



2016 All-Northwest Conference Volleyball Team

First Team

Pos / Name	Class	Hometown / High School
MB-Hannah Stinson, Puget Sound #	Jr	Portland, Ore. / Portland Adventist
OH-Emiko Kahler, Whitworth	Fr	Clackamas, Ore. / Clackamas
S-Erin White, Whitworth	So	Arlington, Wash. / Lakewood
DS/L-Caylie Shiramizu, Pacific Lutheran	So	Honolulu, Hawaii / University of Lab School
OH-Alexa Dowdell, Willamette %	Sr	Mililani, Hawaii / Maryknoll
OH-Tiare Kaopua, Pacific (Ore.)	Jr	Nanakuli, Hawaii / Nanakuli

Second Team

Pos / Name	Class	Hometown / High School
MB-Brenna Bruil, Whitworth %	Sr	Lake Tapps, Wash. / Auburn Riverside
L-Kaylen Higa, Willamette	So	Honolulu, Hawaii / Punahou School
MB-Kristen Lane, Puget Sound	Sr	Seattle, Wash. / Roosevelt
OH-Chloe Epker, Pacific Lutheran #	So	Sammamish, Wash. / Skyline
OH-Cassandra Mendoza, Whitworth #	Jr	Tekoa, Wash. / Tekoa-Oakesdale
MB-Natalia Zea, Whitman	Sr	Juarez, Mexico / Camas

Honorable Mention

Pos / Name	Class	Hometown / High School
OH-Shae Kanakaole, Whitman %	Sr	Hilo, Hawaii / Kamehameha Schools
LB-Rachael Garrison, Puget Sound	Sr	Millbrae, Calif. / Saint Ignatius
DS/L-Kayla Magbaleta, Linfield	So	Mililani, Hawaii / Mililani
OH-Julia Somers, Lewis & Clark #	So	Healdsburg, Calif. / Healdsburg
S-Jamie Steach, Pacific (Ore.)	Sr	Pasco, Wash. / Chiawana
MB-Erin Sprowls, George Fox %	Sr	Vancouver, Wash. / King's Way Christian

- * 1st team All-NWC in 2015
- # 2nd team All-NWC in 2015
- % Honorable Mention All-NWC in 2015

Player of the Year - Hannah Stinson, Jr, Puget Sound, MB
Libero of the Year – Caylie Shiramizu, So, Pacific Lutheran
Freshman of the Year – Emiko Kahler, Fr, Whitworth, OH
Coach of the Year – Kati Bodecker, Whitworth

All-NWC Notes

- Stinson gives Puget Sound its fifth Player of the Year honor in the NWC history books. She earned second-team honors last season.
- Shiramizu becomes the fourth Libero of the Year recipient for the Lutes.
- Kahler earns the NWC's inaugural Freshman of the Year award. She is the first freshman to earn first-team honors since PLU's Samantha North in 2011.
- Bodecker was selected by her peers as Coach of the Year for a third straight year.

Northwest Conference Player of the Year

2016: Hannah Stinson, Puget Sound
2015: Sarah Fincher, Willamette
2014: Maddye Dinsmore, Whitworth
2013: Samantha North, Pacific Lutheran
2012: Jackie Harvey, Puget Sound
2011: Kaimi Rocha, Whitworth
2010: Kaimi Rocha, Whitworth
2009: Kelcy Joynt, Pacific Lutheran
2008: Beth Hanna, Pacific Lutheran
2007: Beth Hanna, Pacific Lutheran
2006: Katie McGinn, Pacific Lutheran
2005: Natalie Danielson, Whitworth
2004: Julie Locke, Pacific Lutheran
2003: Denise Kirstein, Whitman
2002: Julie Weatherred, Whitworth
2001: Julie Weatherred, Whitworth
2000: Karen Elmgren, Puget Sound
1999: Sharon Barnett, George Fox
1998: Sharon Barnett, George Fox; Anna Dudek, UPS
1997: Anna Dudek, Puget Sound
1996: Alicia Wright, Willamette
1995: Brandi Row, Willamette
1994: Brandi Row, Willamette
1993: Laurie Tretter, Linfield
1992: Laurie Tretter, Linfield
1991: Beth Knutson, Whitworth

Northwest Conference Libero of the Year

2016: Caylie Shiramizu, Pacific Lutheran
2015: Alexe Navarro, Lewis & Clark
2014: Amber Aguiar, Pacific Lutheran
2013: Amber Aguiar, Pacific Lutheran
2012: Blair Bjorkman, Pacific Lutheran
2011: Samantha Lau, Linfield

Northwest Conference Freshman of the Year

2016: Emiko Kahler, Whitworth

Three-Time First-Team All-NWC Selections

Jillian Davis, Whitman, 2010-12-13
Samantha Lau, Linfield, 2011-10-09
Kami Rocha, Whitworth, 2008-10-11
Lindsay Harksen, Linfield, 2003-04-05
Karen Elmgren, Puget Sound, 2000-01-02
Amy Peterson, Linfield, 1994-95-96
Alicia Wright, Willamette, 1994-95-96
Rachelle Snowdon, Pacific Lutheran, 1993-94-95
Laurie Tretter, Linfield, 1991-92-93
Beth Knutson, Whitworth, 1989-90-91

Four-Time First-Team All-NWC Selections

Samantha North, Pacific Lutheran, 2011-12-13-14
Brynn Blickenstaff, Puget Sound, 2010-09-08-07
Beth Hanna, Pacific Lutheran, 2007-08-09-10
Sharon Barnett, George Fox, 1996-97-98-99

Northwest Conference Coach of the Year

2016: Kati Bodecker, Whitworth
2015: Kati Bodecker, Whitworth
2014: Kati Bodecker, Whitworth
2013: Kevin Aoki, Pacific Lutheran
2012: Kevin Aoki, Pacific Lutheran
2011: Steve Rupe, Whitworth
2010: Steve Rupe, Whitworth
2009: Kevin Aoki, Pacific Lutheran
2008: Kevin Aoki, Pacific Lutheran
2007: Kevin Aoki, Pacific Lutheran
2006: Kevin Aoki, Pacific Lutheran
2005: Mark Massey, Puget Sound
2004: Kevin Aoki, Pacific Lutheran
2003: Shane Kimura, Linfield
2002: Steve Rupe, Whitworth
2001: Steve Rupe, Whitworth
2000: Mark Massey, Puget Sound
1999: Kevin Aoki, Pacific Lutheran
1998: Steve Grant, George Fox
1997: Marlene Piper, Willamette
1996: Marlene Piper, Willamette
1995: Marlene Piper, Willamette
1994: Marlene Piper, Willamette
1993: Chris Wells, Willamette
1992: Patty Jayne, Pacific
1991: Patty Jayne, Pacific

Northwest Conference Champions

2016 Whitworth
2015 Whitworth
2014 Whitworth/Pacific Lutheran
2013 Pacific Lutheran
2012 Pacific Lutheran
2011 Whitworth
2010 Whitworth
2009 Pacific Lutheran
2008 Pacific Lutheran
2007 Pacific Lutheran
2006 Linfield/PLU
2005 Whitworth
2004 Pacific Lutheran
2003 Linfield
2002 Whitworth
2001 Whitworth/UPS

Northwest Conference Champions Con't

2000 Puget Sound
1999 Pacific Lutheran
1998 George Fox
1997 Puget Sound
1996 Willamette
1995 Willamette
1994 Willamette
1993 Willamette
1992 Willamette
1991 Whitworth