood, Sadie	SO	Gonzaga	4:26.01	1
7 Herberg, Haley		Unattached	4:27.24	1
8 Fagan, Claire	SR	Portland	4:27.38	1
9 Prusse, Samantha	SO	Portland	4:29.05	1
10 Deswaef, Mathilde	SR	Portland	4:30.42	1
11 Anderson, Alicia	JR	Gonzaga	4:31.73	1
12 Mestler, Caramia	SR	Gonzaga	4:31.84	1
13 Nagasaka, Irene	SO	Santa Clara	4:33.11	2
14 Hansen, Brittney	JR	Gonzaga	4:34.23	2
15 Rowlinson, Danielle	SR	St. Mary's (Cal.)	4:35.96	2
16 Klebeck, Lucy	SR	Gonzaga	4:36.26	2
17 Sclair, Brenna	JR	George Fox	4:37.97	1
18 Lanigan, Anna	FR	Gonzaga	4:39.21	2
19 Fujiwara, Maiya	JR	Santa Clara	4:39.62	2
20 Downing, Jorun	FR	Gonzaga	4:41.57	2
21 Brady, Georgi	SR	Gonzaga	4:41.84	2
22 Rowley, Tait	SO	Portland	4:41.99	2
23 Bailey, Jessie	SO	George Fox	4:42.30	2
24 Foote, Emily	SO	Oregon State	4:42.92	2
25 Woodger, Tiahna	FR	Portland	4:43.31	2
26 Hull, Ellie	FR	Oregon State	4:45.21	3
27 Castelli, Katie	FR	Santa Clara	4:46.80	2
28 Nguyen, Jasmine	SO	Gonzaga	4:47.14	3
29 Brands, Elizabeth	JR	Gonzaga	4:47.16	2
30 Codiga, Sasha	JR	Santa Clara	4:48.31	2
31 Robertson, Ireland	JR	Gonzaga	4:48.74	2
32 Beasley, Tate	SO	Gonzaga	4:49.82	3
33 Hague, Alexa	JR	Portland	4:50.16	3
34 Block, Lauren	SR	Portland	4:51.61	3
35 Stanczak, Weronika	JR	Portland State	4:52.72	3
36 Quintana, Ellie	FR	Oregon State	4:53.96	3
37 Ferrell, Kate	SO	Gonzaga	4:57.09	3
38 Jones, Sophie	SR	Portland State	4:58.02	3
39 Wilber, Allie	SO	George Fox	5:00.69	3
40 Newton, Katie	FR	Portland	5:03.18	3
41 Klein, Abby	SR	Pacific (Ore.)	5:05.53	3
42 Taylor, Natalie	FR	Pacific (Ore.)	5:10.51	3
43 Newville, Dyllan	SO	Portland State	5:25.55	3
44 Markley, Julie	SR	Team Athena	5:29.82	3
--- Moerck, Mia	SR	Oregon	DNF	1
--- Pellicoro, Laura	JR	Portland	DNF	1

Portland Distance Carnival - 5/13/2023

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Results

Event 17 Women 4x400 Meter Relay

Team	Relay	Finals
1 George Fox 1) Bean, Kylie JR	A 2) Warren, Elizabeth SR	3:58.86 4) Rising, Ellie SO

Event 18 Men 5000 Meter Run

Name	Yr	School	Finals	H#
1 Distel, Jamar		Unattached	14:12.11	1
2 Carpenter, Jaret		Unattached	14:17.00	1
3 Grundy, Gilbert	SR	Jacuzzi Boys AC	14:22.03	1
4 Serricchio, Owen	SR	UO Running Club	14:23.00	1
5 Donlea, Leo	SR	Portland	14:24.93	1
6 Murphy, Micah	JR	Unattached	14:25.60	1
7 Jenkins, Evan		Unattached	14:25.68	1
8 Aldrich, Max	SO	Lewis & Clark	14:26.27	1
9 Craven, Jeremy		Jacuzzi Boys AC	14:33.80	1
10 Beaven, Paul	FR	Unattached	14:36.17	1
11 Gannon, Trey	FR	Unattached	14:36.40	1
12 Baughan, Aidan	SO	Gonzaga	14:37.98	1
13 Tucker, Ansel	FR	Gonzaga	14:40.60	1
14 Hosbein, Nolan	FR	Portland	14:41.46	1
15 Law, Paul	JR	Portland	14:41.75	1
16 Freiburger, Joe		Btc Elite	14:42.70	1
17 Kreuz, Cameron	SR	Jacuzzi Boys AC	14:43.35	1
18 Goff, Micah		Btc Elite	14:43.78	1
19 DiMartino, Nicola	SO	Gonzaga	14:46.95	1
20 Kissell, Mason	NA	Unat-Gonzaga	14:53.91	1
21 Petersen, Adam	SO	George Fox	14:55.90	1
22 Thorsett, Will	FR	Gonzaga	14:57.82	1
23 Mills, Alex	SO	George Fox	14:58.56	1
24 Reyes, AJ	SO	Portland	15:06.64	1
25 Hussein, Abdiaziz	SO	UO Running Club	15:11.32	1
26 Williams, Cohen	FR	Portland	15:14.02	1
27 Richardson, Caleb	NA	Unat-Gonzaga	15:21.14	2
28 Lachenmeier, Gabriel	JR	George Fox	15:27.80	2
29 Nash, Samuel		Gonzaga Track Club	15:31.14	2
30 Ruiz, Kellen	FR	George Fox	15:36.42	2
31 McLauchlan, Robert	SR	Jacuzzi Boys Athletic Club	15:37.96	1
32 Martisus, Brady	FR	Portland	15:39.43	2
33 Knight, Matthew	JR	Unattached	15:45.47	2
34 Allen, Mike	SR	Unattached	15:45.96	2
35 Ross, Andrew	SO	George Fox	15:48.15	2
36 DeLaCruz, Evan	FR	Portland	15:51.80	1
37 Durr, Steven	FR	Portland	16:22.58	2
38 Houchen, Carson	SO	UO Running Club	16:25.16	2
39 Matteson, Alex	SR	Red Lizards	16:26.84	2
40 Drozynski, Chris		Club Northwest	16:39.07	2
41 Bauman, Ahrlin	SR	Bowerman Track Club Masters	16:40.71	2
42 Domnarski, Henry	FR	UO Running Club	16:41.20	2

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 18 Men 5000 Meter Run)**

	Name	Yr	School	Finals	H#
43	Morgan, Asher		Osu Running Club	16:48.75	2
44	Arcos, Erick	SR	Pacific Lutheran	16:52.09	2
45	Roy, Alden		Osu Running Club	17:11.45	2
46	Anspach, Chase		Unattached	17:16.85	2
47	Ramsay, Mike		Husky Running Club	17:28.34	2
48	Hernandez, Roman	JR	Unattached	17:39.68	2
49	Weigel, Brayden		Osu Running Club	18:43.71	2
50	Shonk, Ayden		Osu Running Club	18:45.21	2
51	Bravo, Danny	JR	Unattached	18:58.61	2
52	Boswell, Malcolm		Osu Running Club	19:22.74	2
---	Werner, Logan	SO	Unattached	DNF	1
---	Stracke, Ryan	SR	Pacific Lutheran	DNF	1
---	Uhrich, Steffen	SR	Jacuzzi Boys AC	DNF	1
---	Meier, John		Husky Running Club	DNF	2
---	Salcido, Zachary	SO	Portland State	DNF	2
---	Lingwall, Sam	SR	Unattached	DNF	2

Event 19 Women 3000 Meter Steeplechase

	Name	Yr	School	Finals
Finals				
1	Xu, Shuangshuang		China AA	9:57.86
2	Basart, Margaux	FR	Colo. Sch. of Mines	10:59.92
3	Neal, Jessica	JR	George Fox	11:06.63
4	Raichart, Alex	SR	Colo. Sch. of Mines	11:13.45
5	Heino, Zoe	FR	Willamette	11:20.68
6	Park, Joan	SR	Pacific Lutheran	11:30.98

Event 20 Women 5000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Thompson, Anika	SO	Oregon	17:05.96
2	Welling, Tara		Btc Elite	17:14.82
3	Klecker, Sarah		Btc Elite	17:19.19
4	Morse, Lindsey		Btc Elite	17:25.80
5	Strongman, Grace	FR	Colo. Sch. of Mines	17:28.69
6	Brown, Sylvia	SO	Black Hills St.	17:31.03
7	Barnes, Kaylee	FR	St. Mary's (Cal.)	17:36.63
8	Hall, Kinsey	SO	Santa Clara	17:42.83
9	Simmons, Zoe	JR	Oregon State	17:53.11
10	Foreman, Sarah		Btc Elite	18:02.64
11	Escalera, JJ	SR	Santa Clara	18:04.21
12	Lenth, Luciana	JR	Santa Clara	18:06.08
13	Ranieri, Anna	SO	St. Mary's (Cal.)	18:09.63
14	Aguirre, Hannah	JR	Santa Clara	18:15.99
15	Field, Emily	JR	St. Mary's (Cal.)	18:17.08
16	Paquet, Sarah	SR	Pacific Lutheran	18:20.25
17	Pullen, Sarah	SO	George Fox	18:26.19
18	Weilert, Valerie		Unattached	18:31.81
19	Owen, Emma	SO	Portland State	18:46.61
20	McEvoy, Emma	JR	UO Running Club	18:46.78

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 20 Women 5000 Meter Run)**

	Name	Yr	School	Finals
21	Donde, Abby	SO	Portland State	18:47.57
22	Cueves, Sofia	SR	St. Mary's (Cal.)	18:49.23
23	Zarrin, Shayda	FR	Santa Clara	18:58.68
24	Peterman, Jasmin	SO	Santa Clara	19:10.27
25	Hackenberg, Avery	FR	UO Running Club	19:17.33
26	Nichols, Taylor	FR	Portland State	19:26.17
27	Bell, Hadley	SR	Unattached	19:33.99
28	Iverson, Anna	JR	Pacific Lutheran	19:43.12
---	Meck, Abbey	SR	Santa Clara	DNF
---	Marcil, Jalen	SO	Unattached	DNF

Event 21 Men 3000 Meter Steeplechase

	Name	Yr	School	Finals
Finals				
1	Sado, Ahmed	SO	Portland	8:52.60
2	Kabasenche, Eliason	SO	Portland	9:01.28
3	Bonenberger, Max	SO	Colo. Sch. of Mines	9:01.39
4	Grass, Gavin	SO	George Fox	9:02.46
5	Brown, Tim	JR	Black Hills St.	9:05.96
6	Gappa, Austin	SO	George Fox	9:09.48
7	Shaw, Alex	SO	Colo. Sch. of Mines	9:14.47
8	Sevcik, Max	SR	Colo. Sch. of Mines	9:17.46
9	Talens, Paul	FR	Gonzaga	9:19.75
10	Drew, Ben	SR	Portland State	9:26.37
11	Atkinson, Will		Australia	9:29.09
12	Lusis, Stefans	SR	Pacific Lutheran	9:33.76
13	Sorensen, Kai	FR	Pacific Lutheran	9:42.90
14	Hennum, Will	SO	Willamette	9:57.07
15	Rickey, Quentin	SO	Gonzaga	9:58.58
16	Zielke, Sam	SO	Pacific Lutheran	10:36.13
---	Tooker, Aidan		Oregon Track Club	DNF

Event 22 Women 10000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Buese, Riley	SO	Lewis & Clark	36:20.43
2	Aalpoel, Kayla	FR	George Fox	37:12.14
3	Karp, Meggie	SR	Unattached	37:35.20
4	Swain, Isa	FR	Portland State	37:57.12

Event 23 Men 10000 Meter Run

	Name	Yr	School	Finals
Finals				
1	Scomparin, Loic	JR	Colo. Sch. of Mines	29:09.66
2	Beyerle, Eric	FR	Pacers/GRC New Balance	30:17.16
3	Kaye, Andrew	JR	Colo. Sch. of Mines	30:34.06
4	Takiguchi, Miles		Vassar	30:50.11
5	Greene, Bret	SR	Dirt Road Dogs	31:19.29
6	Hildenbrand, Caden	FR	George Fox	31:19.39
7	Kennedy, Brian	SO	Unattached	31:30.41

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 23 Men 10000 Meter Run)**

Name	Yr	School	Finals
8 Colmenero, Ivan	SR	Unattached	31:33.43
9 Quimby, Jonathan		Bellingham Distance Project	32:22.76
--- Julian, Luke	SR	Colo. Sch. of Mines	DNF
--- Hayward, Connor	SR	Verde Track Club	DNF
--- Husted, Mark		Bunny	DNF

Event 24 Women High Jump

Name	Yr	School	Finals
Finals			
1 Stepp, Whitley	FR	Willamette	1.63m
2 Roberts, Logan	FR	Linfield	1.58m
3 Carrol, Marina	JR	George Fox	1.48m
3 O'Hare, Maddie	SR	George Fox	1.48m
3 VandenHoek, Brecken	JR	George Fox	1.48m
--- Mulkey, Krista	SR	George Fox	NH

Event 25 Men High Jump

Name	Yr	School	Finals
Finals			
1 Niyongere, Edward	FR	Portland State	1.90m
2 Smith, Caleb	FR	George Fox	1.85m
3 Potter, Elijah	SO	George Fox	1.75m
4 VandenHoek, Camden	JR	George Fox	1.70m

Event 26 Women Pole Vault

Name	Yr	School	Finals
Finals			
1 Young, Alison	JR	George Fox	3.60m
2 Davidson, Payton	SR	George Fox	J3.60m
3 Tully, Grace	SO	George Fox	J3.60m
4 Wilson, Anna	FR	George Fox	2.85m
--- Hawkins, Angela	FR	George Fox	NH
--- Kraemer, Makayla	SR	Pacific (Ore.)	NH
--- Larson, Shelby	SO	George Fox	NH
--- McDaniel, Amey	SO	George Fox	NH

Event 27 Men Pole Vault

Name	Yr	School	Finals
Finals			
1 Jones, Elijah	FR	Willamette	4.73m
2 Sikkema, Zeke	FR	George Fox	4.41m
3 Kimata, Mauhia	JR	George Fox	J4.41m
4 Moren, Jarod	SO	Pacific (Ore.)	4.26m
--- Volk, Elijah	SO	Pacific (Ore.)	NH
--- Gibson, Levi	JR	George Fox	NH

Event 28 Women Long Jump

Name	Yr	School	Finals	Wind
Finals				
1 Hopkins, Sarah	SR	Unattached	5.48m	1.1
2 Azar, Victoria	SO	George Fox	5.35m	0.3

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 28 Women Long Jump)**

	Name	Yr	School	Finals	Wind
3	Huntsman, Jenna	FR	George Fox	5.26m	2.4
4	Hammond, Allyson	FR	Pacific (Ore.)	4.97m	-0.1
5	Crawford, Emily	FR	George Fox	4.90m	0.6
6	Olson, Sophia	FR	George Fox	4.86m	1.6
7	Ivery, La Kadron	SR	Unattached	4.78m	+0.0
8	Neal, Jenna	SO	George Fox	4.33m	+0.0
9	Carrington, Trinity	SO	George Fox	4.28m	0.8

Event 29 Men Long Jump

	Name	Yr	School	Finals	Wind
Finals					
1	Seymour, Cameron	JR	George Fox	7.41m	0.1
2	Kassebaum, Ethan	JR	George Fox	7.30m	0.8
3	Quach, Drew	JR	George Fox	7.06m	-0.1
4	Migani, Dieumerici	FR	George Fox	6.69m	0.4
5	Smith, Blake	FR	George Fox	6.68m	-0.2
6	Niyongere, Edward	FR	Portland State	6.62m	1.8
7	Phillips, Tayler	SR	George Fox	6.37m	+0.0
8	Smith, Caleb	FR	George Fox	6.27m	0.2
9	Brunk, Isaac	JR	George Fox	5.87m	+0.0
10	Ashour, Max	SO	George Fox	5.81m	+0.0
11	Lai, Alvin	JR	George Fox	5.74m	1.4
12	Chabikwa, Tapiwa	SR	Unattached	5.28m	+0.0

Event 30 Women Triple Jump

	Name	Yr	School	Finals	Wind
Finals					
1	Hopkins, Sarah	SR	Unattached	11.37m	+0.0
2	Crawford, Emily	FR	George Fox	9.41m	0.2
3	Neal, Jenna	SO	George Fox	9.18m	2.4

Event 31 Men Triple Jump

	Name	Yr	School	Finals	Wind
Finals					
1	Anderson, Oliver	JR	Willamette	13.89m	+0.0
2	Migani, Dieumerici	FR	George Fox	13.66m	1.8
3	Niyongere, Edward	FR	Portland State	12.95m	1.2
4	VandenHoek, Camden	JR	George Fox	12.72m	2.4
---	Brunk, Isaac	JR	George Fox	FOUL	

Event 32 Men Shot Put

	Name	Yr	School	Finals
Finals				
1	Real, Masum	JR	Pacific Lutheran	16.87m
2	Kiesman, Jacob	FR	Unattached	14.55m
3	Olsen, Nick	SO	Linfield	13.94m
4	Beach, Isaac	JR	George Fox	12.36m
5	Sonko, George	FR	Pacific Lutheran	11.54m

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Event 33 Women Discus Throw**

Name	Yr	School	Finals
Finals			
1 Okemgbo, Amblessed	FR	Whitworth	42.11m
2 Santos, Peyton	JR	Pacific Lutheran	40.13m
3 Harmon, Piper	FR	Lewis & Clark	36.98m
4 Merten, Annika	FR	George Fox	25.18m

Event 34 Men Discus Throw

Name	Yr	School	Finals
Finals			
1 Slifka, Jacob	SO	Linfield	49.74m
2 Davis, Luke	SR	Whitworth	48.10m
3 Real, Masum	JR	Pacific Lutheran	41.37m
4 Sonko, George	FR	Pacific Lutheran	40.40m
5 Kiesman, Jacob	FR	Unattached	40.03m
6 Tow, Casey		Unattached	39.23m
7 McMillan, Tom	SO	George Fox	26.11m

Event 35 Women Hammer Throw

Name	Yr	School	Finals
Finals			
1 Carlson, Abbie Jo	SR	Whitworth	50.05m
2 Manibusan, Tahnisha	SR	George Fox	45.03m
3 Messineo, Tabitha	SR	Pacific Lutheran	42.33m
4 Santos, Peyton	JR	Pacific Lutheran	41.69m
5 Cook, Katy	FR	Pacific Lutheran	35.13m
6 Merten, Annika	FR	George Fox	30.56m

Event 36 Men Hammer Throw

Name	Yr	School	Finals
Finals			
1 Garcia, Ignacio	SR	Whitworth	52.53m
2 Meade, Ben	JR	George Fox	43.93m
3 Kiesman, Jacob	FR	Unattached	43.59m

Event 37 Women Javelin Throw

Name	Yr	School	Finals
Finals			
1 Strickland, Chrissy	SR	George Fox	46.33m
2 Corwin, Ellena	JR	George Fox	40.96m
3 Cook, Katy	FR	Pacific Lutheran	38.70m
4 Loporto, Autumn	FR	Lewis & Clark	30.17m

Event 38 Men Javelin Throw

Name	Yr	School	Finals
Finals			
1 Funk, Dominic	SR	Pacific (Ore.)	62.21m
2 Metcalf, Matt	SR	Linfield	62.05m
3 Young, Zach	SO	Linfield	61.59m
4 Tow, Casey		Unattached	58.90m
5 Johnson, Gabe	SO	George Fox	53.69m

Portland Distance Carnival - 5/13/2023**Lewis & Clark College****Results****Finals ... (Event 38 Men Javelin Throw)**

	Name	Yr	School	Finals
6	Potter, Elijah	SO	George Fox	49.62m
7	Vigna, Jared		Oregon Track Club	47.24m
8	Nolan, Elijah		Unattached	45.09m
9	McMillan, Tom	SO	George Fox	36.09m

Event 39 Women Shot Put

	Name	Yr	School	Finals
Finals				
1	Messineo, Tabitha	SR	Pacific Lutheran	11.64m
2	Harmon, Piper	FR	Lewis & Clark	11.18m
3	Loporto, Autumn	FR	Lewis & Clark	9.43m