

**NORTHWEST CONFERENCE CHAMPIONSHIP**

Tacoma, WA

Puget Sound

Saturday, November 2, 2019



**OFFICIAL MEET REPORT**

printed: 11/2/2019 5:58 PM

**Race #2**  
**MEN • 8 Kilometers (4.97 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 George Fox	52	4-5-11-12-20(28)(33)	2:10:18	26:04
2 Pacific Lutheran	71	6-10-15-16-24(25)(31)	2:11:17	26:16
3 Lewis & Clark	96	2-9-17-23-45(50)(58)	2:11:52	26:23
4 Whitworth	100	7-8-21-30-34(35)(38)	2:12:51	26:35
5 Whitman	119	13-19-26-29-32(36)(41)	2:13:42	26:45
6 Willamette	128	3-22-27-37-39(46)(47)	2:13:35	26:43
7 Puget Sound	150	1-14-43-44-48(52)(55)	2:14:25	26:53
8 Pacific (Ore.)	220	18-40-51-54-57(59)	2:23:22	28:41
9 Linfield	260	42-49-53-56-60(61)	2:27:35	29:31

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 MONAGHAN, Colin	SO	254	Puget Sound	1	24:35.5	4:56.9	3:04.4
2 RICHARDSON, Sean	SR	218	Lewis & Clark	2	24:37.4	4:57.2	3:04.7
3 MONTAGUE, Michael	SR	289	Willamette	3	24:54.9	5:00.8	3:06.9
4 KAELIN, Timothy	JR	206	George Fox	4	25:35.3	5:08.9	3:11.9
5 WEISS, Peter	SO	212	George Fox	5	25:42.3	5:10.3	3:12.8
6 NUSSBAUM, Chris	SR	242	Pacific Lutheran	6	25:46.9	5:11.2	3:13.4
7 MOTT, Joel	JR	275	Whitworth	7	25:54.7	5:12.8	3:14.3
8 SMITH, Aidan	SO	276	Whitworth	8	25:57.6	5:13.4	3:14.7
9 HARO-RUIZ, Miguel	SR	215	Lewis & Clark	9	25:59.0	5:13.7	3:14.9
10 STRACKE, Ryan	FR	245	Pacific Lutheran	10	26:04.3	5:14.7	3:15.5
11 WILBER, Trevor	FR	213	George Fox	11	26:07.7	5:15.4	3:16.0
12 GIBBS, Josh	SR	203	George Fox	12	26:09.0	5:15.7	3:16.1
13 SALEH, Maamoon	JR	264	Whitman	13	26:09.1	5:15.7	3:16.1
14 DEWITT, Cody	SO	250	Puget Sound	14	26:09.2	5:15.7	3:16.1
15 MAIER, Jonny	JR	241	Pacific Lutheran	15	26:10.6	5:16.0	3:16.3
16 GOODWIN, Hezekiah	SO	237	Pacific Lutheran	16	26:26.3	5:19.2	3:18.3
17 WHITE, Matthew	JR	221	Lewis & Clark	17	26:32.8	5:20.5	3:19.1
18 STEWART, Riley	JR	233	Pacific (Ore.)	18	26:37.3	5:21.4	3:19.7
19 WASSERMAN, Gabe	FR	265	Whitman	19	26:37.6	5:21.4	3:19.7
20 LARSEN, Rylan	SR	207	George Fox	20	26:43.6	5:22.6	3:20.4
21 GRODE, Caleb	SO	271	Whitworth	21	26:44.9	5:22.9	3:20.6
22 BULGER, Kellen	SR	281	Willamette	22	26:46.7	5:23.3	3:20.8
23 DEFFNER, Owen	FR	214	Lewis & Clark	23	26:47.7	5:23.5	3:21.0
24 JOHNSON, Bryce	JR	238	Pacific Lutheran	24	26:48.8	5:23.7	3:21.1
25 WYNN, Riley	JR	247	Pacific Lutheran	(25)	26:50.3	5:24.0	3:21.3
26 FOURNIER, Eli	SR	255	Whitman	26	26:51.2	5:24.2	3:21.4
27 DAVIES, Ronan	FR	283	Willamette	27	26:52.0	5:24.3	3:21.5
28 GUISSINGER, Johnathan	JR	205	George Fox	(28)	26:55.2	5:25.0	3:21.9
29 GRINNAN, Tucker	SO	256	Whitman	29	26:59.2	5:25.8	3:22.4
30 ALBERS, August	FR	267	Whitworth	30	27:01.0	5:26.2	3:22.6
31 SAMSON, Daniel	SO	244	Pacific Lutheran	(31)	27:03.0	5:26.5	3:22.9
32 KLINMAN, James	SO	258	Whitman	32	27:04.3	5:26.8	3:23.0

**NORTHWEST CONFERENCE CHAMPIONSHIP**

Tacoma, WA

Puget Sound

Saturday, November 2, 2019



**OFFICIAL MEET REPORT**

printed: 11/2/2019 5:58 PM

**Race #2**  
**MEN • 8 Kilometers (4.97 Miles)**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
33 SPRAGUE, Spencer	FR	210	George Fox	(33)	27:11.0	5:28.2	3:23.9
34 MORALES, Gabriel	SO	274	Whitworth	34	27:12.7	5:28.5	3:24.1
35 MEEK, Gabriel	SR	273	Whitworth	(35)	27:17.8	5:29.5	3:24.7
36 MILLER, Silas	JR	262	Whitman	(36)	27:18.9	5:29.7	3:24.9
37 MATTESON, Alex	SO	287	Willamette	37	27:28.5	5:31.7	3:26.1
38 WILLEY, Garret	SO	280	Whitworth	(38)	27:28.5	5:31.7	3:26.1
39 REGIMBAL, Gabriel	FR	290	Willamette	39	27:32.3	5:32.5	3:26.5
40 JOSS, Oliver	SO	229	Pacific (Ore.)	40	27:35.3	5:33.1	3:26.9
41 CHRISTIANSON, Matthew	JR	269	Whitworth	-	27:35.6	5:33.1	3:26.9
42 CHUPP, David	FR	201	George Fox	-	27:35.8	5:33.2	3:27.0
43 MAIER, Jonah	FR	240	Pacific Lutheran	-	27:37.3	5:33.5	3:27.2
44 MARTIN, Grant	SO	260	Whitman	(41)	27:38.4	5:33.7	3:27.3
45 THOMAS, Cole	FR	211	George Fox	-	27:39.5	5:33.9	3:27.4
46 BOVA, Ryan	SO	268	Whitworth	-	27:42.8	5:34.6	3:27.8
47 CHRISTIAN, John	FR	223	Linfield	42	27:43.6	5:34.7	3:27.9
48 WELDY, Connor	FR	279	Whitworth	-	27:44.4	5:34.9	3:28.0
49 ALBERTY, Graehm	FR	248	Puget Sound	43	27:44.6	5:34.9	3:28.1
50 BAKKE, Tristan	FR	249	Puget Sound	44	27:48.7	5:35.7	3:28.6
51 PAAVOLA, Kalevi	FR	217	Lewis & Clark	45	27:54.4	5:36.9	3:29.3
52 HERRICK, Carson	SO	284	Willamette	(46)	27:59.4	5:37.9	3:29.9
53 KUSHEN, Oliver	FR	286	Willamette	(47)	27:59.4	5:37.9	3:29.9
54 ENGLEADOW, Basil	SR	251	Puget Sound	48	28:07.0	5:39.4	3:30.9
55 ROSSI, Noah	FR	209	George Fox	-	28:07.3	5:39.5	3:30.9
56 CURTIS, Ian	FR	282	Willamette	-	28:10.6	5:40.2	3:31.3
57 MACDONALD, Scott	FR	259	Whitman	-	28:15.4	5:41.1	3:31.9
58 ROJAS, David	FR	226	Linfield	49	28:26.6	5:43.4	3:33.3
59 ROBERTSON, Connor	SO	219	Lewis & Clark	(50)	28:30.7	5:44.2	3:33.8
60 NEAL, Garet	FR	231	Pacific (Ore.)	51	28:32.3	5:44.5	3:34.0
61 ARCOS, Erick	FR	235	Pacific Lutheran	-	28:33.8	5:44.8	3:34.2
62 HILLIS, Holden	FR	257	Whitman	-	28:47.4	5:47.6	3:35.9
63 IHLING, Matt	SO	285	Willamette	-	28:51.3	5:48.3	3:36.4
64 MCKENNA, Tim	SO	261	Whitman	-	29:09.1	5:51.9	3:38.6
65 KALLMEYER, Emmett	FR	252	Puget Sound	(52)	29:27.0	5:55.5	3:40.9
66 LANGFORD, John	FR	225	Linfield	53	29:30.0	5:56.1	3:41.2
67 STEWART, Garrett	JR	232	Pacific (Ore.)	54	29:34.2	5:57.0	3:41.8
68 MASON, Zachary	FR	253	Puget Sound	(55)	29:37.6	5:57.7	3:42.2
69 KERN, Evan	FR	224	Linfield	56	30:17.5	6:05.7	3:47.2
70 TINOCO, Brian	FR	234	Pacific (Ore.)	57	31:02.4	6:14.7	3:52.8
71 HYDE, Jack	SO	216	Lewis & Clark	(58)	31:10.9	6:16.4	3:53.9
72 MAZE, Jake	FR	230	Pacific (Ore.)	(59)	31:12.9	6:16.8	3:54.1
73 ALTRINGER, Drew	FR	222	Linfield	60	31:37.5	6:21.8	3:57.2
74 TRIPP, Derek	FR	227	Linfield	(61)	34:09.1	6:52.3	4:16.1

**NORTHWEST CONFERENCE CHAMPIONSHIP**

Tacoma, WA

Puget Sound

Saturday, November 2, 2019



**OFFICIAL MEET REPORT**

printed: 11/2/2019 5:56 PM

**Race #1**  
**WOMEN • 6 Kilometers (3.73 Miles)**

**Final Results**

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.
1 Whitman	52	1-6-11-13-21(23)(39)	1:55:02	23:01
2 Pacific (Ore.)	81	4-5-16-20-36(41)(42)	1:57:13	23:27
3 Lewis & Clark	108	7-19-22-28-32(47)(50)	1:58:51	23:47
4 Whitworth	110	2-9-31-33-35(55)(58)	1:57:57	23:36
5 Willamette	111	10-14-18-26-43(45)(53)	1:58:43	23:45
6 Pacific Lutheran	113	3-12-17-27-54(57)(63)	1:58:35	23:43
7 Linfield	167	15-24-38-44-46(48)(60)	2:00:38	24:08
8 Puget Sound	174	8-29-37-49-51(56)(62)	2:00:39	24:08
9 George Fox	181	25-30-34-40-52(59)(61)	2:01:14	24:15

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
1 RICH, Whitney	JR	173	Whitman	1	21:35.2	5:47.2	3:35.9
2 GEORGE, Becky	FR	180	Whitworth	2	22:19.0	5:59.0	3:43.2
3 PAQUET, Sarah	FR	151	Pacific Lutheran	3	22:47.1	6:06.5	3:47.8
4 BERDAHL, Hannah	SO	132	Pacific (Ore.)	4	22:49.8	6:07.2	3:48.3
5 PUTMAN, Kara	SO	142	Pacific (Ore.)	5	22:51.2	6:07.6	3:48.5
6 WANKE, Kristen	SR	175	Whitman	6	22:58.2	6:09.5	3:49.7
7 SWANBERG, Madeline	FR	120	Lewis & Clark	7	23:09.6	6:12.5	3:51.6
8 METZLER, Rachael	JR	158	Puget Sound	8	23:10.1	6:12.7	3:51.7
9 ROBERTS, Krystal	JR	187	Whitworth	9	23:10.7	6:12.8	3:51.8
10 SHADE, Kyla	SR	195	Willamette	10	23:10.8	6:12.8	3:51.8
11 MICHAELS, Chloe	SO	171	Whitman	11	23:13.3	6:13.5	3:52.2
12 DEGOLLADO, Sulin	FR	145	Pacific Lutheran	12	23:27.4	6:17.3	3:54.6
13 CARLSON, Bryn	SR	165	Whitman	13	23:29.8	6:18.0	3:55.0
14 SMITH, Sam	FR	199	Willamette	14	23:32.4	6:18.6	3:55.4
15 BISSEY, Nicole	SO	123	Linfield	15	23:32.6	6:18.7	3:55.4
16 IRISH, Eliza	SO	138	Pacific (Ore.)	16	23:33.9	6:19.0	3:55.6
17 KRIVANEK, Alicia	SO	150	Pacific Lutheran	17	23:37.1	6:19.9	3:56.2
18 PIACSEK, Audrey	SO	194	Willamette	18	23:38.3	6:20.2	3:56.4
19 MOEN, Etta	JR	117	Lewis & Clark	19	23:39.9	6:20.6	3:56.6
20 ISAAC, Taylor	FR	139	Pacific (Ore.)	20	23:42.8	6:21.4	3:57.1
21 GREENBERG, Ella	FR	167	Whitman	21	23:45.2	6:22.1	3:57.5
22 BOWEN, Samantha	SR	112	Lewis & Clark	22	23:54.2	6:24.5	3:59.0
23 GREENBERG, Jade	FR	168	Whitman	(23)	23:55.4	6:24.8	3:59.2
24 HABURN, EmmaLee	FR	126	Linfield	24	23:56.0	6:25.0	3:59.3
25 GRONSETH, Lydia	SR	104	George Fox	25	23:56.7	6:25.2	3:59.4
26 SHUTZ, Risa	JR	197	Willamette	26	23:57.3	6:25.3	3:59.5
27 SIODA, Alexia	SO	153	Pacific Lutheran	27	23:57.5	6:25.4	3:59.6
28 PIFER, Gillian	FR	118	Lewis & Clark	28	23:59.4	6:25.9	3:59.9
29 SCHNORR, Ellie	JR	161	Puget Sound	29	24:00.2	6:26.1	4:00.0
30 COMERY, Rianna	SR	103	George Fox	30	24:04.3	6:27.2	4:00.7
31 SNYDER, Isabelle	SO	188	Whitworth	31	24:04.5	6:27.3	4:00.8
32 SERNA, Genevieve	JR	119	Lewis & Clark	32	24:07.9	6:28.2	4:01.3

**NORTHWEST CONFERENCE CHAMPIONSHIP**

Tacoma, WA

Puget Sound

Saturday, November 2, 2019



OFFICIAL MEET REPORT

printed: 11/2/2019 5:56 PM

**Race #1**  
**WOMEN • 6 Kilometers (3.73 Miles)**

**Final Results**

**INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Avg. Mile	Avg. kM
33 OLSON, Karina	FR	184	Whitworth	33	24:08.4	6:28.3	4:01.4
34 VAN DEN TOP, Ashlee	SO	111	George Fox	34	24:12.3	6:29.3	4:02.0
35 REYES, Naomi	SO	186	Whitworth	35	24:13.6	6:29.7	4:02.3
36 PILGRIM, Kristin	SO	141	Pacific (Ore.)	36	24:14.7	6:30.0	4:02.5
37 SCHAFFER, Sam	JR	160	Puget Sound	37	24:14.8	6:30.0	4:02.5
38 AMBROSE, Ashley	SO	122	Linfield	38	24:15.3	6:30.1	4:02.5
39 BIGIO, Sophia	SO	164	Whitman	(39)	24:16.1	6:30.4	4:02.7
40 NEAL, Jessica	FR	107	George Fox	40	24:20.6	6:31.6	4:03.4
41 ECHIVERRI, Kristi	SO	134	Pacific (Ore.)	(41)	24:21.9	6:31.9	4:03.6
42 BRADLEY, Elizabeth	FR	133	Pacific (Ore.)	(42)	24:23.4	6:32.3	4:03.9
43 MURPHY-BROWN, Molly	SO	193	Willamette	43	24:24.3	6:32.6	4:04.0
44 ERICKSON, Makayla	FR	125	Linfield	44	24:25.0	6:32.7	4:04.2
45 HOLLAND, April	FR	192	Willamette	(45)	24:25.4	6:32.9	4:04.2
46 ROTH, Kelly	SR	130	Linfield	46	24:28.8	6:33.8	4:04.8
47 COONS, Alexandra	JR	114	Lewis & Clark	(47)	24:30.1	6:34.1	4:05.0
48 KUHNS, Kelsey	JR	129	Linfield	(48)	24:33.8	6:35.1	4:05.6
49 CLARK, McKenna	FR	154	Puget Sound	49	24:35.7	6:35.6	4:05.9
50 GRIESSER, Adalynn	SO	115	Lewis & Clark	(50)	24:35.9	6:35.7	4:06.0
51 WONG, Kylie	FR	163	Puget Sound	51	24:37.6	6:36.1	4:06.3
52 SCLAIR, Brenna	FR	110	George Fox	52	24:40.2	6:36.8	4:06.7
53 HENRY, Morgan	SO	136	Pacific (Ore.)	-	24:41.2	6:37.1	4:06.9
54 HIGGINS, Eva	FR	191	Willamette	(53)	24:43.6	6:37.7	4:07.3
55 GALLO, Sararose	SR	146	Pacific Lutheran	54	24:45.7	6:38.3	4:07.6
56 NEDER, Mary	SO	182	Whitworth	(55)	24:51.7	6:39.9	4:08.6
57 HESS, Julia	SO	169	Whitman	-	24:52.5	6:40.1	4:08.7
58 THOMAS, Maisie	SR	174	Whitman	-	24:55.3	6:40.9	4:09.2
59 CHIDSEY, Ellie	JR	166	Whitman	-	24:56.3	6:41.1	4:09.4
60 MULLIGAN, Darby	SO	159	Puget Sound	(56)	24:56.7	6:41.3	4:09.4
61 GRIFFIN, Andrea	FR	189	Willamette	-	25:01.9	6:42.6	4:10.3
62 HEBERT, Casandra	FR	148	Pacific Lutheran	(57)	25:09.6	6:44.7	4:11.6
63 HAMILTON, Dana	SO	190	Willamette	-	25:10.2	6:44.9	4:11.7
64 DIEMOZ, Erica	FR	179	Whitworth	(58)	25:11.8	6:45.3	4:12.0
65 MILLER, Amarie	JR	106	George Fox	(59)	25:13.3	6:45.7	4:12.2
66 KALEBAUGH, Bethany	FR	140	Pacific (Ore.)	-	25:15.8	6:46.4	4:12.6
67 JACOBSON, Haley	FR	181	Whitworth	-	25:16.7	6:46.6	4:12.8
68 CHAFFEE, Amber	FR	124	Linfield	(60)	25:20.3	6:47.6	4:13.4
69 BRUNS, Emily	SO	102	George Fox	(61)	25:21.7	6:47.9	4:13.6
70 OH, Nicole	JR	183	Whitworth	-	25:25.5	6:49.0	4:14.2
71 PFUNDT, Erin	SO	185	Whitworth	-	25:27.4	6:49.5	4:14.6
72 SHERMAN, Emelia	FR	196	Willamette	-	25:29.4	6:50.0	4:14.9
73 HUBBS, Madelyn	FR	137	Pacific (Ore.)	-	25:30.0	6:50.2	4:15.0
74 NYGREEN, Olivia	SO	108	George Fox	-	25:30.6	6:50.3	4:15.1
75 VOLK, Alanna	SO	162	Puget Sound	(62)	25:36.8	6:52.0	4:16.1
76 RUIZ, Vanessa	FR	109	George Fox	-	25:43.5	6:53.8	4:17.2
77 HATTON, Emma	SR	156	Puget Sound	-	25:50.7	6:55.7	4:18.4
78 CALLINAN, Hanna	FR	113	Lewis & Clark	-	25:59.3	6:58.0	4:19.9

**NORTHWEST CONFERENCE CHAMPIONSHIP**

Tacoma, WA

Puget Sound

Saturday, November 2, 2019

**OFFICIAL MEET REPORT**

printed: 11/2/2019 5:56 PM

**Race #1**  
**WOMEN • 6 Kilometers (3.73 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
79 WOOD, Kara	JR	121	Lewis & Clark	-	26:01.7	6:58.7	4:20.3
80 PARK, Joan	SO	152	Pacific Lutheran	(63)	26:12.9	7:01.7	4:22.1
81 DAILEY, Carly	SO	144	Pacific Lutheran	-	26:24.3	7:04.7	4:24.0
82 COTTNAIR, Hannah	SO	155	Puget Sound	-	26:45.2	7:10.3	4:27.5
83 GUTIERREZ, Isabel	FR	147	Pacific Lutheran	-	26:53.1	7:12.5	4:28.8
84 SILVA, Kaitlyn	FR	131	Linfield	-	26:54.6	7:12.8	4:29.1
85 HUNT, Kelby	FR	157	Puget Sound	-	26:59.8	7:14.3	4:30.0
86 KASITZ, Samantha	FR	128	Linfield	-	27:38.1	7:24.5	4:36.3