

2023 CHARLES BOWLES

Salem, OR

Bush Park

Saturday, September 30, 2023

**OFFICIAL MEET REPORT**

printed: 9/30/2023 10:19 AM

**Race #1
Men's 8K****Final Results****RACE SUMMARY**

Start Time: 8:30 am

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 Eastern Oregon	77	7-11-13-20-26(41)(44)	2:04:58	0:35.3
2 Mt. SAC	79	1-5-19-25-29(33)(45)	2:03:45	1:36.9
3 UTSA	114	8-16-21-23-46(65)(77)	2:05:51	1:02.3
4 College of Idaho	120	12-18-27-28-35(37)(42)	2:05:57	0:23.2
5 Portland	124	4-24-30-32-34(36)(38)	2:05:33	0:56.8
6 Northwest U.	159	6-14-22-56-61(63)(80)	2:07:28	1:49.8
7 Corban	174	3-15-43-54-59(124)(129)	2:07:29	2:03.6
8 Seattle U.	239	2-47-49-69-72(84)(98)	2:08:45	2:48.8
9 Oregon Tech	261	17-50-52-67-75(78)(82)	2:10:17	1:42.2
10 Lewis & Clark	315	9-51-74-85-96(100)(105)	2:11:58	2:42.2
11 Linfield	329	53-55-58-76-87(108)(127)	2:12:39	1:09.3
12 Lane CC	368	10-64-68-83-143	2:14:43	4:57.7
13 Willamette	380	39-70-88-89-94(95)(122)	2:13:50	1:51.4
14 Spokane CC	421	66-71-73-99-112(139)(155)	2:15:28	1:37.8
15 Pacific (Ore.)	489*	62-92-107-113-115(116)(136)	2:17:43	1:43.9
16 Portland State	489*	48-57-125-126-133(142)(163)	2:18:19	3:11.9
17 Clark College	505	60-104-109-114-118(120)(134)	2:18:24	1:51.5
18 UO Running Club	512	86-90-106-111-119(132)(161)	2:18:36	1:05.6
19 SW Oregon CC	518	91-93-103-110-121	2:18:33	1:05.2
20 Multnomah	538	31-97-102-149-159	2:22:51	7:02.7
21 OSU Running Club	555	40-79-140-145-151(154)(157)	2:22:19	4:52.9
22 Pacific Lutheran	622	81-117-128-146-150(158)	2:24:25	3:16.9
23 Clackamas CC	677	101-131-144-148-153	2:26:46	2:52.1
24 Bushnell	697	123-130-135-147-162	2:31:31	6:33.0
25 Umpqua CC	724	137-138-141-152-156(160)	2:29:21	1:56.6

***Tiebreakers**

Pacific (Ore.) (489)

3 L-L-W-W-W

Portland State (489)

2 W-W-L-L-L

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Matthew Donis	FR	114	Mt. SAC	1	23:37.8	---	4:45.3	2:57.2
2 Yonas Sauers	JR	209	Seattle U.	2	23:52.6	14.8	4:48.2	2:59.1
3 Roman Kirkov	SR	246	Unattached	-	23:53.4	15.6	4:48.4	2:59.2
4 Trey Gannon	SO	240	Unattached	-	24:13.1	35.3	4:52.4	3:01.6
5 Robert Swoboda	SR	56	Corban	3	24:18.1	40.3	4:53.4	3:02.3
6 Cohen Williams	SO	193	Portland	4	24:25.0	46.2	4:54.8	3:03.1

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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
7 Johnathon Zavala	SO	119	Mt. SAC	5	24:31.6	53.8	4:56.1	3:03.9
8 Micah Murphy	JR	131	Northwest U.	6	24:33.9	56.1	4:56.5	3:04.2
9 Justin Ash	JR	57	Eastern Oregon	7	24:38.2	1:00.4	4:57.4	3:04.8
10 Colton Stunkard	JR	278	UTSA	8	24:39.7	1:01.9	4:57.7	3:05.0
11 Evan Markelz	FR	93	Lewis & Clark	9	24:40.5	1:02.7	4:57.9	3:05.1
12 Aaron Lakeman	FR	248	Unattached	-	24:42.4	1:04.6	4:58.3	3:05.3
13 Adrian Stuphan	JR	257	Unattached	-	24:45.7	1:07.9	4:58.9	3:05.7
14 RJ Kennedy	SO	79	Lane CC	10	24:51.2	1:13.4	5:00.0	3:06.4
15 Hunter Nichols	SR	62	Eastern Oregon	11	24:57.7	1:19.9	5:01.3	3:07.2
16 Hayden Bostrom	JR	30	College of Idaho	12	24:58.9	1:21.1	5:01.6	3:07.4
17 Cristian Mendoza	JR	61	Eastern Oregon	13	24:59.7	1:21.9	5:01.7	3:07.5
18 Tyrell Bonner	SO	127	Northwest U.	14	25:02.3	1:24.5	5:02.3	3:07.8
19 Jack Gladfelter	FR	50	Corban	15	25:05.8	1:28.0	5:03.0	3:08.2
20 Caden Cunningham	JR	272	UTSA	16	25:07.3	1:29.5	5:03.3	3:08.4
21 Nathan Stein	FR	256	Unattached	-	25:07.5	1:29.7	5:03.3	3:08.4
22 Jonas Hartline	SR	140	Oregon Tech	17	25:07.9	1:30.1	5:03.4	3:08.5
23 Daniel Butler	JR	32	College of Idaho	18	25:08.1	1:30.3	5:03.4	3:08.5
24 Andres Chavez	SO	113	Mt. SAC	19	25:08.2	1:30.4	5:03.4	3:08.5
25 Travis Running		253	Unattached	-	25:09.0	1:30.2	5:03.6	3:08.6
26 Thomas Ogden	SO	64	Eastern Oregon	20	25:09.1	1:31.3	5:03.6	3:08.6
27 OJ Ruiz	SO	277	UTSA	21	25:10.2	1:32.4	5:03.9	3:08.8
28 Cameron Nielsen	JR	133	Northwest U.	22	25:10.5	1:32.7	5:03.9	3:08.8
29 Idol Ramon	SR	276	UTSA	23	25:11.2	1:33.4	5:04.1	3:08.9
30 Pedro Vazquez	FR	192	Portland	24	25:12.5	1:34.7	5:04.3	3:09.1
31 Joel Fischer	FR	115	Mt. SAC	25	25:12.8	1:35.0	5:04.4	3:09.1
32 Winston Telford	JR	68	Eastern Oregon	26	25:13.4	1:35.6	5:04.5	3:09.2
33 Elias Everist	JR	35	College of Idaho	27	25:13.6	1:35.8	5:04.5	3:09.2
34 Braden Heath	SR	36	College of Idaho	28	25:14.4	1:36.6	5:04.7	3:09.3
35 Jordan Galindo	FR	116	Mt. SAC	29	25:14.6	1:36.8	5:04.7	3:09.3
36 Andrew Gannon	FR	239	Unattached	-	25:15.3	1:37.5	5:04.9	3:09.4
37 Brady Martisus	SO	189	Portland	30	25:15.5	1:37.7	5:04.9	3:09.4
38 Cade Kooch	SR	122	Multnomah	31	25:17.1	1:39.3	5:05.2	3:09.6
39 Connor Kennedy	FR	185	Portland	32	25:18.4	1:40.6	5:05.5	3:09.8
40 Louis Torres	SO	118	Mt. SAC	(33)	25:20.8	1:43.0	5:06.0	3:10.1
41 Kevin Andrews	SO	179	Portland	34	25:21.7	1:43.9	5:06.2	3:10.2
42 Brevin Vaughan	JR	43	College of Idaho	35	25:22.1	1:44.3	5:06.2	3:10.3
43 Steven Durr	SO	181	Portland	(36)	25:23.1	1:45.3	5:06.5	3:10.4
44 Cyress Wilson	JR	45	College of Idaho	(37)	25:24.3	1:46.5	5:06.7	3:10.5
45 Aidan Fitzgerald	JR	182	Portland	(38)	25:25.0	1:46.2	5:06.8	3:10.6
46 Jacob Hupke	FR	243	Unattached	-	25:26.2	1:48.4	5:07.1	3:10.8
47 Jay Chew	SO	280	Willamette	39	25:27.7	1:49.9	5:07.4	3:11.0
48 Alden Roy		155	OSU Running Club	40	25:27.8	1:50.0	5:07.4	3:11.0
49 Evan DeLaCruz	SO	180	Portland	-	25:30.1	1:52.3	5:07.9	3:11.3
50 George Showers	JR	67	Eastern Oregon	(41)	25:30.4	1:52.6	5:07.9	3:11.3
51 Will Kracaw	SR	38	College of Idaho	(42)	25:34.3	1:56.5	5:08.7	3:11.8
52 Zander Moha	SO	52	Corban	43	25:34.5	1:56.7	5:08.7	3:11.8

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53 Nico Grillo	JR	183	Portland	-	25:34.7	1:56.9	5:08.8	3:11.8
54 Jonny Wind	JR	71	Eastern Oregon	(44)	25:36.3	1:58.5	5:09.1	3:12.0
55 Nizar Sweileh	SR	258	Unattached	-	25:37.8	2:00.0	5:09.4	3:12.2
56 Aidan Gomez	FR	117	Mt. SAC	(45)	25:40.5	2:02.7	5:10.0	3:12.6
57 Adrian Orozco	FR	275	UTSA	46	25:42.0	2:03.2	5:10.2	3:12.7
58 Xander Penaflo	FR	191	Portland	-	25:43.1	2:05.3	5:10.5	3:12.9
59 Luke Knoblich	SR	187	Portland	-	25:45.3	2:07.5	5:10.9	3:13.2
60 Khalid Hirsi	SO	203	Seattle U.	47	25:46.5	2:08.7	5:11.2	3:13.3
61 Zachary Grams	SR	196	Portland State	48	25:48.1	2:10.3	5:11.5	3:13.5
62 Alex Althouse	FR	234	Unattached	-	25:48.6	2:10.8	5:11.6	3:13.6
63 Lance Mason	JR	207	Seattle U.	49	25:50.4	2:12.6	5:12.0	3:13.8
64 Thomas Long	JR	142	Oregon Tech	50	25:53.7	2:15.9	5:12.6	3:14.2
65 Oclan Ryan	FR	39	College of Idaho	-	25:53.7	2:15.9	5:12.6	3:14.2
66 Sam Garcia	FR	90	Lewis & Clark	51	25:54.5	2:16.7	5:12.8	3:14.3
67 Trevor Nichols	FR	63	Eastern Oregon	-	25:57.5	2:19.7	5:13.4	3:14.7
68 Toby Ruston	JR	146	Oregon Tech	52	25:58.2	2:20.4	5:13.5	3:14.8
69 Caleb Brown	SO	58	Eastern Oregon	-	25:59.2	2:21.4	5:13.7	3:14.9
70 Canyon White	FR	260	Unattached	-	26:02.2	2:24.4	5:14.3	3:15.3
71 Alex Oathout	JR	106	Linfield	53	26:03.2	2:25.4	5:14.5	3:15.4
72 Jesse Todd	SR	259	Unattached	-	26:05.2	2:27.4	5:14.9	3:15.6
73 James Thatcher	SO	69	Eastern Oregon	-	26:06.5	2:28.7	5:15.2	3:15.8
74 Forrest Cooley	JR	48	Corban	54	26:08.3	2:30.5	5:15.5	3:16.0
75 Bradley Kiltow	JR	104	Linfield	55	26:12.5	2:34.7	5:16.4	3:16.6
76 Saul Johnson		244	Unattached	-	26:15.2	2:37.4	5:16.9	3:16.9
77 Levi Nichols	FR	132	Northwest U.	56	26:17.7	2:39.9	5:17.4	3:17.2
78 Abdi Ibrahim	JR	197	Portland State	57	26:18.8	2:41.0	5:17.7	3:17.3
79 Calvin Cahill	JR	101	Linfield	58	26:19.4	2:41.6	5:17.8	3:17.4
80 Braydon Lee	FR	51	Corban	59	26:21.7	2:43.9	5:18.2	3:17.7
81 Max Baeder	FR	16	Clark College	60	26:22.3	2:44.5	5:18.4	3:17.8
82 Jarron Ransford	SO	134	Northwest U.	61	26:23.7	2:45.9	5:18.6	3:18.0
83 Henry Tierney	SO	166	Pacific (Ore.)	62	26:23.8	2:46.0	5:18.7	3:18.0
84 Keanu Daos	SR	238	Unattached	-	26:24.6	2:46.8	5:18.8	3:18.1
85 Gavin Darrah	FR	128	Northwest U.	(63)	26:24.7	2:46.9	5:18.8	3:18.1
86 Wyatt Sparks	FR	84	Lane CC	64	26:25.2	2:47.4	5:19.0	3:18.1
87 Landon Blankenship	SO	271	UTSA	(65)	26:26.3	2:48.5	5:19.2	3:18.3
88 Luke Hurd	SO	216	Spokane CC	66	26:26.4	2:48.6	5:19.2	3:18.3
89 Tychon Preston	JR	145	Oregon Tech	67	26:27.2	2:49.4	5:19.3	3:18.4
90 Luke Ammirati	JR	29	College of Idaho	-	26:27.5	2:49.7	5:19.4	3:18.4
91 Christian Lee	SO	80	Lane CC	68	26:28.9	2:51.1	5:19.7	3:18.6
92 Aaron Williamson	FR	44	College of Idaho	-	26:29.3	2:51.5	5:19.8	3:18.7
93 Matthew Holme	JR	204	Seattle U.	69	26:34.0	2:55.2	5:20.7	3:19.2
94 Michael Altenburg	FR	28	College of Idaho	-	26:36.0	2:58.2	5:21.1	3:19.5
95 Bennett Welch	JR	70	Eastern Oregon	-	26:36.2	2:58.4	5:21.2	3:19.5
96 Will Henum	JR	282	Willamette	70	26:37.8	3:00.0	5:21.5	3:19.7
97 Darian Slack	FR	218	Spokane CC	71	26:40.1	3:02.3	5:21.9	3:20.0
98 Daniel Barreto	FR	201	Seattle U.	72	26:41.3	3:03.5	5:22.2	3:20.2

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99 Skyler Perkins	SO	66	Eastern Oregon	-	26:43.5	3:05.7	5:22.6	3:20.4
100 Andy Solano		255	Unattached	-	26:44.9	3:07.1	5:22.9	3:20.6
101 Hector Gomez	SO	242	Unattached	-	26:48.7	3:10.9	5:23.7	3:21.1
102 Kiler Borg	SO	213	Spokane CC	73	26:49.0	3:10.2	5:23.7	3:21.1
103 Nate Bay	JR	86	Lewis & Clark	74	26:50.0	3:11.2	5:23.9	3:21.2
104 Braedan Doherty	FR	139	Oregon Tech	75	26:50.1	3:12.3	5:23.9	3:21.3
105 Emil Miller	FR	105	Linfield	76	26:51.5	3:13.7	5:24.2	3:21.4
106 Daniel Shaver	FR	254	Unattached	-	26:52.4	3:14.6	5:24.4	3:21.5
107 Gabe Hernandez	SO	273	UTSA	(77)	26:57.7	3:19.9	5:25.5	3:22.2
108 Joe Wilkinson	SR	147	Oregon Tech	(78)	26:58.1	3:20.3	5:25.6	3:22.3
109 Asher Morgan		153	OSU Running Club	79	26:58.8	3:21.0	5:25.7	3:22.4
110 Lukas Brown	JR	31	College of Idaho	-	27:00.2	3:22.4	5:26.0	3:22.5
111 Jack Kopatich	JR	130	Northwest U.	(80)	27:00.9	3:23.1	5:26.1	3:22.6
112 Kai Sorensen	SO	175	Pacific Lutheran	81	27:03.7	3:25.9	5:26.7	3:23.0
113 Tucker Piper	FR	144	Oregon Tech	(82)	27:06.9	3:29.1	5:27.3	3:23.4
114 Casey Crumley	FR	34	College of Idaho	-	27:08.4	3:30.6	5:27.6	3:23.5
115 Bryce Lehmann	FR	81	Lane CC	83	27:08.6	3:30.8	5:27.7	3:23.6
116 Zachary Sundt	SR	210	Seattle U.	(84)	27:09.9	3:32.1	5:27.9	3:23.7
117 Will Dennis	JR	89	Lewis & Clark	85	27:10.5	3:32.7	5:28.1	3:23.8
118 Henry Domnarski	SO	263	UO Running Club	86	27:11.9	3:34.1	5:28.3	3:24.0
119 Devin Harrison	FR	103	Linfield	87	27:12.4	3:34.6	5:28.4	3:24.0
120 Sage Soto	FR	284	Willamette	88	27:12.7	3:34.9	5:28.5	3:24.1
121 Adam Lewis	FR	283	Willamette	89	27:12.8	3:35.0	5:28.5	3:24.1
122 Taylor Fox	FR	60	Eastern Oregon	-	27:14.4	3:36.6	5:28.9	3:24.3
123 Quinn Wilcox	JR	270	UO Running Club	90	27:14.9	3:37.1	5:28.9	3:24.4
124 Justus Jackson	FR	221	SW Oregon CC	91	27:16.8	3:39.0	5:29.3	3:24.6
125 Reese Yamamoto	SR	169	Pacific (Ore.)	92	27:17.8	3:40.0	5:29.5	3:24.7
126 Habtamu Hurty	FR	220	SW Oregon CC	93	27:19.0	3:41.2	5:29.8	3:24.9
127 Josh Evans	JR	281	Willamette	94	27:19.1	3:41.3	5:29.8	3:24.9
128 Julien Trobaugh	FR	285	Willamette	(95)	27:20.5	3:42.7	5:30.1	3:25.1
129 Kai Ushikubo	FR	136	Northwest U.	-	27:22.6	3:44.8	5:30.5	3:25.3
130 Dylan Souza	JR	99	Lewis & Clark	96	27:22.6	3:44.8	5:30.5	3:25.3
131 Noa Miller	SR	123	Multnomah	97	27:24.0	3:45.2	5:30.8	3:25.5
132 Tommy Becannon	JR	236	Unattached	-	27:24.7	3:46.9	5:30.9	3:25.6
133 Parker Wagnild	SO	211	Seattle U.	(98)	27:25.1	3:47.3	5:31.0	3:25.6
134 Mark Tiersma	FR	78	Evergreen St.	-	27:26.7	3:48.9	5:31.3	3:25.8
135 Luke Davis	FR	59	Eastern Oregon	-	27:27.2	3:49.4	5:31.4	3:25.9
136 Cy Hulen	FR	215	Spokane CC	99	27:28.1	3:50.3	5:31.6	3:26.0
137 Zachary Kness	FR	247	Unattached	-	27:28.8	3:51.0	5:31.7	3:26.1
138 Colin Shimabukuro	FR	97	Lewis & Clark	(100)	27:29.4	3:51.6	5:31.9	3:26.2
139 Talbot Friesen	FR	10	Clackamas CC	101	27:29.9	3:52.1	5:32.0	3:26.2
140 Damien Alvalos	FR	121	Multnomah	102	27:30.3	3:52.5	5:32.0	3:26.3
141 Pedro Pacheco-Alvarado	FR	65	Eastern Oregon	-	27:32.8	3:55.0	5:32.5	3:26.6
142 Drew Lockner	FR	222	SW Oregon CC	103	27:35.1	3:57.3	5:33.0	3:26.9
143 Spencer Holm	SO	19	Clark College	104	27:42.6	4:04.8	5:34.5	3:27.8
144 Michael Monson	FR	252	Unattached	-	27:44.5	4:06.7	5:34.9	3:28.1

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145 Gavin Sellers	FR	96	Lewis & Clark	(105)	27:47.4	4:09.6	5:35.5	3:28.4
146 Carter Phillips	SO	268	UO Running Club	106	27:47.7	4:09.9	5:35.6	3:28.5
147 Aaron Brewer	SO	157	Pacific (Ore.)	107	27:48.0	4:09.2	5:35.6	3:28.5
148 Bryce Worrell	FR	148	Oregon Tech	-	27:52.9	4:15.1	5:36.6	3:29.1
149 Aidan Loeffleman	FR	206	Seattle U.	-	27:56.8	4:19.0	5:37.4	3:29.6
150 Kai Szostak	JR	109	Linfield	(108)	27:57.8	4:20.0	5:37.6	3:29.7
151 Mason Ball	FR	17	Clark College	109	27:59.8	4:22.0	5:38.0	3:30.0
152 Hank Maxwell	FR	223	SW Oregon CC	110	28:00.3	4:22.5	5:38.1	3:30.0
153 Enrique Soto	FR	40	College of Idaho	-	28:01.1	4:23.3	5:38.2	3:30.1
154 Justin Banks		235	Unattached	-	28:01.8	4:24.0	5:38.4	3:30.2
155 Jai Shah	JR	269	UO Running Club	111	28:03.7	4:25.9	5:38.8	3:30.5
156 Raul Najera	FR	217	Spokane CC	112	28:04.2	4:26.4	5:38.9	3:30.5
157 Marc Manzano	SR	162	Pacific (Ore.)	113	28:05.0	4:27.2	5:39.0	3:30.6
158 Ryan Koeninger	FR	21	Clark College	114	28:05.7	4:27.9	5:39.2	3:30.7
159 Max Cox	SR	137	Oregon Tech	-	28:07.3	4:29.5	5:39.5	3:30.9
160 Dylan Todd	SO	167	Pacific (Ore.)	115	28:07.7	4:29.9	5:39.6	3:31.0
161 Carlos Masuko	JR	163	Pacific (Ore.)	(116)	28:08.6	4:30.8	5:39.7	3:31.1
162 Hunter Bensman	SR	237	Unattached	-	28:11.6	4:33.8	5:40.4	3:31.4
163 Daniel Zimmer	SO	177	Pacific Lutheran	117	28:13.4	4:35.6	5:40.7	3:31.7
164 Dylan Stevenson	FR	24	Clark College	118	28:13.7	4:35.9	5:40.8	3:31.7
165 Theron Plumb	SO	95	Lewis & Clark	-	28:15.7	4:37.9	5:41.2	3:32.0
166 Josh Gordon	SR	264	UO Running Club	119	28:17.4	4:39.6	5:41.5	3:32.2
167 Easton Utz	FR	42	College of Idaho	-	28:18.5	4:40.7	5:41.7	3:32.3
168 Tmothy Bradshaw	FR	18	Clark College	(120)	28:20.9	4:43.1	5:42.2	3:32.6
169 Yuji Yamada	FR	224	SW Oregon CC	121	28:22.0	4:43.2	5:42.4	3:32.7
170 Liam Bergevin	FR	279	Willamette	(122)	28:26.3	4:48.5	5:43.3	3:33.3
171 Christopher Rosebrook	JR	8	Bushnell	123	28:32.1	4:54.3	5:44.5	3:34.0
172 Noah Andres	SO	47	Corban	(124)	28:33.9	4:56.1	5:44.8	3:34.2
173 Diego Razo-Castaneda	FR	208	Seattle U.	-	28:35.6	4:57.8	5:45.2	3:34.5
174 Amir Ahmed	FR	195	Portland State	125	28:36.0	4:57.2	5:45.3	3:34.5
175 Abdi Abade	JR	194	Portland State	126	28:36.2	4:58.4	5:45.3	3:34.5
176 Conner Dooley	JR	102	Linfield	(127)	28:40.9	5:03.1	5:46.3	3:35.1
177 Jordan Wu	FR	100	Lewis & Clark	-	28:44.4	5:06.6	5:46.9	3:35.5
178 Joseph Naylor	SO	94	Lewis & Clark	-	28:45.1	5:07.3	5:47.1	3:35.6
179 Noah Friedrich	FR	172	Pacific Lutheran	128	28:47.4	5:09.6	5:47.6	3:35.9
180 Grant Anderson	SO	46	Corban	(129)	28:47.7	5:09.9	5:47.6	3:36.0
181 Sayer Pescosolido	SO	7	Bushnell	130	28:50.4	5:12.6	5:48.2	3:36.3
182 Angel Leonardo Marquez	FR	11	Clackamas CC	131	28:53.5	5:15.7	5:48.8	3:36.7
183 Patrik Balazs	JR	261	UO Running Club	(132)	28:56.2	5:18.4	5:49.3	3:37.0
184 Lyness Ota	FR	199	Portland State	133	28:59.9	5:22.1	5:50.1	3:37.5
185 Evan Williams-Thill	SO	26	Clark College	(134)	29:00.6	5:22.8	5:50.2	3:37.6
186 Logan Gant	FR	4	Bushnell	135	29:01.3	5:23.5	5:50.4	3:37.7
187 Spencer Sandberg	SO	164	Pacific (Ore.)	(136)	29:06.0	5:27.2	5:51.3	3:38.2
188 Elijah Mojica	FR	231	Umpqua CC	137	29:06.3	5:28.5	5:51.4	3:38.3
189 Nathan Pfaff	SO	53	Corban	-	29:07.2	5:29.4	5:51.5	3:38.4
190 Hunter Agsten	SO	27	College of Idaho	-	29:12.7	5:34.9	5:52.7	3:39.1

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Race #1
Men's 8K
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
191 Irafasha Rodrigue	FR	232	Umpqua CC	138	29:13.0	5:34.2	5:52.7	3:39.1
192 Trevor Blair	SO	126	Northwest U.	-	29:16.4	5:38.6	5:53.4	3:39.6
193 Isarel Norris	FR	225	Treasure Valley CC	-	29:25.0	5:46.2	5:55.1	3:40.6
194 Colin Wright	FR	219	Spokane CC	(139)	29:25.4	5:47.6	5:55.2	3:40.7
195 Noah Platz	FR	54	Corban	-	29:28.1	5:50.3	5:55.7	3:41.0
196 Joey Grafton	SR	159	Pacific (Ore.)	-	29:32.4	5:54.6	5:56.6	3:41.5
197 Ryan Grossman		151	OSU Running Club	140	29:35.9	5:58.1	5:57.3	3:42.0
198 Jacob Loudenslager	FR	230	Umpqua CC	141	29:37.5	5:59.7	5:57.6	3:42.2
199 Preston Graham	FR	160	Pacific (Ore.)	-	29:39.1	6:01.3	5:58.0	3:42.4
200 Zachary Salcido	SR	200	Portland State	(142)	29:40.1	6:02.3	5:58.2	3:42.5
201 Gianni Altman	FR	110	Mt. Hood CC	-	29:43.1	6:05.3	5:58.8	3:42.9
202 Chase Fidiam	FR	74	Evergreen St.	-	29:47.0	6:09.2	5:59.6	3:43.4
203 Charlie Page	FR	83	Lane CC	143	29:48.9	6:11.1	5:59.9	3:43.6
204 Juston Rogers	JR	108	Linfield	-	29:52.4	6:14.6	6:00.6	3:44.0
205 Ryan Mickle	FR	143	Oregon Tech	-	29:52.9	6:15.1	6:00.7	3:44.1
206 Baba Cisse	FR	87	Lewis & Clark	-	29:52.9	6:15.1	6:00.7	3:44.1
207 Avery Lucchi	FR	13	Clackamas CC	144	29:54.1	6:16.3	6:01.0	3:44.3
208 Malcolm Boswell		149	OSU Running Club	145	29:55.7	6:17.9	6:01.3	3:44.5
209 Jonah Andrews	FR	170	Pacific Lutheran	146	29:59.3	6:21.5	6:02.0	3:44.9
210 Wyatt Pepiot	FR	6	Bushnell	147	30:01.6	6:23.8	6:02.5	3:45.2
211 Justin Canals	JR	33	College of Idaho	-	30:02.2	6:24.4	6:02.6	3:45.3
212 Alex Kipngeno	FR	37	College of Idaho	-	30:04.9	6:27.1	6:03.2	3:45.6
213 Kadyne Eves	JR	158	Pacific (Ore.)	-	30:05.7	6:27.9	6:03.3	3:45.7
214 Ethan Robertson	FR	14	Clackamas CC	148	30:06.1	6:28.3	6:03.4	3:45.8
215 Justin Almendarez	JR	120	Multnomah	149	30:19.4	6:41.6	6:06.1	3:47.4
216 Hal Warren	SO	176	Pacific Lutheran	150	30:20.6	6:42.8	6:06.3	3:47.6
217 Brayden Weigel		156	OSU Running Club	151	30:20.7	6:42.9	6:06.3	3:47.6
218 Ethan Bastian	FR	227	Umpqua CC	152	30:21.1	6:43.3	6:06.4	3:47.6
219 Misael Cortes Gonzalez	FR	9	Clackamas CC	153	30:22.0	6:43.2	6:06.6	3:47.7
220 Tobias Mick		152	OSU Running Club	(154)	30:23.2	6:45.4	6:06.8	3:47.9
221 Carter Middleton	FR	75	Evergreen St.	-	30:24.7	6:46.9	6:07.1	3:48.1
222 Noah Hinton	FR	214	Spokane CC	(155)	30:29.5	6:51.7	6:08.1	3:48.7
223 Jevin Lim	FR	161	Pacific (Ore.)	-	30:37.7	6:59.9	6:09.8	3:49.7
224 Dylan Davis	FR	138	Oregon Tech	-	30:46.8	7:09.0	6:11.6	3:50.8
225 Kyle Woodcock	FR	168	Pacific (Ore.)	-	30:54.6	7:16.8	6:13.1	3:51.8
226 Kristofer Aguirre	FR	226	Umpqua CC	156	31:02.9	7:25.1	6:14.8	3:52.9
227 Tyler Goddard		150	OSU Running Club	(157)	31:03.9	7:26.1	6:15.0	3:53.0
228 Jonathan Ochoa	SO	173	Pacific Lutheran	(158)	31:21.7	7:43.9	6:18.6	3:55.2
229 Connor Harrod	JR	91	Lewis & Clark	-	31:22.7	7:44.9	6:18.8	3:55.3
230 Scott Baisden	JR	125	Northwest U.	-	31:26.4	7:48.6	6:19.6	3:55.8
231 Jamin Potloff	FR	55	Corban	-	31:42.9	8:05.1	6:22.9	3:57.9
232 Trey Hymas	FR	20	Clark College	-	31:58.2	8:20.4	6:26.0	3:59.8
233 Gavin Bacon	FR	15	Clark College	-	32:15.7	8:37.9	6:29.5	4:02.0
234 Kaleb Everson	FR	73	Evergreen St.	-	32:16.0	8:37.2	6:29.5	4:02.0
235 Raheem Richards	FR	124	Multnomah	159	32:19.8	8:42.0	6:30.3	4:02.5
236 Gabriel Simmons	FR	233	Umpqua CC	(160)	32:20.6	8:42.8	6:30.5	4:02.6

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**Race #1
Men's 8K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
237 Brady Elliott	SO	129	Northwest U.	-	32:32.8	8:55.0	6:32.9	4:04.1
238 Cole Oas	FR	112	Mt. Hood CC	-	32:42.1	9:04.3	6:34.8	4:05.3
239 Ryan Slupski	SO	135	Northwest U.	-	32:43.4	9:05.6	6:35.0	4:05.4
240 Ben Blonigen	FR	262	UO Running Club	(161)	32:55.3	9:17.5	6:37.4	4:06.9
241 Kyle Williams	FR	25	Clark College	-	33:59.3	10:21.5	6:50.3	4:14.9
242 Yahir Perez	FR	22	Clark College	-	34:18.9	10:41.1	6:54.3	4:17.4
243 Isaac Bodley	SO	2	Bushnell	162	35:05.0	11:26.2	7:03.5	4:23.1
244 Edward Niyongere	FR	198	Portland State	(163)	35:09.1	11:31.3	7:04.4	4:23.6
-- Joe O'Sullivan	SR	76	Evergreen St.	-			---	---
-- Mason Olsen		154	OSU Running Club	-			---	---
-- Austin Devore	FR	111	Mt. Hood CC	-			---	---
-- Luke DeVault	FR	49	Corban	-			---	---
-- Andrew Bennett	SO	1	Bushnell	-			---	---
-- River Scheuerell	FR	77	Evergreen St.	-			---	---
-- Mitchell Butler	JR	72	Evergreen St.	-			---	---
-- Nizar Sweileh	SR	41	College of Idaho	-			---	---
-- Henry Lato	FR	265	UO Running Club	-			---	---
-- Kellan Murakami	SO	267	UO Running Club	-			---	---
-- Ben McGrath	JR	266	UO Running Club	-			---	---
-- Alex Jensen	JR	205	Seattle U.	-			---	---
-- Gus Harquail	JR	202	Seattle U.	-			---	---
-- Austin Kuromi	JR	141	Oregon Tech	-			---	---
-- Jack Klines	JR	186	Portland	-			---	---
-- Donavyn Adair	FR	212	Spokane CC	-			---	---

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**Race #2
Women's 5K****Final Results****RACE SUMMARY**

Start Time: 9:20 am

TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Spread
1 College of Idaho	62	1-2-4-12-43(44)(47)	1:28:53	1:35.5
2 Seattle U.	84	3-10-14-26-31(32)(49)	1:30:22	1:08.5
3 Oregon State	102	7-13-15-17-50	1:31:09	1:24.3
4 Hawaii	124	5-16-20-37-46(51)(55)	1:31:41	1:28.8
5 UTSA	131	9-18-30-36-38(56)(60)	1:32:11	0:58.6
6 Portland	137	6-24-28-39-40(59)(108)	1:32:17	1:06.7
7 Point Loma	174	8-21-23-35-87(90)(93)	1:33:03	2:00.1
8 Mt. SAC	275	22-57-58-65-73(101)(115)	1:36:21	1:13.6
9 Portland State	296	11-25-70-91-99(104)(113)	1:35:52	2:04.3
10 Pacific (Ore.)	297	29-54-64-71-79(80)(105)	1:36:41	1:08.7
11 Spokane CC	308	33-61-62-69-83(86)(117)	1:36:51	1:11.1
12 Eastern Oregon	348	45-52-75-78-98(103)(114)	1:37:26	1:01.0
13 UO Running Club	353	63-66-67-76-81(94)(96)	1:38:03	0:15.5
14 Bemidji State	393	34-53-85-95-126(133)(137)	1:38:29	2:18.5
15 Willamette	430	48-72-88-106-116(122)(127)	1:39:04	1:25.5
16 Oregon Tech	467	77-82-92-97-119(124)(135)	1:39:47	0:52.3
17 Clark College	469	19-102-109-118-121(130)(132)	1:39:59	2:27.2
18 Lewis & Clark	474	27-89-107-111-140	1:41:21	3:56.4
19 Linfield	509	42-110-112-120-125(141)(146)	1:41:05	2:02.4
20 Northwest U.	536	41-84-129-139-143(150)	1:44:31	4:02.4
21 Corban	579	74-100-131-136-138	1:44:29	2:17.0
22 Pacific Lutheran	597	68-123-128-134-144(145)(147)	1:45:44	3:17.8
23 Umpqua CC	742	142-148-149-151-152(153)	1:59:56	3:13.2

INDIVIDUAL RESULTS

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. kM
1 Sage Martin	JR	332	College of Idaho	1	17:17.9	---	5:33.7	3:27.6
2 Abbey Shirts	SR	335	College of Idaho	2	17:20.2	2.3	5:34.4	3:28.0
3 Hannah Clarizio		178	Unattached	-	17:22.2	4.3	5:35.1	3:28.4
4 FLEUR TEMPLIER	FR	515	Unattached	-	17:23.7	5.8	5:35.6	3:28.7
5 Azalea Groleau	SO	481	Seattle U.	3	17:25.5	7.6	5:36.2	3:29.1
6 Ellyse Tingelstad	JR	336	College of Idaho	4	17:26.3	8.4	5:36.4	3:29.3
7 Emilie Langschwager	FR	360	Hawaii	5	17:27.0	8.1	5:36.6	3:29.4
8 Alauna Carstens	SO	353	Evergreen St.	-	17:40.6	22.7	5:41.0	3:32.1
9 Stina Pettersson	JR	464	Portland	6	17:41.4	23.5	5:41.3	3:32.3
10 Delaney Griffin	SR	408	Oregon State	7	17:45.5	27.6	5:42.6	3:33.1
11 Aubrie Nex	JR	452	Point Loma	8	17:48.1	30.2	5:43.4	3:33.6
12 Melody Espinoza	FR	531	UTSA	9	17:48.2	30.3	5:43.5	3:33.6
13 Lillian Hargreaves	JR	482	Seattle U.	10	17:51.3	33.4	5:44.5	3:34.3

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Race #2
Women's 5K
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km	
14	Abi Swain	SR	477	Portland State	11	17:53.8	35.9	5:45.3	3:34.8
15	Kahea Figueira	JR	328	College of Idaho	12	17:55.1	37.2	5:45.7	3:35.0
16	Noemi Lundgren	FR	413	Oregon State	13	17:59.1	41.2	5:47.0	3:35.8
17	Emily Harris	JR	483	Seattle U.	14	18:00.3	42.4	5:47.3	3:36.0
18	Katie Kopec	FR	512	Unattached	-	18:01.0	42.1	5:47.6	3:36.2
19	Teaghan Knox	SO	411	Oregon State	15	18:01.0	42.1	5:47.6	3:36.2
20	Brionna Holso	FR	510	Unattached	-	18:07.5	49.6	5:49.6	3:37.5
21	Jessica Duran	FR	358	Hawaii	16	18:11.6	53.7	5:51.0	3:38.3
22	Erin Cosgrove	FR	407	Oregon State	17	18:13.8	55.9	5:51.7	3:38.7
23	Marissa Espinoza	FR	530	UTSA	18	18:16.6	58.7	5:52.6	3:39.3
24	Sydnee Boothby	FR	304	Clark College	19	18:18.4	1:00.5	5:53.2	3:39.7
25	Zola O'Donnell	FR	362	Hawaii	20	18:20.2	1:02.3	5:53.7	3:40.0
26	Elizabeth Satterlee	SO	458	Point Loma	21	18:21.7	1:03.8	5:54.2	3:40.3
27	Arianna Amezcua	FR	391	Mt. SAC	22	18:26.6	1:08.7	5:55.8	3:41.3
28	Madeline Reeves	SO	456	Point Loma	23	18:27.3	1:09.4	5:56.0	3:41.4
29	Tait Rowley	JR	465	Portland	24	18:27.5	1:09.6	5:56.1	3:41.5
30	Emma Stolte	FR	476	Portland State	25	18:29.2	1:11.3	5:56.6	3:41.8
31	McKenna White	SO	486	Seattle U.	26	18:30.4	1:12.5	5:57.0	3:42.1
32	Malia Heien	SO	375	Lewis & Clark	27	18:31.2	1:13.3	5:57.3	3:42.2
33	Izzy Lochtefeld	FR	462	Portland	28	18:33.1	1:15.2	5:57.9	3:42.6
34	Annie Berry	SR	428	Pacific (Ore.)	29	18:33.3	1:15.4	5:57.9	3:42.6
35	Jadelyn Malesich	FR	533	UTSA	30	18:33.7	1:15.8	5:58.1	3:42.7
36	Rowan Cuadrado	JR	480	Seattle U.	31	18:34.0	1:15.1	5:58.2	3:42.8
37	Caitlyn O'Neil	SO	484	Seattle U.	(32)	18:34.7	1:16.8	5:58.4	3:42.9
38	Kaley Bohl	FR	488	Spokane CC	33	18:34.9	1:17.0	5:58.5	3:43.0
39	Mary Goodwin	JR	286	Bemidji State	34	18:37.7	1:19.8	5:59.4	3:43.5
40	Ryley Burns	SO	447	Point Loma	35	18:37.9	1:20.0	5:59.4	3:43.6
41	Brooke Veltman	JR	535	UTSA	36	18:45.3	1:27.4	6:01.8	3:45.1
42	Eliza Eckman	SO	509	Unattached	-	18:45.3	1:27.4	6:01.8	3:45.1
43	Abby Crossley	FR	357	Hawaii	37	18:46.1	1:28.2	6:02.1	3:45.2
44	Taylor Cochran	FR	527	UTSA	38	18:46.8	1:28.9	6:02.3	3:45.3
45	Katie Newton	SO	463	Portland	39	18:47.0	1:28.1	6:02.4	3:45.4
46	Madison Griffith	FR	459	Portland	40	18:48.1	1:30.2	6:02.7	3:45.6
47	Kaylea Hartman	SR	405	Northwest U.	41	18:49.0	1:30.1	6:03.0	3:45.8
48	Jennifer Torres-Bermudez	JR	386	Linfield	42	18:52.6	1:34.7	6:04.2	3:46.5
49	Charlie Duff	JR	326	College of Idaho	43	18:53.4	1:35.5	6:04.4	3:46.7
50	Molly Connor	JR	325	College of Idaho	(44)	18:53.7	1:35.8	6:04.5	3:46.7
51	Gracie Buzzell	FR	508	Unattached	-	18:55.3	1:37.4	6:05.0	3:47.1
52	Riley Morris	SO	348	Eastern Oregon	45	18:55.5	1:37.6	6:05.1	3:47.1
53	Nathania Tan	SR	363	Hawaii	46	18:55.7	1:37.8	6:05.2	3:47.1
54	Natalie Peddie		426	OSU Running Club	-	18:55.8	1:37.9	6:05.2	3:47.2
55	Julia Gilbert	FR	329	College of Idaho	(47)	18:57.8	1:39.9	6:05.8	3:47.5
56	Zoe Heino	SO	539	Willamette	48	18:59.4	1:41.5	6:06.3	3:47.9
57	Kylee Quinton	FR	334	College of Idaho	-	19:00.8	1:42.9	6:06.8	3:48.2
58	Jenna O'Beirne	FR	514	Unattached	-	19:02.0	1:43.1	6:07.2	3:48.4
59	Diana Camargo Solis	FR	479	Seattle U.	(49)	19:02.7	1:44.8	6:07.4	3:48.5

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**Race #2
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
60 Hannah Hernandez	FR	409	Oregon State	50	19:09.7	1:51.8	6:09.7	3:49.9
61 Alexandra Zanon	FR	365	Hawaii	(51)	19:10.1	1:52.2	6:09.8	3:50.0
62 Lauryn Mitchell	SO	347	Eastern Oregon	52	19:11.9	1:54.0	6:10.4	3:50.4
63 Maggie McCarthy	SO	289	Bemidji State	53	19:13.5	1:55.6	6:10.9	3:50.7
64 Dina Altuhovs	SR	427	Pacific (Ore.)	54	19:14.3	1:56.4	6:11.1	3:50.9
65 Ania Magdesian	SO	361	Hawaii	(55)	19:15.5	1:57.6	6:11.5	3:51.1
66 Abigail Oosterhout	SO	487	Simpson (Cal.)	-	19:19.9	2:02.0	6:13.0	3:52.0
67 Luzaan de Wit	SR	528	UTSA	(56)	19:20.1	2:02.2	6:13.0	3:52.0
68 Shandy Moore	SO	396	Mt. SAC	57	19:20.3	2:02.4	6:13.1	3:52.0
69 Natalyn Membreno	SO	395	Mt. SAC	58	19:20.9	2:03.0	6:13.3	3:52.2
70 Alexa Hague	JR	460	Portland	(59)	19:20.9	2:03.0	6:13.3	3:52.2
71 Itzel Rojo	FR	534	UTSA	(60)	19:24.4	2:06.5	6:14.4	3:52.9
72 Holly Meadows	FR	491	Spokane CC	61	19:25.3	2:07.4	6:14.7	3:53.1
73 Mary Nakamura	FR	492	Spokane CC	62	19:27.1	2:09.2	6:15.3	3:53.4
74 Zoey Hock	SO	521	UO Running Club	63	19:28.8	2:10.9	6:15.8	3:53.8
75 Chante Dixon	JR	529	UTSA	-	19:29.1	2:11.2	6:15.9	3:53.8
76 Autumn Osowski		425	OSU Running Club	-	19:30.1	2:12.2	6:16.2	3:54.0
77 Elizabeth Bradley	SR	431	Pacific (Ore.)	64	19:31.5	2:13.6	6:16.7	3:54.3
78 Ingrid Tamayo	SO	397	Mt. SAC	65	19:33.4	2:15.5	6:17.3	3:54.7
79 Avery Hackenberg	SO	520	UO Running Club	66	19:34.1	2:16.2	6:17.5	3:54.8
80 Renee Gordon	SR	519	UO Running Club	67	19:34.5	2:16.6	6:17.6	3:54.9
81 Anna Iverson	JR	443	Pacific Lutheran	68	19:34.8	2:16.9	6:17.7	3:55.0
82 Camille Ussher	SO	494	Spokane CC	69	19:37.9	2:20.0	6:18.7	3:55.6
83 Kynzie Deleon	SR	469	Portland State	70	19:38.5	2:20.6	6:18.9	3:55.7
84 Madelyn Hubbs	SR	433	Pacific (Ore.)	71	19:39.6	2:21.7	6:19.3	3:55.9
85 Anna Bikle	SO	536	Willamette	72	19:39.7	2:21.8	6:19.3	3:55.9
86 Maya Garcia	FR	394	Mt. SAC	73	19:40.1	2:22.2	6:19.4	3:56.0
87 Samantha Dara	JR	337	Corban	74	19:40.1	2:22.2	6:19.5	3:56.0
88 Mattie Woodbury	FR	352	Eastern Oregon	75	19:40.5	2:22.6	6:19.6	3:56.1
89 Marae Paggio	FR	523	UO Running Club	76	19:40.7	2:22.8	6:19.6	3:56.1
90 Charis Childers	FR	416	Oregon Tech	77	19:41.1	2:23.2	6:19.8	3:56.2
91 Madelyn Nichols	JR	349	Eastern Oregon	78	19:41.3	2:23.4	6:19.8	3:56.2
92 Cris Brethower	JR	432	Pacific (Ore.)	79	19:41.9	2:24.0	6:20.0	3:56.4
93 Alizee Garcia Parsons	FR	359	Hawaii	-	19:43.3	2:25.4	6:20.5	3:56.7
94 Natalie Taylor	JR	438	Pacific (Ore.)	(80)	19:43.8	2:25.9	6:20.6	3:56.7
95 Bryn Callie	SR	516	UO Running Club	81	19:44.2	2:26.3	6:20.8	3:56.8
96 Corinne Childers	FR	417	Oregon Tech	82	19:44.7	2:26.8	6:20.9	3:56.9
97 Sophia Ferraro	SO	489	Spokane CC	83	19:45.9	2:28.0	6:21.3	3:57.2
98 Rachel Elliott	FR	403	Northwest U.	84	19:47.4	2:29.5	6:21.8	3:57.5
99 Carol Miller	JR	290	Bemidji State	85	19:47.7	2:29.8	6:21.9	3:57.5
100 Ashlee Scheel	FR	493	Spokane CC	(86)	19:47.9	2:30.0	6:21.9	3:57.6
101 Eliana Perks	FR	454	Point Loma	87	19:48.1	2:30.2	6:22.0	3:57.6
102 Anastasiia Lemesh	SO	541	Willamette	88	19:48.7	2:30.8	6:22.2	3:57.7
103 Gabrielle Metzger	JR	398	Multnomah	-	19:49.1	2:31.2	6:22.3	3:57.8
104 Madeleine Boyle	SO	372	Lewis & Clark	89	19:49.2	2:31.3	6:22.4	3:57.8
105 Aubree Gentry	SO	448	Point Loma	(90)	19:50.1	2:32.2	6:22.7	3:58.0

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Race #2
Women's 5K
Final Results
INDIVIDUAL RESULTS (cont'd)

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
106 Campbell Faust	JR	470	Portland State	91	19:51.7	2:33.8	6:23.2	3:58.3
107 Kira Morrow	SR	420	Oregon Tech	92	19:51.9	2:34.0	6:23.2	3:58.4
108 Chelsea Ochoa	FR	453	Point Loma	(93)	19:53.1	2:35.2	6:23.6	3:58.6
109 Keaton Ibendahl	SR	522	UO Running Club	(94)	19:53.4	2:35.5	6:23.7	3:58.7
110 Sarah Pratt	JR	455	Point Loma	-	19:53.6	2:35.7	6:23.8	3:58.7
111 Nadia Vaughn	SO	294	Bemidji State	95	19:53.6	2:35.7	6:23.8	3:58.7
112 Anna Salove	FR	524	UO Running Club	(96)	19:54.5	2:36.6	6:24.1	3:58.9
113 McKenzie Morgan	SR	419	Oregon Tech	97	19:55.5	2:37.6	6:24.4	3:59.1
114 Kaleah Hines	FR	344	Eastern Oregon	98	19:56.4	2:38.5	6:24.7	3:59.3
115 Dyllan Newville	SO	474	Portland State	99	19:58.1	2:40.2	6:25.2	3:59.6
116 Judah Koehler	JR	338	Corban	100	19:58.9	2:41.0	6:25.5	3:59.8
117 Tigist Bergman	FR	392	Mt. SAC	(101)	20:00.3	2:42.4	6:25.9	4:00.1
118 Soleil Bianchi	FR	303	Clark College	102	20:06.6	2:48.7	6:28.0	4:01.3
119 Jaiden Cochran	FR	343	Eastern Oregon	(103)	20:06.6	2:48.7	6:28.0	4:01.3
120 Taylor Nichols	FR	475	Portland State	(104)	20:08.0	2:49.1	6:28.4	4:01.6
121 Payton Betz	FR	429	Pacific (Ore.)	(105)	20:08.6	2:50.7	6:28.6	4:01.7
122 Iris Duxbury	JR	517	UO Running Club	-	20:09.3	2:51.4	6:28.8	4:01.9
123 Alena Krull	SO	435	Pacific (Ore.)	-	20:10.1	2:52.2	6:29.1	4:02.0
124 Morgan Shaw	FR	544	Willamette	106	20:11.3	2:53.4	6:29.5	4:02.3
125 Miriam Reside	SO	377	Lewis & Clark	107	20:13.3	2:55.4	6:30.1	4:02.6
126 Jovi Kuskie	SO	330	College of Idaho	-	20:14.9	2:57.0	6:30.6	4:03.0
127 Milan Hague	SO	461	Portland	(108)	20:15.7	2:57.8	6:30.9	4:03.1
128 Chloe Crawford	SO	307	Clark College	109	20:16.3	2:58.4	6:31.1	4:03.3
129 Jayden Taylor	FR	385	Linfield	110	20:16.7	2:58.8	6:31.2	4:03.3
130 Skylar Willow	FR	378	Lewis & Clark	111	20:19.7	3:01.8	6:32.2	4:03.9
131 Mary Sturley	SO	384	Linfield	112	20:20.0	3:01.1	6:32.3	4:04.0
132 Addison Capozzi	FR	468	Portland State	(113)	20:21.9	3:04.0	6:32.9	4:04.4
133 Ashley Treadwell	FR	351	Eastern Oregon	(114)	20:23.2	3:05.3	6:33.3	4:04.6
134 Brenna Butler	SO	393	Mt. SAC	(115)	20:24.6	3:06.7	6:33.7	4:04.9
135 Aven Roberts	SO	543	Willamette	116	20:24.8	3:06.9	6:33.8	4:05.0
136 Emma Gray	FR	490	Spokane CC	(117)	20:30.2	3:12.3	6:35.6	4:06.0
137 Raleena Maxson	SO	315	Clark College	118	20:32.4	3:14.5	6:36.3	4:06.5
138 Kaitlin Cook	JR	295	Bushnell	-	20:32.5	3:14.6	6:36.3	4:06.5
139 Rachel Newhard	JR	421	Oregon Tech	119	20:33.4	3:15.5	6:36.6	4:06.7
140 Macey Reed	FR	350	Eastern Oregon	-	20:35.0	3:16.1	6:37.1	4:07.0
141 Kaylee Delzotti	JR	381	Linfield	120	20:40.6	3:22.7	6:38.9	4:08.1
142 Kendall Bonzani	JR	342	Eastern Oregon	-	20:42.9	3:25.0	6:39.6	4:08.6
143 Haylee Baldwin	FR	366	Lane CC	-	20:43.8	3:25.9	6:39.9	4:08.8
144 Stacy Sutton	FR	322	Clark College	121	20:45.5	3:27.6	6:40.5	4:09.1
145 Jordan Lucero	FR	436	Pacific (Ore.)	-	20:47.2	3:29.3	6:41.0	4:09.4
146 Emma Campbell	JR	324	College of Idaho	-	20:48.1	3:30.2	6:41.3	4:09.6
147 Leila Fischer	SR	537	Willamette	(122)	20:48.5	3:30.6	6:41.4	4:09.7
148 Zoey Holt	JR	441	Pacific Lutheran	123	20:50.8	3:32.9	6:42.2	4:10.1
149 Jane Kuebrich	JR	418	Oregon Tech	(124)	20:54.9	3:37.0	6:43.5	4:11.0
150 Saniyah Ayala	FR	380	Linfield	125	20:54.9	3:37.0	6:43.5	4:11.0
151 Hadley Stuehrenberg	FR	293	Bemidji State	126	20:56.2	3:38.3	6:43.9	4:11.2

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Race #2
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Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
152 Grace Godinez	FR	367	Lane CC	-	20:57.0	3:38.1	6:44.2	4:11.4
153 Maya Garcia Schafer	FR	538	Willamette	(127)	20:57.2	3:39.3	6:44.2	4:11.4
154 Annika Deazley	JR	440	Pacific Lutheran	128	21:01.7	3:43.8	6:45.7	4:12.3
155 Morgan Boddy	FR	430	Pacific (Ore.)	-	21:01.8	3:43.9	6:45.7	4:12.4
156 DeAsia Wosachlo	JR	400	Multnomah	-	21:01.9	3:44.0	6:45.7	4:12.4
157 Lizzy Behnke	SO	401	Northwest U.	129	21:02.9	3:45.0	6:46.1	4:12.6
158 Grace Kosmicki	SO	540	Willamette	-	21:12.9	3:55.0	6:49.3	4:14.6
159 Lauren Filipczak	FR	310	Clark College	(130)	21:14.3	3:56.4	6:49.7	4:14.8
160 Abigail Scott	FR	341	Corban	131	21:16.2	3:58.3	6:50.3	4:15.2
161 Dani Buttrell	FR	305	Clark College	(132)	21:19.1	4:01.2	6:51.3	4:15.8
162 Greta Mayer		424	OSU Running Club	-	21:20.0	4:01.1	6:51.6	4:16.0
163 Carmen Lyon	FR	288	Bemidji State	(133)	21:21.9	4:04.0	6:52.2	4:16.4
164 Victoria Lindley	JR	444	Pacific Lutheran	134	21:23.7	4:05.8	6:52.7	4:16.7
165 Jozi Eller	FR	308	Clark College	-	21:25.5	4:07.6	6:53.3	4:17.1
166 Eva Brady	JR	415	Oregon Tech	(135)	21:26.6	4:08.7	6:53.7	4:17.3
167 Bree Lewis	SO	331	College of Idaho	-	21:27.0	4:08.1	6:53.8	4:17.4
168 Anne Morud	JR	339	Corban	136	21:36.2	4:18.3	6:56.8	4:19.2
169 Jordan Roby	JR	457	Point Loma	-	21:36.6	4:18.7	6:56.9	4:19.3
170 Hannah MacDuffee	FR	368	Lane CC	-	21:46.5	4:28.6	7:00.1	4:21.3
171 Callie Ressler	SO	292	Bemidji State	(137)	21:47.7	4:29.8	7:00.5	4:21.5
172 Mariana Ramirez	FR	496	Treasure Valley CC	-	21:47.8	4:29.9	7:00.5	4:21.6
173 Sadie Gump	FR	311	Clark College	-	21:53.6	4:35.7	7:02.4	4:22.7
174 Mollie Miller	FR	316	Clark College	-	21:55.5	4:37.6	7:03.0	4:23.1
175 Rebecca Noordam	FR	340	Corban	138	21:57.1	4:39.2	7:03.5	4:23.4
176 Marissa Guthrie	FR	404	Northwest U.	139	21:59.7	4:41.8	7:04.3	4:23.9
177 Leilani Luu	SO	542	Willamette	-	22:04.3	4:46.4	7:05.8	4:24.8
178 Shelby Farler	SO	327	College of Idaho	-	22:06.2	4:48.3	7:06.4	4:25.2
179 Kiara Soto	SO	498	Treasure Valley CC	-	22:07.6	4:49.7	7:06.9	4:25.5
180 Sydnie Price	FR	291	Bemidji State	-	22:12.6	4:54.7	7:08.5	4:26.5
181 Emma Hochhalter	FR	287	Bemidji State	-	22:12.8	4:54.9	7:08.5	4:26.6
182 Mikayla Horning	FR	450	Point Loma	-	22:14.9	4:57.0	7:09.2	4:27.0
183 adia vanwils	SO	301	Chemeketa CC	-	22:21.0	5:02.1	7:11.2	4:28.2
184 Zoe Butler	SO	323	College of Idaho	-	22:24.8	5:06.9	7:12.4	4:29.0
185 Nadia Cota	FR	374	Lewis & Clark	140	22:27.5	5:09.6	7:13.3	4:29.5
186 Madison Palek	SO	319	Clark College	-	22:38.0	5:19.1	7:16.6	4:31.6
187 Leah Stednick	FR	383	Linfield	(141)	22:47.1	5:29.2	7:19.6	4:33.4
188 Emma-Kate Crouse	SO	499	Umpqua CC	142	22:48.4	5:30.5	7:20.0	4:33.7
189 Kelsey Eiesland	SO	518	UO Running Club	-	22:49.1	5:31.2	7:20.2	4:33.8
190 Acacia Crees	FR	402	Northwest U.	143	22:51.4	5:33.5	7:20.9	4:34.3
191 Adalia Olmos	SO	446	Pacific Lutheran	144	22:52.6	5:34.7	7:21.3	4:34.5
192 Natalie Moran-Padilla	FR	445	Pacific Lutheran	(145)	22:53.2	5:35.3	7:21.5	4:34.6
193 Jenn Brennan		507	Unattached	-	22:54.0	5:36.1	7:21.8	4:34.8
194 Liberty McElfatrick	FR	382	Linfield	(146)	22:59.3	5:41.4	7:23.5	4:35.8
195 Anabel Rivera	FR	300	Chemeketa CC	-	23:00.7	5:42.8	7:23.9	4:36.1
196 Liliana Andres	FR	439	Pacific Lutheran	(147)	23:15.0	5:56.1	7:28.5	4:39.0
197 Sidney Lane	SO	297	Bushnell	-	23:21.9	6:04.0	7:30.8	4:40.4

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**Race #2
Women's 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	#	Team	Score	Time	Gap	Avg. Mile	Avg. km
198 Haylee Kelley	FR	313	Clark College	-	23:26.4	6:08.5	7:32.2	4:41.3
199 Jaden Ratledge	FR	503	Umpqua CC	148	23:26.6	6:08.7	7:32.3	4:41.3
200 Trisha Kluge		511	Unattached	-	23:29.1	6:11.2	7:33.1	4:41.8
201 Naomi Sweeney	SO	437	Pacific (Ore.)	-	23:32.4	6:14.5	7:34.1	4:42.5
202 Peyton Kneeland	SO	314	Clark College	-	23:35.2	6:17.3	7:35.0	4:43.0
203 Lexi McWilliam	FR	502	Umpqua CC	149	23:38.1	6:20.2	7:36.0	4:43.6
204 Johanna Schmidt	JR	406	Northwest U.	(150)	23:40.0	6:21.1	7:36.6	4:44.0
205 Mara Schweneker	SO	321	Clark College	-	23:46.3	6:28.4	7:38.6	4:45.3
206 Keelin Johnson	FR	500	Umpqua CC	151	24:01.0	6:42.1	7:43.3	4:48.2
207 Bailey Kalar	SO	434	Pacific (Ore.)	-	24:05.8	6:47.9	7:44.9	4:49.2
208 Abigail Strickland	FR	356	Evergreen St.	-	24:15.7	6:57.8	7:48.1	4:51.1
209 Sage Bensman	FR	506	Unattached	-	24:30.2	7:12.3	7:52.7	4:54.0
210 Emma Cortez	FR	306	Clark College	-	24:39.1	7:21.2	7:55.6	4:55.8
211 Madeline Morgan	SO	317	Clark College	-	25:14.1	7:56.2	8:06.8	5:02.8
212 Damaris Ibrahim	FR	442	Pacific Lutheran	-	25:26.2	8:08.3	8:10.7	5:05.2
213 Aquilina Larkins	SO	388	Mt. Hood CC	-	25:27.9	8:10.0	8:11.3	5:05.6
214 Mia McCormack	FR	501	Umpqua CC	152	26:01.6	8:43.7	8:22.1	5:12.3
215 Keirah Murrain	FR	318	Clark College	-	26:55.9	9:38.0	8:39.6	5:23.2
216 Daisy Arellano Rangel	FR	302	Clark College	-	26:59.9	9:42.0	8:40.8	5:24.0
217 Aspen Sipe	SO	497	Treasure Valley CC	-	28:41.4	11:23.5	9:13.5	5:44.3
218 Corona Parker	FR	355	Evergreen St.	-	28:53.1	11:35.2	9:17.2	5:46.6
219 Audrey VanHouten	FR	505	Umpqua CC	(153)	29:10.3	11:52.4	9:22.8	5:50.1
220 Andrea Bogdan	FR	387	Mt. Hood CC	-	29:28.9	12:11.0	9:28.8	5:53.8
221 Kennedi Thurman	FR	390	Mt. Hood CC	-	29:29.3	12:11.4	9:28.9	5:53.8
222 Nadya Miller	FR	354	Evergreen St.	-	32:01.9	14:44.0	10:18.0	6:24.4
-- Sadie McCoy	FR	345	Eastern Oregon	-			---	---
-- Haley Carlton		423	OSU Running Club	-			---	---
-- Reese Morkert	FR	513	Unattached	-			---	---
-- Faith Inwards	FR	495	Treasure Valley CC	-			---	---
-- Abby Barraza	FR	525	UTSA	-			---	---
-- Melissa Zurla	FR	379	Lewis & Clark	-			---	---
-- Kristina Shkalenkova	FR	485	Seattle U.	-			---	---
-- Kellis Hein	JR	449	Point Loma	-			---	---
-- Jessica McDonald	SR	346	Eastern Oregon	-			---	---
-- Mackenzie Peterson	SR	422	Oregon Tech	-			---	---
-- Keilah Wilkes	SO	364	Hawaii	-			---	---
-- Morgan Hill	SO	312	Clark College	-			---	---
-- Tiahna Woodger	SO	466	Portland	-			---	---
-- Kiely Munson	FR	333	College of Idaho	-			---	---
-- Molly Kerns	JR	451	Point Loma	-			---	---